INTRODUCTION TO NURSING SYLLABUS
Course Number: NUR 305
Section Numbers: 001-002
Spring and Fall 2016

Spring Course Instructors:
David Smith, MSN, RN
Sara Bishop, PhD, RNC-OB

Fall Course Instructors:
David Smith, MSN, RN
Sara Bishop, PhD, RNC-OB

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EACH STUDENT SHALL BE RESPONSIBLE FOR ACTUAL AND/OR CONSTRUCTIVE KNOWLEDGE OF THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING AND FOR COMPLIANCE THEREWITH.

THE STUDENT IS RESPONSIBLE FOR ALL INFORMATION IN THIS SYLLABUS.

*This syllabus is provided for information purposes only.*
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Class Meeting Time and Place: Hybrid: Online and Meets 3 times in a designated location.  
Meeting Times and Room Assignment TBA  
School of Nursing Building, 5707 North Street

Recommended

All books required by NUR 308.  
All books required by NUR 306.  
A Medical dictionary

Course Description
This is a two-hour required prerequisite course designed to aid the nursing student with exploring the profession of nursing. The emphasis for this course is to explain the use of critical thinking, study skills, pertinent to nursing courses, and mathematical strategies for medication dosages. Several other topics to be covered are nursing theory, history, roles, ethics, medical terminology, and the healthcare system as a whole.

Number of Credit Hours
2 credit hours (lecture)
**Course Prerequisites and Co-requisites**
Prerequisites: Admission to the school of nursing.
Co-requisites: None

**Program Learning Outcomes**
Graduates of the program will:
1. Apply knowledge of the physical, social, and behavioral sciences in the provision of nursing care based on theory and evidence based practice.
2. Deliver nursing care within established legal and ethical parameters in collaboration with clients and members of the interdisciplinary health care team.
3. Provide holistic nursing care to clients while respecting individual and cultural diversity.
4. Demonstrate effective leadership that fosters independent thinking, use of informatics, and collaborative communication in the management of nursing care.
5. Assume responsibility and accountability for quality improvement and delivery of safe and effective nursing care.
6. Serve as an advocate for clients and for the profession of nursing.
7. Demonstrate continuing competence, growth, and development in the profession of nursing.

**General Education Core Curriculum Objectives/Outcomes**
None

**Student Learning Outcomes**
1. Relate concepts and principles of the arts, sciences, humanities, and nursing as a source for introducing students to the nursing profession.
2. Describe nursing roles, practice settings, the interdisciplinary team, traditions, and the historical progression of nursing as a profession.
3. Explain the nurse's responsibility and accountability in providing client care.
4. Identify moral, ethical, economic, political, and legal issues affecting nursing practice.
5. Examine how holistic, socio-economic, spiritual, and ethno-cultural characteristics of clients affect nursing care.
6. Relate the concepts of nursing process, critical thinking, and mathematical strategies for medication administration to nursing care.
7. Develop professional communication skills.
Course Assignments/Requirements/Grading Rubrics:

Due Each Week

1. Weekly Reflective journals
   You will be responsible for submitting a weekly reflection journal. The journal will serve as a tool for you to measure your progress throughout the course. You will answer 2 to 3 questions regarding your greatest success and challenge each week. You will be graded on the content of your answers and if you follow given feedback. One sentence answers will have points deducted.

   Grading for Reflective Journals
   Answered all questions 5 points
   Answers indicate true reflection of question 5 points
   If answers do not show reflection -2 points/each
   If feedback is given and not followed -5 points

2. Lecture
   On the weeks you have lecture, you will need to listen to the recording. The information in the lectures will be tested during the weekly quiz. See the 305 Course Calendar and D2L for dates.

3. Weekly Quiz
   Most weeks a quiz will be due by Sunday at 2359 of that week. The quiz will cover lecture and terminology content. On weeks where there is no lecture the quiz will only cover terminology content. Each quiz will be worth 10 points each and the number of questions will vary from quiz to quiz.

4. Activity
   Your activity will take place either at Stallings Court. Refer to the Course Calendar and D2L for specific dates.

   Communication Experience
   We will be conducting interviews with residents in groups of 3 to 4 students at Stallings Court. A list of questions to help guide your conversation will be provided when you arrive at the location. You will not be required to ask any of the questions on the sheet, it is only a reference guide in case your conversation stops. You may come up with your own questions and/or let the conversation...
“flow naturally”. You will give an oral account of your conversation when you are completed. Refer to 305 Schedule and D2L for meeting times.

