

ECHL/SFA Charter School Food Program

The Early Childhood Lab oversees the food program for both the ECHL and the SFA Charter School. Our kitchen is constantly working to improve this program. We have spent countless hours this summer reviewing, revising, and planning our menu choices. Our current menu has been reviewed by teachers, parents as well as a nutritionist to ensure we are providing not only healthy options but also foods our children will enjoy.

A morning snack will be offered each day. This is not a substitute for breakfast, but a snack to help the children get through the morning. Our lunch will continue to offer special "options" in addition to our already nutrition and tasty menu. Wednesdays will be a "tasting" day. A small "taste" of a new food or possible menu item will be sent to each room. This will be for the children to all taste. It is not part of the meal; each child will only get a "taste" portion. When the carts are returned to the kitchen, the ladies will ask the students the class opinion on the taster food. This will help guide us in offering new items as well as options for old ones.

On Monday, Tuesday, Thursday, and Friday, we will send an extra bowl of fresh fruit or vegetables to each room. This is not a regularly served "dish" that everyone will be served and eat, but a choice for those that may want something different.

Please feel free to contact Lori Harkness at lharkness@sfasu.edu should you have any question, concerns, or ideas to improve our food program! We look forward to continuing to make this program the best it can be!

The ECHL Team



Menus are subject to change.

*The ECHL offers alternative options for food items inappropriate for infants and toddlers. These items are denoted with an *.*

The ECHL offers afternoon snack for Infants through PK II as well as our After School Care Program. These snacks are listed separately.

August

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back Charter	16 Breakfast Sandwich Pizza Salad Bread Sticks Apple Slices Milk	17 Biscuit W/ Jelly Salisbury Steak Broccoli W/ Cheese Frozen Mixed Fruit Rolls Milk	18 Muffin Chicken & Rice Green Beans Roll Jell-O Cup Milk	19 Cereal Ham And Cheese Sandwich Lettuce, Tomato* Goldfish Banana Milk
22 Biscuit w/ Sausage Chicken Spaghetti Green Beans Bread Slices Mixed Fruit Milk	23 Breakfast Egg Roll Pork Mc Rib On Bun Green Salad* Mandarin Oranges Milk	24 Waffle Sticks Meatloaf English Peas Strawberries Rolls Milk	25 Cheese Toast Tortilla Soup Salad* Tortilla Chips* Peaches Milk	26 Cereal Fish On Bun Lettuce, Tomato* Chips* Apple Milk
29 Pig N Blanket Burritos* Corn Mexican Cornbread Applesauce Milk	30 Pancakes Hamburgers Lettuce, Tomatoes, Pickles* Baked Chips Peaches Milk	31 Cinnamon Biscuits Chicken Nuggets Mixed Berries Broccoli Roll Milk		

September

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pig N Blanket Chicken Fried Steak Green Bean Peaches Sliced Bread Milk	2 Waffle Turkey & Cheese Sandwich Lettuce, Tomato* Baked Chips* Oranges Milk
5 Eggs & Bacon Chicken Nuggets Broccoli Pears Roll Milk	6 Toast w/ Jelly Grilled Cheese Sandwich Chicken Noodle Crackers Mixed Fruit Milk	7 Yogurt w/ Graham Crackers Steak Fingers Green Beans Whole Grain Bread Strawberries Milk	8 Biscuit w/ Sausage King Ranch Chicken Spinach Bread Stick Tropical Fruit Milk	9 Pancakes Manwich Pickle Slices* Baked Chips* Cookie Milk
12 French Toast Chef Salad w/ Grilled Chicken Wafer Crackers Peaches Milk	13 Cereal Burrito* Mexican Corn Mexican Cornbread Pineapple Milk	14 Apple w/ Peanut Butter Barbeque On Bun Cole Slaw* Banana Pudding Milk	15 Breakfast Egg Roll Salisbury Steak Mixed Veggies Bread Sticks Strawberries Milk	16 Oatmeal On Go Ham & Cheese Sandwich Lettuce, Tomato* Goldfish Parfait Cup Milk
19 Malt O Meal Barbeque Chicken Baked Beans Roll Mango Chunks Milk	20 Cinnamon Biscuits Taco Bake Refried Beans Cornbread Pears Milk	21 Bagel w/ Cream Cheese Mac And Cheese Vegetable Blend Corn Muffin Fruit Melody Milk	22 Toast w/ Peanut Butter Chili w/Beans Crackers Jell-O w/ Fruit Milk	23 Muffin Pork Mc Rib On Bun Baked Chips* Mandarin Oranges Milk
26 Waffle Sticks Spaghetti Green Beans Garlic Bread Mixed Fruit Milk	27 Oatmeal Chicken Fajita Lettuce, Tomatoes* Refried Beans Peach Cups Milk	28 Cinnamon Toast Peanut Butter & Jelly Sandwich Carrot & Pickle Sticks* Smiles Banana Milk	29 Eggs & Sausage Pizza Corn Bread Sticks Pineapples Milk	30 Cereal Hot Dogs (Lab-Dog Gone Chick.) Chili, Grated Cheese, Pickle Relish Baked Chips Apple Slices Milk

