



## **DIETETIC INTERNSHIP AT STEPHEN F. AUSTIN STATE UNIVERSITY**

The Dietetic Internship (DI) Program at Stephen F. Austin State University is currently granted Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 120 South Riverside Plaza, Suite 2000, Chicago, IL, 60606-6995, (312)-899-5400. This post-baccalaureate program prepares students for entry-level careers in dietetics. The program consists of a minimum of 1200 hours of supervised practice experience and 30 hours of graduate course work that can be applied toward an M.S. degree. All the practice sites are within an 80-mile radius of the Stephen F. Austin State University campus. Upon successful completion of the program, students are eligible to write the CDR Registration Examination for Dietitians.

A screening committee reviews applications. D&D Digital Systems procedures will be used for computer matching. The program accepts a maximum of ten students per class, which begins with an orientation /review session Summer II (Monday, July 12, 2010) and is continuous to the end of Spring semester, excluding make-up hours.

### **Admission Requirements:**

1. Minimum overall GPA of 3.0 on a 4.0 scale, and at least 3.2 on a 4.0 scale in all food, nutrition and dietetic courses. Inadequate performance as an undergraduate may be compensated by high quality, post-baccalaureate work in a dietetics related field and/or evidence of above average performance in a graduate nutrition course work.
2. GRE scores of at least 400 on both the verbal and quantitative sections and a 3.0 or better on the written section. Applications lacking evidence of GRE scores will not be reviewed by the screening committee.
3. The student must meet the undergraduate requirements for the BS degree and have a CADE approved verification statement indicating completion (or intent to complete) of the requirements for the Didactic Program in Dietetics.
4. The applicant must submit:
  - a. An application for admission to the Stephen F. Austin State University DI using the standard form.
  - b. Three letters of recommendation on the standard form with recommender's signature across the back of the sealed envelope. One recommendation **MUST** be from the director of your DPD program, others should be from professionals including, but not limited to, faculty employers in a dietetics related field, or a supervisor at work who is well acquainted with your work habits, scholastic achievement, attitudes and interpersonal skills. Personal references from family and friends are not acceptable!
  - c. Official transcripts from all colleges and universities attended.
  - d. GRE scores.
  - e. Declaration of Intent to Complete Degree from an ADA approved Didactic Program in Dietetics OR Verification of Standards of Education signed by Didactic Program in Dietetics Director. If an Intent To Complete form is submitted, a verification statement must follow as soon as possible for admittance to the program.
  - f. A typed letter of application stating personal and professional goals as a Dietitian and particular area(s) of interest such as food service, clinical nutrition, administrative, community nutrition, etc.
  - g. After acceptance into the DI, the intern must apply for admission to the SFA Graduate School.

## Computer Matching

All applicants to the SFA Dietetic Internships (DI) must participate in computer matching. Applicants should request instructions and a mark/sense card to prioritize their DI preferences. Materials may be obtained from any ADA-approved Didactic Program in Dietetics or from D&D Digital Systems, 304 Main Street Suite 301, Ames, IA, 50010, [www.dnddigital.com](http://www.dnddigital.com), phone 515-292-0490. email [dnd@netins.net](mailto:dnd@netins.net). The materials are free but there is a \$50.00 charge for computer matching.

**February 16, 2010.** Application to DI (postmark date). Deadline for submitting an application to Stephen F. Austin State University DI. Application forms are available at [www.depdpg.org](http://www.depdpg.org)

Dietetic Internship Program Director  
Stephen F. Austin State University  
Box 13014 SFA Station  
Nacogdoches, TX 75962

**February 16, 2010.** Computer matching deadline with D&D Digital Systems. The D&D Digital Systems code for computer matching to the Stephen F. Austin State University DI is **212**.

**April 5, 2010.** Applicant Notification day. Applicants may go to the D&D website [www.dnddigital.com](http://www.dnddigital.com) beginning at 6:00 p.m. CDT to check their matching status.

**April 7, 2010.** Applicant Appointment Day. Matched applicants must contact the Dietetic Internship Program Director to confirm their acceptance or rejection of this match no later than 5:00 p.m. for the program time zone.

## DI Program Costs

The following cost figures are offered as approximations **only** with the intent to give an estimation of expenses:

1. Information relative to campus housing is available from: Housing Office, Stephen F. Austin State University, P.O. Box 13054, SFA Station, Nacogdoches, Texas 75962. Phone (936) 468-2601 or E-mail: <http://www.sfasu.edu/housing>. The Fall 2008 cost of a one bedroom apartment at University Woods is \$6346.00 for a 12 month contract.

