

**SFASU Counseling Clinic  
Annual Report  
Fall 2015-Summer 2016**

The SFASU Counseling Clinic is associated with the Counselor Education program and provides counseling services to the East Texas community. Services include individual, couples, and family counseling and assessment. Graduate counseling students who are in the final semesters of their training program are the direct service providers with supervision provided by faculty.

In addition to providing direct services, the clinic is an integral part of the overall training program for the Counselor Education, Rehabilitation, and School Psychology programs. Students utilize the facilities to complete and record class assignments designed to teach skills. All Counseling students are required to complete a minimum of 3 observation hours during each semester of enrollment.

During the 2015-16 academic year, quantitative data was collected and is reported below.

- Sixty-eight mental health consumers received services. Demographics of the consumers are:

<b>Age</b>		<b>Gender</b>		<b>Race</b>	
Adults	43	Female	48	AA	4
Adolescents	9	Male	20	White	31
Children	9			Asian	1
Unspecified	7			Hispanic	5
				Unspecified	26

- Consumer fees generated totaled approximately \$3,176.00.
- 22 graduate students provided counseling services and completed the Practicum experience.
- 27 graduate counseling students utilized the clinic for the purpose of primary skill development.
- 71 graduate counseling students utilized the clinic for the purpose of student observations.

- Approximately 104 undergraduate students utilized the clinic for the purpose of primary skill development.
- Clinic utilization goals for the next fiscal year:
  - Expand clinic use to School Psychology students for the purpose of primary skill development
  - Expand clinic use to related field programs for the purpose of primary skill development in practicum and internship experiences.