The Department of Kinesiology & Health Science
Stephen F. Austin State University
Fitness & Human Performance Studies (B.S.); Human Performance Studies (M.S.)

Potential Career Opportunities & Certifications

**CAREER OPPORTUNITIES**

**Clinical & Rehabilitation:**
- Exercise Physiologist
- Occupational Physiologist
- Exercise Testing Specialist
- Cardiopulmonary Rehabilitation Specialist
- Physical/Occupational Therapist
- Medical Physician
- Physician Assistant
- Health/Patient Educator
- Biomechanist

**Exercise & Fitness:**
- Program Director
- Personal Trainer/Exercise Specialist
- Aerobics/Group Exercise Instructor

**Worksite/Corporate Wellness:**
- Program Director
- Employee Fitness/Wellness Director
- Exercise & Health Promotion Specialist
- University Wellness

**Athletic Programs:**
- Strength (Sport) & Conditioning Coach
- Sport Coach
- Sports Medicine, Medical Physician
- Sport Psychologist
- Sports Nutritionist/Dietician
- Athletic Trainer

**Other Allied Areas:**
- Research & Development
- Teacher
- Sales & Other Industry
- Sports Performance & Fitness Testing
- Community Health/Public Health

**CERTIFICATIONS**

**Health & Fitness Certifications:**
- American College of Sports Medicine (ACSM)
  - Certified Health Fitness Specialist
  - Certified Personal Trainer
- National Council on Strength & Fitness (NCSF)
  - Certified Personal Trainer
- National Academy of Sports Medicine (NASM)
  - Certified Personal Trainer
- National Strength & Conditioning Association (NSCA)
  - Certified Personal Trainer

**Clinical & Specialty Certifications:**
- American College of Sports Medicine (ACSM)
  - Certified Clinical Exercise Specialist
  - Registered Clinical Exercise Physiologist
  - Certified Cancer Exercise Trainer
  - Certified Inclusive Fitness Trainer/Disabilities
  - Physical Activity & Public Health Specialist
  - National Academy of Sports Medicine (NASM)
  - Corrective Exercise Specialist

**Strength & Conditioning Certifications:**
- National Strength & Conditioning Association (NSCA)
  - Certified Strength & Conditioning Specialist
  - National Academy of Sports Medicine (NASM)
  - Performance Enhancement Specialist

* Certain careers and certifications may require additional coursework and/or examinations outside/beyond the degree(s) obtained at SFA.

For More Information:
936-468-3503 | http://www.sfasu.edu/education/departments/kinesiology/