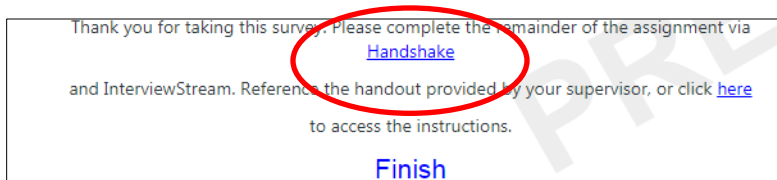# Lumberjacks GROW

Thank you for participating in our Lumberjacks GROW (Guided Reflection on Work) project! Taking part in this experience will encourage you to reflect on what you are learning through working on campus or off campus, as well as through your on-campus involvement. It will also allow you to participate in a virtual mock interview experience.

This project is managed by the Center for Career and Professional Development (CCPD). There are two parts to this project – an online survey, and the *InterviewStream* assignment. You will need to complete both parts. We recommend setting aside about 20 minutes, in a quiet space, at a computer equipped with a webcam.

If you do not have access to this, please call the CCPD office at 936.468.3305 to schedule a time to use the computer in our office dedicated to *InterviewStream*.
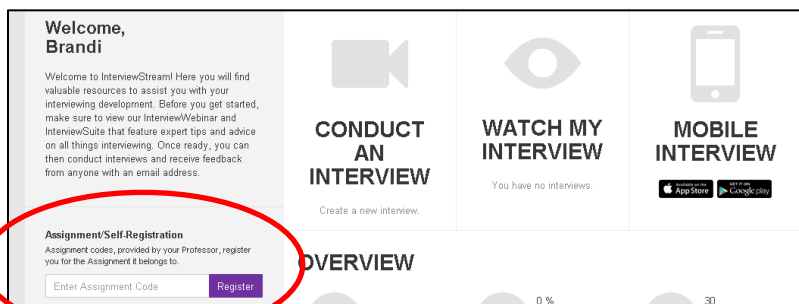
1. **Survey**

Visit https://baseline.campuslabs.com/sfa/lgpt2021 to take the online survey. When finished, click on the Handshake link on the final screen.

2. **InterviewStream**

- Log into your Handshake account using your mySFA login credentials. **Do not request a new account** – click on the blue "Stephen F. Austin State University" button and then enter your mySFA login credentials. If you have any issues accessing Handshake, contact the CCPD office.

- Click on "Career Center" in the top right corner of the Handshake homepage, and select "Resources." Then, select or search for "InterviewStream" and follow the link provided on the resource page - *Make sure to allow pop-ups!*

- You will answer several questions in a virtual mock interview. We strongly encourage you to take the interview seriously – feedback will be provided back to you from a CCPD team member, and information may be shared with your supervisor. This feedback is meant to improve your interview skills for future endeavors.

- Take note of any technical requirements listed on the *InterviewStream* homepage (preferred browsers, etc.) before beginning your interview. Copy and paste this assignment code into the Assignment/Self-Registration section on the left side of the screen:

  # aXzuNZKTAErD

- Once you enter the assignment code, your interview will load automatically. If you encounter connection issues, refer back to the InterviewStream home page and review the technical requirements. For additional assistance, contact CCPD via phone or email.

- Once your interview is complete, a CCPD team member will review it within ten business days and provide feedback on your performance and areas in which you could improve. You will receive a message in Handshake when your feedback is ready.

If you run into any issues with completing both parts of Lumberjacks GROW, or if you need accommodations to complete the assignment, contact CCPD at 936.468.3305 (during normal business hours) or via email at ccpd@sfasu.edu.