I. Course Description: (brief paragraph)

This course is a wellness and activities class designed for students to grasp a better understanding of the activity and practice a healthy lifestyle. Group exercise theories will be taught during this course to develop basic skills and gain physical and cognitive benefits. Lectures will be included in this class to help evaluate learned concepts, and promote positive behaviors toward living an active lifestyle.

II. Intended Learning Outcomes/Goals/Objectives (Program/Student Learning

Outcomes): Program Learning Outcomes:

This is a general education core curriculum course and no specific program learning outcomes for this major are addressed in this course.

Student Learning Outcomes:

- To gain knowledge in order to participate in tennis efficiently and safely.
- To maintain a healthy and positive attitude toward active living

III. Course Assignments, Activities, Instructional Strategies, use of Technology: Students must:

- Forehand Stroke be present on the practice day in order to be evaluated for the backhand stroke
- Backhand Stroke be present on the practice day in order to be evaluated for the backhand stroke
- Singles practiced
- Doubles be present to compete alongside a teammate using skills and techniques
- Tournament be present and recall all knowledge taught through the semester half of the
- Quizzes be present
- Participation be present and on time (14 tasks)

IV. Evaluation and Assessments (Grading):

<table>
<thead>
<tr>
<th>Assignment Quizzes (6-8)</th>
<th>Value</th>
<th>Grading Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles Tournament</td>
<td>100 pts.</td>
<td>A: 1500-1286</td>
</tr>
<tr>
<td></td>
<td>100 pts.</td>
<td>B: 1285-1071</td>
</tr>
<tr>
<td>Doubles Tournament</td>
<td>100 pts.</td>
<td>C: 1070-856</td>
</tr>
<tr>
<td>Course Eval.</td>
<td>100 pts.</td>
<td>D: 855-641</td>
</tr>
<tr>
<td>Outside Papers (2-4)</td>
<td>100 pts.</td>
<td>F: 640-0</td>
</tr>
<tr>
<td>Final</td>
<td>200 pts.</td>
<td></td>
</tr>
<tr>
<td>Participation</td>
<td>100 pts.</td>
<td></td>
</tr>
<tr>
<td>Total Earned</td>
<td>1500 pts.</td>
<td></td>
</tr>
</tbody>
</table>

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V. Tentative Course Outline/Calendar:

<table>
<thead>
<tr>
<th>Month/Date</th>
<th>Week of Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 19-21</td>
<td>syllabus, form and serving techniques/lecture</td>
</tr>
<tr>
<td>Jan 26-28</td>
<td>serving/footwork, lecture/serving/backstroke, scoring/serving</td>
</tr>
<tr>
<td>Feb 2-4</td>
<td>quiz/backstroke, lecture/serving Forehand, lecture/forehand</td>
</tr>
<tr>
<td>Feb 9-11</td>
<td>volley/strokes, quiz, volley/singles tournament</td>
</tr>
<tr>
<td>Feb 23-25</td>
<td>lecture/lob, lob/volley, lecture/player tactics</td>
</tr>
<tr>
<td>March 1-3</td>
<td>singles tournament, quiz court terms, chip and charge/split step</td>
</tr>
<tr>
<td>March 8-10</td>
<td>terms/singles tournament, lecture weather/free play, outside paper</td>
</tr>
<tr>
<td>March 15-17</td>
<td>SPRING BREAK</td>
</tr>
<tr>
<td>March 22-24</td>
<td>doubles tactics, scoring quiz, doubles tournament</td>
</tr>
<tr>
<td>March 29-31</td>
<td>doubles tournament, injury presentation</td>
</tr>
<tr>
<td>April 5-7</td>
<td>lecture, free play, doubles tournament</td>
</tr>
<tr>
<td>April 12-14</td>
<td>free play, double tournament, outside paper</td>
</tr>
<tr>
<td>April 19-21</td>
<td>doubles tournament, free play, final review</td>
</tr>
<tr>
<td>April 26-28</td>
<td>final review, final</td>
</tr>
</tbody>
</table>

VI. Readings (Required and recommended—including texts, websites, articles, etc.):


FEM Statement:

In this course you must purchase and activate the LiveText ass-on, Field Experience Module (FEM), PRIOR to your first day of field experience/clinical teaching. Failure to purchase and activate the account and/or submit the required assignment(s) within the FEM system may result in course failure. FEM must be purchased from www.livetext.com for a fee of $20.00.

