INTRODUCING YOU TO LIFE AS A LUMBERJACK!
(WITH ADVICE FROM CURRENT STUDENTS AND 15 JACK FACTS)
YOU WILL MAKE A GREAT LUMBERJACK!

Welcome to the land of academics and axe handles. Although you’ve already received lots of information about SFA, you still might not know JACK. Don’t worry, that’s what Lumberjack Orientation is for!

This guide contains the details you need to know about SFA (like where to get help deciding on a major) and includes the stuff you want to know (for instance, on-campus dining choices). It’s also chock-full of helpful information on how to make the adjustment to college life and get acquainted with your soon-to-be alma mater.

So, sit back, relax, and enjoy the journey.

SFA ON SOCIAL MEDIA:
- Facebook - sfasu
- Instagram - SFA_jacks
- LinkedIn - sfasu
- Pinterest - SFAlumberjacks
- Snapchat - sfa_jacks
- Twitter - @SFASU
- YouTube - Stephen F. Austin State University

Successful Lumberjacks are always aware of important dates and events. Be sure to reference the University Calendar in the Undergraduate Bulletin, which can be found online at catalog.sfasu.edu.

Look for the Jack Facts icon for interesting tidbits about SFA.
Welcome to SFA!

On behalf of the Orientation Programs’ staff members, I’d like to welcome you to Stephen F. Austin State University and congratulate you on starting your Lumberjack experience. Lumberjack Orientation is one of the first steps in your transition to campus. Whether you are a first-generation college student or a Lumberjack legacy, our goal is to make your transition to university life as smooth as possible.

As an incoming SFA student, you have accepted a new set of responsibilities and will be faced with many important decisions throughout your time here. Embarking on this exciting and challenging journey will provide you with new opportunities for growth, both academically and personally, as you discover the many faculty and staff members eager to assist and coach you.

Lumberjack Orientation will introduce you to campus resources and services, provide you with the tools needed for success during your first year at SFA, and provide insight regarding various student engagement opportunities. From being part of renowned academic programs to finding your place in a student organization, the opportunities to write your story are endless. We hope this booklet, the Lumberjack Orientation Guide, serves as a quick resource during and after Orientation.

Studies have shown that students who get involved feel more connected to the university. Involved students also are more likely to remain at SFA and persist to graduation. Our hope is that SFA becomes your home away from home and that you begin to cultivate lasting relationships during Orientation. Use this time at SFA to lay the foundation for the rest of your life, focus on your goals, develop your strengths, and utilize the resources and people on campus who are here to help you succeed.

Great opportunities are about to start opening up for you. We are here to make certain you are prepared for these opportunities and to help answer any questions you may have along the way. Congratulations on your decision to be a Lumberjack. We are excited to have you here!

Axe ‘em, Jacks!

Jamal Smith
Director of Orientation Programs
Class of ‘11 & ‘13
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SAVE A LUMBERJACK.
USE PUNCTUATION.
Axe ‘em Jacks! = axing Lumberjacks (no!)
Axe ‘em, Jacks! = AXING OUR OPPONENT (YES!)
LUMBERJACK ORIENTATION
STAFF MEMBERS AND LEADERS

THOSE HIGHLIGHTED IN PURPLE SERVE IN LEADERSHIP ROLES.

Jamal Smith
Director of Orientation Programs

Reece Albert
Dallas
Sophomore
Sports Business

DeAsia Douglas
Houston
Senior
Accounting

Rhylie Gachot
Assistant Director of Orientation Programs

James Anderson-Johnson
Missouri City
Junior
Marketing

Rachel Duffina
Georgetown
Sophomore
Social Work

Janie Poskey
Orientation Programs
Administrative Assistant

Daniel Campos
Lufkin
Junior
Engineering Physics

Sandie Durham
Palestine
Senior
Engineering Physics

Zoe Smiley
Orientation Graduate Assistant
Kingwood
Graduate Student
Student Affairs and Higher Education

Ana Carrillo
Nacogdoches
Junior
Human Development and Family Studies

Andrea Flores
Mission
Sophomore
Social Work

Kristine Cross
Orientation Student Coordinator
Houston
Graduate Student
Food, Nutrition and Dietetics

Javier Castaneda II
Angleton
Junior
Chemistry

Tyler Fuller
Sealy
Junior
Sports Business

Kev Madden
Orientation Student Coordinator
Longview
Junior
Finance

Jacob Crail-Delgado
Dallas
Junior
Psychology

Juan Garcia
Center
Junior
Graphic Design

Logan Ray
Orientation Student Coordinator
Lubbock
Senior
Music Education

Xavier Day
San Antonio
Senior
Special Education

Trent Gitchuway
Tyler
Senior
Marketing

Destinee Williams
Orientation Student Coordinator
Hutto
Senior
Health Science

Randi Dodson
Houston
Junior
English

Bryan Gray
Plano
Junior
Psychology
Lumberjack Orientation leaders assist incoming freshmen, transfer students and their families in the student's transition to SFA. They play a vital role in the Orientation Program and work closely with new students and their families on a wide variety of topics, including academics, student involvement, housing options and more.
Q: WHAT DOES SFA STAND FOR?
A: Stephen Fuller Austin, the university’s namesake and Father of Texas. He’s most remembered for his colonization efforts in Texas in the early 1800s. Texas’ capital also is named in his honor.

STEPHEN F. AUSTIN FACTS
• Born Nov. 3, 1793, in Virginia; died Dec. 27, 1836
• Graduated from Transylvania University in Kentucky
• Created informal armed groups, which later became known as the Texas Rangers
• Appointed as the Republic of Texas’ first secretary of state in October 1836
• A 67-foot statue of Austin stands in Angleton, Texas.
• The National Statuary Hall Collection permits each state to select just two statues for display at the Capitol in Washington, D.C. Stephen F. Austin was selected as one of Texas’ statues.
• In 1959, Stephen F. Austin was posthumously inducted into the Hall of Great Westerners.

The live oak trees surrounding the Stone Fort Museum are offspring from trees at Stephen F. Austin’s original burial site.
The first Lumberjack Day was Nov. 8, 1947. The Sylvans, a student forestry club, began participating in Lumberjack Day in 1969 and still host the annual event.

A campus ghost named Chester is said to occupy the Griffith Fine Arts Building. He first appeared in a photograph with the cast of “Tiny Alice” in 1967.

**OUR UNIVERSITY’S HISTORY**

Q: **WHY IS THE SFA MASCOT A LUMBERJACK?**

A: Because the name Pine Cones was rejected. That’s right. In 1932, SFA students and faculty met to decide on a mascot. Several names were considered, including Pine Cones. By vote, the assembly chose Lumberjacks (thank goodness)!

**NACOGDOCHES IS DIFFICULT TO SPELL.**

It’s a Caddo Indian word. Legend has it that a Caddo chief ordered his two grown sons to report to him precisely at sunrise. He told one son to walk east and the other west until sunset. The sons were to establish villages at the places they reached. The westward-bound son stopped in a grove of persimmon trees and named his village Nacogdoches, meaning persimmon. The eastbound son reached a grove of papaw trees and named his village Natchitoches, meaning papaw.

**BRIGHT-EYED AND BUSHY-TAILED**

SFA is famous for the squirrels on its campus. They love and depend on trees — just like Lumberjacks.

“Check the weather every day. Keep an umbrella in your purse, backpack and car, just in case.”

“Stay focused, don’t sweat the small stuff, and buy lots and lots of PURPLE!”

**SFA’s main campus comprises 422 acres.**
“Find all your classes before the first day. Don’t be the student who is late the first day (or ever).”
DID YOU KNOW?

- Class sizes at SFA are small (averaging 25 students), so you get lots of attention from faculty members who know your name and act as mentors (student-to-faculty ratio: 18:1).
- Approximately 90 percent of SFA’s professors hold the highest degree in their field.
- Lumberjack Landing, SFA’s newest four-story residence hall, is reserved for first-year students. Complete with wireless internet, study lounges on each floor, and the Ed and Gwen Cole Student Success Center (a tutoring facility), residents live and learn while making friends.

UNDECIDED ON A MAJOR?

You’re not alone! Many first-year college students have not yet selected a major. Don’t worry. Academic advising can help. Advisors in the Academic Advising Center, located on the second floor of Steen Library, will help you explore majors and select courses until you declare yours.

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AT THE TOP OF YOUR CLASS?

SCHOOL OF HONORS – Student benefits include exclusive scholarships, financial support for undergraduate research, study abroad trips, early registration and a designated computer lab with free printing.

Honor students also have the opportunity to live in the Lumberjack Landing Honors Wing or Wisely Hall. Lumberjack Landing is an all-freshman hall with modern facilities that promote an academically focused atmosphere. Wisely Hall houses freshmen through seniors in a quiet, coed living environment that challenges academically talented students through engagement and networking.

FAVORITE STUDY LOCATIONS:

| Anywhere with a plug | Starbucks | Baker Pattillo Student Center patio area | Fourth floor of the Steen Library | Picnic table at the Mast Arboretum | Nancy Dickey, a 1972 SFA graduate, served as the first female president for both the American Medical Association and the Texas A&M Health Science Center. |

There are two charging stations for electronic devices located in the Baker Pattillo Student Center. Each station can hold up to 10 devices. All you need is your electronic device and student ID card.
ACADEMIC TERMINOLOGY

Below are a few words, titles, descriptions and phrases commonly used in academia.

Academic Advisor: A professional staff or faculty member who helps students select courses and plan for the future.

Academic Year: Starts on the first day of fall classes and ends in mid-August after summer final exams.

Brightspace: This classroom management platform is SFA’s supported online course delivery software. It is an integrated set of web course tools used for delivery of online courses as well as providing enhanced online instruction and communication tools for traditional classroom-based courses.

Class Hour: One hour of time spent in class per week; most classes are three class hours, meaning they meet for approximately three hours per week.

Core Curriculum: The general educational requirements needed to obtain a degree. These are in addition to the courses required in the student’s major.

Co-requisite: A class that must be taken with another class.

Dean: A person with significant authority over a specific academic unit, area of concern or both.

Dean’s List: Students who earn a 3.5 GPA in a semester with at least 12 quality hours. Courses excluded from grade-point computation also are excluded from quality hours and may not be used to determine honor roll status.

Degree Plan: The document provided by academic departments and colleges that specifies the courses required to earn a certain degree.

Development Course: A foundation course designed to allow students to develop mastery of the necessary skills required for college success.

Dropping Courses: The process of removing one specific course from a semester schedule while remaining enrolled in other courses.

Extended Probation, Academic: Probation undergraduate students whose semester GPA is 2.0 or higher but their cumulative GPA fails to meet the minimum standard 2.0.

Full-time Students: Students enrolled in 12 or more class hours for a fall or spring semester. Also, students enrolled in six or more class hours during Maymester, summer I and summer II terms (undergraduate students). For Title IV purposes, any student registered for 12 semester hours or more during the fall, spring or summer terms is considered a full-time student.

Grade-point Average: Calculated as the total number of grade points received over a given period divided by the total number of credits awarded. GPA for short.

Hold: A block put on a student’s account that may prevent the student from registering or
receiving a transcript. A hold is placed on an account before the student has been to academic advising prior to class registration and if a student fails to pay parking tickets or library fines.

**Independent Study:** Individual work on a special topic that is supervised by a faculty member. The student’s academic department must approve the project in advance, and a faculty member must agree to oversee the work.

**Internship:** On-the-job field experience for which a student may receive academic credit. Some internships are paid, though most are not. The Center for Career and Professional Development can help students find internships in their chosen career field.

**Lab:** Laboratory work provides students with the opportunity to apply principles learned in lecture classes.

**Lecture:** A class where the primary method of instruction is lecturing. There may be relatively little interaction between the professor and students during class, which is why it is important for students to utilize the professor’s office hours.

**Major:** Upper-division study in an academic department. Approximately 30 to 36 class hours in a specific field of study.

**Minor:** Course concentration in a field outside a major; requires approximately 18 hours of specified coursework. Not all majors require a minor.

