Stephen F. Austin State University
DeWitt School of Nursing
HEALTHY AGING
Course Number:  NUR 354
Section Number: 602
Spring 2016

Course Instructor
Rhonda Tubbe, DHA, MSN, RN

ALL INFORMATION IN THIS SYLLABUS IS SUBJECT TO THE WRITTEN POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING, STEPHEN F. AUSTIN STATE UNIVERSITY, NACOGDOCHES, TEXAS.

IN THE CASE OF COMMISSION, OMISSION, AMBIGUITY, VAGUENESS, OR CONFLICT, THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING SHALL CONTROL.

EACH STUDENT SHALL BE RESPONSIBLE FOR ACTUAL AND/OR CONSTRUCTIVE KNOWLEDGE OF THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING AND FOR COMPLIANCE THEREWITH.

EACH STUDENT IS RESPONSIBLE FOR ALL INFORMATION IN THIS SYLLABUS.

This syllabus is provided for informational purposes only.
Faculty Contact Information
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Phone: (936) 468-7700
Office: Room 110
Office Hours: Thursday, 1:00 p.m. – 3:00 p.m.

Class Meeting Time/Place: This is an online/distance learning course. No face-to-face meetings will be required.
NOTE: Instructors will make every effort to respond to emails/discussion questions within 72 hours of posting. Students are expected to check on-line course at least three times a week for announcements, email, and postings.

Textbooks and Materials:
Toward Healthy Aging, 8th edition 978-0-323-07316-5

Project selection will determine materials needed.

Course Description / Unabridged Course Description
Two hour didactic content related to issues concerning aging and the elderly. Emphasis will be placed on physical changes and factors influencing healthy aging, such as nutrition, medications, activity and community resources available to families with an aging member. Also covers death and dying, medical power of attorney, living wills and insurance benefits.

Number of Credit Hours
2 credit hour(s) (online response and participation)

Course Prerequisites
Admission to the School of Nursing

Program Learning Outcomes
Graduates of the program will:
1. Apply knowledge of the physical, social, and behavioral sciences in the provision of nursing care based on theory and evidence based practice.
2. Deliver nursing care within an established legal and ethical parameters in collaboration with clients and members of the interdisciplinary health care team
3. Provide holistic nursing care to clients while respecting individual and cultural diversity.
4. Demonstrate effective leadership that fosters independent thinking, use of informatics, and collaborative communication in the management of nursing care.
5. Assume responsibility and accountability for quality improvement and delivery of safe and effective nursing care.
6. Serve as an advocate for clients and for the profession of nursing.
7. Demonstrate continuing competence, growth, and development in the profession of nursing.
General Education Core Curriculum Objectives/Outcomes
None

Student Learning Outcomes
The student will:
1. Identify issues raised by health aging needs.
2. Identify threats to the aging across the life-span.
3. Identify societal and cultural influences on healthy aging.

Course Requirements
Online lecture, discussion, media, research, readings, small group activities, written assignments, weekly post and responses to classmate’s post.

Outline of Topics

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Class Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 19-24</td>
<td>On-line</td>
<td>Review of Syllabus and introduction. Post Short Bio (see Faculty Bio.)</td>
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<tr>
<td>Jan 25-31</td>
<td>On-line</td>
<td>Introduction Essay</td>
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<tr>
<td>Feb 1-7</td>
<td>On-line</td>
<td>Reflection Assignment due: Baby Boomer Essay</td>
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<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Feb 8-14</td>
<td>On-line</td>
<td>Review group assignment, make contact with group members</td>
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<td></td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Feb 15-21</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Feb 22-28</td>
<td>On-line</td>
<td>Group Outline due</td>
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<td>Complete response to discussion question and respond to post</td>
</tr>
<tr>
<td>Feb 29-Mar 6</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
</tr>
<tr>
<td>Mar 7-13</td>
<td>On-line</td>
<td>Reflection Assignment due: End of Life Issues</td>
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<td></td>
<td></td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Spring Break</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Mar 21-27</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
</tr>
<tr>
<td>Mar 28-Apr 3</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Apr 4-10</td>
<td>On-line</td>
<td>Peer Evaluation due: E-mail faculty through D2L</td>
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<td></td>
<td>Complete response to discussion question and respond to post</td>
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<tr>
<td>Apr 11-17</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
</tr>
<tr>
<td>Apr 18-24</td>
<td>On-line</td>
<td>Complete response to discussion question and respond to post</td>
</tr>
<tr>
<td>Apr 25-May 1</td>
<td>On-line</td>
<td>PowerPoint Presentation due</td>
</tr>
<tr>
<td>May 2-8</td>
<td>On-line</td>
<td>Wrap up</td>
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<tr>
<td></td>
<td></td>
<td>No assignments</td>
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</table>
Course Assignments

Individual Assignment
1. Short essay on baby boomers
2. Short essay on end of life issues
3. Complete peer evaluation following group project and email to faculty
4. Final: PowerPoint presentation, healthcare challenges related to healthy aging
5. Respond to question and to one classmate’s post each week for attendance and participation grade

Group Assignment
1. Submit outline on selected group topic
2. Submit 2100 word essay

Attendance
1. Answer web-based questions required throughout the semester. Question will be posted weekly
2. The post will be counted within the week, Monday through Sunday

Participation
1. Class participation will be required on a weekly basis
2. Participation is performed by responding to at least one post per week
3. The participation will be counted with the week, Monday through Sunday

Course Calendar
Refer to Course Calendar at end of document.