Live Text:

This course uses the LiveText data management system to collect critical assessments for students who are Perkins College of Education majors (undergraduate, graduate, and doctoral) or majors in other colleges seeking educator certification through the Perkins College of Education. Students who do not have an existing LiveText account will receive an access code via the SFA email system within the first week of class. You will be required to register your LiveText account, and you will be notified how to do this via email. If you forward your SFA e-mail to another account and do not receive an e-mail concerning LiveText registration, please be sure to check your junk mail folder and your spam filter for these e-mails.

If you have questions about obtaining or registering your LiveText account, call ext. 1267 or e-mail SFALiveText@sfasu.edu. Once LiveText is activated, if you have technical questions, call ext. 7050 or e-mail livetext@sfasu.edu. Failure to activate the account and/or submit the required assignment(s) within the LiveText system may result in course failure.

VII. Course Evaluations:

Near the conclusion of each semester, students in the Perkins College of Education electronically evaluate courses taken within the PCOE. Evaluation data is used for a variety of important purposes including: 1. Course and program improvement, planning, and accreditation; 2. Instruction evaluation purposes; and 3. Making decisions on faculty tenure, promotion, pay, and retention. As you evaluate this course, please be thoughtful, thorough, and accurate in completing the evaluation. Please know that the PCOE faculty is committed to excellence in teaching and continued improvement. Therefore, your response is critical!

In the Perkins College of Education, the course evaluation process has been simplified and is completed electronically through MySFA. Although the instructor will be able to view the names of students who

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complete the survey, all ratings and comments are confidential and anonymous, and will not be available to the instructor until after final grades are posted.

VIII. Student Ethics and Other Policy Information: Found at https://www.sfasu.edu/policies

Class Attendance and Excused Absence: Policy 6.7

Regular, punctual attendance, documented participation, and, if indicated in the syllabus, submission of completed assignments are expected at all classes, laboratories, and other activities for which the student is registered. Based on university policy, failure of students to adhere to these requirements shall influence the course grade, financial assistance, and/or enrollment status. The instructor shall maintain an accurate record of each student’s attendance and participation as well as note this information in required reports and in determining final grades. Students may be excused from attendance for reasons such as health, family emergencies, or student participation in approved university-sponsored events. However, students are responsible for notifying their instructors in advance, when possible, for excusable absences. Whether absences are excused or unexcused, a student is still responsible for all course content and assignments. Students with accepted excuses may be permitted to make up work for up to three weeks of absences during a semester or one week of a summer term, depending on the nature of the missed work. Make-up work must be completed as soon as possible after returning from an absence.

Academic Accommodation for Students with Disabilities: Policy 6.1 and 6.6

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 936-468-3004 as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilitieservices/.

Student Academic Dishonesty: Policy 4.1

Abiding by university policy on academic integrity is a responsibility of all university faculty and students.

Definition of Academic Dishonesty

Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to:

- Using or attempting to use unauthorized materials on any class assignment or exam;

- Falsifying or inventing of any information, including citations, on an assignment; and/or;

- Helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:

- Submitting an assignment as one's own work when it is at least partly the work of another

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- Submitting a work that has been purchased or otherwise obtained from the Internet or another source; and/or,
- Incorporating the words or ideas of an author into one's paper or presentation without giving the author credit.

Penalties for Academic Dishonesty

Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, re-submission of the work, make-up exam, failure of the course, or expulsion from the university.

Student Appeals

A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3).

Withheld Grades: Policy 5.5

At the discretion of the instructor of record and with the approval of the academic unit head, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F, except as allowed through policy [i.e., Active Military Service (6.14)]. If students register for the same course in future semesters, the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

Student Code of Conduct: Policy 10.4

Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program. Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This policy--- applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate/inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the iCare: Early Alert Program at SFA. Information regarding the iCare program is found at https://www.sfasu.edu/judicial/earlyalert.asp or call the office at 936-468-2703.

IX. Other Relevant Course Information:

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Uniform: if a student has to ask to be sent home to change that student will get ten points deducted off their participation grade and five points off their final grade if repeated behavior each warning.

Only athletic attire will be deemed appropriate (ex. Jean shorts, or pants) are not appropriate running gear

Running shoes cross trainers or basketball shoes are the only foot wear acceptable (ex. Clogs, boots, sandals, flip flops, or toms) will not be accepted.

Lockers will be shown to you for your personal belongings on the first day of class. The instructor will not be held accountable for any stolen or damaged items. The instructor will not babysit any items.

Cut off t-shirts will not be allowed neither will running topless be allowed. If a cut off is worn without an undershirt that student will be asked to go change and points will be deducted.

This is an activities class meaning students sign up for this class by their own will, walking the entire time or for the majority of the class will not be allowed.

Negative behavior such as taunting and profanity will not be allowed.