**mySFA:** Part of the SFA website where students can access their email, update their personal information, register for and drop classes, check their grades, view holds on accounts, and pay their tuition and fees.

**Prerequisite:** A course that must be satisfactorily completed in order to enroll in a subsequent course.

**President’s Honor Roll:** Students who earn a 4.0 GPA in a semester with at least 12 quality hours. Courses excluded from grade-point computation also are excluded from quality hours and may not be used to determine honor roll status.

**Probation, Academic:** A student is placed on academic probation following the first regular semester in which the cumulative GPA fails to meet the minimum academic standard 2.0.

**Registrar:** The office where students’ records are maintained. The registrar’s office maintains student academic transcripts and coordinates course registration.

**Repeating Courses:** Students who make an F in a course can get credit only by repeating the course. Undergraduate students who want to repeat courses to improve their GPA at SFA must repeat those courses at SFA. For any course repeated at SFA, the grade earned during the most recent enrollment will be used to calculate the GPA. Credit hours for courses taken at other institutions to replace credit hours earned at SFA may be used to meet graduation credit-hour requirements but may not be used for GPA calculation.

**Suspension, Academic:** A student is placed on academic suspension after a regular semester that immediately follows a semester of probation if the student’s cumulative GPA falls below 2.0.

**Syllabus:** Course outline, usually distributed the first day of class, with a brief description of the course. The syllabus generally includes assignments, exam dates, grading system, attendance policy and the faculty member’s contact information.

**Transcript:** Official record of a student’s academic work. It is maintained and updated each semester.

**Withdrawal from the University:** Students who choose to withdraw from the university will have a W recorded on their transcript if the withdrawal is prior to five days after midsemester or midsession, as applicable. Students must initiate the withdrawal process in the Office of the Registrar.

SFA is one of only four Texas public independent institutions, meaning it’s not affiliated with one of the six university systems.
MAJORS, MINORS, AREAS OF STUDY AND CONCENTRATIONS

Visit sfasu.edu/academics for more information about SFA’s six colleges and academic offerings, which are subject to change.

Nelson Rusche
College of Business

Accounting
  Professional Accountancy
Banking
Business Communication and Corporate Education
  Business Communication
  Corporate Communication
Business Economics
Business Regulation
Economics
Entrepreneurship
Finance
  Banking and Financial Services
  Financial Planning
  Investment Management
General Business
Business Teaching
Legal Studies
Technology Applications
Human Resource Management
International Business
  Electronic Business
Management
Marketing
Sales
Sports Business
  Athletic Administration
  Hospitality Administration
  Mass Communication
  Outdoor Recreation
  Sales and Management

James I. Perkins
College of Education

Athletic Coaching
  Communication Sciences and Disorders
Dance
  Performance and Choreography
  Dietetics and Nutritional Sciences
  Family and Consumer Sciences
  Food and Nutrition
    Nutrition and Healthcare
Health Science
  Community Health
Hospitality Administration
  Culinary Arts
  Lodging
  Meeting and Planning
  Restaurant
Travel and Tourism
Human Sciences
Human Services
  Interior Design
Kinesiology
  Fitness and Human Performance Studies
Merchandising
Rehabilitation Services
  Addiction Studies
  Deaf Services
  Orientation and Mobility
Special Education
Teacher Education
  Dance Education
  Deaf and Hard of Hearing
  Educational Interpreting
  Interdisciplinary Studies
    Elementary
    Early Childhood
    Special Education
    Early Intervention
  Middle Grades
  Physical Education – All Level
  Secondary Education

College of Fine Arts

Art
  Studio Art
  Ceramics
  Digital Media
  Drawing
  Filmmaking / Cinematography
  Graphic Design
  Jewelry
  Painting
  Photography
  Printmaking
  Sculpture
Art Education
Art History
Music
  Accompanying
  Composition
  Sound Recording Technology
Music Education
Music Performance and Pedagogy
  Choral
  Keyboard
  Opera
  Orchestral Instrument
  Piano
  Voice
Theatre
  Design and Technology
  Performance
  Stage Management
  Theatre Education

“In college, there’s no such thing as late work.”
Arthur Temple
College of Forestry
and Agriculture

Agribusiness
Agriculture Development Production
Agriculture Engineering Technology
Animal Science
Equine Science
Pre-Veterinarian
Environmental Science
Land, Air and Water Resources
Forestry
Agroforestry
Fire Management
Forest Management
Forest Wildlife Management
Human Dimensions in Natural Resources
Urban Forestry
Horticulture
Turfgrass Management
Poultry Science
Spatial Science
Cultural Resources
Natural Resources
Surveying

“When people ask, ‘what’s your major?’ it’s just a starting point for conversation. Don’t freak out if you’re undecided.”

College of Liberal and Applied Arts

Anthropology
Applied Arts and Sciences
Classical Literary Studies
Communication Studies
Secondary Teaching
Criminal Justice
English
Secondary Teaching
Film Studies
Geography
Gerontology
History
Secondary Teaching
Social Studies Secondary Teaching
International and Intercultural Communication
Latin American Studies
Leadership
Liberal Studies
Linguistics
Literature
Children’s Literature
Mass Communication
Advertising and Public Relations
Journalism
Radio/TV
Military Science
Modern Languages
French
German
Portuguese
Secondary Teaching
Spanish
Multidisciplinary Studies
Philosophy
Political Science
Pre-Law
Psychology
Public Administration
Religious Studies
Social Media
Social Welfare
Social Work
Sociology
Sustainable Community Development
Writing
Creative
Technical and Professional
Women’s and Gender Studies

College of Sciences and Mathematics

Applied Statistics
Astronomy
Biochemistry
Biochemical/Pre-Medical Studies
Biology
Botany
Cellular and Molecular Ecology and Evolutionary Chemistry
Combined Sciences
Computer Information Systems
Computer Science
Data Analytics
Engineering
Electrical
Mechanical
Engineering Physics
Geology
Environmental Human Health Perspectives
Information Technology
Mathematics
Actuarial Sciences
Data Sciences
Nursing
Physics
Pre-Dentistry
Pre-Engineering
Pre-Medicine
Pre-Occupational Therapy
Pre-Optometry
Pre-Pharmacy
Pre-Physical Therapy
Pre-Physician Assistant
Pre-Veterinary
Secondary Teaching

There are 50 countries represented by international SFA students.
Paying for College

The financial aid office can provide you with the necessary information to apply for financial assistance — whether that be scholarships, grants and/or loans.

In order to be considered for financial assistance, you’ll be required to complete the FAFSA. Here’s what to do:

- Apply as early as possible by logging on to fafsa.ed.gov.
- You and/or your parent must electronically sign the FAFSA. Missing signatures will delay processing.
- Verify all responses for accuracy.
- Print yourself a copy.
- If selected for the verification process, be prepared to contact the IRS for a copy of your tax transcripts.

Remember — if you received a scholarship from your high school or other organization, SFA must be notified to help determine an accurate financial aid award for you. You can complete the electronic resources request to notify us of pending scholarship amounts and the entity the scholarship is from.

SFA Scholarships

SFA offers hundreds of scholarships each year to both new and returning students. To be considered, you must fill out the general scholarship application through mySFA, the university’s intranet web portal. The application is available starting Sept. 1 each year, and the deadline for submission is Feb. 1. Scholarships are offered on such criteria as academic major, co-curricular activities and talent. For more information on scholarships, log on to sfasu.edu/faid/scholarships.asp.

Additional Information About Financial Aid

SFA offers a number of services through its financial aid office, including short-term loans, summer aid and study abroad assistance. A net price calculator also is available and is intended to provide students with useful consumer information regarding college costs after financial aid is taken into consideration. For more information regarding financial aid and the services SFA provides, visit sfasu.edu/faid.

Business Office

The Business Office, located on the second floor of the Austin Building, is where you’ll pay for tuition and post other payments to your account. Additionally, your student ID is validated here, and checks may be cashed up to $50. This also is the location to initiate refunds and cash advances through BankMobile®. If you have questions about an eBill or other payment-related inquiries, call the Business Office at (936) 468-6960.

“College is not like high school. There is more freedom. Going to class and working hard will get you an A, but it also is very easy to fail if you don’t put in the effort.”
FINANCIAL LITERACY
SFA has partnered with the National Endowment for Financial Education to provide students with the necessary knowledge and skills to make important decisions relating to personal finance matters. The Office of Student Affairs Programs has partnered with NEFE’s Cash Course to offer many useful tools for students. Visit sfasu.edu/studentaffairs/660.asp for more information.

The Student Financial Advisors are available to help you with your finances. Located in the McGee Business Building, Room 169, the advisors are a free resource dedicated to the promotion of financial literacy and smart money management.

COUNSELING SERVICES
Counseling Services is staffed with licensed professional counselors and offers individual and group counseling to help students overcome personal and academic obstacles and make healthy, productive decisions.

CAMPUS TECHNOLOGY
More than 20 computer labs and approximately 800 workstations are available for student use. One of the technology tools you’ll use throughout your SFA career is mySFA. Through this intranet portal, you’ll manage your SFA email account, register for courses, view your grades and transcripts, and more. Students can access fast and easy printing using the new Wēpa wireless printing stations located throughout campus, as well as free charging stations for smart devices in the Baker Pattillo Student Center.

iCARE EARLY ALERTS
The iCare Early Alert program is a unique, integrative approach to academic and behavior intervention on campus. The program, administered through the Office of Student Rights and Responsibilities, is a collaborative response between academics and student affairs to target resources to help improve students’ ability to succeed. The three early intervention tracks consist of behavioral/medical, attendance issues and academic performance. Faculty members can submit early alerts through the advising system that is linked to their classes.
DISABILITY SERVICES
The university is committed to providing equal opportunities in higher education to students with disabilities. Disability Services works collaboratively with the student to facilitate specialized support services that meet individual disability-related needs.

EVERY INCOMING FRESHMAN SHOULD ENROLL IN SFA 101.
SFA 101, Freshman Success Seminar, is a specially designed course that is proven to raise your GPA and increase your chances of making it to graduation.

“SFA savvy” instructors teach you the ropes and discuss important topics, such as academic integrity, learning strategies, SFA history and other essential information.

Specialized sections are offered that concentrate on leadership and areas of study. This class gives you a head start and explores the many resources SFA provides to help you inside and outside the classroom.

Lumberjacks participating in SFA 101 and the Academic Assistance and Resource Center have higher overall GPAs.

STEEN LIBRARY
All the information you need to make the grade can be found within SFA’s library. The four-story facility houses books, periodicals, maps, databases, computer labs and more. In addition, each of SFA’s six colleges has its own librarian who is especially knowledgeable in the college’s subject areas and is at your service.

VETERANS RESOURCE CENTER
The VRC, located in the student center, is open to all veterans and their dependents and serves as a place to gather, socialize and form supportive relationships.

In addition, this facility is a hub for veterans’ programming efforts, including helping connect veterans and their dependents with university resources and outside agencies.

The Lumberjack Marching Band will march in the 2021 New Year’s Day parade in Rome, Italy. In the past, the band has participated in the 2013 London New Year’s Day Parade, the 2015 Macy’s Thanksgiving Day Parade in New York and the 2018 St. Patrick’s Day Parade in Dublin, Ireland.
The Center for Career and Professional Development encourages students to be proactive in developing their professional brand to enhance employability. Students achieve this through assistance with résumé writing, interview skills, a career closet, internships, job-search strategies, career coaching, workshops and presentations, and career fairs. More information is available at sfasu.edu/ccpd, or you may visit the center on the third floor of the Rusk Building.

“Don’t wait until your final semester to begin your job hunt. Start early by participating in mock interviews, and begin to prepare your résumé.”

ACADEMIC ASSISTANCE AND RESOURCE CENTER

Peer tutoring at the AARC makes it easy for you to get the help you need through learning teams, on-call tutors at walk-in tables, supplemental instruction and an online writing lab. Visit sfasu.edu/aarc to learn more.