October

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Egg Roll Ham Slices New Potatoes Corn On Cob* Rolls Frozen Fruit Milk	4 Cereal Manwich Tatar Tot's Pickle Spear* Apple Sauce Milk	5 Banana Pizza Mixed Veggies Bread Sticks Fruit Salad Milk	6 Muffin King Ranch Chicken Capri Veggies Roll Strawberries Milk	7 Cinnamon Delight Hamburgers Lettuce, Tomato, Pickles* Baked Chips* Mixed Fruit Milk
10 Biscuit w/ Sausage Spaghetti Corn Garlic Bread Peaches Milk	11 Pancakes Chicken Nuggets Broccoli Roll Pears Milk	12 Waffle Pork Mc Rib English Pea Salad Corn On Cob* Bread Slices Mixed Berries Milk	13 Pig N Blanket Barbeque Chicken Green Beans Sliced Bread Peaches Milk	14 Cereal Fish Sticks Cole Slaw* Baked Potato Apple Milk
17 Pancake On Stick Pinto Beans Little Smokies Broccoli Corn Muffin Pineapple Milk	18 Egg Squares Ravioli Salad* Rolls Frozen Peaches Milk	19 Kolaches Taco Salad* Cheese, Tortilla Chips, Salsa (Crackers For ECHL) Mandarin Oranges Milk	20 Biscuits w/ Gravy Chicken Fajita Flour Tortillas Lettuce, Tomatoes, Cheese* Refried Beans Melon Balls Milk	21 Cereal Cheeseburger Lettuce, Tomatoes, Pickles* French Fries Cookie Milk
24 Pancakes Steak Fingers Cucumber Salad* Roll Oranges Milk	25 Yogurt w/ Graham Crackers Chef Salad* w/ Diced Ham Wafer Crackers Peach Halves Milk	26 Apple Strudels Burritos Mexican Corn Corn Bread Pineapple Milk	27 French Toast Chicken Noodle Soup Salad* Crackers Mango Chunks Milk	28 Cereal Grilled Cheese Sandwich Baked Chips* Pickle Spears* Pineapple Slices Milk
31 Breakfast Egg Roll Barbeque On Bun Cole Slaw* Banana Pudding Milk				

