Studies show that a 5% increase in each employee’s person health every three months would lead to a 50% increase in employee health overall in one year. An online company feedback station will be set up one month into the program. Biss Enterprises will implement a gym program that is optional and has incentives. Modify the meals in the cafeteria with healthy food. This will ensure that all employees and staff understand the facts and information needed to be successful in this program.

To create a healthier and happier company environment and network as a whole. Our employees will become more focused and goal-oriented driven. The overall morale of the company will be higher, leading Biss Enterprises to even more success.

Educate staff and employees. This will introduce new types of healthy foods we will be serving.