“Keep calm! It's all very new and possibly scary, but if you keep calm, you'll do great in all your classes. And don’t forget to use the AARC!”
Starting your journey at SFA will be an exciting time, and you will find several policies have been adopted to help you succeed and remain in good standing with the university. The following policies include the university’s illicit drug and alcohol policy, the student conduct code, and the university’s policy on hazing. An online manual can be accessed for a complete list of current policies by visiting sfasu.edu/policies.

2.11 Discrimination Complaints
2.13 Sexual Misconduct
4.1 Student Academic Dishonesty
6.7 Class Attendance
6.16 Satisfactory Academic Progress for Financial Aid Recipients
9.3 Digital Millennium Copyright
10.3 Hazing

10.4 Student Code of Conduct
13.9 Firearms, Explosives and Ammunition
13.11 Illicit Drugs and Alcohol Abuse
13.13 Missing Student Notification
13.21 Smoking, Vaping and Use of Tobacco Products

In addition, other policies of interest for all students include:
2.2 Accessibility for Persons with Disabilities
6.1 Academic Accommodation for Students with Disabilities
6.3 Final Course Grade Appeals by Students
6.4 Academic Probation, Suspension and Reinstatement for Undergraduates
6.22 Withdrawal Without Financial Clearance
10.9 Student Organization Formation and Recognition
10.10 Student Organization Risk Management Training
“Don't blow all your Dining Dollars early because you’re going to need coffee money during finals!”
HONOR THE CODE!

Lumberjacks believe in doing things “The SFA Way,” and we strive for personal excellence in everything we undertake. The five root principles (Respect, Caring, Responsibility, Unity and Integrity) serve as the Lumberjack standard.

ON GUARD

The University Police Department patrols the campus 24/7 by automobile, foot and bicycle to protect and serve. Jack Alert, SFA’s emergency notification system, sends text message, voice, email, Facebook and website alerts concerning emergencies that may affect the SFA community. Sign up for Jack Alert on mySFA. Additionally, emergency call stations are located throughout the campus – just look for the blue lights.

PARKING TICKETS ARE NO FUN.

Everyone who brings a vehicle to campus must pay to park (even faculty and staff). Depending on what type of student you are (on-campus resident or commuter) and what kind of vehicle you drive (automobile or motorcycle), the type of permit and cost will differ. The type of permit you purchase also will determine in which parking lot(s) and garage(s) you may park. To view the parking and traffic rules and regulations, parking maps and the day/evening shuttle bus route, visit sfasu.edu/parking.

68%: The number of SFA on-campus students involved in co-curricular programs and student organizations in 2018.
THE DOC IS IN.
Health Services, at the corner of East College and Raguet streets, is an outpatient medical facility offering preventative care and many of the same services provided by a family practitioner to currently enrolled students.

HOURS OF OPERATION:
8 a.m. to 5 p.m. Monday through Friday
For emergencies after hours, dial 911.

PURCHASE BOOKS AND SFA GEAR.
The Barnes & Noble Bookstore, located in the Baker Pattillo Student Center, sells new and used textbooks and supplies you’ll need for class. In addition, you can shop for licensed SFA clothing and other items.

ALL ABOARD!
If you don’t have your own automobile, no worries. You’ll still be able to easily move around campus. SFA operates the Jack Track shuttle service. It’s free for all currently enrolled SFA students. When classes are in session during the fall and spring semesters, shuttle buses travel around the campus and stop at high-traffic areas. Look for the bus stops!

JACK TRACK SCHEDULE:
Daytime: 7:30 a.m. to 5:15 p.m. Monday through Friday
Evening: 5 p.m. to 1 a.m. Sunday through Thursday

DID YOU KNOW SFA HAS ITS OWN POST OFFICE?
Located in the basement of the Baker Pattillo Student Center, the post office provides full U.S. postal services to all members of the Lumberjack community. With more than 10,000 boxes, box rental is required for students who live on campus and is available for students residing off campus.

READ ALL ABOUT IT.
Published weekly during the fall and spring semesters, The Pine Log is SFA’s student newspaper. Pick up a copy at newsstands located throughout campus. The publication also is online at thepinelog.com. Additionally, the Stone Fort is SFA’s yearbook. Copies may be purchased during Lumberjack Orientation.

Twiggy, a local celebrity featured on KETK in Tyler, lives his best life on campus eating sunflower seeds near the Ferguson Building. Follow @SFA_Twiggy on Instagram and Twitter.
I'M HUNGRY.

SFA's Dining Services offers meals to please everyone’s taste buds. From all-you-care-to-eat dining locations in the Baker Pattillo Student Center and East College Dining Hall to the fantastic tastes of Chick-fil-A, Which Wich, Panda Express and other retail outlets, you’ll have tons of choices to calm your stomach’s growl. SFA Dining also has a registered dietitian on staff to help you plan meals and maintain a healthy lifestyle.
LIVING ON CAMPUS.

SFA has 14 residence halls with approximately 5,000 Lumberjacks living on campus. All single students younger than 21 with fewer than 60 credit hours must live on campus. First-year students reside in the First-Year Commons, which include:

1. Hall 14
2. Hall 16
3. Kerr Hall
4. Lumberjack Landing
5. Lumberjack Lodge
6. Steen Hall

HALL 14:
Female / Shared Room / Community Bathroom

HALL 16:
Coed / Shared Room / Community Bathroom

KERR HALL:
Female / Shared Room / Community Bathroom

LUMBERJACK LANDING:
Coed / Shared Room / Suite Bathroom

LUMBERJACK LODGE:
Coed / Private Room / Suite Bathroom

STEEN HALL:
Coed / Shared Room / Suite Bathroom
A FEW BENEFITS OF RESIDING ON CAMPUS:

1. Caring staff members provide an instant support system
2. Within walking distance to almost everything on campus
3. Recreational opportunities everywhere
4. Fantastic food
5. Safety and security
6. Time management, note-taking, study skills and other programs support your success

GET TO KNOW YOUR RESIDENCE HALL ASSOCIATION.

Dedicated to providing all students living on campus with a positive experience, the RHA encourages residents to make positive contributions and become leaders within each of the residence hall communities.

Through its hall council and executive board, residents have a voice in suggesting programs and improvements. Residents are encouraged to join committees and provide input on food service, community service, sustainability, sports and recreation, policies and procedures, and fundraising.

RHA also hosts many campus-wide programs like Casino Night, Fall Fest and Holiday Extravaganza. These programs bring students together for fun and networking.

“You won’t make any memories that you’ll cherish sitting in your room all day watching TV.”

“Don't go home for at least the first month. When I moved to Nac, I was very homesick and went home the second week. Then, I didn't go home for more than three months, and I loved being at SFA.”

The DeWitt School of Nursing boasts an outstanding 92% first-time pass rate for students completing their nursing license exam.
NCAA DIVISION I ATHLETICS

SFA is a NCAA Division I program competing in the Southland Conference. SFA sponsors 18 intercollegiate sports, including football, basketball, baseball, cross-country, indoor-outdoor track and field, and golf for men.

Women’s sports include soccer, volleyball, beach volleyball, cross-country, basketball, indoor-outdoor track and field, softball, golf, tennis and bowling. For schedules, rosters and the latest sports news, visit sfajacks.com.
BAKER PATTILLO STUDENT CENTER

There’s so much to do here! Take in a movie at the 383-seat multilevel theater, grab a cup of coffee at Starbucks, sit down for pizza, sushi, ice cream and more at the food court, or just visit with friends in one of the many lounges.

MUSIC, THEATRE AND ART EVENTS

SFA’s College of Fine Arts showcases the talents of SFA students and faculty members in various productions, exhibits, performances, concerts and shows year-round. Find out about upcoming performances at finearts.sfasu.edu.

STUDENT RECREATION CENTER = AMAZING!

This facility is HUGE! It offers SFA students a place to get physically fit and enjoy downtime. There’s a climbing wall, giant pool with a lazy river, sand volleyball, basketball and racquetball courts, an indoor jogging track, and thousands of square feet devoted to cardio and exercise equipment. Additionally, students can select from a variety of group fitness classes, outdoor pursuits, intramurals and sport clubs.

“Stress can be a killer, especially if you don’t take time for yourself and maintain some level of fitness.”

EXPLORE THE MILES AND MILES OF BEAUTIFUL TRAILS.

Nacogdoches is the Garden Capital of Texas. On the university’s campus, there are several world-class landscapes that provide breathtaking opportunities to enjoy the seasons. SFA’s recreational trails include 68 acres of hiking and bicycle trails that wind through Texas’ oldest town.
LUMBERJACKS’ CLUBS AND ORGANIZATIONS

One of the best ways to make friends and connect with SFA is to join a club or organization. SFA offers more than 200! Whether you desire to unite in the brotherhood or sisterhood of a fraternity or sorority or become part of a club designed to help community members, there’s a group just for you.

Getting involved also is proven to help raise your GPA and increase your chances of graduating on time.

SFA’S CLUBS AND ORGANIZATIONS FOCUS ON THE FOLLOWING AREAS:

- Academic/professional
- Cultural
- Greek
- Religious
- Service
- Special interests/hobbies

For a complete listing of SFA’s student organizations and information about each one, visit sfasu.edu/studentaffairs.

STUDENT ORGANIZATIONS RESOURCE CENTER

Jack SORC serves as a resource center for clubs and organizations by providing lockers and supplies to help promote events. It also offers free computer use and printing to active student organizations. It’s located on the third floor of the Baker Pattillo Student Center.

“You must study to make good grades, but you will never accomplish this if you don’t relax and have fun, too!”

“Join something. Volunteer for something. Find your niche.”
STUDENT AFFAIRS
PROGRAMS
SFA’s Office of Student Affairs Programs is dedicated to providing programs that enrich student involvement, leadership, engagement and fun. From leadership and volunteerism to the annual Homecoming bonfire and concert, there’s an avenue for every Lumberjack to enjoy. Some of the areas housed within student affairs programs include:

- Orientation Programs
- Multicultural Affairs
- Spirit Teams
- Student Engagement Programs
- Student Government Association
- Purple Haze Association (see Page 37)

For more information about student affairs and the programs offered, visit sfasu.edu/studentaffairs.

WEEKS OF WELCOME
Starting the first two weeks of the fall and spring semesters, Weeks of Welcome, one of Orientation Programs’ initiatives, is your opportunity to involve yourself on campus and meet other Lumberjacks. From the massive group class photo to barbecues and pool parties, Weeks of Welcome is nothing but fun!

MULTICULTURAL AFFAIRS
The Office of Multicultural Affairs strives to create a welcoming and inclusive environment for all students. They assist many campus organizations in promoting social justice and cultural and racial diversity through lectures, special events and observances.

SPIRIT TEAMS - A WINNING TRADITION
The SFA cheerleading and dance teams work to increase the overall spirit of the campus community by performing and cheering at SFA sporting and other events and serving as ambassadors and role models. Together, the teams have won an amazing 30 national championships since 1993.

STUDENT GOVERNMENT ASSOCIATION
The SGA is the voice of the students and is administered entirely by SFA students. Its purpose is threefold: to be the voice of the student body, to serve as a model government (with its executive, legislative and judicial branches) and to foster leadership development.

The association introduces legislation on behalf of students, and while it does not pass legislation that is binding to university policy, it does have a significant influence.
Student engagement programs also are housed within the Office of Student Affairs Programs. Some of these offerings include:

- Freshman Leadership Academy
- Involvement Center
- Leadership and Service
- Greek Life
- Student Activities Association
- Traditions Council (see Page 35)
- Jack Camp (see Page 38)

**FRESHMAN LEADERSHIP ACADEMY**
A special section of the SFA 101 freshman seminar course, the Freshman Leadership Academy helps prepare participants for success at SFA and to become future student leaders of the university. Four specialized sections are offered with service-learning opportunities.

**IN卷VOLMENT CENTER**
Get a complete overview of all the clubs and organizations SFA offers by visiting the Involvement Center, located in both the Baker Pattillo Student Center and the lobby of Steen Hall. Peer advisors are available to help you select the organizations that best fit your interests.

**LEADERSHIP AND SERVICE**
Leadership and Service offers students many opportunities to enhance leadership skills and give back to the local community and beyond. Leadership and Service offers alternative spring break, service day events, the Certified Student Leader program and Hunger Jacks.

