Mental Health Referral List – Nacogdoches

Listed below is a sample of mental health providers local to the Nacogdoches area. There may be other clinicians in your area, which you can find listed in the Yellow Pages (e.g., under “psychologists” or “counseling”), or by using Google. The names listed below are not endorsements.

**Burke** (local Community Mental Health Agency)
Crisis Line: (800) 392-8343
Mental Health Services Intake: (936) 634-5010 or (866) 242-4556
Nacogdoches Mental Health Clinic: (936) 564-6605
4632 NE Stallings Dr #100
Nacogdoches, TX 75965

**Alcohol & Drug Abuse Council** (Nacogdoches) (Substance abuse outpatient counseling, inpatient referral)
1407 N. University
Suite B-2
Nacogdoches, Texas 75961
(936) 569-1445 (Outreach, screening, and referral) (Tuesday, Wednesday, & Friday)
(936) 569-7678 (Prevention Resource Center) 24-hour phone number: 1-800-445-8562

**Everhealth Lufkin Office** (Psychiatric care-Medication Management ) (Blue Cross/Blue Shield and Medicaid)
531 Gaslight Blvd
Lufkin Tx., 75904
(936) 229-3621
http://everhealth.net/locations/lufkin-office

**Dr. James A Buckingham MD** (psychiatrist)
3516 NE Stallings Dr
Nacogdoches, TX 75965
(936) 564-9785

**Dr. Shyam A. Vyas, MD** (psychiatrist)
3516 NE Stallings Dr
Nacogdoches, TX 75965
(936) 715-9911

**Dr. Tom A. Middlebrook, MD** (child and adolescent psychiatrist)
3516 NE Stallings Dr
Nacogdoches, TX 75965
(936) 560-0818

**Sidney Kroll, PhD** (Psychologist) (Assessment and Psychotherapy)
Pineywoods Psychological Services
518 E Hospital St, Suite 107
Nacogdoches, TX 75961
(936) 462-8577
www.pineywoodsspyschosocialservices.com
SFA Counseling Clinic (Provides inexpensive counseling by student clinicians)
Human Services Building, Rm 201 (2nd Floor)
Stephen F. Austin State University
P.O. Box 13019, SFA Station
Nacogdoches, Texas 75962-3019
(936) 468-1041

Family Crisis Center (Provides free counseling to physical, sexual, and emotional/neglect abuse victims)
Stephen F. Austin State University Campus Outreach Office
SFA University Health Services Clinic on the southeast
Corner of Raguet and East College Streets
Nacogdoches, TX
(936)-468-SAFE (7233)

Wilson Psychotherapy and Consultation (45 years’ experience in behavioral health)(Most insurance accepted)
Jerry Wilson, MS, LPC
Cheryl Wilson, LMSW, ACP, ACSW
3516 NE Stallings Dr
Nacogdoches, TX
(936) 569-6562

Ray Johnston, MSW, LCSW (Clinical Social Worker)
Ray Johnston Counseling Services
207A Blount St
Nacogdoches, TX 75965
(936) 569-8570
www.rayjohnstoncounseling.com

Brittany Brown Milstead, MA, LPC (Student rates available, LGBTQ )
Milstead & Associates Counseling Group
118 East Hospital Street, Suite 105
Nacogdoches, TX 75964
(936) 615-7927
www.milsteadcounseling.com

Joe McCracken, MEd, LPC (most insurances accepted including Medicaid)
McCracken Counseling & Associates
1329 N University Dr, Suite D2,
Nacogdoches, TX 75961
(936) 564-7310 / Fax (936) 564-7810
www.joemccrackencounseling.com

Dogwood Mental Health and Wellness, LLC (Sliding fee scale and insurance)
412 North Street, Suite B
Nacogdoches, Texas 75961
(936) 622-0993
www.dogwoodmhw.com
Dr. Jean Stanley, LPC, LSOTP-S, BCPC (assessment and counseling services)
Pathways Forensic & Mental Health Services
103 Wildlife Lane
Lufkin, TX 75904
(936)-238-3868
http://www.jeanspathways.com

Crossover Counseling (Faith based counseling services) (Insurance, Sliding fee scale)
Nacogdoches Office
3524 NE Stallings Dr.
Nacogdoches, TX 75965
(936) 560-6855
(936) 632-3033 Lufkin
http://crossovercounseling.com

Salvador Luna, MSW, LCSW (Clinical Social Worker) (Most insurances accepted, evening appointments)
2582 Ted Trout Drive
Lufkin, TX 75904
(936) 404 9564

Dr. Robert Choate, Ed., LPC-S (Sliding fee scale based on family income, cash, credit card)
412 North Street Suite B
Nacogdoches, TX 75961
936 564-9757

Tall Pines Family Clinic
Rebekah Koch, M.D. (Psychiatry)
10 Medical Center Blvd, Suite C
Lufkin, TX, 75904
936 639-4393

Sid Epperson Licensed Psychologist (Psychological Assessment-Evaluation)
1214 Ellis Avenue
Lufkin, TX 75904
936 637-0074
Additional Resources:
Texas Counseling Association’s REFERRAL BANK
http://www.txca.org/assnfe/SearchMembers.asp?type=REFERRALBANK

National Suicide Prevention Lifeline 1-800-273-TALK
www.suicidepreventionlifeline.org

National Hopeline Network 1-800-SUICIDE
(Kristin Brooks Hope Center)
I’mAlive
www.hopeline.com
www.imalive.org
(an online crisis network with certified crisis volunteers)

National Institute of Mental Health www.nimh.nih.gov
SAMSHA www.samhsa.gov
(Substance Abuse and Mental Health Services Administration)

Suicide Prevention Resource Center www.sprc.org