This is a pass/fail.

5. **Discussions**
   You will have three discussions this semester. Each discussion has directions detailing what you need to address. Your posts should be a complete thought and contain a sufficient amount of details so your classmates can understand your thoughts. You will need to reply to two of your classmates. This reply needs to be more than just “I agree with you” or “good job”. Tell why you agree or why you think the post was well written. You may also disagree with a post and tell why you believe your stance is better.

Please remember to be polite. Anything posted that may be interpreted as being rude, mean, incendiary will receive an automatic loss of all points. You are professionals and your posts and replies should be professional as well.

Discussions are worth 10 points each.
First post 5 points
Replies 2.5 points each

**You must submit your first post BEFORE you will see what others have posted!!**

**Legal Discussion**
A discussion located on the discussion board is required. You are responsible for reading a scenario and then deciding if you believe the nurse acted in a legal and ethical manner. You are required to post your initial thoughts under the discussion board in D2L and respond to two other students.

**Documentation Discussion**
This will be a discussion on the importance of charting. You will need to address the specific topics of communication and assessment and how they relate to documentation. You will also identify how you can ensure your documentation is thorough and complete.

**Lab Value Discussion**
You will be given several patients who will have lab work. You must choose two patients and evaluate the lab work. Make a decision of what you think is most likely to be occurring and what you would teach the patient about their condition. Remember to use what you have learned about communication.
6. **Final Project**

1. **Final Group Project**
   You will present your final project for NUR 305 at the same time you present your cultural presentation for NUR 307 (Health Assessment). The last two slides of your 307 presentation will be dedicated to the requirements listed below. No more than two slides. The slides should be an image of your handouts. If you choose to create a pamphlet simply show one side of the pamphlet for your slide.

**Your project include the following:**
- The culture your group chose for Health Assessment
- An identified health issue impacting your chosen culture
- Two patient education handouts which will be either a sheet of paper (can be printed front and back) or a pamphlet. NO POSTERS, NO PROPS
- For each handout you will need to choose a different learning style for each. The learning styles are Read/Write, Aural, Visual, and Kinesthetic. You will need to research how your chosen styles learn best and design your handouts to best match. You may present ideas to either instructor for feedback and guidance.

**Grading for Final Project**
- Culture chosen in Health Assessment utilized: 10 pts
- Health issue impacting chosen culture: 10 pts
- Two patient education handouts completed: 25 pts
- Each handout utilizes a different learning style: 10 pts
- Learning styles utilized correctly: 25 pts
- Project presented in a professional manner: 20 pts

Please note all members of the group will receive the same grade. It will be the responsibility of the group to ensure all members play an equal part in the creation of this project. Students who are found not participating in the group project will receive a 0.

**Grading Policy**

Evaluation is based on achievement of the course objectives. **There will be no makeup opportunities granted. You are an adult learner and it is expected of you to manage your time accordingly to meet the objectives of this course.**

**Final Grade Calculation**
- Weekly Questions/Quizzes: 40%
- Reflective journal: 30%
- Communication Experience: 10%
- Final Project: 20%

**Grading Scale**
A=90-100  
B=80-89  
C=75-79  
F=74 and below

**Attendance Policy**
Attendance is strongly encouraged. Attendance will be considered when a student is in jeopardy of failing. Attending the course will increase the student’s successful completion of the course. Makeup work for absences is usually **not acceptable** and will be at the discretion of the instructor.

**Late to Class**
The doors to the classroom will not be allowed to be opened when class starts. If you are late to class you are required to wait in the hallway and may enter the classroom during a lecture break(s) given by the instructor. Do not attempt to enter the classroom during lecture as you will not be allowed to enter.

**Cell Phones**
Cell phones are **not** permitted to be out and/or in sight in class. This class requires engagement and cell phones serve to detract from that engagement. Additionally cell phones should be on “silent” (vibrate is not silent). If your phone is out and/or in sight, rings, or vibrates you will be dismissed from the class for the day. You will be counted absent for the session this occurs in. Failure to adhere to this will result in stringent disciplinary action.