**GREEK LIFE**
With more than 30 different chapters at SFA, fraternities and sororities provide students with opportunities to build friendships, serve the community and challenge themselves in a supportive environment. Through their involvement, students can learn new skills and prepare for their future. Every fraternity and sorority member strives to live The SFA Way.

“Enjoy the time you spend at SFA. It goes by so fast!”

**STUDENT ACTIVITIES ASSOCIATION**
SAA is your source for free or low-cost on-campus entertainment. It provides a wide variety of weekly activities for students throughout the year. SAA hosts events like the movie series, concerts, comedians and game shows.

The association also coordinates SFA’s on-campus cinema program. Movies are shown in the student center theater on Thursdays, Fridays and Sundays.

Students involved in SAA have the opportunity to learn about event planning and working with a team.
Axe 'em, Jacks!

Recognizing a lag in school spirit, the 1979-80 SFA cheerleaders set out to establish a hand symbol like other universities in hopes of unifying the students and creating enthusiasm on campus. And so, “the axe” was born. The collaborative brainchild of several cheerleaders, the symbol initially started with two fingers forming an axe. The thumb was added to not only make the symbol more unique, but also to form an “L” and a “J” when held side by side. The symbol also has been interpreted as the shape of Texas with two fingers pointing to Nacogdoches, but most of the originators of the hand symbol say it’s simply an axe. The “Axe ‘em, Jacks” symbol was introduced at the first pep rally in the fall of 1979 and was instantly embraced by students. Since then, it has become the definitive symbol of SFA pride to generations of Lumberjacks.
TRADITIONALLY SPEAKING

TOP 10 SFA TRADITIONS:

- Battle for Chief Caddo
- The Big Dip
- Decorating Axe Handles
- Homecoming Bonfire
- Jacks Charge
- Mr. and Miss SFA
- Battle of the Piney Woods
- Springfest
- Watermelon Bash
- Jack Camp

CHIEF CADDI O
This 7-foot 6-inch, 320-pound statue is the largest trophy passed between NCAA universities. Chief Caddo is awarded annually to the winner of the SFA vs. Northwestern State University football game.

SFA’s mascot, the Lumberjack, was named one of the top 10 mascots in college basketball in 2014 by ESPN.

WHY IS MY HAND PURPLE?
You’ve just participated in the Big Dip ring ceremony. The tradition is one of the final steps to becoming an SFA graduate. Students get their hands dipped in purple dye before receiving their official SFA Ring.
THE AXE HANDLE

All new students receive an axe handle at Holler @ Homer to personalize with their own representation of Lumberjack spirit. Students can be seen (and heard) banging axe handles on the bleachers at SFA football games.

HOMECOMING IS COMING!

Usually held in October, Homecoming unites the Lumberjack community. From near and far, alumni come “home” to SFA to take part in the traditional bonfire, pep rally, downtown parade, tailgating, football game and much more. The night of the bonfire, attendees are treated to a free live concert. Past entertainment has included Frankie Ballard, Chris Young and Jesse McCartney.

TRADITIONS COUNCIL

This spirited group of student leaders hosts activities throughout the year that educate Lumberjacks about the rich traditions and history of our university. The hard work and effort of Traditions Council members help connect students to important aspects of campus life and assist students in achieving the full Lumberjack experience.

SCHOOL SONG:

“All Hail to SFA”

Oh future bright ‘neath the Purple and White
All hail to SFA.

‘Mid Texas pines we have
Found peaceful shrines
Where ev’ry month is May.

Long live our Alma Mater,
Honor to thee for aye.

As years unfold, happy
Mem’ries we’ll hold,
All hail to SFA.

DO NOT WEAR ORANGE!

Well, you can wear orange, if you don’t mind being scoffed at. Orange is the main school color of one of SFA’s biggest rivals, Sam Houston State University. That color is a big no-no at SFA.

“Almost every person you see is happy and proud to be here and to be a Lumberjack. Seeing so many upbeat people made me love SFA even more.”

(Just a few of SFA’s better-known traditions)
THE STARS AT NIGHT ARE BIG AND ... PURPLE?

Well, the stars are actually lights, but they are purple. To help notify the SFA community of an athletic victory, purple lights have been installed on top of the Steen Hall towers and in the Baker Pattillo Student Center clock. If you’re unable to attend a game, just look to the sky, and when the lights are shining, you can rejoice! Axe ‘em!
PURPLE HAZE ASSOCIATION
Purple Haze Association, a student-led association dedicated to preserving Lumberjack spirit and pride, is loud and proud! Members attend sporting events and sit in a special reserved section wearing purple. They also are responsible for coordinating and leading Jacks Charge, Holler @ Homer and the Jackhammers.

BOOM!
When you attend SFA home football games, you had better bring your earplugs. Each time the Lumberjacks score, Ol’ Cotton, a World War II-era cannon named after Ret. Lt. Gen. Orren R. “Cotton” Whiddon, the most senior military officer ever to graduate from SFA, is fired by the Lumberjack Battalion’s cannon crew.

JACKS CHARGE
Bring your axe handle and lead the Lumberjack football team onto the field before home games. Wear your purple and white and meet at the SFA Spirit Rock (near Hall 20) 23 minutes (in honor of SFA opening its doors in 1923) before the game. Freshman students are highlighted in the first Jacks Charge of the season, while all enrolled SFA students may join in the tradition for the remainder of the season.

“Get involved. It’s the best way to meet new people! Attend games and support YOUR Jacks!”
WHAT'S BETTER THAN WATERMELON?
Nothing! As the temperatures rise, the Student Government Association hosts the annual Watermelon Bash. The event is free and is SGA’s oldest-standing tradition.

BATTLE OF THE PINEY WOODS
A major highlight of football season, the Battle of the Piney Woods is a face-off between SFA (yaay!) and our biggest rival, the Sam Houston State University Bearkats (boo!). It’s a battle so epic that it’s held at NRG Stadium, home to the NFL’s Houston Texans. Students, faculty, staff and alumni from both schools come from all across the state to attend.

Do you want to attend the Battle of the Piney Woods? You can catch one of the student fan buses on campus and ride to Houston with your fellow Lumberjacks.

SPRINGFEST
Closing out the year is the last campus party of the spring semester. Springfest is sponsored by the Student Activities Association and features music, games, free food, prizes and free “stuff.” Springfest is usually held at the end of April.

“My favorite tradition at SFA was painting the axe handles students receive during their first semester as a Lumberjack.”

JACK CAMP
Jack Camp welcomes incoming students to SFA each summer by giving them an opportunity to meet fellow students, have fun and learn about life at SFA. Jack Camp is a three-day extended orientation program that takes place in Trinity, Texas, and helps students adjust to life at SFA.
WHAT IS ‘SURFIN’ STEVE?’

“Surfin’ Steve” is how Lumberjacks refer to the statue/fountain of our namesake, Stephen F. Austin. It is located in the center of the campus and depicts Austin standing on a star. It’s one of the campus’ most popular landmarks and meeting spots.
## Important SFA Phone Numbers and Websites:

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>Academic Advising Center</td>
<td>(936) 468-5803</td>
<td>sfasu.edu/advising</td>
</tr>
<tr>
<td>Academic Assistance and Resource Center</td>
<td>(936) 468-4108</td>
<td>sfasu.edu/aarc</td>
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<tr>
<td>Admissions</td>
<td>(936) 468-2504</td>
<td>sfasu.edu/admissions</td>
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<tr>
<td>Alumni Association</td>
<td>(936) 468-3407</td>
<td>sfalaumni.com</td>
</tr>
<tr>
<td>Athletics Department</td>
<td>(936) 468-3501</td>
<td>sfajacks.com</td>
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<tr>
<td>Baker Pattillo Student Center Info Desk</td>
<td>(936) 468-3401</td>
<td>sfasu.studentservices</td>
</tr>
<tr>
<td>Barnes &amp; Noble Bookstore</td>
<td>(936) 468-2108</td>
<td>sfasu.bncollege.com</td>
</tr>
<tr>
<td>Business Office</td>
<td>(936) 468-6960</td>
<td>sfasu.edu/controller/businessoffice</td>
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<tr>
<td>Center for Career and Professional Development</td>
<td>(936) 468-3305</td>
<td>sfasu.edu/ccpd</td>
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<tr>
<td>Counseling Center</td>
<td>(936) 468-2401</td>
<td>sfasu.edu/counselingservices</td>
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<tr>
<td>University Police Department</td>
<td>(936) 468-2608</td>
<td>sfasu.edu/dps</td>
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<tr>
<td>Disability Services</td>
<td>(936) 468-3004</td>
<td>sfasu.edu/disabilityservices</td>
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<tr>
<td>Health Services</td>
<td>(936) 468-4008</td>
<td>sfasu.edu/healthclinic</td>
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<tr>
<td>Honors Program</td>
<td>(936) 468-2813</td>
<td>sfasu.edu/honors</td>
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<tr>
<td>Jack Camp</td>
<td>(936) 468-1367</td>
<td>sfasu.edu/jackcamp</td>
</tr>
<tr>
<td>Lumberjacks Care/Title IX</td>
<td>(936) 468-8292</td>
<td>sfasu.edu/lumberjacks-care</td>
</tr>
<tr>
<td>Multicultural Affairs</td>
<td>(936) 468-1073</td>
<td>sfasu.edu/oma</td>
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<tr>
<td>Orientation Programs</td>
<td>(936) 468-6641</td>
<td>sfasu.edu/orientation</td>
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<tr>
<td>Parking and Traffic</td>
<td>(936) 468-7275</td>
<td>sfasu.edu/parking</td>
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<tr>
<td>Registrar</td>
<td>(936) 468-2501</td>
<td>sfasu.edu/registrar</td>
</tr>
<tr>
<td>Residence Life (Housing)</td>
<td>(936) 468-2601</td>
<td>sfasu.edu/reslife</td>
</tr>
<tr>
<td>SFA 101</td>
<td>(936) 468-5803</td>
<td>sfasu.edu/sfa101</td>
</tr>
<tr>
<td>Student Employment Center</td>
<td>(936) 468-2304</td>
<td>sfasu.edu/hr</td>
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<tr>
<td>Student Engagement Programs</td>
<td>(936) 468-1018</td>
<td>sfasu.edu/studentaffairs</td>
</tr>
<tr>
<td>Student Financial Assistance</td>
<td>(936) 468-2403</td>
<td>sfasu.edu/faith</td>
</tr>
<tr>
<td>Student Success Center (Steen Library)</td>
<td>(936) 468-5803</td>
<td>sfasu.edu/studentsuccess</td>
</tr>
<tr>
<td>Texas Success Initiative</td>
<td>(936) 468-5803</td>
<td>sfasu.edu/advising/111.asp</td>
</tr>
<tr>
<td>Veterans Resource Center</td>
<td>(936) 468-6494</td>
<td>sfasu.edu/vrc</td>
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</tbody>
</table>
As a first-year student, you will be living in the first-year commons. Designed by university administrators and the Residence Life Department, this community will help you succeed in your first year of college.

The commons include Hall 14, Hall 16, Kerr Hall, Lumberjack Landing, Lumberjack Lodge and Steen Hall. It is your time to shine and succeed while living on campus!

CONTACT INFORMATION
Location: Austin Building, Room 131
Website: sfasu.edu/reslife
Email: reslife@sfasu.edu
Phone: (936) 468-2601
Fax: (936) 468-2074

“Your're paying for your meal plan, so use it. Also, breakfast in the East College Dining Hall is easily the best you'll have short of cooking it yourself.”

