### FRESHMAN

<table>
<thead>
<tr>
<th>Course</th>
<th>CR</th>
<th>MET</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 131 (C or Better)</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>HIS 133</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>MATH COMPONENT AREA</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>COMMUNICATION SKILLS</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>12</td>
<td></td>
</tr>
</tbody>
</table>

**Freshman Area Requirements:**
- **Life & Physical Science**: 4 credits
- **Creative Arts**: 3 credits
- **Elective**: 3 credits

*If taking a 3hr science with lab, must take additional 1hr elective

### SOPHOMORE

<table>
<thead>
<tr>
<th>Course</th>
<th>CR</th>
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</thead>
<tbody>
<tr>
<td>HMS 100</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>HMS 146</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PSC 141</td>
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<td></td>
</tr>
<tr>
<td>SOCIAL &amp; BEHAVIORAL SCIENCE</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>LANGUAGE/PHILOSOPHY/CULTURE</td>
<td>3</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>15</td>
<td></td>
</tr>
</tbody>
</table>

**Sophomore Area Requirements:**
- **Life & Physical Science**: 4 credits
- **Communication Component Area**: 3 credits

*If taking a 3hr science with lab, must take additional 1hr elective

### JUNIOR

<table>
<thead>
<tr>
<th>Course</th>
<th>CR</th>
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</thead>
<tbody>
<tr>
<td>HMS 236</td>
<td>3</td>
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</tr>
<tr>
<td>HMS 201 (Fall Only)</td>
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</tr>
<tr>
<td>HMS 336*</td>
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</tr>
<tr>
<td>HMS 313</td>
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<tr>
<td>HMS 138</td>
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<tr>
<td>OPTIONAL MINOR/ELECTIVE</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>11</td>
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</table>

*HMS 336 is a prerequisite for HMS 350

### SENIOR

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<thead>
<tr>
<th>Course</th>
<th>CR</th>
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<tbody>
<tr>
<td>HMS 342: Pre-Practicum</td>
<td>3</td>
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</tr>
<tr>
<td>HMS 441</td>
<td>3</td>
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<tr>
<td>HMS 317</td>
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<td>HMS 400</td>
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<tr>
<td>ELECTIVE</td>
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</tbody>
</table>

HMS 342 and HMS 441 are taken together

HMS 420 and HMS 459 are taken together

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**This handout is for informational purposes only and is not to be used as a precise guide for registration. Students are required to meet with an Advisor every semester, as course availability does change and certain courses might not be offered on an ideal rotational basis.**

**To schedule an appointment please go to:** www.sfasu.edu/coeadvising
**DEGREE COURSE REQUIREMENTS: BACHELOR OF SCIENCE IN HUMAN SCIENCES**

Human Development and Family Studies - 120 hours

**CORE CURRICULUM (42 hours)**

**A. Communication Component Area (6 hours)**
1. English Rhetoric/Component Area (3 hours):
   - ENG 131
   - ENG 133H
2. Communication Skills (3 hours):
   - COM 111
   - COM 170
   - COM 215

**B. Mathematics Component Area (3 hours)**
- MTH 110
- MTH 127
- MTH 138
- MTH 143
- MTH 220
- MTH 233 (4 hours)

**C. Life and Physical Sciences (6 hours)**
- AST 105
- BIO 121
- BIO 123
- BIO 125
- BIO 131
- BIO 133
- BIO 225
- BIO 238
- CHE 101
- CHE 111
- CHE 133
- CHE 134
- ENV 110
- GOL 101
- GOL 131
- GOL 132
- PHY 100
- PHY 101
- PHY 102
- PHY 110
- PHY 131
- PHY 132
- PHY 241
- PHY 242

**D. Language, Philosophy, and Culture (3 hours)**
- ENG 200
- ENG 209
- ENG 211
- ENG 212
- ENG 221
- ENG 222
- ENG 229
- ENG 230
- ENG 233H
- HIS 161
- HIS 151
- HIS 152
- PHI 153
- PHI 223
- HIS 162

**E. Creative Arts (3 hours)**
- ART 280
- ART 281
- ART 282
- DAN 140
- MHL 245
- MUS 140
- THR 161
- THR 163

**F. American History (6 hours)**
- HIS 133
- HIS 134

**G. Government/Political Science (6 hours)**
- PSC 141
- PSC 142

**H. Social and Behavioral Sciences (3 hours)**
- ANT 231
- ECO 231
- ECO 232
- GEO 131
- PSY 133
- SOC 137

**I. Component Area Option (6 hours)**
- ENG 132

**Required Writing Course (3 hours)**
- ENG 132

**School Requirements (6 hours)**
- HMS 100
- HMS 300

**Major (50 hours)**
- HMS 138 (1)
- HMS 146
- HMS 201
- HMS 236
- HMS 242
- HMS 313
- HMS 317
- HMS 332
- HMS 336
- HMS 342
- HMS 350
- HMS 353
- HMS 400 (1)
- HMS 420
- HMS 430
- HMS 440
- HMS 441
- HMS 459

**Optional Minor**

**Electives (to total 120 hours)**

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**THIS INFORMATION IS APPLICABLE TO STUDENTS WHO FIRST ENROLLED AT SFA DURING THE FALL 2019, SPRING 2020 OR SUMMER 2020 SEMESTER**