November

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Muffins Turkey And Cheese Sandwich Lettuce, Tomatoes* Goldfish Rice Krispie Treat Milk	2 Biscuits & Jelly Pizza Corn Bread Sticks Mixed Berries Milk	3 Go Gurt Salisbury Steak Cream Peas Roll Applesauce Milk	4 Cereal Popcorn Shrimp Garden Salad* Hushpuppies Strawberries Milk
7 Pig N Blanket Ravioli Corn Bread Slices Peaches Milk	8 Waffles Spaghetti Italian Veggies Garlic Bread Apple Milk	9 Toast w/ Jelly Chicken Nuggets Broccoli Roll Pears Milk	10 Cereal Mac & Cheese Charro Beans Corn Muffins Pineapple Chunks Milk	11 Oatmeal On Go Fish On Bun Baked Chips* Mini Carrots* Banana Milk
14 Pancakes Steak Fingers Carrots Bread Sticks Tropical Fruit Milk	15 Muffin Chicken On Bun Lettuce, Tomato* Baked Chips* Banana Milk	16 Waffle Sticks Burritos Mexican Corn Mexican Cornbread Pineapple Milk	17 Toast w/ Jelly Pork Mc Rib Cole Slaw* Bread Slices Mixed Fruit Milk	18 Cereal Peanut Butter & Jelly Sandwich Goldfish Orange Slices Milk
21 Breakfast Egg Roll Barbeque Chicken Baked Beans Roll Apricots Milk	22 Pop Tarts Pizza Green Salad* Bread Sticks Strawberries Milk	23 Closed for	24 Thanksgiving	25 Holiday
28 Cheese Toast Tortilla Soup Chips & Salsa* Grated Cheese Pineapple Tidbits Milk	29 Cinnamon Biscuit Ham & Cheese Sandwich Lettuce, Tomato* Munchies Apple Slices Milk	30 Waffles Chili Mac Corn Garlic Bread Pink Salad Milk		

December

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Oatmeal On Go Chicken Nuggets Broccoli Pear Whole Grain Roll Milk	2 Yogurt w/ Graham Cheeseburger Lettuce, Tomatoes, Pickles* Tatar Tots Strawberries Milk
5 French Toast Ravioli Mixed Veggies Corn Muffin Tropical Fruit Milk	6 Muffin Burritos* Mexican Corn Corn Muffin Pineapple Milk	7 Biscuits w/ Jelly Chicken And Dumplings Capri Veggies Rolls Pears Milk	8 Pancakes Steak Fingers Carrots Bread Sticks Mandarin Oranges Milk	9 Cereal Turkey & Cheese Sandwich Lettuce, Tomato* Chips Applesauce Cup Milk
12 Pig N Blanket Meat Loaf Green Beans Peaches Bread Sticks Milk	13 Breakfast Egg Roll Pork Mc Rib On Bun Charro Beans Pears Milk	14 Apple Sticks Chicken Tenders English Peas Tropical Fruit Bread Slices Milk	15 Banana Chili Mac Corn Garlic Bread Berry Blend Milk	16 Cereal Barbeque On Bun Pickle Slices* Chips Peach & Applesauce Cup Milk
19 Closed for	20 Christmas	21 Holiday	22 -----	23 -----
26 -----	27 -----	28 -----	29 -----	30 -----

