INTERESTED?

Application Information

Applications can be found at the Administration Office located in the Student Recreation Center or on the Campus Recreation website under the Employment page.

Some programs will not be offering internships and practicums every semester. Needs are addressed on a semester basis. A learning contract will be set up between the student and supervisor for the duration of the internship and practicum. All majors are welcome and encouraged to apply.

Please return all completed applications to Kate Houlik at (936) 468-5835 or bridgeska@sfasu.edu.

PREREQUISITES

Internships are open to all students attending SFA who have completed their sophomore year and who have earned 60 credits. If a student does not have a minimum of 60 credits, the committee must review the application and approve the internship or practicum.

A student must have a GPA of 2.0 and must be in good standing with the university academically.

Students seeking internships must discuss their proposals with the appropriate Campus Recreation staff member and must have approval from the academic department.

Applicants must fill out all forms and return them to Kate Houlik.

EXPECTATIONS FROM APPLICANTS

• Desire to learn
• An open mind
• Strong work ethic
• Strong core values
• Honesty and integrity
• Creativity
• Time commitment
• Communication skills
• Team philosophy
• SFA PRIDE!!!!
WHAT IS AN INTERNSHIP/PRACTICUM?

An **Internship** is a semester-long opportunity to integrate career-related experience into an undergraduate education by participating in planned, supervised work.

A **practicum** is a one-time educational project to be assigned by Campus Recreation and completed by the student in a certain time frame that provides supervised practical application.

Internships and Practicums may be completed for course credit at the discretion of the student’s professors and must be decided before submitting an application.

POSSIBILITIES

**Aquatics**
Assist with the organization and supervision of aquatic staff and programs, planning and implementation of swimming lessons and special pool events, development and promotion of safety certification classes, as well as manage a diverse staff of lifeguards and water safety instructors.

**Outdoor Pursuits**
Assisting trip leaders facilitate trips, developing challenge course programs and promotional plans, informational posters for area outdoor recreation, develop a business plan for outdoor equipment, preparation and delivery of outdoor clinics.

**Facilities & Member Services**
Budgeting, facility reports, equipment purchases, inventory, scheduling, hiring, contracts, training, evaluation, and assessments.

**Intramural Sports**
Event management, field management and improvement plan, promotions and marketing plans, developing training materials, and research on participants and activities.

**Fitness and Wellness**
Develop educational presentations, coordinate events, equipment purchase, maintenance and usage, educational displays, personal training, and fitness instructor training.

**Promotions**
Photography, video production, social media/web maintenance, graphic design, and blogging.

**Sport Clubs**
Field improvement design, pricing and implementation, historical research on clubs, and photo research.

**Employee Wellness**
Plan and implement wellness educational presentations, educational displays, develop Employee Wellness programs and promotional plans and research.

**Summer Camps**
Develop activity plans, promotional materials, research current trends, scheduling of facilities and staff.