Off-campus housing information is provided by the Nacogdoches Chamber of Commerce at the following address: Nacogdoches Convention Center & Visitors Bureau, P.O. Drawer 631918, Nacogdoches, Texas 75963. Phone (936) 564-7351 or E-mail <http://www.visitnacogdoches.org>. You can also access Daily Sentinel newspaper classified ads online at <http://www.dailysentinel.com>.

2. As of Fall 2009 the following are the estimated tuition and fees:

Summer	3 hrs	\$850.00
Fall	12 hrs	\$3,200.00
Spring	12 hrs	\$3,200.00

Tuition/fee estimates can be obtained at [http://www.sfasu.edu/controller/businessoffice/students/tuition\\_calc.asp](http://www.sfasu.edu/controller/businessoffice/students/tuition_calc.asp)

For financial aid information see

<http://www2.sfasu.edu/graduate/ProspStudents/finaid.html>

or contact the Director of Financial Aid, Stephen F. Austin State University, P.O. Box 13052 SFA Station, Nacogdoches, Texas 75962. Phone (936) 468-2403.

3. Other estimated expenses include:
 

Uniforms/Lab coats	\$50.00
Educational materials	\$1,200.00
Student I.D.	\$6.00
Background check	\$45.00
Drug screen	\$20.00
Liability Insurance	\$14.00
ADA membership	\$50.00
ETDDA membership	\$10.00
  
4. Students are expected to attend the Texas Dietetic Association convention: registration fee \$75.00 - \$100.00. The convention is held over two days in city outside of Nacogdoches: student will need to pay for lodging and transportation while at the convention, the cost of which is approximately \$150.00 if shared with other interns
  
5. The student is responsible for his/her own transportation to and from the practice sites and the University. All sites are within an 80-mile commuting distance of Stephen F. Austin State University.
  
6. There is no fee for applying to the SFA Dietetic Internship, however, once accepted students must apply to the SFA Graduate School and there is a \$25.00 fee associated with that application.

### **PROGRAM DESCRIPTION**

The SFA Dietetic Internship program is divided into two components: graduate education (27 semester hours) and supervised practice (1,200 hours) at specific approved rotation sites.

**Graduate Education:** The graduate courses are designed to expand the knowledge base used by a competent, entry-level Registered Dietitian. During the fall and spring semesters the face-to-face classes meet on Monday only.

**Summer HMS 511 Introduction to Dietetics Practice - 3 semester hours.** Historical, philosophical, ethical and legal basis of dietetics practice. Beginning integration of normal and clinical nutrition, community nutrition, foods and foodservice management into dietetics practice. Class begins Monday, July 12, 2010.

Students who have not previously completed a separate course in Medical Terminology will be required to take KIN 510 (1 hr) concurrently with HMS 500.

**Fall HMS 531 Supervised Practice for Dietetic Interns - 6 semester hours.** Educationally supervised practice under the direct supervision of a Registered Dietitian. Students complete experience in clinical, community and foodservice. Prerequisite: Admission to SFA Dietetic Internship Program.

**SOC 551 - 3 semester hours.** In-depth investigation of research procedures in the various areas of the discipline. Prerequisite: HMS 500 or Department approval.

**HMS 535 Advanced Nutrition in Health and Disease - 3 semester hours.** In-depth study of conditions which necessitate dietary modification as part of the therapeutic management of the patient. Prerequisite: 12 hours human sciences including HMS 339 and HMS 449.

**Spring HMS 531 Supervised Practice - 6 semester hours.** Educationally supervised practice under the direct supervision of a Registered Dietitian. Students complete experience in clinical, community and foodservice. Prerequisite: Admission to SFA Dietetic Internship Program.

**HMS 532 Public Health Nutrition- 3 semester hours.** Survey of food and nutrition issues pertinent to public health and consumerism. Investigation of food and nutrition assistance programs; research and analysis of current policies and goals. Prerequisites; 6 hours in foods/nutrition courses.

**HMS 574 Human Science Delivery Systems. 3 semester hours.** Operational requirements of private practice, diversity of consulting opportunities, marketing opportunities in dietetics, understanding of government requirements and emphasis on the ADA Code of Ethics.