January

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>-----</p> <p>Happy New Year!</p>	<p>Hot</p> <p>Toast w/ Jelly Dogs (Lab- Dog Gone Chicken) Chili, Grated Cheese Pickle Relish Baked Chips Apple Slices Milk</p>	<p>Biscuits w/ Jelly Chef Salad Grilled Chicken Grated Cheese Melba Toast Strawberries Milk</p>	<p>Breakfast Egg Roll Pizza Corn Banana Milk</p>	<p>Cereal Burritos Salad Mandarin Oranges Milk</p>
9	10	11	12	13
<p>Waffles Barbeque On Bun Cole Slaw Applesauce Milk</p>	<p>Cheese Toast Peanut Butter & Jelly Sandwich Sweet Potato Fries Apple Slices Milk</p>	<p>Egg w/ Sausage Taco Salad Flour Tortillas Mandarin Oranges Milk</p>	<p>Pancakes Spaghetti Green Beans Garlic Bread Pudding Milk</p>	<p>Pop Tart Hamburgers Lettuce, Tomato* French Fries Cookie Milk</p>
16	17	18	19	20
<p>Biscuits w/ Sausage Ravioli English Peas Rolls Mixed Fruit Milk</p>	<p>Belgian Waffles Pork McRib Pinto Beans Corn Bread Mixed Berries Milk</p>	<p>Breakfast Sandwich Chicken On Bun Lettuce, Tomato Goldfish Strawberries Milk</p>	<p>Muffins Meatloaf Mixed Vegetables Garlic Toast Pineapple Milk</p>	<p>Oatmeal On Go Chicken Salad Sandwich Lettuce, Tomato Potato Smiles Frozen Peaches Milk</p>
23	24	25	26	27
<p>Cinnamon Biscuits Chicken Spaghetti Green Beans Rolls Frozen Peaches Milk</p>	<p>Breakfast Burritos Pinto Beans Little Smokies Broccoli Corn Muffin Tropical Fruit Milk</p>	<p>Pancake Soft Tacos Lettuce, Tomatoes*, Cheese Refried Beans Apple Slices Milk</p>	<p>Egg w/ Sausage Salisbury Steak Green Beans Rolls Melon Balls Milk</p>	<p>Cereal Ham & Cheese Sandwich Lettuce, Tomatoes* Goldfish Rice Krispie Treat Milk</p>
30	31			
<p>Hashbrowns Chicken Nuggets Potato Smiles Green Beans Peaches Milk</p>	<p>Muffin Chef Salad Diced Ham Cheese & Crackers Melon Balls Milk</p>			

February

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Breakfast Burrito Pizza Salad Strawberries Bread Sticks Milk</p> <p style="text-align: right;">1</p>	<p>Pancake On Stick Chicken Tenders Corn Mixed Berries Bread Slices Milk</p> <p style="text-align: right;">2</p>	<p>Cereal Turkey & Cheese Sandwich Lettuce, Tomatoes* Baked Chips Peach Applesauce Cup Milk</p> <p style="text-align: right;">3</p>
<p>Biscuit w/ Gravy Chicken Fried Steak Mixed Vegetables Frozen Peaches Rolls Milk</p> <p style="text-align: right;">6</p>	<p>Belgian Waffles Peanut Butter & Jelly Sandwich Potato Smiles Banana Milk</p> <p style="text-align: right;">7</p>	<p>Cheese Toast Burritos Salad Mandarin Oranges Milk</p> <p style="text-align: right;">8</p>	<p>Biscuit w/ Sausage Chicken Spaghetti Green Beans Rolls Mixed Fruit Milk</p> <p style="text-align: right;">9</p>	<p>Cereal Hamburgers Lettuce, Tomatoes* Potato Wedges Fruit Cup Milk</p> <p style="text-align: right;">10</p>
<p>Cinnamon Biscuits Pork Mc Rib On Bun Baked Bean Frozen Peaches Milk</p> <p style="text-align: right;">13</p>	<p>Kolaches Taco Salad Flour Tortillas Applesauce Milk</p> <p style="text-align: right;">14</p>	<p>French Toast Sticks Chicken On Bun Lettuce, Tomatoes* Goldfish Tropical Fruit Milk</p> <p style="text-align: right;">15</p>	<p>Muffins Spaghetti Green Beans Garlic Bread Pudding Milk</p> <p style="text-align: right;">16</p>	<p>Pop Tarts Chicken Salad Sandwich Lettuce, Tomatoes* Potato Wedges Fruit Cup Milk</p> <p style="text-align: right;">17</p>
<p>Egg w/ Sausage Ravioli English Peas Rolls Mixed Fruit Milk</p> <p style="text-align: right;">20</p>	<p>Breakfast Sandwich Pinto Beans w/ Ground Meat Turnip Greens Corn Muffin Peach Cobbler Milk</p> <p style="text-align: right;">21</p>	<p>Pancakes Ham & Cheese Sandwich Lettuce, Tomatoes* Goldfish Rice Krispie Treat Milk</p> <p style="text-align: right;">22</p>	<p>Breakfast Egg Roll Chef Salad Grilled Chicken Cheese Melba Toast Strawberries Milk</p> <p style="text-align: right;">23</p>	<p>Breakfast Bar Fish On Bun Lettuce, Tomatoes*, Cheese Tater Tots Apple Slices Milk</p> <p style="text-align: right;">24</p>
<p>Hashbrowns Chicken Nuggets Green Beans Mixed Berries Rolls Milk</p> <p style="text-align: right;">27</p>	<p>Muffins Spaghetti Corn Garlic Bread Pears Milk</p> <p style="text-align: right;">28</p>	<p>Toast w/ Jelly Steak Fingers English Peas Pineapple Bread Slices Milk</p> <p style="text-align: right;">29</p>		

