

NOTICE OF PRIVACY PRACTICES
STEPHEN F. AUSTIN STATE UNIVERSITY
HEALTH SERVICES

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Our practice uses and discloses health information about you for treatment to obtain payment for treatment, for administrative purposes, and to evaluate the quality of care that you receive.

This notice describes our privacy practices. We may change our policies and this notice at any time and have those revised policies apply to all the protected health information we maintain. If or when we change our notice, we will post the new notice in the office where it can be seen. You can request a paper copy of this notice, or any revised notice, at any time. For more information about this notice or our privacy practices and policies, please contact the person listed at the end of this document.

1. Treatment, Payment, Health Care Operations

A. ***Treatment*** – We may use your Health Information as a basis to plan for care and Treatment. We are permitted to use and disclose your medical information to those involved in your treatment. For example, the physician in this practice is a specialist. When we provide treatment we may request that your primary care physician share your medical information with us. Also, we may provide your primary care physician information about your particular condition so that he or she can appropriately treat you for other medical conditions, if any.

B. ***Payment*** – We will use your Health Information for payment. We are permitted to use and disclose your medical information to bill and collect payment for the service we provide to you. For example, we may complete a claim form to obtain payment from your insurer. That form will contain medical information, such as description of the medical services provided to you, so that your Insurer can approve payment to us.

C. ***Health Care Operation*** – We may use your Health Information to improve or comply in our office operations. We are permitted to use or disclose

your medical information for the purposes of health care operations, which are activities that support this practice and ensure that quality care is delivered. For example, we may engage the services of a Business Associate to aid this practice in its compliance programs. This person will review billing and medical files to ensure we maintain our compliance with regulations and the law. To protect your health information, however, we require our business associated to appropriately safeguard your information.

2. Other Disclosures That Can Be Made Without Your Authorization

We are required by Federal Privacy Rules to maintain your privacy. There are some additional situations in which we are permitted to disclose or use your medical information without your written authorization or an opportunity to object. In other situations, we will ask for your written authorization before using or disclosing any identifiable health information about you. If you choose to sign an authorization to disclose information, you can later revoke that authorization, in writing, to stop future uses and disclosures. However, any revocation will not apply to disclosures or uses already made or that rely on that authorization.

A. *Public Health, Abuse or Neglect, and Health Oversight* – We may disclose your medical information for public health activities. Public health activities are mandated by federal, state, or local government for the collection of information about disease, vital statistics (like births and death), or injury by a public health authority. We may disclose medical information, if authorized by law, to a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition. We may disclose your medical information to report reactions to medications, problems with products, or to notify people of recalls of products they may be using.

Because Texas law requires physicians to report child abuse or neglect, we may disclose medical information to a public agency authorized to receive reports of child abuse or neglect. Texas law also requires a person having cause to believe that an elderly or disabled person is in a state of abuse, neglect, or exploitation to report the information to the state, and HIPAA privacy regulations permit the disclosure of information to report abuse or neglect of elders or the disabled.

We may disclose your medical information to a health oversight agency for those activities authorized by law. Examples of these activities are audits, investigations, licensure applications and inspections, which are all government

activities undertaken to monitor the health care delivery system and compliance with other laws, such as civil rights laws.

B. *Legal Proceedings and Law Enforcement* – We may disclose your medical information in the course of judicial or administrative proceedings in response to an order of the court (or the administrative decision-maker) or other appropriate legal process. Certain requirements must be met before the information is disclosed.

If asked by law enforcement official, we may disclose your medical information under limited circumstances provided:

- The information is released pursuant to legal process, such as a warrant of subpoena;
- The information pertains to a victim of crime and you are incapacitated;
- The information pertains to a person who has died under circumstances that may be related to criminal conduct;
- The information is about a victim of crime and we are unable to obtain the person's agreement;
- The information is released because of a crime that has occurred on these premises; or
- The information is released to locate a fugitive, missing person, or suspect.

We also may release information if we believe the disclosure is necessary to prevent or lessen an imminent threat to the health or safety of a person.

C. *Workers Compensation* – We may disclose your medical information as required by workers' compensation law.

D. *Inmates* – If you are an inmate or under the custody of law enforcement, we may release your medical information to the correctional institution or law enforcement official. This release is permitted to allow the institution to provide you with medical care, to protect your health or the health and safety of others, or for the safety and security of the institution.

E. *Military, National Security and intelligence Activities, Protection of the President* – We may disclose your medical information for specialized governmental functions such as separation or discharge from military service, requests as necessary by appropriate military command officers (if you are in the military), authorized national security and intelligence activities, as well as

authorized activities for the provision of protective services for the president of the United States, other authorized government officials, or foreign heads of state.

F. ***Research, Organ Donation, Coroners, Medical Examiners, and Funeral Directors*** – When a research project and its privacy protections have been approved by an institutional review board or privacy board; we may release medical information to researchers for research purposes. We may release medical information to organ procurement organizations for the purpose of facilitating organ, eye, or tissue donation if you are a donor. Also, we may release your medical information to a coroner or medical examiner to identify a deceased person or a cause of death. Further, we may release your medical information to a funeral director when such a disclosure is necessary for the director to carry out his duties.

