Indoor Air Quality Management Plan

Environmental Health, Safety, and Risk Management Department

Box 6113, SFA Station
Nacogdoches, Texas 75962-6113

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Introduction
Concerns with Indoor Air Quality (IAQ) have increased since energy conservation measures were instituted in office buildings during the 1970s, minimizing the infiltration of outside air and contributing to the buildup of contaminants in the indoor air. Complaints about IAQ range from simple complaints from comfort issues (too hot/cold/drafty, etc.) and odd smells, to more complex problems, where the air quality may be suspected of causing illness and lost work time.

It may not be easy to identify a single reason for IAQ complaints because of the number and variety of possible sources, causes, and varying individual sensitivities. Nevertheless, Stephen F. Austin State University is committed to providing its students, employees, and visitors an indoor environment free of contaminants and airborne disease agents.

IAQ Coordinator
The IAQ Coordinator at Stephen F. Austin State University is Ray Robberson.

The IAQ Coordinator is responsible for managing the Indoor Air Quality Management Program at Stephen F. Austin State University. IAQ Coordinator responsibilities include:

- Training employees in the recognition, prevention, and resolution of IAQ problems.
- Communicating with building occupants concerning IAQ issues or problems.
- Developing a procedure for documenting and responding to IAQ complaints and problems.
- Maintaining IAQ records. IAQ records include: IAQ complaints and resolutions; and documentation of any maintenance, repair, or remodeling activity that could adversely impact indoor air quality.
- Conducting an annual, at the minimum, documented inspection of the premises.

Conducting periodic walkthroughs to assess the current IAQ situation
The IAQ coordinator or designate conducts periodic walkthrough inspections which involves both occupied areas and mechanical rooms. During the walkthrough, IAQ problem indicators are checked and noted on a floor plan or comparable drawing, including:

- Odors
- Dirty or unsanitary conditions
- Visible fungal growth or moldy odors
- Evident moisture in inappropriate locations (e.g., moisture on walls, floors, or carpets)
- Staining or discoloration of building material(s)
- Smoke damage
- Presence of hazardous substances
- Unusual odors from equipment
- Poorly-maintained filters
- Uneven temperatures
• Personal air cleaners (e.g., ozone generators, portable filtration units) or fans
• Inadequate ventilation
• Inadequate exhaust air flow
• Blocked vents
• Other conditions that could impact IAQ, especially risk factors that need regular inspection to prevent IAQ problems from occurring (e.g., drain pans that do not fully drain).

The condition and operations of the HVAC system are inspected, including:
Components that need to be repaired, adjusted, cleaned, or replaced have been, and work orders prepared.
Actual control settings and operating schedules for each air handling unit have been recorded and filed, and checked against the design intent.
Areas with significant sources of contaminants (e.g., copy rooms, food service areas, printing/photographic areas) are provided with adequate exhaust. Other sources are moved as close to exhaust as possible.

Existing and Potential IAQ Problems
The IAQ Coordinator conducts an ongoing assessment of agency buildings for existing problems. Identified IAQ problems are corrected and steps are taken to control them, including both source-related IAQ problems and ventilation-related IAQ problems.

Training
The IAQ coordinator provides IAQ training and information to agency personnel and contractors - especially regarding use of hazardous chemicals.

Plan for Facility Operations and Maintenance

HVAC Operations
Operating schedules for HVAC equipment have been written and are updated as needed.

Preventive Maintenance
Stephen F. Austin State University preventive maintenance plan has been written and is followed on a regular schedule; this schedule is updated as needed.
The preventive maintenance plan or contract includes the following maintenance items:
• Outside air intakes are inspected for nearby sources of contaminants
• Air distribution dampers are maintained clear of obstructions and operating properly
• Air filters have the pressure drops monitored, and replacement or cleaning is performed regularly
• Drain pans are inspected and cleaned to ensure proper drainage
• Heating and cooling coils are inspected and cleaned
• Interior of air handling units are inspected and cleaned, as warranted
• Fan motor and belts are inspected and replaced as warranted
• Air humidification and controls are inspected and regularly cleaned
• Cooling towers are inspected, cleaned, and water treated according to schedule
• Air distribution pathways and VAV boxes are inspected and cleaned as needed.
• The preventative maintenance plan and operation manuals are updated when equipment is added, removed, or replaced.

