



**Department of Human Services
Student Academic Persistence Self-Assessment**

Because faculty and staff are invested in the academic success and persistence to degree completion of each of our student Lumberjacks, we are interested in knowing how we might be of assistance to you. You are not alone even though it may feel that way; we do care. Your completion of this survey will inform faculty of the reason(s) for your current academic difficulty, so that we might know how to best advise. We also want you to be aware of on campus resources that have proven successful in assisting many others toward degree completion.

Please complete this form and electronically return to your instructor *prior* to a meeting to address the issues negatively influencing your academic performance.

Name:	_____	Student ID Number:	_____
Major:	_____	Classification:	_____
Email Address:	_____	Phone Number:	_____

Review the box below and check all points that have affected your grades at this time.

- Academic**
- Did not attend/skipped class
 - Registered for too many courses
 - Difficult classes/Not prepared for course level
 - Hard to concentrate/Did not pay attention in class
 - Unable to understand course content
 - Uncomfortable classroom environment
 - Conflict with professor
 - Scheduled class times (8:00 am classes, etc.)
 - Poor high school preparation

- Study Skills**
- Ineffective Study Skills
 - Insufficient preparation for exams
 - Poor time management skills
 - Lack of time to study
 - Underestimated coursework

- Major/Career**
- Not sure why I am in school
 - No clear career goal(s)
 - Changed major
 - Not sure what major I want/should be
 - Unsure of what job I want
 - Did not understand degree requirements
 - SFA may not be a good fit

- Personal/Other**
- Financial Difficulties
 - Health Problems
 - Pressure, stress, anxiety, tension
 - Difficulty sleeping
 - Hard to get out of bed in the morning
 - Excessive time spent online (social media, gaming, etc.)
 - Lack of motivation
 - Lack of accountability
 - Over-involved with extracurricular activities or work
 - Balancing between school and other commitments
 - Outside job/employment (Hours per week: _____)
 - Peer Relationship Issues

- Family/Social Adjustment**
- Difficulty adjusting to college life
 - Homesick/separation from family or friends
 - Loneliness/difficult to make friends
 - Roommate Issues
 - Children
 - Transportation/Commuting
 - Personal/Family Situation

Other:

**Checklist of Key Resources for Department of Human Services Majors
(check all that you have contacted during the academic year)**

- Instructor (course related issues)
- Program Director (Issues related to disputed grades and/or instructor unresolved after instructor contact)
- Academic Advisor (PCOE Student Services and Advising Center, 1st Floor, Rm. 118 McKibben Education Building, 936-468-2901
<http://www.sfasu.edu/coeadvising/> ; Special Education, Deaf & Hard of Hearing: Stephanie Strahl - strahlsn@sfasu.edu ; Rehabilitation Services: Megan Kelley - , kelleym1@sfasu.edu ; Communication Sciences & Disorders: Shannon Johnson— johnsonsd2@sfasu.edu)
- SFASU Counseling Services (Personal Counseling) (Rusk Building, 3rd Floor, M-F, 8 AM to 5 PM; 936-468-2401; counseling@sfasu.edu) (no charge)
- SFASU Career Services (careerservices@sfasu.edu; Rusk Building, 3rd Floor, 936-468-3305; <http://www.sfasu.edu/careerservices/>)
- SFASU Counseling Clinic (Human Services & Technology Building 2nd Floor, M-R, 11 AM to 9 PM, 936-468-1041) (\$5 per session);
(<http://www.sfasu.edu/humanservices/139.asp>, SFACounselingClinic@sfasu.edu)
- SFASU School Psychology Assessment Center (assessments for psychological and learning disorders) (<http://www.sfasu.edu/humanservices/560.asp>; Human Services & Technology Building, Room 229,936-468-1306; SPAC@sfasu.edu)
- SFASU Financial Aid Office (1st Floor, Austin Building, 936-468-2403; finaid@sfasu.edu)
- SFASU Office of Multicultural Affairs (Student Center, Room 3.101-3.102; 936-468-1073, multiculturalcenter@sfasu.edu)
- SFASU Office of Disability Services (Human Services & Technology Building, Room 325, 936-468-3004-voice;936-468-1368-FAX),
<http://www.sfasu.edu/disabilityservices/>
- SFASU Health Clinic (SE corner of Raguet and E. College Streets.; 936-468-4008; healthservices@sfasu.edu; <http://www.sfasu.edu/healthclinic/>; M-F, 8 AM – 5 PM)
- SFASU Office of Student Rights and Responsibilities (Issues related to temporary limiting conditions, absence notifications)(315 Rusk Building, 936-468-2703);
(<http://www.sfasu.edu/judicial/>)
- Academic Assistance and Resource Center (AARC) (936) 468-4636; Ralph Steen Library, 1st floor; 1936 North St., Nacogdoches TX 75962,);
(https://library.sfasu.edu/aarc#/?_k=3ugik9)
- Other