March

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Toast w/ Jelly Pinto Beans w/Smokies English Peas Pineapple Cornbread Milk	2 Pancakes Fish Sticks Cole Slaw Hush Puppies Strawberries Milk
5 Cereal Ravioli Corn Rolls Mixed Fruit Milk	6 Muffins Chicken Fajitas Lettuce, Tomatoes*, Cheese Refried Beans Apple Slices Milk	7 Cheese Toast Pork McRib Green Beans Roll Pineapple Milk	8 Biscuit w/ Sausage Pizza Salad Mandarin Oranges Milk	9 Pop Tarts Peanut Butter & Jelly Sandwich Lettuce, Tomato* Goldfish Cookie Milk
12	13 Closed for	14 Spring Break	15 Holiday	16
19 Pancake On Stick Barbeque Chicken Baked Beans Roll Pears Milk	20 Egg & Sausage Steak Fingers Broccoli w/ Cheese Garlic Bread Mixed Fruit Milk	21 Biscuit w/ Jelly Hot Dogs (Lab – Dog Gone Chicken) Chili, Grated Cheese Pickle Relish Baked Chips Apple Slice Milk	22 Toast w/ Peanut Butter Burrito Salad Bread Sticks Banana Milk	23 Oatmeal On Go Grilled Cheese Sandwich Carrot & Celery Sticks w/ Ranch Dip Baked Chips Rice Krispie Treat Milk
26 Go Gurt Spaghetti Green Beans Garlic Bread Peaches Milk	27 Bagel w/ Cream Cheese Chicken Nuggets Squash Mixed Berries Bread Slice Milk	28 Cheese Toast Pork Patty Spinach Rolls Tropical Fruit Milk	29 Belgian Waffles Salisbury Steak English Peas Mango Chunks Rolls Milk	30 Cereal Fish Square On Bun Tartar Sauce Lettuce, Tomatoes*, Pickles Baked Chips Cookie Milk

April

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Egg Roll Chicken Nuggets Broccoli w/ Cheese Pears Rolls Milk	3 Toast w/ Jelly Grilled Cheese Sandwich Chicken Noodle Soup Crackers Mixed Fruit Milk	4 Go Gurt Steak Fingers Green Beans Whole Grain Braid Strawberries Milk	5 Closed for	6 Easter
9 Holiday	10 French Toast Chef Salad w/ Grilled Chicken Wafer Crackers Peaches Milk	11 Cereal Burrito Cucumber Salad Corn Muffin Pineapple Milk	12 Kolache Pork Patty Mixed Veggies Rolls Orange Slices Milk	13 Pancake On Stick Barbeque On Bun Carrot & Celery w/ Ranch Dip Baked Chips Banana Milk
16 Egg And Sausage Barbeque Chicken Baked Beans Apricots Roll Milk	17 Cinnamon Biscuits Taco Bake Refried Beans Cornbread Muffin Pears Milk	18 Bagel w/ Cream Cheese Mac & Cheese Vegetable Blend Corn Muffin Fruit Melody Milk	19 Toast w/ Peanut Butter Chili w/ Beans Crackers Jell-O Cup Milk	20 Muffin Pork McRib On Bun Cole Slaw Mandarin Oranges Milk
23 Biscuit w/ Gravy Green Beans Garlic Bread Mixed Fruit Milk	Spaghetti	24 Cinnamon Toast Chicken Fajitas Lettuce, Tomatoes* Refried Beans Peaches Milk	25 Belgian Waffles Peanut Butter & Jelly Sandwich Goldfish Carrot And Pickle Spears Apple Milk	26 Pop Tarts Pizza Salad Pineapple Milk
30 Pancakes Chili Mac Mixed Veggies Mixed Fruit Rolls Milk				