RESIDENCE HALL FRONT DESK PHONE NUMBERS:

First-year halls
Hall 14...........................................(936) 468-4609
Hall 16...........................................(936) 468-5109
Kerr Hall........................................(936) 468-5301
Lumberjack Landing......................(936) 468-5404
Lumberjack Lodge........................(936) 468-2400
Steen Hall......................................(936) 468-5201

Non-first-year halls
Griffith Hall....................................(936) 468-4909
Hall 10...........................................(936) 468-3200
Hall 20...........................................(936) 468-2595
Kerr Hall........................................(936) 468-5301
Lumberjack Lodge.........................(936) 468-2400
Lumberjack Village.......................(936) 468-4300
Mays Hall....................................(936) 468-3700
North Hall....................................(936) 468-3000
South Hall.....................................(936) 468-3900
Wisely Hall....................................(936) 468-2600
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*We price match New, Used and Used Rental textbooks from Amazon, bn.com and local competitors. Online marketplaces and peer-to-peer pricing is ineligible. An online marketplace is an e-commerce site where products or services are provided by multiple third parties, vendors, and shops, such as Amazon Marketplace & Warehouse Deals and Barnes & Noble Marketplace. Titles listed on Amazon that are not “rented by” or “sold by” Amazon are excluded, as are publisher websites. For more information, see a bookseller for details.
Student Affairs for Support Services would like to welcome our new Lumberjacks!

We know you will love SFA as much as we do.

Part of our commitment to enhancing knowledge and providing you a memorable experience includes the following online training resources to help make you aware of issues relevant to college students. Through these trainings, you will learn about campus resources, as well as ways to respond to and reduce the risk of suicide and sexual violence.

Voices for Change

Online training that includes information about

- healthy relationships
- sexual violence
- alcohol abuse prevention
- sexual health
- bystander intervention
- and campus and community resources.

Suicide Awareness and Prevention

Online training that includes information about

- symptoms of depression
- signs of suicidal thoughts
- when and how to help a friend who is depressed or considering suicide
- and campus and community resources.

TO ACCESS THE TRAINING:
1. Log in to your mySFA account.
2. Look for the “Student Training” section on the right, and click on the red link.

Required training should be completed by Aug. 26.

For more information, visit sfasu.edu/lcc or email titleIX@sfasu.edu.
Women’s/Men’s Health | Allergy Testing | ADHD Testing
Chronic Disease Management | Immunizations | Sports/Fitness Exams
Weight Loss Counseling | Same-Day Appointments

CARING TOGETHER SETS US APART.

W.E. “Eddy” Furniss III, MD
Lindsay Aldrich, MD
David Smith, DNP, RN, FNP-C
Suzanna Fuller, FNP-C

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tracy@cbtx.com
SFA Banking Center
222 Vista Drive

Commercial Bank of Texas
800-723-7601 ★ www.cbtx.com

On-campus ATMs include:
★ Baker Pattillo Student Center
★ Steen Library
★ Steen Hall
★ Lumberjack Landing
Visit us at www.cbtx.com for a full list of banking center and ATM locations.
The
FREDONIA HOTEL

Restored.
Renewed.
Remarkable.

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315 E. College St. | Nacogdoches, TX
Across the street from the SFA Forestry Building
The Office of Multicultural Affairs creates a campus environment where all SFA students feel welcome, participate in meaningful cross-cultural interactions and engage in learning experiences that promote respect for diversity.

A FEW OF OUR EVENTS

- Noche De Gala
- Tunnel of Oppression
- MLK Day of Service
- Women’s Empowerment Summit
- Kente Cloth Ceremony
- Homecoming Step Show
- Diversity Week
- Diversity Conference

RESOURCES

- Axcel Mentoring Program
- Impact U Volunteer Organization
- Meeting and Study Room
- Multicultural Resource Library
  and more!

Visit sfasu.edu/oma to learn more.
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THE NO.1 MOST FOLLOWED SOCIAL MEDIA PLATFORMS IN THE SLC
#AxeEm

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(936) 564-0231
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WALK-IN CLINIC OPEN 7 DAYS A WEEK!

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FOR PARENTS

FRESHMAN YEAR
- Begin the transition by shifting your role as a parent to that of a supporter. Encourage your student to make good grades and meet with professors at least once a semester.
- Talk with your student about getting involved through a student organization, part-time job or volunteering.
- Encourage your student to use the four-year career development plan.

SOPHOMORE YEAR
- Talk with your student about career exploration or a desired major/minor and encourage research in different areas of interest.
- Listen to what your student is talking about concerning a career and major choice.
- Strongly encourage your student to utilize CCPD for career coaching, résumé critiques and career fairs.
- Remind your student about looking into internship/externship opportunities, as well as part-time jobs related to their field.

JUNIOR YEAR
- Urge your student to foster meaningful and supportive relationships with faculty members and key administrators on campus.
- Encourage your student to get involved in activities that will enhance their academic experience and make them more marketable, such as a leadership role in an organization or service-learning projects.
- Strongly recommend that your student utilizes CCPD for career fairs, job-search skills, résumé critiques and mock interviews.
- Highly recommend attending career fairs and other career-related events in order to establish a professional brand, narrow prospective employers, and increase your student’s network and job opportunities. Remind your student about looking into internship opportunities, as well as part-time jobs related to their field.
- Advise your student to be aware of their online presence, and clean up social media accounts for viewing by prospective employers.

SENIOR YEAR
- Encourage/assist your student in purchasing professional attire.
- If on a graduate school track, remind your student to take appropriate entrance exams, request letters of recommendation, apply for scholarships and complete applications before deadline.

FOR STUDENTS

FRESHMAN YEAR: EXPLORE
- Meet with a career coach to discuss major/minor, career goals and exploring/researching career opportunities.
- Get involved! Join a student organization, obtain a part-time job and/or volunteer for a service project.
- Transition your high school résumé to a college one. Visit our website for résumé writing tips and tools.
- Attend career fairs for internship and volunteer opportunities.

SOPHOMORE YEAR: EXPERIMENT
- “Reality test” your career options with internships, externships, job shadowing, volunteering and part-time employment.
- Build on your “living” résumé and develop relationships with faculty and staff.
- Attend career fairs to build your network, learn about occupations and employers in your field of interest, and find out what skill set employers are seeking.
- Meet with your career coach to solidify a major, and meet with your academic advisor to make it official.

JUNIOR YEAR: EXPERIENCE
- Reassess your career goals, consider alternative career plans and monitor your academic progress.
- Take a leadership role in organizations to develop teamwork, leadership and interpersonal skills.
- Utilize CCPD’s résumé critiques, mock interviews, information sessions, on-campus interviews and networking.
- Continue to update your résumé and fine tune your job-search skills by visiting our website for tips and tools.

SENIOR YEAR: EXCEL
- Shift job search into high gear with Jobs4Jacks, networking, faculty/advisor mentors and job search websites.
- Attend career fairs to establish your brand, identify and target employment opportunities, and refine your job-search skills.
- Polish your professional image by updating your résumé and applying for jobs, purchasing professional attire and cleaning up your social media accounts.
#PICTUREYOURSELF PANHELLENIC

RECRUITMENT 2019
AUGUST 19 - 23

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Brent A. Stephens, DDS
THE ULTIMATE Lumberjack BUCKET LIST

- Join a student organization (or two).
- Feed the ducks with birdseed and grill or picnic at the Ag Pond.
- Climb the rock wall in the Student Recreation Center.
- Walk (or run) the Lanana and Banita creek trails.
- Picnic at one of SFA’s six gardens.
- Follow the Lumberjack Selfie Guide to capture special moments on campus. Tag @sfa_jacks and @SFAsaprograms on Instagram and Twitter.
- Sit in the Purple Haze section at a football and basketball game.
- Attend at least one Office of Multicultural Affairs event.
- Decorate an axe handle.
- Volunteer for The Big Event.
- Explore downtown, especially at night during the holidays.
- Go with friends to the Piney Woods Fair in October.
- Go to the Nacogdoches Farmer’s Market.
- Visit every historical landmark on campus and in Nacogdoches.
- Walk through the Ruby M. Mize Azalea Garden trails.
- Stargaze at Lake Nacogdoches or Lake Naconiche with friends.
- Attend the Battle of the Piney Woods football game.
- Become a certified student leader and be inducted into The 1923 Society.
- Purchase your SFA Ring and participate in The Big Dip.
- Take a picture in front of the Homecoming bonfire.
- Attend a career expo.
- Visit the Ellen Trout Lufkin Zoo.
- Attend a visiting lecturer’s presentation.

Use #SFAbucketlist and #AxeEm when you complete a bucket list item.
STEPHEN F. AUSTIN STATE UNIVERSITY
DEPARTMENT OF MILITARY SCIENCE

ARMY ROTC

Cadets in SFA’s ROTC program learn firsthand what it takes to lead others, motivate groups and accomplish missions through classes and field training. Upon graduation from SFA, contracted cadets are commissioned as second lieutenants in the U.S. Army. Uncontracted cadets have no further obligation.

SFA ARMY ROTC OFFERS:
• career paths in one of 17 different fields
• opportunities for undergraduate and graduate students
• $57,284 annual starting salary*
• and full-time service in the Army, or part-time service in the National Guard or Army Reserve.

*Pay for second lieutenant, amount includes average housing allowance

AN ROTC SCHOLARSHIP COVERS:
• $10,000 per year for tuition and/or room and board
• $1,200 per year for books
• $420 stipend per month during each semester

CONTACT INFORMATION:
709 East College St., Nacogdoches, Texas 75962
(936) 468-4505         facebook.com/sfasurotc
rotc@sfasu.edu          instagram.com/sfasurotc
Delta Zeta

GIVE GRACIOUSLY. LIVE TRULY. UNDERSTAND AND APPRECIATE. LOVE STEADFASTLY

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OFFER EXPIRES 9/30/2019
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On your next visit, please present this coupon when ordering. Coupon does not include add-ons. Offer not valid with any other offer. Void where prohibited. No substitutions. Limit one coupon per customer. Menu pricing and operating hours vary by location. No reproductions allowed.
ONLY VALID AT 2617 NORTH ST, NACOGDOCHES, TX 75961.

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WITH THE PURCHASE OF A MEDIUM FRY AND MEDIUM DRINK
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ONLY VALID AT 2617 NORTH ST, NACOGDOCHES, TX 75961.
ATTENTION FAMILY MEMBERS

Student Affairs for Support Services would like to congratulate you on your new Lumberjack! We are honored you and your student chose SFA!

Part of our commitment to enhancing the knowledge and experience of your student includes the following online training resources. These trainings will educate your student about relevant college issues, reduce the risk of suicide and sexual violence, and provide information about resources and how to effectively help those who might need their support for assistance.

Voices for Change
*Online training that includes information about*
- healthy relationships
- sexual violence
- alcohol abuse prevention
- sexual health
- bystander intervention
- and campus and community resources.

Suicide Awareness and Prevention
*Online training that includes information about*
- symptoms of depression
- signs of suicidal thoughts
- when and how to help a friend who is depressed or considering suicide
- and campus and community resources.

Students can access the training approximately 48 hours after registration by logging in to mySFA.

**Training should be completed prior to attending classes for maximum benefit.**

For more information, visit sfasu.edu/lcc or email titleIX@sfasu.edu.
Insuring your student, while he or she is away from home.

Ted Smith
936-564-3260

State Farm

Axe’Em, ‘Jacks!
Class of ‘07
SESSION 1 AUG. 13-15
SESSION 2 AUG. 16-18
TO REGISTER, VISIT SFASU.EDU/JACKCAMP.
JACK CAMP 2019 REGISTRATION FORM

For more information, contact us at (936) 468-1367 or JackCamp@sfasu.edu.

Please type or print and fax to (936) 468-7278, or mail to:
Jack Camp | P.O. Box 13021, SFA Station | Nacogdoches, TX 75962

Cost of registration: $160

Choose one:
[ ] Session 1: Aug. 13 to 15
[ ] Session 2: Aug. 16 to 18

Sessions will close as they reach capacity. Registration will be on a first-come, first-served basis.

Method of payment:
[ ] Check/cash
[ ] Charge SFA account

Credit card: Online ONLY at sfasu.edu/jackcamp

• Please note the registration cost increases to $175 after 5 p.m. Aug. 4.
• The cost of camp includes lodging for three days and two nights, meals, camp insurance, Jack Camp T-shirt, and all activities and supplies for camp.

Cancellation dates:
July 14: Last day to cancel and receive a $160 refund
July 28: Last day to cancel and receive a $75 refund
Aug. 1: No refunds given after this date

All cancellations must be received in writing via mail or email on or before the cancellation dates.

