### BACHELOR OF SCIENCE IN KINESIOLOGY: FITNESS AND HUMAN PERFORMANCE STUDIES (120 hrs)

**NAME:** ___________________________  **CAMPUS ID #:** _______________  **MINOR: REQUIRED**

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This handout is for informational purposes only and is not to be used as a precise guide for registration. Students are required to meet with an Advisor every semester, as course availability does change and certain courses might not be offered on an ideal rotational basis.

To schedule an appointment please go to: [www.sfasu.edu/coeadvising](http://www.sfasu.edu/coeadvising)
Stephen F. Austin State University

DEGREE COURSE REQUIREMENTS: BACHELOR OF SCIENCE
Kinesiology; Fitness and Human Performance Studies - 120 hours

| Name: ___________________________ | Campus ID: ____________ |

CORE CURRICULUM (42 hours)

A. Communication Component Area (6 hours)
1. English Rhetoric/Component Area (3 hours):
   - ENG 131
   - ENG 133H
2. Communication Skills (3 hours):
   - COM 111
   - COM 170
   - COM 215

B. Mathematics Component Area (3 hours)
   - MTH 110
   - MTH 127
   - MTH 138
   - MTH 143
   - MTH 220

C. Life and Physical Sciences (6 hours)
   - BIO 238
   - PHY 101
   - Labs are recorded separately

D. Language, Philosophy, and Culture (3 hours)
   - ENG 200
   - ENG 209
   - ENG 211
   - ENG 212
   - ENG 221
   - ENG 222
   - ENG 229
   - ENG 230
   - ENG 233H
   - PHI 153
   - HIS 151
   - HIS 152
   - HIS 161
   - HIS 162
   - PHI 223

E. Creative Arts (3 hours)
   - ART 280
   - ART 281
   - ART 282
   - DAN 140
   - MHL 245
   - MUS 140
   - THR 161
   - THR 163

F. American History (6 hours)
   - HIS 133
   - HIS 134

G. Government/Political Science (6 hours)
   - PSC 141
   - PSC 142

H. Social and Behavioral Sciences (3 hours)
   - ANT 231
   - ECO 231
   - ECO 232
   - GEO 131
   - PSY 133
   - SOC 137

I. Component Area Option (6 hours)
   - Required Writing Course (3 hours)
     - ENG 132
     - Communications Options (3 hours)
     - BCM 247
     - ENG 273
     - FRE 131
     - FRE 132
     - GER 131
     - GER 132
     - POR 131
     - POR 132
     - SPA 131
     - SPA 132
     - SPH 172
     - SPH 272

Kinesiology Major (47 hours)

- HSC 121
- KIN 100 (2)
- KIN 120
- KIN 330
- KIN 340
- KIN 353 (4)
- KIN 357
- KIN 417 (4)
- KIN 431
- KIN 450 (4)
- KIN 451
- KIN 463
- KIN 467
- KIN 468
- KIN 335

Major Requirement (2 hours)
   - PHY 101L
   - BIO 238L

Minor (Minimum of 18 hours)

Electives (to total 120 hours)

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Students must have 30 hours at SFA, all of which must be advanced.