

**The Department of Kinesiology & Health Science**  
**Stephen F. Austin State University**  
Fitness & Human Performance Studies (B.S.); Human Performance Studies (M.S.)

**Potential Career Opportunities & Certifications**

**CAREER OPPORTUNITIES\***

**Clinical & Rehabilitation:**

- Exercise Physiologist
- Occupational Physiologist
- Exercise Testing Specialist
- Cardiopulmonary Rehabilitation Specialist
- Physical/Occupational Therapist
- Medical Physician
- Physician Assistant
- Health/Patient Educator
- Biomechanist

**Exercise & Fitness:**

- Program Director
- Personal Trainer/Exercise Specialist
- Aerobics/Group Exercise Instructor

**Worksite/Corporate Wellness:**

- Program Director
- Employee Fitness/Wellness Director
- Exercise & Health Promotion Specialist
- University Wellness

**Athletic Programs:**

- Strength (Sport) & Conditioning Coach
- Sport Coach
- Sports Medicine, Medical Physician
- Sport Psychologist
- Sports Nutritionist/Dietician
- Athletic Trainer

**Other Allied Areas:**

- Research & Development
- Teacher
- Sales & Other Industry
- Sports Performance & Fitness Testing
- Community Health/Public Health

**CERTIFICATIONS\***

**Health & Fitness Certifications:**

- American College of Sports Medicine (ACSM)*
- Certified Health Fitness Specialist
- Certified Personal Trainer
- Certified Group Exercise Instructor
- National Council on Strength & Fitness (NCSF)*
- Certified Personal Trainer
- National Academy of Sports Medicine (NASM)*
- Certified Personal Trainer
- National Strength & Conditioning Association (NSCA)*
- Certified Personal Trainer

**Clinical & Specialty Certifications:**

- American College of Sports Medicine (ACSM)*
- Certified Clinical Exercise Specialist
- Registered Clinical Exercise Physiologist
- Certified Cancer Exercise Trainer
- Certified Inclusive Fitness Trainer/Disabilities
- Physical Activity & Public Health Specialist
- National Academy of Sports Medicine (NASM)*
- Corrective Exercise Specialist

**Strength & Conditioning Certifications:**

- National Strength & Conditioning Association (NSCA)*
- Certified Strength & Conditioning Specialist
- National Academy of Sports Medicine (NASM)*
- Performance Enhancement Specialist

\* Certain careers and certifications may require additional coursework and/or examinations outside/beyond the degree(s) obtained at SFA.

**For More Information:**

936-468-3503 | <http://www.sfasu.edu/education/departments/kinesiology/>