

**SFASU Counseling Clinic
Annual Report
Fall 2017-Summer 2018**

The SFASU Counseling Clinic is associated with the Counselor Education program and provides counseling services to the East Texas community. Services include individual, couples, and family counseling and assessment. Graduate counseling students who are in the final semesters of their training program are the direct service providers with supervision provided by faculty.

In addition to providing direct services, the clinic is an integral part of the overall training program for the Counselor Education, Rehabilitation, and School Psychology programs. Students utilize the facilities to complete and record class assignments designed to teach skills. All Counseling students are required to complete a minimum of 3 observation hours during each semester of enrollment.

During the 2017-18 academic year, quantitative data was collected and is reported below.

- One hundred ninety six mental health consumers received services. Demographics of the consumers are:

Age		Gender		Race	
Adults	178	Female	129	AA	22
Adolescents	4	Male	64	White	103
Children	12	Unspecified	3	Asian	0
Unspecified	2			Hispanic	37
				Unspecified	34

- Consumer fees generated totaled approximately \$5,209.50
- 19 graduate students provided counseling services.
 - 18 graduate practicum students
 - 1 School Psychology practicum student
- 50 graduate Counseling students accessed for the purpose of primary skill development.
- 8 graduate Students Affairs students accessed for the purpose of primary skill development.

- 52 School Psychology student hours were booked for the purpose of primary skill development.
- Approximately 210 graduate Counseling student hours utilized the clinic for the purpose of student observations.
- Approximately 124 undergraduate students utilized the clinic for the purpose of primary skill development.
- Internships developed and fulfilled by outside departments and programs.
 - 2 undergraduate student internships from Health Sciences program
- 30 groups were organized and facilitated from campus population.
 - 16 counseling groups
 - 12 psychoeducation groups
- Goals met for 17/18 academic year:

- Goals for 17/18 academic year:
 - Increase program coordination with other campus programs, increasing student referrals.
 - Increase utilization of clinic for group services from campus population.