Email: JackCamp@sfasu.edu

Please note:
Students are not guaranteed a particular session. Sessions can fill up quickly. If you choose a session that is full, you will be placed in another session and will be notified of the change.

Name: ____________________________________________________________
Address: ___________________________________________________________
City/state/zip: ________________________________________________________
Phone: ____________________________  Campus ID: _____________________
Camper email: ________________________________________________________

Registration confirmation will be sent to this email address and emergency contact.

Name of emergency contact: ___________________________________________
Emergency contact phone: __________________________
Emergency contact email: _____________________________________________

Please list any special needs or accommodations, including, but not limited to, dietary needs and physical limitations:
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________
__________________________________________________________________

Choose one: [ ] Male   [ ] Female

I also agree to abide by the rules and regulations set forth by Jack Camp and Stephen F. Austin State University. I also understand that if I fail to arrive at Jack Camp for my session, Jack Camp will notify my emergency contact.

I grant permission to Stephen F. Austin State University to photograph or videotape me and to use photographs or video of me in advertisements, publications and promotional pieces. I understand that the images will be the property of SFA and that I shall not be notified when the images are used, nor will I have the opportunity to view and approve the images prior to use. All images taken are without compensation to me (the undersigned). All electronic or non-electronic prints are owned by the university.

Student’s signature: ____________________________ Date: ________________
If under 18, legal guardian’s signature: ____________________________ Date: ________________

STEPHEN F. AUSTIN STATE UNIVERSITY
NACOGDOCHES, TEXAS
WoW is designed to welcome new students to campus and introduce them to campus life. For returning students, it offers a way to become involved and interact with new students and campus organizations. WoW programming takes place the first two weeks of every fall and spring semester.
WELCOME TO THE LUMBERJACK FAMILY!
GROWING OUR FAMILY TREE SINCE 1923
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Look for the axe icon for suggestions and ideas to help your student adjust to college life.
SFA’S OFFICIAL SOCIAL MEDIA ACCOUNTS:

- Facebook - sfasu
- Instagram - SFA_jacks
- LinkedIn - sfasu
- Pinterest - SFALumberjacks
- Snapchat - sfa_jacks
- Twitter - @SFASU
- YouTube - Stephen F. Austin State University
Welcome to SFA! It is an exciting time to be a Lumberjack, and we are so happy your student has decided to join our family. Your student will be supported by a network of caring Lumberjacks who are committed to delivering a transformative educational experience to every SFA student. Our faculty, staff and administration truly care about each of our students, and we are here to help them succeed.

We know the transition to college life can be a time of uncertainty for students and their parents. At SFA, we strive to make this adjustment as easy as possible through programs like the Lumberjack Orientation you are currently attending. While visiting campus, you will receive lots of information about what life at SFA will be like for your student. You also will learn about many of the important resources available to help your student succeed both inside and outside the classroom. One of the best resources is the guide you are now reading. This Lumberjack Orientation Guide includes invaluable information and will serve as a handy reference for you in the coming months.

Once the fall semester begins, your student will be challenged and inspired academically. With approximately 80 undergraduate degrees and more than 120 areas of study, there is a career path to suit every Lumberjack. Dedicated SFA faculty members engage with our students through small classes in state-of-the-art facilities, such as the newly opened Cole STEM Building. Our award-winning Academic Assistance and Resource Center located in Steen Library provides tutoring and other academic assistance that is proven to increase academic success.

SFA also offers plenty of opportunities to relax, have fun and just enjoy being a college student. The Student Recreation Center is a hub for exercise, stress relief and other activities to help Lumberjacks stay active. The Student Activities Association plans concerts, movie series, trivia and karaoke nights, and myriad other on-campus events to keep our students engaged and entertained. There are more than 200 organizations on campus, and if your student doesn’t find a niche right away, it is easy to start a new group with a few others who share a unique hobby or interest.

Your support during the coming months will be important to your student’s success. I encourage you to stay involved, visit when possible and continue to emphasize the importance of a college education. Working together for your student’s success, I am confident your new Lumberjack will successfully meet the challenges that await and will have an extraordinary experience at SFA. And much sooner than you might imagine, we will join together again to honor your student as an SFA graduate.

Axe ‘em, Jacks!

If you are dropping your student off at school, leave a note or card somewhere in the residence hall room. (Maybe also tuck in $20!) After you have left, it will be a nice reminder of how much you care.
YOU’VE KNOWN THIS DAY WOULD COME.

Your student has grown up and is ready to enter college.

Although your student will be moving to Nacogdoches, and your home may be somewhat quieter, don’t worry because ...

YOUR FAMILY JUST GOT BIGGER!

At SFA, we all share the same purple DNA!

You and your student are gaining an entire Lumberjack family that truly cares about your student’s success and well-being.

NACOGDOCHES – SO MUCH TO SEE AND DO!

When you visit your student in historic Nacogdoches, there’s plenty to keep you busy. In addition to the many events taking place on SFA’s campus, Nacogdoches is known for its quaint downtown lined with antique and specialty shops and distinctive restaurants.

Don’t miss the opportunity to explore Nacogdoches’ beautiful landscape. The Garden Capital of Texas, Nacogdoches is bursting with blooms along several trails, including the Azalea Trail, which is usually held during March. Be sure to stroll through the SFA Mast Arboretum, the Ruby Mize Azalea Garden, Gayla Mize Garden and the Pineywoods Native Plant Center, all located on SFA’s stunningly beautiful campus.

Mark your calendar for the following annual events held in Nacogdoches: Texas Blueberry Festival, Piney Woods Fair, Holiday in the Pines, Nine Flags Festival, Taste of Nacogdoches and more.

Check out visitnacogdoches.org for specific dates and more information on things to do and see in Texas’ oldest town.
SFA Q&A

Q: What does SFA stand for?
A: Stephen Fuller Austin. He's considered the Father of Texas. The state capital also is named in his honor.

Q: When did the university first begin classes?
A: In September 1923, approximately 300 students enrolled at SFA. Originally founded as a teachers college, today SFA has six academic colleges that offer approximately 80 undergraduate majors and more than 120 areas of study.

Q: What is the average class size at SFA?
A: The average class size is 25 students.

Q: How many students attend SFA?
A: More than 13,000 students were enrolled at SFA in fall 2018.

Q: From where do SFA students hail?
A: Lumberjacks come from Texas and 40 other states, plus 50 foreign countries.

Q: What is the student-to-faculty ratio?
A: The ratio is 18:1.

Q: How many faculty and staff does SFA employ?
A: SFA employs approximately 1,700 faculty and staff. Your student is surrounded by Lumberjacks who are dedicated to helping your student succeed.

Q: Is SFA expensive?
A: The annual tuition and fees at SFA are comparable to the statewide annual average tuition and fees for Texas public universities. SFA also offers hundreds of scholarships to deserving students each year to help them pay for their education.

Q: How big is the campus?
A: SFA’s main campus includes 422 acres, part of the original homestead of Thomas J. Rusk, an early Texas patriot and U.S. senator. In addition, the university maintains a 642-acre agricultural and research center, an 18.7-acre experimental forest, and a 25.3-acre forestry field station.

HELPING YOUR STUDENT MAKE THE TRANSITION

The transition to college often is a life-changing and sometimes overwhelming experience. Support from parents, other family members and friends is crucial in helping your new college student make the adjustment.

During the months ahead, there will be highs and lows. Some of the things you should keep in mind during the upcoming academic year include

AUGUST: Overall excitement, homesickness, roommate issues, abuse of freedom, multiple calls or visits home

SEPTEMBER: Exams usually begin, Family Weekend hosted by Residence Life and Orientation Programs, opportunities to join a new student organization or sports club

OCTOBER: Midterm grades, consequences of bad study habits, struggles with personal decision-making regarding schoolwork, making friends, fitting in, etc.

NOVEMBER: Exams and papers are due, apprehension and excitement about going home for the holidays, course registration for the next semester begins

DECEMBER: Mixed feelings about going home for the winter break, studying for final exams, anticipation of final grades

JANUARY: Beginning of a new semester, consequences of fall semester performance may cause anxiety, students must make the necessary adjustments

FEBRUARY: Some homesickness isn’t unusual, anticipating spring break

MARCH: Spring break, making choices for the next academic year, changing majors and minors, midterms, summer employment and internship opportunities

APRIL: End of the semester is quickly approaching, final push to complete projects, finally adjusting to the college transition

MAY: Final exams, last-minute summer planning, deciding to remain for summer classes or head home, anticipation of missing college friends

The first few weeks or months of college may be a difficult time for your student. Transitioning from high school to college is a big change. Be supportive, and reassuring your student that it will get better.
TAKE NOTE
College is definitely different than high school. With more freedom comes more responsibility, and you as parents and family members will not be as easily accessible to help your student “make the grade.” Some differences between high school and college are detailed below:

<table>
<thead>
<tr>
<th>HIGH SCHOOL</th>
<th>COLLEGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance is required</td>
<td>Few professors require attendance</td>
</tr>
<tr>
<td>Teachers remind students about homework and tests</td>
<td>More independent work is expected</td>
</tr>
<tr>
<td>Studying load is light (about an hour per night)</td>
<td>Studying is key to success</td>
</tr>
<tr>
<td>Students’ lives are filled with activities</td>
<td>Involvement opportunities can be overwhelming</td>
</tr>
<tr>
<td>Teachers provide grade reports</td>
<td>Students keep up with their own grades</td>
</tr>
<tr>
<td>Class expectations are discussed in detail</td>
<td>Course syllabus is a contractual agreement</td>
</tr>
<tr>
<td>School is open and staffed during set times</td>
<td>Instructors have specific office hours</td>
</tr>
</tbody>
</table>

WHAT IS THE BEST WAY TO GET LETTERS AND PACKAGES?

SFA has its own post office located in the Baker Pattillo Student Center. Post box information is included in the student Orientation folders, and box number and combination information can be accessed through mySFA. Contact the post office at (936) 468-2307 for more information. The post office at SFA is open 8 a.m. to 5 p.m. Monday through Friday.

To send letters, parcels or packages to your student, all mail should be addressed to the student’s post office box and should include the university street address (1936 North St.). This address will work for USPS, UPS and FedEx. For example:

Name: Jane Doe
Address Line 1: 1936 North St.
Address Line 2: SFA Station P.O. Box ####
City, State, Zip: Nacogdoches, TX 75962

Most college students know what time mail arrives and watch their mail slot closely each day. Even if it is just an old picture of them or a short note saying how proud you are of them, send something and put a smile on the face of the student you love.
**WHAT SHOULD STUDENTS BRING?**

Below are a few basics that will help your student plan for living in a residence hall during the upcoming semester:

<table>
<thead>
<tr>
<th>RESIDENCE HALL ROOM:</th>
<th>CLOTHING:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alarm clock</td>
<td>Formal clothes (for presentations, student organization dinners, etc.)</td>
</tr>
<tr>
<td>Electric fan</td>
<td>Jacket/sweater/hoodie</td>
</tr>
<tr>
<td>Pictures/posters</td>
<td>Swimsuit</td>
</tr>
<tr>
<td>Under-bed storage containers</td>
<td>Workout gear</td>
</tr>
<tr>
<td>TV and DVD player</td>
<td>Rain boots, umbrella</td>
</tr>
<tr>
<td>Video game console</td>
<td></td>
</tr>
<tr>
<td>Coffee pot/Keurig</td>
<td></td>
</tr>
<tr>
<td>Phone and laptop chargers</td>
<td></td>
</tr>
<tr>
<td>Desk lamp and light bulbs</td>
<td></td>
</tr>
<tr>
<td>Batteries</td>
<td></td>
</tr>
<tr>
<td>Surge protectors</td>
<td></td>
</tr>
</tbody>
</table>

**BED:** Your student’s bed is twin size (twin extra-long in Lumberjack Landing, Lumberjack Lodge and Steen Hall).

- Sheets, mattress pad
- Blankets/comforter
- Pillows, pillow cases

**LAUNDRY:**

All residence halls have free laundry centers.