**Academic Integrity (A-9.1)**
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

**Definition of Academic Dishonesty**
Academic dishonesty includes both cheating and plagiarism. Cheating includes, but is not limited to (1) using, or attempting to use, unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping, or attempting to help, another in an act of cheating or plagiarism. Plagiarism is presenting the works or ideas of another person as if they were your own. Examples of plagiarism are 1) submitting an assignment as if it were one’s own work when in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one’s paper without giving the author due credit. Please read the complete policy at [http://www.sfasu.edu/policies/academic_integrity.asp](http://www.sfasu.edu/policies/academic_integrity.asp) and School of Nursing Policy #9.
Withheld Grades (Semester Grades Policy A-54)
Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing grade point average. The circumstances precipitating the request must have occurred after the last day in which a student could withdraw from a course. Students requesting a WH must be passing the course with a minimum projected grade of C.

Students with Disabilities
To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to http://www.sfasu.edu/disabilityservices/.

Acceptable Student Behavior
Classroom behavior should not interfere with the instructor’s ability to conduct the class or the ability of other students to learn from the instructional program (see the Student Conduct Code, policy D-34.1). Unacceptable or disruptive behavior will not be tolerated. Students who disrupt the learning environment may be asked to leave class and may be subject to judicial, academic or other penalties. This prohibition applies to all instructional forums, including electronic, classroom, labs, discussion groups, field trips, etc. The instructor shall have full discretion over what behavior is appropriate / inappropriate in the classroom. Students who do not attend class regularly or who perform poorly on class projects/exams may be referred to the Early Alert Program. This program provides students with recommendations for resources or other assistance that is available to help SFA students succeed.

Unit Objectives:

Unit 1:
Learning Styles, Study Skills, Time Management & Test Taking Skills
1. Describe learning styles.
2. Describe personal study skills best suited with learning style.
3. Identify test taking type
4. List the needed skills for successful test taking.
Medical Terminology & Evidence Based Practice
1. Define selected medical terms.
2. Describe the process of deciphering medical terminology.
3. Pronounce medical terminology correctly.
4. Describe importance of evidence based practice
5. Describe development of evidence based practice.

**Unit 2:**
Communication & Confidentiality
1. Discuss importance of therapeutic communication in health care.
2. Identify techniques for facilitating and blocking communication.
3. Discuss importance of confidentiality in health care.
4. Discuss HIPA and its utilization in the health care setting.
5. Discuss and practice the importance of legally accurate documentation.

**Unit 3:**
History & Nursing Theory
1. Define nursing theory.
2. Describe prominent nursing theorist and their theories.
3. Discuss nursing history and present nursing image

Nursing Roles & Education: Team Building
1. Discuss team work in nursing.
2. Discuss nursing education.
3. Discuss roles in nursing.

**Unit 4:**
Legal & Ethical Issues in Nursing
1. Describe several legal/ethical theories utilized in health care.
2. Discuss the role of the nurse in ethical/legal matters.
3. Define ethical legal terms.
4. Explore the ANA Nurses Code of Ethics.

**Unit 5:**
Research
1. Describe different types of research
2. Explore methods of locating peer-reviewed research
3. Define research terms
4. Demonstrate ability to evaluate website or resource
5. Prepare patient education handouts over the disease process discussed in Health Assessment and utilize research principles learned in this section to develop project.
305 Schedule

Please note: You will be required to attend simulations/presentations on the following dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>1/22</td>
<td>Rm 115</td>
<td>Health Assessment groups A&amp;B you will attend class from 1430 to 1630.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Health Assessment groups C&amp;D you will attend class from 1230 to 1430.</td>
</tr>
<tr>
<td>2/1</td>
<td>At Stallings Court</td>
<td>You will be assigned a time between 1230-1630.</td>
</tr>
<tr>
<td>4/25</td>
<td>Rm TBA</td>
<td>Health Assessment groups A&amp;B you will attend class from 1430 to 1630.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Health Assessment groups C&amp;D you will attend class from 1230 to 1430.</td>
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</tbody>
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Week 1 January 19-24

Meet in room 115 at your designated time on 1/22

- We will be meeting together on 1/22. See above to determine time you will need to come. You will be given your Health Assessment lab time either during boot camp or on 1/22 during Health Assessment. Plan on being here for 2 hours.
- Lecture: Introduction.
- Terms: Introduction Terms.
- Reflective Journal: No reflective journal due this week.
- Quiz: No quiz this week.

