Parents Day Schedule of Events

**Friday, Sept. 18**
- 5-8 p.m. Early-Bird Check In
- 7-9 p.m. SAA Movie Night
- 9 p.m. See You By The Fire

**Saturday, Sept. 19**
- 9-11 a.m. Check-In
- 9:30-10:30 a.m. Morning with the Jacks
- 11-11:30 a.m. Welcome Ceremony
- 11:30-1:30 a.m. Academic Dept. Fair
- 11:30-3 p.m. LUNCH
  - Downtown Bingo Hunt OR SFA Tours
- 12-3 p.m. Residence Hall Receptions
- 12-3 p.m. SAA Movie: Tarzan OR SFA Entertainment
- 1-3 p.m. DINNER
  - Spirit Rally & Jack’s Charge
- 4-5:30 p.m. SFA VS. McNeese
- 5-6 p.m. Late Night Star Gazing OR SAA Magician
- 6-9 p.m.
- 9 p.m.

*For all other reservation information visit www.sfasu.edu/reslife*
Spotlight On: Alcohol Abuse

Alcohol has a reputation for being widely available and abundant on college campuses. The consequences of excessive and underage drinking affect virtually all college students, exemplified by the gristly statistics below:

Each year in the United States:
- **1,825** College students die from alcohol-related injuries, including motor vehicle crashes.
- More than **600,000** students are assaulted by another student who has been drinking
- About **97,000** students are victims of alcohol-related sexual assault or date rape.
- **400,000** Students have unprotected sex under the influence of alcohol and more than **100,000** students report having been too intoxicated to know if they consented to having sex.
- About **25%** of college students report academic consequences of their drinking including missing class, falling behind, doing poorly on exams or papers, and receiving lower grades overall.

How do you keep yourself and your friends from becoming a statistic?
- First of all, realize that not everyone drinks and you do have a choice not to drink
- If you do choose to drink...
  — **Know your limits!**
  — **Use the buddy system.** Pick a designated driver at the beginning of the night to stay completely sober.
  —**Always know what you are drinking!** Never accept a drink that you did not open or prepare yourself and don’t set your drink down even momentarily.

*Source: http://www.collegedrinkingprevention.gov/statsummaries/snapshot.aspx*
5 Things Successful SFA Students Do

1. **Get organized!** - read and know the syllabus for each class you are in. Use a planner to keep track of important dates for upcoming assignments or exams. Schedule a time to study and do your homework. Set aside an hour a day for a certain class, or all classes.

2. **Get Involved!** - Getting involved in SFA will boost your experience here and help keep your mind and body active. Check out the Involvement Center on the first floor of the Student Center. They have all the information you need on getting you out of your residence hall.

3. **Go to Office Hours!** - The benefits that come from meeting with your professors on a one-to-one basis involve getting individualized attention or instruction that might not be possible during class, gaining deeper insight, getting more connected with academic or research opportunities of interest. It is also very beneficial to have a good relationship with your professors, after all, they write the recommendation letters.

4. **Use resources and ask questions!** - With S.I. groups, the AARC, and tutoring, there is an abundance of ways to keep you from falling behind. Don’t be afraid to ask questions. Also, the library offers a research page on their website that involves individualized research databases for each major.

5. **Know you’re not alone, and be patient** – many university students encounter the same problems you may be facing: increased difficulty of classes, making new friends, missing loved ones back home, deciding on a major, and more. Know that it might take you a while to find your place in college, or find your groove, but be patient. If you encounter a difficult situation, know that you can get through it.

Source: https://students.asu.edu/sites/default/files/sept_newsletter_0.pdf

**Advice From A Grad Student:**

“Welcome to SFA Lumberjack! I am so excited you are here to read this little tidbit of information. This is an exciting time, and an overwhelming time! Your first semester here is going to go by so fast. It may seem so easy to some of you or maybe so hard for some of you. That’s okay for both. Just know that it will get tougher, but it will get better as you continue on here. Your first piece of advice is to start reading and studying NOW! I know it’s only the beginning of the semester, but look at your syllabus. See those assignments due in a couple weeks, four midterms in October, and two research papers due within a couple days of each other? Get started now and read ahead so you aren’t cramming them all at the same time. It will save you from a lot of stress. Welcome again, and good luck!!”

-Brittnie Rakestraw, SFA 101 Graduate Assistant
Student Academic Dishonesty Policy

Definition of Academic Dishonesty
Academic dishonesty includes both cheating and plagiarism. Cheating includes but is not limited to:

- Using or attempting to use unauthorized materials on any class assignment or exam.
- Falsifying or inventing of any information, including citations, on an assignment, or
- Helping or attempting to help another in an act of cheating or plagiarism.

Plagiarism is presenting the words or ideas of another person as if they were one’s own. Examples of plagiarism include, but are not limited to:

- Submitting an assignment as one’s own work when it is at least partly the work of another person
- Submitting a work that has been purchased or otherwise obtained from the Internet or another source
- Incorporating the words or ideas of an author into one’s paper or presentation without giving the author credit.

Penalties for Academic Dishonesty
Penalties may include, but are not limited to reprimand, no credit for the assignment or exam, resubmission of the work, make-up exam, failure of the course, or expulsion from the university.

Procedure for addressing Student Academic Dishonesty
A faculty member who has evidence and/or suspects that academic dishonesty has occurred will gather all pertinent information and initiate the following procedure:

- The faculty member will discuss all evidence of cheating or plagiarism directly with the student involved.
- After consideration of the explanation provided by the student, the faculty member will determine whether academic dishonesty has occurred. The faculty member may consult with the academic unit head and/or dean in making a decision.
- After a determination of academic dishonesty, the faculty member will inform the academic unit head and submit a Report of Academic Dishonesty with supporting documentation to the office of the dean of the student’s major. This report will become part of the student’s record and will remain on file with the dean’s office for at least four years even if the student withdraws prior to receiving a grade.
- For a serious first offense or subsequent offenses, the dean of the student’s major will determine a course of action, which may include dismissal from the university. The dean may refer the case to the college council for review and recommendations before making this determination.

A student’s record of academic dishonesty will not be available to faculty members. The purpose of the record is for the dean to track a pattern of academic dishonesty during a student’s academic career at Stephen F. Austin State University.

Student Appeals
A student who wishes to appeal decisions related to academic dishonesty should follow procedures outlined in Academic Appeals by Students (6.3)

If you are unclear about any of your professor’s expectations on a certain assignment, stop by to visit with him or her during their office hours to clarify your concerns. If you need help conducting research or are unsure of how to document your sources when writing a research paper, the tutors in the AARC can help, as well as the OWL tutors. Cheating is not worth it!


Like us on our Facebook page! If you have any questions on Parents Day contact Res-Life at (936) 468–1358!