- Clothes hamper/laundry bag
- Detergent, stain removers
- Hangers, iron and ironing board

**CLEANING SUPPLIES:**

- All-purpose cleaner/wipes

**BATHROOM:**

- Towels, washcloths
- Hair products
- Toothbrush, toothpaste
- Shower caddy, shower shoes

**OFFICIAL DOCUMENTS:**

- Driver’s license
- Debit card
- Health insurance card
- Emergency contact information
- Social Security card*
- Birth certificate*

*Please advise your student to put items in a secure place.

**MEDICAL:**

- Antibiotic cream
- Bandages
- Allergy medication
- Cotton balls, cotton swabs
- Eye drops, Advil, aspirin, Tylenol

**COMPUTER-RELATED ITEMS:**

- USB drive and hub
- Ethernet cord
- Printer

---

*Check out SFA’s Pinterest page @SFALumberjacks for decorating ideas for your student’s room.*

*Don’t be alarmed if your student considers changing majors. It’s common for students to change their major at least once.*
PAYING FOR COLLEGE

The SFA Office of Student Financial Assistance can provide you and your student with the necessary information to apply for financial assistance, whether that be scholarships, grants and/or loans.

In order to be considered for financial assistance, your student will be required to complete the Free Application for Federal Student Aid. Here’s what to do:

- Apply as early as possible by logging on to fafsa.ed.gov.
- Student and/or parent must electronically sign the FAFSA. Missing signatures will delay processing.
- Verify all responses for accuracy.
- Print yourself a copy.
- If selected for the “verification” process, be prepared to contact the IRS for a copy of your tax transcripts.

Remember — if your student received a scholarship from high school or another organization, SFA must be notified to help determine an accurate financial aid award. Complete the electronic resources request to notify SFA of pending scholarship amounts and the entity the scholarship is from.

SFA Scholarships

SFA offers hundreds of scholarships each year to both new and returning students. To be considered, students must fill out the general scholarship application through mySFA, the university’s intranet web portal. The application is available starting Sept. 1 each year, and the deadline for submission is Feb. 1. Scholarships are offered on such criteria as academic major, co-curricular activities and talent. For more information on scholarships, log on to sfasu.edu/faid/scholarships.asp.

Additional Information about Financial Aid

SFA offers a number of services through its financial aid office, including short-term loans, summer aid and study abroad assistance. A net price calculator also is available and is intended to provide students with useful consumer information regarding college costs after financial aid is taken into consideration. For more information regarding financial aid and the services SFA provides, visit sfasu.edu/faid.

Business Office

The Business Office, located on the second floor of the Austin Building, is where students pay their tuition and post other payments to student accounts. Additionally, student IDs are validated here, and checks may be cashed up to $50. This also is the location to initiate refunds and cash advances through BankMobile®. If you have questions about an eBill or other payment-related inquiries, call the Business Office at (936) 468-6960.

Talk about financial responsibility with your student. Mutually understood budgets will help your student with spending and saving expectations.
ACADEMIC SUPPORT PROGRAMS

Academic Advising Center for Undecided Majors

Don’t worry if your student hasn’t selected a major just yet. Many first-year students enter college still unsure of their area of study. Once your student has completed 45 hours of course credit, a major must be declared. Advisors in the Academic Advising Center, located on the second floor of Steen Library, will work with your student to help explore majors and select courses each semester while deciding.

Additionally, an Undergraduate Bulletin that details all majors and areas of study offered at SFA and the courses required to complete each one is available online. It’s a great resource to help students become even more familiar with all the academic opportunities at SFA. It can be accessed at catalog.sfasu.edu.

Tutoring Facilities

Many students need extra help with college-level courses. At SFA, special tutoring facilities provide access to tutors who can help your student.

- **Academic Assistance and Resource Center:** An award-winning program located in the library, SFA’s AARC offers free peer tutoring, an online writing lab and supplemental instruction in most lower-division, core-curriculum and high-risk courses. Weekly appointments and walk-in tables make it easy for your student to get any needed academic help.

- **Ed and Gwen Cole Student Success Center:** Housed inside Lumberjack Landing, this facility is an extension of the AARC and is open to all SFA students. It offers tutoring and a computer lab.

Ralph W. Steen Library

The Steen Library is the facility to help your student make the grade. It houses books, periodicals, maps, databases, computer labs and more. In addition, each of SFA’s six colleges has its own librarian who is especially knowledgeable in the college’s subject areas.

SFA’s iCare Early Alerts

The iCare Early Alert program is a unique, integrative approach to academic and behavior intervention on campus. The program, administered through the Office of Student Rights and Responsibilities, is a collaborative response between academics and student affairs to target resources to help improve students’ ability to succeed. The three early intervention tracks consist of behavioral/medical, attendance issues and academic performance. Faculty members can submit early alerts through the advising system that is linked to their classes.

- **Behavioral Track:** If a student demonstrates a primarily behavioral issue that is sufficiently concerning, a referral is sent to the staff members in the Office of Student Rights and Responsibilities who may, at their discretion, refer the student to the behavioral intervention team. Issues that are more minor in nature can be referred to another appropriate resource, such as counseling and disability services, or handled through the student conduct process.

- **Attendance Track:** Attendance issues are referred to a student’s advisor, who works with Residence Life and other program members to reach out to the student for an informal check in. Because attendance issues may be part of a larger problem, students may be

CAMPUS SAFETY

SFA’s University Police Department employs Texas commissioned peace officers who patrol the campus 24/7. Some of the services DPS provides are:

- **Emergency call boxes:** Located throughout campus, the boxes are bright yellow and labeled “Police.” Operation is easy, and the call goes directly to the DPS communication center.

- **Police escorts:** Between dusk and daylight, DPS provides police escorts to any member of the Lumberjack family between campus locations. Just use the call box to request one or call (936) 468-2608. An evening shuttle bus also operates from 5 p.m. to 1 a.m. Sunday through Thursday that runs a circular route through campus.

- **Vehicle assistance:** DPS can provide help to students having difficulty starting their vehicle or retrieving keys locked inside a vehicle.

- **Jack Alerts:** SFA provides a notification system whereby members of the campus community can receive timely notifications concerning emergencies that may affect them. Notifications are sent through text message, voice call, email, Facebook and Twitter. The system is in compliance with the Clery Act. Registration takes place through mySFA by clicking on “Sign Up for Campus Alerts.”

- **Lumberjack Guardian:** A mobile app that provides enhanced campus safety through real-time interactive features that create a virtual safety network of friends, family and the SFA University Police Department. Features in the app include a panic button, tip texting, personal guardians, a safety timer and a safety profile to include medical conditions.

- **Training programs:** Personal safety training, including defense and alcohol and drug awareness, are offered through DPS. Contact them at (936) 468-2265, or visit...
sent to either the behavioral or academic performance track advisors.

- **Academic Performance Track**: If SFA students are performing poorly in class, they are referred to the AARC and made aware of the numerous resources available to them. If poor academic performance may be related to a disability, the student may be referred to Disability Services. Academic advising and the Center for Career and Professional Development referrals may be made if students are considering (or should be) changing majors, or if they may benefit from career guidance.

**SFA 101: Freshman Success Program**

Students who take SFA 101 earn higher grades on average than those who don’t. SFA 101 is a specially designed semester-long program that teaches your student how to be successful in college. Some of the topics include:

- academic integrity
- campus services and opportunities
- classroom learning strategies
- time-management skills
- working with professors
- how to get involved
- financial literacy and more!

SFA-savvy instructors and student instructors who have already progressed to their junior or senior year teach the course and can provide valuable assistance. Encourage your student to take advantage of SFA 101.

**School of Honors**

The School of Honors provides exceptional intellectual challenge and stimulation for academically talented students. Members benefit from honors coursework, early registration, unique scholarship opportunities and a designated computer lab. The school provides a variety of opportunities for students who want to make the most of their college experience. Students can build global awareness through study abroad opportunities, present their work at national conferences and live with other high-achieving students in Wisely Hall or Lumberjack Landing where academically talented students thrive through engagement and networking. Twenty-four quiet hours a day are enforced, so students can concentrate on their studies.

Encourage your student to become involved in at least one or two student organizations or activities. Studies show that students who are involved tend to have higher GPAs and remain in college.

Encourage your student to get to know a diverse group of people; not just in terms of ethnicity, but also in background, hometown, etc.

**A note about crime prevention …**

Students can help avoid becoming victims by following a few simple actions:

- Lock the residence even for short trips down the hall.
- Do not leave valuables in the open.
- Engrave valuables with a driver’s license number.
- Record the serial numbers and brand names of property (view information about property registration on mySFA).
- Require identification before admitting unfamiliar people into a residence.
- Remain on lighted walkways and/or use the police escort service at night.

**sfasu.edu/dps** for a complete list of programs and sign-up information.

- **Eyewitness text tip**: This service provides a way for the SFA community to report crimes anonymously. Just send a text to 67283. Begin the message with SFASUTIP.
- **Automated external defibrillators**: Located throughout campus, these devices provide instructions when opened.

Remind your student that in case of an emergency, dial 911 from any campus phone, or call DPS at (936) 468-2608. To view SFA’s Annual Security and Fire Safety Report, access sfasu.edu/dps. To receive the report by mail, call (936) 468-2252.
PARKING AND TRAFFIC
Students, faculty and staff who park on campus must purchase a parking permit. Student parking lot assignment is based on residence hall location. Parking permits for cars and trucks are hangtags, and motorcycles use decals.

Helpful information:
- Parking permits can be purchased online through the parking portal in the student’s mySFA account.
- Parking rules are enforced 24 hours a day, even when classes are not in session.
- Students should only park in designated areas for their particular permit type and properly display the permit.
- Report lost/stolen permits immediately.
- If your student receives a citation, it should not be ignored. Vehicles with three or more citations are boot eligible. Students who receive 10 or more citations in an academic year may lose their parking privilege for a year.
- There is a 10-day appeal period for citations.
- Students who switch cars during the semester should move the hangtag to the new vehicle.
- Visitor parking spaces require a permit obtained at either the Parking and Traffic Office or the information booth on Vista Drive.
- A person temporarily disabled due to illness or injury may obtain a temporary permit valid for up to one week. Contact the Parking and Traffic Office for more information.

JACK TRACK SHUTTLE SERVICE
If your student doesn’t have access to an automobile, don’t worry. Movement around campus will still be easy. SFA operates the Jack Track shuttle service. It’s free for all currently enrolled SFA students.

During the fall and spring semesters when classes are in session, shuttle buses travel around the campus and stop at high-traffic areas. Jack Track is safe, convenient and reliable. Just tell your student to wait at one of the bus stops, and a bus will be by shortly. For schedules and routes, visit sfasu.edu/jacktrack.

STUDENT SERVICES AND RESOURCES
Barnes & Noble Bookstore
The Barnes & Noble Bookstore can fill your student’s textbook and school supply needs. Students can select from both new and used textbooks. Be sure to have your student order textbooks early to have the best opportunity to purchase used (and often less expensive) textbooks, which can be ordered online at sfasu.bncollege.com.

SFA Dining Services
SFA’s Dining Services provides customer-oriented eateries featuring varied menu choices. Dining locations include two all-you-care-to-eat buffets, one in the Baker Pattillo Student Center and the other in the East College Dining Hall. The student center also features additional offerings such as Chick-fil-A, Panda Express and Starbucks. A C-Store, which is similar to a convenience store, also is available for grab-and-go items, such as food, beverages and household items.

Einstein Bros. Bagels, located at the entrance to the library, serves coffee, fresh-baked goods and sandwiches. In addition, SFA has its own dietitian who can help your student select healthy choices. The dietitian’s services are free to SFA meal plan holders. For more information, visit sfasu.campusdish.com.

Campus Technology and Computer Resources
SFA’s Technical Support Center can take care of your student’s technological needs — everything from computer recommendations to virus and spyware protection. All campus residence halls have high-speed internet connections, and there are more than 20 computer labs and approximately 800 workstations located throughout the campus.