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Week 2 January 25-31

Online

- Lecture: Communication.
- Terms: Cardiovascular Terms.
- Reflective Journal due by 1/31 at 11:59 pm.
- Quiz: (quiz will include lecture content and cardiovascular terminology). Opens on Monday at 0800 and closes on 1/31 at 11:59 pm.
Week 3 February 1-7

Meet at Stallings Court on 2/1. HA Group A will meet from 1430 to 1500. HA Group B will meet from 1530 to 1600. HA Group C will meet from 1230 to 1300. HA Group D will meet from 1330 to 1400.

- We will be meeting at Stallings Court on 2/1. Plan on being here for 30-45 minutes. Remember to NOT, repeat NOT, open any outside door without assistance. All outside doors have alarms on them!
- Terms: Respiratory Terms.
- Reflective Journal due by 2/7 at 11:59 pm.
- Quiz: (quiz will include respiratory terminology only). Opens on Monday at 0800 and closes on 2/7 at 11:59 pm.

Week 4 February 8-14

Online

- Lecture: Documentation.
- Terms: Neurology Terms.
- Reflective Journal due by 2/14 at 11:59 pm.
- Quiz: Week 4 Quiz (quiz will include lecture content and neurology terms). Opens on Monday at 0800 and closes on 2/14 at 11:59 pm.

Week 5 February 15-21

Online

- Lecture: No lecture this week.
- Terms: Musculoskeletal Terms.
- Reflective Journal due by 2/21 at 11:59 pm.
- Discussion board post. Opens on Monday at 0800 and closes on 2/21 at 11:59 pm.
Week 6 February 22- February 28

Online

- Lecture: Nursing History and Theory, Evolution of Nursing.
- Terms: Endocrine Terms.
- Reflective Journal due by 2/28 at 11:59 pm.
- Quiz: *(quiz will include lecture content and endocrine terminology)*. Opens on Monday at 0800 and closes on 2/28 at 11:59 pm.

Week 7 February 29-March 6

Online

- Lecture: Interpreting Lab work and values.
- Terms: Laboratory Terms.
- Reflective Journal due by 3/6 at 11:59 pm.
- Quiz: *(quiz will include lecture content and laboratory terminology)*. Opens on Monday at 0800 and closes on 3/6 at 11:59 pm.

Week 8 March 7-13

Online

- Lecture: No lecture.
- Terms: Renal Terms.
- Reflective Journal due by 3/13 at 11:59 pm.
- Discussion Board post. Opens on Monday at 0800 and closes on 3/13 at 11:59 pm.

Week 9 March 14-23 SPRING BREAK!!!!! YEAH!! SPRING BREAK!!!
No work this week.

Enjoy your time off.

Week 10 March 21-27

Online

- Lecture: Legal/Ethical.
- Terms: Gastrointestinal Terms.
- Reflective Journal due by 3/27 at 11:59 pm.
- Quiz: *(quiz will include lecture content and gastrointestinal terminology)*. Opens on Monday at 0800 and closes on 3/27 at 11:59 pm.

Week 11 March 28- April 3

Online

- This week will be having a discussion on a legal and ethical situation that is posted under the Discussion Board. You are to post your thoughts and then respond to two other students.
- Lecture: No lecture.
- Terms: Reproductive Terms.
- Reflective Journal: No Reflective Journal this week.
- Quiz: No Quiz.

Week 12 April 4-10

Online

- Lecture: Research and Evidence Based Practice.
- Terms: Integumentary Terms.
- Reflective Journal due by 4/10 at 11:59 pm.
- Quiz: *(quiz will include lecture content and integumentary terminology)*. Opens on Wednesday at 0800 and closes on 4/10 at 11:59 pm.
**Week 13 April 11-17**

**Online**

- You have no lecture this week to give you time to complete your final projects.
- Lecture: No lecture.
- Terms: Mental Health Terms.
- Reflective Journal due by 4/17 at 11:59 pm.
- Quiz: No Quiz this week

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**Week 14 April 18-24**

You have this week off to work on final presentations.

- Lecture: No lecture.
- Terms: No terms.
- Reflective Journal: No reflective journal.
- Quiz: No quiz.

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**Week 15 April 25-May 1**

**On 4/25 you will report to room TBA (This room will be wherever the NURS 307 instructor tells you to report too).**

You will come to your NUR 307 class at the time scheduled by the NURS 307 instructor.

You and your group will present your final presentations.