**Unscheduled Maintenance**
Procedures for unscheduled maintenance events (e.g., equipment failure) have been written and communicated to building staff. They include:

• Agency personnel immediately contact the IAQ Coordinator that a maintenance event has occurred.
• The IAQ Coordinator ensures that notification to occupants is provided in a timely manner, addressing how IAQ is being protected.
• Any necessary remedial action is then taken.
• The IAQ Coordinator then informs occupants that corrective actions have been completed.

**Housekeeping**
All housekeeping equipment and products used in the building are communicated to the IAQ Coordinator. Additionally, housekeeping maintains an inventory of all chemicals used, and keeps the IAQ Coordinator updated on the inventory.

The products used at Stephen F. Austin State University that may produce strong odors, are potential irritants, or may have other IAQ impacts have been determined, and, where possible, have been replaced by products without such impacts.

The Stephen F. Austin State University Housekeeping Director has written procedures that detail proper use, storage, and purchase of cleaning materials; these are updated as needed.

The housekeeping staff or contractors are educated about the IAQ implications, appropriate use, and application of the following to improve IAQ:

• Proper cleaning methods
• Cleaning schedules
• Proper materials storage and use
• Proper trash disposal

**Management of Processes with Potentially Significant Pollutant Sources**

**Purchasing Practices**
When new products are purchased, information on potential indoor air contaminant emissions is requested from product suppliers. [Note: Emission information may not be readily available for
many products; however information that is available is collected. When the services of architects, engineers, contractors, or other professionals are used, IAQ concerns, such as special exhaust needs, are discussed.

**Remodeling and Renovation**

Procedures to minimize the generation and migration of contaminants or odors to occupied areas of the building are used and required of contractors.

The procedures used at Stephen F. Austin State University are:

- The IAQ Coordinator and Risk Manager review designs and construction activities for all proposed remodeling and renovation activities prior to their initiation.
- Work is scheduled during periods of minimum occupancy.
- Ventilation is provided in order to isolate work areas.
- Lower-emitting work processes are used (e.g., wet-sanding dry wall).
- Specialized cleaning procedures are used (e.g., use of HEPA vacuums).
- Filters are changed more frequently, especially after work is completed.
- Emissions from new furnishings are minimized (e.g., buying lower-emitting airing out furnishings before installation, increased amount and duration of after installation).
- Ventilation and distribution equipment are protected from contamination during construction.

**Painting**

Exposure to paint vapors is minimized by using low-emitting products, scheduling work during periods of minimum occupancy, and increasing ventilation.

**Pest Control**

Integrated Pest Management procedures are used to the extent possible:

- The pest control products being used in the building are communicated to the IAQ Coordinator.
- Written procedures and contract language ensure that all people who use pest control products read and follow all label directions for proper use, mixing, storage and disposal.
- Non-chemical pest control strategies are used where possible.
- The safest available pest control products that meet the building’s needs are used or reviewed with pest control contractor.

**Shipping or Receiving Activities**

Vehicle exhaust will be handled on a case by case incident and all precautions will be made to keep all fumes from entering a building. Some areas to be checked are including through air intakes and building openings and some of the correct measures can be by installing barriers to airflow from loading dock areas (e.g., doors, curtains, etc.) and using pressurization to prevent mixing of vehicle exhaust with building air.
Smoking

Smoking is prohibited in all Stephen F. Austin State University buildings, subject to the University Smoking Policy.

Maintaining Cooperative Relations with Occupants

The IAQ Coordinator keep occupants routinely informed about building conditions and policies that may impact IAQ (e.g., practices that attract insects or smoking policy clarifications). Additionally, occupants are notified about planned major renovation, remodeling, maintenance or pest control activities.

Procedures for Responding to IAQ Complaints

Procedures for responding to IAQ complaints have been written and are followed, including:

- IAQ problems are logged into the existing work-order system.
- Information is collected from complainants.
- Information and records obtained from complainants are kept confidential.
- The capability of in-house staff to respond to complaints is assessed.
- Appropriate outside sources of assistance are identified.

Feedback is provided in a timely manner to the complainant.

- Remedial actions are taken.
- Remedial actions are followed-up to determine if the action has been effective.
- Building staff have been informed of these procedures.
- Building occupants have been informed of these procedures and are periodically reminded of how to locate responsible staff and how to submit a complaint.

Note: The State Office of Risk Management and Stephen F. Austin State University thanks Clemson University Environmental Health and Safety for their assistance in the preparation of the Indoor Air Quality Management Plan.