**Supervised Practice:** All interns are required by the Commission on Dietetic Registration to complete a minimum of 1,200 hours of supervised practice. This component is divided into rotations at specifically approved sites which will afford you the opportunity to achieve the core competencies that have been established by the Commission on Accreditation of Dietetic Education. Days for supervised practice are generally Tuesday - Friday from 8:00 - 5:00, although days and hours may vary with the facility. Some weekend work may be required. The facility preceptor may require earlier or later times. The academic year for interns is continuous from July, 2009 through May 2010. Interns will not necessarily have time off supervised practice when university classes are not in session. Periods of time off will vary and depend on individual schedules at the supervised practice facilities. All supervised practice sites are located within an 80 mile radius of Nacogdoches and may include:

Clinical Facilities:

DaVita Dialysis Center, 425 N Fredonia, Longview, TX 75601  
DaVita Dialysis Center, 700 S. John Redditt Dr, Lufkin, TX 75904  
Dialysis Clinic Inc, 4731 NE Stallings Dr, Nacogdoches, TX 75965  
Good Shepherd Medical Center, 700 E. Marshall Ave, Longview, TX 75601  
Longview Regional Medical Center, 2901 N. Fourth St, Longview, TX 75601  
Memorial Health Systems of East Texas, 1201 Frank St, Lufkin, TX, 75901  
Nacogdoches Memorial Hospital, 120 Mound St, Nacogdoches, TX 75961  
Trinity Mother Frances Hospitals and Clinics, 800 Dawson Ave, Tyler, TX 75701  
University of Texas Health Science Center-Tyler, 1193 US Hwy 271, Tyler, TX 75708  
Woodland Heights Medical Center, 505 S. John Redditt Dr, Lufkin, TX 75904

Community Facilities:

East Texas Community Health Services, 1401 S. University Dr, Nacogdoches, TX 75963  
East Texas Health Access Network, 117 W. Houston St, Jasper, TX 75951  
Lufkin State School (SMRF), Hwy 69, Lufkin, TX, 75901  
Nacogdoches Head Start, 1902 Old Tyler Hwy, Nacogdoches, TX 75963  
Nacogdoches Senior Center, 621 Harris St, Nacogdoches, TX 75964  
SFA Wellness Center, SFASU, Nacogdoches, TX, 75961  
Texas Department of State Health Services, 1517 W. Front St, Tyler, TX 75702

Foodservice Facilities:

ARAMARK Dining Services, SFASU, Nacogdoches, TX 75961  
East Texas Medical Center, 1000 Beckham Ave, Tyler, TX 75701  
Good Shepherd Medical Center, 700 E. Marshall Ave, Longview, TX 75601  
Henderson ISD, 200 N High St, Henderson, TX 75653  
Longview Regional Medical Center, 2901 N. Fourth St, Longview, TX 75601  
Lufkin ISD, 915 Virgil St, Lufkin, TX 75901  
Nacogdoches ISD, 302 Hughes St, Nacogdoches, 75965  
Nacogdoches Memorial Hospital, 120 Mound St, Nacogdoches, TX 75961  
Woodland Heights Medical Center, 505 S. John Redditt Dr, Lufkin, TX 75904

**Optional M.S. Degree:** After successful completion of the DI, interns may opt to complete either of the following graduate degree programs:

Thesis option: M.S. with a major in Human Sciences

Completion of 24 hours of graduate coursework, including classes from the DI, and 6 hours of thesis work/writing with a successful defense of the thesis before a faculty committee.

Non-Thesis option: M.S. with a major in Human Sciences

Completion of 36 hours of graduate coursework including classes from the DI. Successful completion of a literature review (HMS 575) in a selected focus area, written and oral comprehensive exams.

### **SFA State University Checklist and order for Dietetic Internship Application packet**

\_\_\_\_\_ Formal letter of application entailing your career goals and background  
Computer printed, business letter format

\_\_\_\_\_ Computer printed ADA application form

\_\_\_\_\_ 3 recommendation letters using ADA form - One MUST be from your DPD director

\_\_\_\_\_ CADE verification form indicating satisfactory completion of DPD requirements  
OR Intent to Complete form

\_\_\_\_\_ Official transcripts from all universities and colleges attended

\_\_\_\_\_ GRE Scores

There is NO fee to apply to the Stephen F. Austin State University Dietetic Internship program, however, once you are admitted you must pay an application fee as part of admission to the SFA Graduate School.

### **All questions and completed applications should be sent to:**

Brenda G. Marques, Ph.D., R.D.  
Dietetic Internship Program Director  
P. O. Box 13014 SFA Station  
Nacogdoches, Texas 75962  
[bmarques@sfasu.edu](mailto:bmarques@sfasu.edu)  
(936)-468-1259

The link to information about the application process to SFA Graduate School is:  
[http://www.sfasu.edu/graduate/ProspStudents/apply\\_reg.html](http://www.sfasu.edu/graduate/ProspStudents/apply_reg.html)

The link for the SFA Graduate School Application is:

<https://www.applytexas.org/adappc/commonapp.WBX> (this application must be submitted electronically)

[http://www.sfasu.edu/graduate/Forms/Admissions\\_Application.pdf](http://www.sfasu.edu/graduate/Forms/Admissions_Application.pdf) (this application must be printed for submission)