**Flu Shots**

**Availability**
Seasonal flu vaccinations are available at the University Health Clinic for students and faculty and staff members for $25 (cash or check). The immunization vaccines are given from 9 a.m. to 4 p.m., and no appointment is necessary. Shots will be available while supplies last.

**What is it?**
The trivalent vaccine contains three killed flu virus strains, two strains of type A and one strain of type B. For adults the vaccine is given into the muscle of the upper arm.

**Who should not get the vaccine?**
Anyone with a severe allergic reaction to eggs or egg products (i.e. hives, swelling of lips/tongue, or breathing difficulties)
Anyone with a severe reaction from a prior flu shot (same as above)
Anyone younger than 6 months
Anyone with a suppressed or altered immune system response (i.e. chemotherapy, corticosteroids medications, HIV/AIDS, Guillain-Barre etc.) needs to consult a physician prior to vaccination. These conditions may cause an inadequate immune response to the vaccine, leaving the person still susceptible to the viruses.

**Adverse Reactions**
While it is impossible for the vaccine to give you the flu; the most common side effects which can last up to 2 days are:

- Pain, redness, swelling, bruising and hardness where you got the shot
- Muscle aches
- Tiredness
- Headache