Career Values
When considering your potential career, what aspects strike you as most important? What aspects would you consider most rewarding? By recognizing values that are important to you and incorporating them into your career exploration, you can select a satisfying career. Below is a list with varying values. List the five you deem most important and cross out the five least important ones. Also, think about the value on which you would be reluctant to compromise and which value you would be willing to give up.

Opportunity for growth/chance to advance
Money earned/Financial rewards
Working for something you believe in
Prestige
Enjoyable work tasks
Good benefits or vacation
Learning from the job
Regular travel
Having your own office
Location of the workplace
Intellectual challenges
Power
Ease or freedom from worries
Being an expert
Independence on the job
Clear expectations
Room for creativity
Working as part of a team
Having authority or responsibility
Having time for personal life
Enjoyable colleagues
Recognition
Job security
Chance to make an impact
Low pressure
Helping others
Professional status

Are there any others? ____________________________________________________________

My five key values are:

1. __________________________________________________________
2. __________________________________________________________
3. __________________________________________________________
4. __________________________________________________________
5. __________________________________________________________

Environment/Lifestyle
Envision your life and your future. What lifestyle do you see yourself living? What do you want out of your career? Do your lifestyle and career choices coincide? These are all aspects that must be taken into account. Circle three lifestyle values that you deem most important.

House
Apartment
Rural setting
Suburban setting
City
Access to movies or restaurants
Access to culture centers
Be active in community
Own many possessions
Travel frequently for pleasure
Live near workplace
Have free time
Live near family
Live near water
Live in a warm climate

My three lifestyle choices that are the most important are:

1. __________________________________________________________
2. __________________________________________________________
3. __________________________________________________________