Grading Policy
Introduction Essay – 5%
Short Bio – 5%
Reflection Assignments - 20%
Group project outline – 5%
Group project – 20%
Peer Evaluation-5%
Attendance and Participation- 20%
Individual PowerPoint -20%

Grading Scale:
A = 90 - 100
B = 80 - 89
C = 70 – 79
D = 60 – 69
F = 59 and below
Grading Criteria

Criteria for grading attendance and participation:

1. Number of posts, require one quality post per week to meet attendance criteria (% of missed classes will equal % points deducted from grade) and one quality post per week to meet participation criteria.
2. Responds to peers and faculty in respectful manner
3. 50% quality (responses such as “I agree” will not qualify)
4. 25% timeliness (The week starts on Monday and ends Sunday night at mid-night)
5. 25% citation of material

Individual and Group Grading Rubric

<table>
<thead>
<tr>
<th>Criteria</th>
<th>A (90-100) Outstanding</th>
<th>B (80-89) Proficient</th>
<th>C (70-79) Basic</th>
<th>D/F (0-69) Below Expectations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Critical Thinking</td>
<td>rich in content, full of thought, insight, and analysis</td>
<td>substantial information</td>
<td>generally competent</td>
<td>rudimentary and superficial</td>
</tr>
<tr>
<td></td>
<td>assigned reading relevant</td>
<td>thought, insight, and analysis has taken place</td>
<td>information is thin and commonplace</td>
<td>no analysis or insight is displayed</td>
</tr>
<tr>
<td>Connections</td>
<td>Clear connections to previous or current content to real-life situations</td>
<td>connections are made</td>
<td>limited, if any connections</td>
<td>no connections are made</td>
</tr>
<tr>
<td></td>
<td>not really clear or too obvious</td>
<td>vague generalities</td>
<td></td>
<td>off topic</td>
</tr>
<tr>
<td>Uniqueness</td>
<td>new ideas</td>
<td>new ideas or connections</td>
<td>few, if any new ideas or connections</td>
<td>no new ideas</td>
</tr>
<tr>
<td></td>
<td>new connections made with depth and detail</td>
<td>lack depth and/or detail</td>
<td>rehashing and/or summarizing</td>
<td>“I agree with …” statement</td>
</tr>
<tr>
<td>Timeliness</td>
<td>Champion discussion</td>
<td>did not respond appropriately</td>
<td>limited presentation</td>
<td>no presentation</td>
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<tr>
<td></td>
<td>early in discussion throughout the discussion</td>
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Attendance Policy
 Attendance is on-line, see grading criteria.

Academic Integrity (A-9.1)
Academic integrity is a responsibility of all university faculty and students. Faculty members promote academic integrity in multiple ways including instruction on the
components of academic honesty, as well as abiding by university policy on penalties for cheating and plagiarism.

**Definition of Academic Dishonesty**

Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to (1) using or attempting to use unauthorized materials to aid in achieving a better grade on a component of a class; (2) the falsification or invention of any information, including citations, on an assigned exercise; and/or (3) helping or attempting to help another in an act of cheating or plagiarism. Plagiarism is presenting the words or ideas of another person as if they were your own. Examples of plagiarism are (1) submitting an assignment as if it were one's own work when, in fact, it is at least partly the work of another; (2) submitting a work that has been purchased or otherwise obtained from an Internet source or another source; and (3) incorporating the words or ideas of an author into one's paper without giving the author due credit.

Please read the complete policy at [http://www.sfasu.edu/policies/academic_integrity.asp](http://www.sfasu.edu/policies/academic_integrity.asp)

**Withheld Grades (Semester Grades Policy A-54)**

Ordinarily, at the discretion of the instructor of record and with the approval of the academic chair/director, a grade of WH will be assigned only if the student cannot complete the course work because of unavoidable circumstances. Students must complete the work within one calendar year from the end of the semester in which they receive a WH, or the grade automatically becomes an F. If students register for the same course in future terms the WH will automatically become an F and will be counted as a repeated course for the purpose of computing the grade point average.

The circumstances precipitating the request must have occurred after the last day in which a student could withdraw from a course. Students requesting a WH must be passing the course with a minimum projected grade of C.

**Students with Disabilities**

To obtain disability related accommodations, alternate formats and/or auxiliary aids, students with disabilities must contact the Office of Disability Services (ODS), Human Services Building, and Room 325, 468-3004 / 468-1004 (TDD) as early as possible in the semester. Once verified, ODS will notify the course instructor and outline the accommodation and/or auxiliary aids to be provided. Failure to request services in a timely manner may delay your accommodations. For additional information, go to [http://www.sfasu.edu/disabilityservices/](http://www.sfasu.edu/disabilityservices/).

**ALL STUDENTS ARE RESPONSIBLE FOR THE POLICIES AND PROCEDURES OF THE SCHOOL OF NURSING. THESE CAN BE FOUND ONLINE AT WWW.NURING.SFASU.EDU, POLICY AND PROCEDURES LINK.**