G. ***Required by Law*** – We may release your medical information when the disclosure is required by law.

H. ***Uses and Disclosures Specifically Authorized By You*** – We expect to make other uses and disclosures of your protected health information only on the basis of specific written authorization forms signed by you. You have the right to revoke any such authorization at any time, except to the extent we have already relied on it in making an authorized use or disclosure. An example might be to an attorney. To authorize a disclosure, please come to the office.

3. Your Rights Under Federal Law

The U.S. Department of Health and Human Services created regulations intended to protect patient privacy as required by the Health Insurance Portability and Accountability Act (HIPAA). Those regulations create several privileges that patients may exercise. We will not retaliate against patients who exercise their HIPAA rights.

A. ***Requested Restrictions*** – You may request that we restrict or limit how your protected health information is used or disclosed for treatment, payment, or health care operations. We do NOT have to agree to this restriction, but if we do agree, we will comply with your request except under emergency circumstances.

Unless you object, (in writing) health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any

other person you identify, health information relevant to that person's involvement in your care or payment related to your care.

To request a restriction, submit the following in writing: (a) the information to be restricted, (b) what kind of restriction you are requesting (i.e., on the use of information, disclosure of information, or both), and (c) to whom the limits apply. Please send the request to the address and person listed at the end of this document.

B. *Receiving Confidential Communications by Alternative Means* – You may request that we send communications of protected health information by alternative means or to an alternative location. This request must be made in writing to the person listed below. We are required to accommodate only reasonable requests. Please specify in your correspondence exactly how you want us to communicate with you and, if you are directing us to send it to a particular place, the contact/address information.

C. *Inspection and Copies of Protected Health Information* – You may inspect and/or copy your medical records that are within the designated record set, which is information that is used to make decisions about your care. Texas law requires that requests for copies be made in writing, and we ask that requests for inspection of your health records/information also be made in writing. Please send your request to the person listed at the end of this document.

We may ask that a narrative of that information be provided rather than copies. However, if you do not agree to our request, we will provide copies.

We can refuse to provide some of the information you ask to inspect or ask to be copied for the following reasons:

- The information is psychotherapy notes.
- The information reveals the identity of a person who provided information under a promise of confidentiality.
- The information is subject to the Clinical Laboratory Improvements Amendments of 1988.
- The information has been compiled in anticipation of litigation.

We can refuse to provide access to or copies of some information for other reasons, provided that we arrange for a review of our decision on your request. Another licensed health care provider who was not involved in the prior decision to deny access will make any such review.

Texas law requires us to be ready to provide copies or a narrative within 15 days of your request. We will inform you when the records are ready or if we believe access should be limited. If we deny access, we will inform you in writing.

HIPAA permits us to charge a reasonable cost-based fee.

D. ***Amendment of Medical Information*** – You may request an amendment of your medical information in the designated record set. Any such request must be made in writing to the person listed at the end of this document. We will respond within 60 days of your request. We may refuse to allow an amendment for the following reasons:

- The practice or the physicians in this practice didn't create the information.
- The information is not part of the designated record set.
- The information is not available for inspection because of an appropriate denial.
- The information is accurate and complete.

Even if we refuse to allow an amendment, you are permitted to include a Patient Statement about the information at issue in your medical record. If we refuse to allow an amendment, we will inform you in writing.

If approve the amendment, we will inform you in writing, allow the amendment to be made and tell others that we now have the incorrect information.

E. ***Accounting of Certain Disclosures*** – HIPAA privacy regulations permit you to request, and us to provide, an accounting of disclosures that are other than for treatment, payment, health care operations, or made via an authorization signed by you or your representative. Please submit any request for an accounting to the person at the end of this document. Your first accounting of disclosures (within a 12-month period) will be free. For additional requests within that period we are permitted to charge for the cost of providing the list. If there is a charge we will notify you, and you may choose to withdraw or modify your request ***before*** any costs are incurred.

4. Appointment Reminders, Treatment Alternatives, and Other Benefits

We may use and disclose health information about you (for example, by calling you or sending you a letter) to remind you that you have an appointment with us

for treatment or that it's time for you to schedule a regular checkup with us, or to provide you with information about treatment alternative. We may contact you by telephone, mail, or both.

5. Complaints

If you are concerned that your privacy rights have been violated, you may contact the person listed below. You may also send a written complaint to the U.S. Department of Health and Human Services. We will not retaliate against you for filing a complaint with the government or us. The contact information for the United States Department of Health and Human Services is:

U.S. Department of Health and Human Services
HIPAA Complaint
7500 Security Blvd. C5-24-04
Baltimore, MD 21244

6. Our Promise to You

Your health record/information contains personal health information; the confidentiality of which we genuinely desire to protect. Indeed, we are required by law and regulation to protect the privacy of your medical information, to provide you with this notice of our privacy practices with respect to protected health information, and to abide by the terms of this notice of privacy practices so long as it is in effect.

7. Questions and Contact Person for Requests

If you have any questions or want to make a request pursuant to the rights described above, please contact:

Charlene Honea, Privacy Officer
SFASU Health Services
P.O. Box 13058, SFA Station
Nacogdoches, TX 75962-3058
Phone: (936) 468-4008
Fax: (936) 468-1316

This notice is effective July 14, 2008.