May

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Kolache Chicken Fried Steak Green Beans Peaches. Sliced Bread Milk	2 Waffle Turkey & Cheese Sandwich Lettuce, Tomatoes* Baked Chips Oranges Milk	3 Egg And Bacon Chicken Nuggets Broccoli w/ Cheese Pears Roll Milk	4 Toast w/ Jelly Hamburgers Lettuce, Tomatoes, Pickles* Sweet Potato Fries Banana Milk
7 Breakfast Sandwich Chicken & Rice Corn On Cob Rolls Peaches Milk	8 Cereal Manwich Tatar Tots Pickle Spears Applesauce Milk	9 Muffin King Ranch Chicken Capri Vegetables Roll Banana Pudding Milk	10 Cinnamon Toast Pizza Salad Bread Sticks Fruit Salad Milk	11 French Toast Peanut Butter & Jelly Sandwich Carrot And Celery w/ Ranch Dip Goldfish Apple Milk
14 Pancake On Stick Steak Fingers Cucumber Salad Roll Oranges Milk	15 Go Gurt Chef Salad w/ Diced Ham Wafer Crackers Mixed Berries Milk	16 Egg And Sausage Burritos Salad Pineapple Milk	17 Apple Sticks Chicken Fajita Lettuce, Tomatoes*, Cheese Refried Beans Milk	18 Cereal Cheeseburgers Lettuce, Tomatoes* Oven Fries Oranges Milk
21 Biscuits w/ Jelly Pinto Beans w/ Smokies Broccoli w/ Cheese Corn Muffin Peaches Milk	22 Cheese Toast Ravioli Salad Garlic Bread Apricots Milk	23 Oatmeal On Go Pork McRib On Bun Cole Slaw Tropical Fruit Salad Milk	24 Belgian Waffles Chicken Spaghetti Green Beans Applesauce Rolls Milk	25 Cereal Hot Dogs (Lab- Dog Gone Chicken(Chili, Cheese, Relish Baked Beans Rice Krispie Treats Milk
28 Memorial Day	29 Breakfast Egg Roll Chili Mac Corn Garlic Bread Pudding Milk	30 Apple Sticks Barbeque Chicken Baked Beans Rolls Jell-o Milk	31 French Toast Sticks Pizza Salad Cheese Sticks Fruit Milk	

Afternoon Snacks for ECHL/After School Care

August 17-19

Four Cheese Crackers
Teddy Grahams
Apple Slices w/ Peanut Butter & Granola

August 22-26

Orange Slices
Ants on a Log (crackers, peanut butter, dried cranberries)
Fruit & Cheese
Wheat Butter Crackers w/ Mozzarella Cheese
Peanut Butter Crackers

August 29- September 2

Yogurt
Animal Crackers
Peach Cup
Wheat Crackers w/ Cubed Swiss Cheese

September 6-9

Cheez-Its
Cheese Roll Ups (tortillas with cheese)
Banana w/ Wafers
Frozen Juice Bars

September 12-16

Pudding Cup
Cheese & Crackers
Apples w/ Peanut Butter
Oranges
Ice Cream

September 19-23

Fruit & Cheese
Chex Mix
Orange Slices
Graham Crackers w/ Cream Cheese
Ice Cream

September 26-30

Wheat Crackers w/ Cheddar Cheese
Mixed Fruit Cup
Wheat Thins w/ Cream Cheese
Banana w/ Vanilla Wafers
Pudding Cup

October 3-7

Four Cheese Crackers
Pudding Cup
Animal Crackers
Wheat Crackers w/ Swiss Cheese
Apple w/ Peanut Butter