The university’s intranet portal, mySFA, provides access to student email, course registration, grades, transcripts and academic calendars. Your student’s mySFA account is created upon acceptance to the university. The account name and PIN are mailed to the address on record.

Family Weekend is Sept. 20 to 22!
2019-20 Parent and Family Member Guide / Stephen F. Austin State University

STUDENT AFFAIRS FOR SUPPORT SERVICES
Student Affairs for Support Services includes the following areas: Center for Career and Professional Development, Counseling Services, Disability Services, Testing Services, Health Services, and student rights and responsibilities. Staff members assist students in managing their transition into and through college by helping them develop a positive self-image, discover personal and academic goals, and plan for the future.

- **Center for Career and Professional Development:** The center helps your student with all aspects of career development. Staff members work to enhance employability by helping your student develop a professional brand through assistance with résumé preparation, interview techniques, and internship and job-search strategies. Career coaching can help your student gain an increased knowledge of self as it relates to the world of work by highlighting connections between academic majors and career opportunities. Encourage your student to take a proactive approach to future plans by utilizing the center’s tools. All services are free to current students and alumni.

- **Counseling Services:** At times, students encounter problems that can potentially affect their ability to academically succeed. Counseling Services provides licensed professional counselors who provide services on a confidential basis. They help students with academic and personal development obstacles and assist students with mental health problems. They also can provide crisis counseling. Most services are short-term, but counselors can assist with a referral if more intensive assistance is needed.

- **Disability Services:** SFA is committed to providing equal opportunities in higher education to academically qualified students with disabilities. Disability Services works collaboratively with the student to facilitate specialized support services that meet individual disability-related needs. Students with disabilities are legally entitled to request accommodations at any time during the semester.

- **Health Services:** SFA’s Health Services is partially funded through student service fees. These fees cover the deductibles and co-pays required by your insurance that you would normally pay the doctor. The clinic’s staff members bill the insurance company, but do not bill you or your student provided the insurance coverage is current. If a student is uninsured, there is no charge for basic office visits. Students covered by health insurance should have a copy of the front and back of their insurance card.

- **Lumberjacks Care:** There are several ways to learn more about preventing all forms of sexual misconduct. All incoming students are required to complete an online training covering the response and prevention of sexual violence and substance use on campus. In addition, there is a variety of trainings, as well as community events, focusing on awareness and bystander intervention. More information can be found at sfasu.edu/lumberjacks-care.

- **Office of Student Rights and Responsibilities:** Students who experience temporary limiting conditions may visit this office to obtain help in locating services and assistance vital to their continued academic success. Staff members will work with your student to determine individual needs and identify assistance from campus resources. They also help guide student conduct in a manner that provides a foundation for success.

- **Testing Services:** If your student needs to take tests, such as the TSI Assessment Exam, Elementary Education Admissions Test, Graduate Management Admissions Test or others, an appointment must be made with Testing Services at (936) 468-3958. Some tests require a proctoring fee.

Smile. You should be the biggest cheerleader for your college student. Students moving away from home need a confident smile to reassure them that they are doing the right thing. Of course, parents will miss them, but this is a very jubilant, yet apprehensive, moment in the students’ lives.

Remember that it’s absolutely OK to visit your student, but avoid surprises. Your student’s schedule will be filled with homework, jobs and social activities.
STUDENT AFFAIRS PROGRAMS

The Office of Student Affairs Programs is dedicated to student involvement, diversity and inclusion, engagement and fun! From bonfires and concerts to leadership development and volunteerism, college is a time to learn about oneself, as well as develop lifelong friends and interests.

Some of the programs offered include:

• **Student Engagement Programs**: Home to the Student Activities Association, SFA Traditions Council, Leadership Programs, Homecoming and Jack Camp, among others. The Office of Student Engagement Programs offers more than 150 events annually, including concerts, movie series, and interactive games and events designed to promote school spirit.

• **Jack Camp**: Your student can get a head start on discovering all SFA has to offer by attending Jack Camp during the summer. This three-day optional extended Orientation program exposes incoming students to what life at SFA will be like. Participants make friends, interact with student leaders and begin to settle in to college life. Visit sfasu.edu/jackcamp to learn more.

• **Involvement Center/Student Organizations**: With more than 200 student organizations, your student will have lots of opportunities to get involved. Staff members at the Involvement Center, located in both the student center and Steen Hall, advise new students and help find an area that interests them. In addition, students can receive information about fraternities and sororities and how to become a member.

• **Greek Life**: Greek Life provides students with opportunities for personal growth and the development of interpersonal skills. Students have the opportunity to grow in a supportive atmosphere where they learn new skills to enrich their life experience and prepare them for career challenges and fulfilling relationships. Joining a fraternity or sorority is a lifetime commitment that benefits students now and in the future. SFA's Greek community includes more than 30 fraternities/sororities housed within four councils: Interfraternity, Multicultural Greek, Panhellenic and National Pan-Hellenic.

• **Leadership and Service**: Your student will have an opportunity to hone leadership skills at SFA by taking part in leadership and service programs. Some of the opportunities for leaders include the Freshman Leadership Academy, Omicron Delta Kappa Leadership Honor Society, The Big Event, Alternative Breaks and SFA Dance Marathon.

• **Spirit Teams**: Home to 30 national championships since 1993, SFA's spirit teams comprise Large Coed Cheer, Small Coed Cheer, All-Girl Cheer, Dance Teams and Mascots, and the Purple Haze Association.

• **Office of Multicultural Affairs**: This office promotes generally under-represented populations and provides cultural awareness. The office hosts the Tunnel of Oppression, Black History Month, Diversity Week, Women's Empowerment Summit, Hispanic Heritage Month and other events.

• **Orientation Programs**: Incoming freshmen and transfer students take part in sessions hosted by this office that help integrate them into the SFA community. Orientation Programs' staff members coordinate SFA Weeks of Welcome and recruit students to take part in an exceptional training process to become Lumberjack Orientation and Weeks of Welcome leaders.

• **Veterans Resource Center**: The VRC provides a space for veterans to gather, socialize and form relationships with other veterans that can provide networks of support and lead to feelings of inclusion at SFA. The VRC also is the hub for veterans programming that includes connecting student veterans to faculty veterans, as well as providing access to veterans' resources provided by the university and outside agencies.

• **Additional Programs and Services**: The Office of Student Affairs Programs also advises the SFA Student Government Association, Jack Student Organizations Resource Center and SFA's civic engagement programs.

UNIVERSITY-SPONSORED ORGANIZATIONS

• **Residence Hall Association**: An organization that passes legislation affecting the residents, sponsors campus-wide events and brings all students living in the residence halls together. Every student living in a residence hall is automatically an RHA member. Each hall has its own government system with officers and representatives. RHA programs include Family Weekend, Casino Night, Holiday Extravaganza, Best Week Ever and more.

• **Family Weekend** – Family Weekend is one of the largest events on campus for students and their family members. Hosted by Residence Life and Orientation Programs, Family Weekend takes place each fall semester and invites parents and families to take part in their student’s experience on campus. The weekend includes a variety of events such as a welcome ceremony hosted by university administrators, campus tours, dinner, tailgate, entertainment and a Lumberjack football game. For information on dates and activities, access sfasu.edu/life-at-sfa/family-weekend.

• **Lumberjack Cultural Association** is the university-sponsored organization within the Office of Multicultural Affairs. The purpose of LCA is to efficiently and effectively provide a variety of diverse, social, recreational, cultural, entertaining
and educational programs that enhance the SFA community in an aspect of diversity and multiculturalism. Some programs that LCA hosts are Tunnel of Oppression, The Chocolate Affair and a variety of other programming during Diversity Week and throughout the year.

- **Student Government Association:** SGA serves as the voice of SFA students. SGA is made up of and administered entirely by students with representation from every college and undergraduate classification.

- **Purple Haze Association:** The Purple Haze Association, a student-led association dedicated to preserving Lumberjack spirit and pride, is loud and proud! Members attend sporting events and sit in a special reserved section wearing purple. They also are responsible for coordinating and leading Jacks Charge, Holler @ Homer and the Jackhammers.

- **Student Activities Association:** SAA is the largest student-run programming board at SFA. SAA contributes to campus life by providing social, cultural, educational and recreational entertainment opportunities for students.

- **SFA Traditions Council:** Traditions Council is the organization responsible for promoting and preserving the university’s history and traditions. Members of the Traditions Council host events and spirit rallies that showcase SFA traditions throughout the year, including SFA Homecoming.

**SFA ATHLETICS**

A member of the Southland Conference and NCAA Division I Athletics, SFA offers men’s and women’s athletics, including football, basketball, volleyball, beach volleyball, track and field, cross-country, bowling, golf, baseball, softball, soccer and tennis. For a complete listing of SFA athletic teams, rosters and schedules, visit sfajacks.com.

**SFA ALUMNI ASSOCIATION**

The SFA Alumni Association supports current students and graduates with events, programs and networks during school and post-graduation. Students can join the Tomorrow’s Alumni Generation program as a member of the alumni association. Students may enjoy association benefits and extra discounts and perks.

The official SFA class ring is purchased through the association after a student completes 60 hours. Senior Send-Off is an exciting event that celebrates graduation with an opportunity to join the alumni association as an official graduate of SFA. For more information, visit the association’s website at sfaalumni.com.

**PARENTS FUND**

Gifts from SFA parents change young lives forever. Without generous extended family, many SFA students would never realize their dream of a college education. For information about contributing to SFA’s Parents Fund, call (800) 319-9517, or log on to givesf.asfasu.edu.

**FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT**

The FERPA is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children’s education records. These rights transfer to the student at the age of 18 or if the student attends a school beyond the high school level. Students to whom the rights have transferred are “eligible students.” If you would like to obtain more information regarding FERPA, visit www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html.
COMMUNICATION CONNECTION

Topics to discuss with your student on the drive home from Lumberjack Orientation

CAMPUS INVOLVEMENT:
Students who become involved right away are more likely to feel a university connection and are more likely to graduate and spend their free time constructively.

ASK YOUR STUDENT: Which organizations or traditions did you learn about that you are interested in participating in?

ALCOHOL AND DRUGS:
Alcohol is involved in most sexual assaults and violent acts. SFA has a zero-tolerance policy regarding drugs. Any violation of this policy results in automatic suspension.

ASK YOUR STUDENT: What would you do if you were in a situation where there was alcohol? What actions should you take in order to stay safe?
**MAJOR:** Try to give students the freedom to select a major. Parents whose influence is too strong might find that their students are not as committed to the major and often are not successful in working toward it. There are many campus resources offered to help students decide upon a major and future career.

**SAFETY:** SFA’s Jack Track shuttle service helps safely transport students around campus. University police officers provide escorts to safely walk students to locations around campus after dark. Emergency call boxes are located throughout the campus, and by simply pressing a button, students will be directly connected to the University Police Department. Parents also should encourage students to download the Lumberjack Guardian app to mobile devices.

**WELLNESS:** There are many campus resources, including the Student Recreation Center, counseling services and the Student Health Clinic, to help your student stay mentally, emotionally and physically fit.

**COMMUNICATION EXPECTATIONS:** The time spent communicating with your student will likely change as adjustments to college life are made.

**FINANCES:** It is important that you and your student reach an understanding of who will be paying for what during college. Note that early in the semester many students receive what is called a “difference check,” which is the result of receiving more financial aid than the balance amount due. In most cases, the funds are credited to your student’s BankMobile card. Discuss with your student who should retain this card. Often, students will spend these funds and not have enough to pay for spring tuition.

**ASK YOUR STUDENT:** After learning more about SFA’s majors and areas of study during Orientation, are you excited about the major you’ve selected? (If undecided, did you learn about majors and areas of study that might interest you?)

**ASK YOUR STUDENT:** What steps will you take to keep you and your belongings safe?

**ASK YOUR STUDENT:** What steps do you plan to take while at SFA to achieve/maintain your health and well-being?

**DISCUSS** with your student dates and times you would like to set aside to communicate each week.

**ASK YOUR STUDENT:** Do you plan to open a credit card account? How do you plan to pay for your expenses?