October 18 – 22

Peach Cups
Graham Crackers w/ Peanut Butter
Chex Mix
Teddy Grahams
Jell-O Cup

October 24-28

Jell-o Cups
Peanut Butter Crackers
Cheese Roll Ups (tortillas with cheese)
Orange Slices
Fruit & Cheese

November 1 – 4

Teddy Grahams
Cheez-Its
Pudding Cups
Ice Cream

November 7-11

Orange Jell-O
Munchies
Fruit & Cheese
Four Cheese Crackers
Banana

November 14-18

Frozen Go-Gurt
Applesauce Cup
Celery w/ Ranch Dressing Cup
Wheat Crackers w/ Cheese
Apple Slices W/ PB

November 21-22

Fruit & Cheese
Animal Crackers

November 28 – December 2

Rice Krispie Treat
Banana w/ Vanilla Wafers
Goldfish on a Pond
Teddy Grahams
Apple Slices

December 5-9

Wheat Crackers and Cheese
Four Cheese Crackers
Applesauce Cup
Pudding Cup
Fruit & Cheese

December 12– 16

Wheat Butter Crackers w/ Cheese
Yogurt
Jell-O Cups
Animal Crackers
Orange Slices

January 3 – 6

Four Cheese Crackers
Cheese and Crackers
Apple Slices w/ Peanut Butter
Yogurt Cup

January 9-13

Jell-O Cup
Cheese Roll-up
Fruit & Cheese
Peanut Butter Crackers
Mixed Berries

January 17-20

Animal Crackers
Banana w/ Vanilla Wafers
Peanut Butter Crackers
Cheese Roll Up

January 23-27

Cheez-Its
Chex Mix
Graham Crackers w/ Cream Cheese
Fruit Tray
Peach Cup

January 30 - February 3

Applesauce Cup
Peaches
Cheese & Crackers
Crackers w/ Peanut Butter
Orange Slices

February 6-10

Four Cheese Crackers
Chex Strawberry Yogurt
Fruit & Cheese Cubes
Banana
Apple Slices

February 13-17

Mango Chunks
Apple w/ Peanut Butter
Cheese & Crackers
Mixed Fruit Cup
Teddy Grahams

February 20-24

Fruit & Cheese
Yogurt Cup
Cheese & Crackers
Graham Crackers w/ Cream Cheese
Pudding Cup

February 27 – March 2

Goldfish
Orange Slices
Four Cheese Crackers
Strawberries
Fruit Cup

March 5-9

Yogurt
Cheese Roll-up
Wheat Crackers w/ Swiss Cheese
Ritz w/ Peanut Butter
Banana

March 19-23

Applesauce Cups
String cheese
Peanut Butter Crackers
Fruit Tray
Parfait Cup

March 26-30

Pudding Cup
Mango Chunks
Strawberries
Wheat Crackers w/ Mozzarella Cheese
Fruit Cup

April 2-4

Fruit and Cheese
Banana w/ Vanilla Wafers
Cheese Roll Up

April 10-13

Mixed Berries
Ice Cream
Cheese & Crackers
Yogurt

April 16-20

Cheese Roll-up
Peach Applesauce Cup
Peanut Butter Crackers
Mandarin Orange Cup
Ice Cream

April 23-27

Mixed Fruit
Four Cheese Crackers
Goldfish
Orange Slices
Watermelon

April 30- May 4

Berries
Graham Crackers w/ Cream Cheese
Cheese and Crackers
Yogurt
Orange Slices
Ice Cream

May 7-11

Wheat Crackers w/ Swiss Cheese
Banana w/ Vanilla Wafers
Crackers w/ Peanut Butter
Goldfish
Ice Cream

May 14-18

Yogurt
Fruit & Cheese Cubes
Animal Crackers
Apple Slices w/ Peanut Butter
Wheat Cracker w/ Cheddar Cheese

May 21-25

Crackers and cheese
Ice Cream
Apple w/ Peanut Butter
Cheese Roll Up
Peach Cup