2015 Membership and Recruitment Guide
Dear Potential New Member,

Congratulations on becoming a LUMBERJACK!!! We are so excited you chose to attend Stephen F. Austin State University and can’t wait to see what you accomplish during your time at SFA. College will be the best time of your life, so take advantage of every opportunity that comes your way.

Panhellenic Recruitment is a great way to begin your involvement during college.

SFA Panhellenic is composed of five wonderful sororities, all of which excel in academics, philanthropy and becoming leaders on campus. Take advantage of every moment you spend in a house during formal recruitment. Take time to get to know the women in each chapter and find out what makes them unique. Remember to have a positive attitude and an open mind when visiting the chapters. These women will become your mentors, your friends and more importantly, your sisters.

On behalf of the SFA Panhellenic Association, we are so excited to have you join us for Fall recruitment. We hope you make the most of this phenomenal opportunity and we cannot wait to welcome you to our Panhellenic community.

Axe ‘Em Jacks!

Erica Johnson
Panhellenic President

Krista Bojarski
VP of Recruitment

Important Dates

August 28th
PMM Convocation
BPSC Movie Theater 7 p.m.

August 29th
Open House
Sorority Row

August 30th
Round 1 Invitational
Sorority Row

August 31st
Preference Round
Sorority Row

September 1st
Bid Day
BPSC Grand Ballroom 5 p.m.

2015 Panhellenic Executive Council

SISTERHOOD IS POWERFUL

Connect With Us
Facebook: SFA National Panhellenic Council
Instagram: SFA_Panhellenic
Twitter: Panhellenic_SFA
E-Mail: stephanhellenic@gmail.com
Website: www.sfasu.edu/greeklife
Phone: (936) 468-3763

#pictureyourselfpan

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# pictureyourselfpan
Meet Panhellenic Executives

The Panhellenic Association at Stephen F. Austin State University is the coordinating and governing body of the five NPC-affiliated sororities on campus. The council is composed of six executive board members who are elected annually by each chapter’s Panhellenic delegate. The Panhellenic Association strengthens the Greek community and is responsible for promoting scholarship, philanthropy, sisterhood and Lumberjack Spirit for each sorority, as well as the entire Greek community.

- Erica Johnson, President
- Krista Bojarski, VP Recruitment
- Lauren Hamling, VP Judicial
- Brittany Irvine, VP Finance
- Stephanie Segga, VP Programs
- Carley Carpenter, VP Public Relations

Panhellenic CREED

We, as undergraduate members of women’s fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities. We, as fraternity women, stand for service through the development of character inspired by close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.
Greek Terminology

Alumnus: A sorority member who has graduated from college. Some organizations confer alumni status after an initiate has been an active member for four or more years.

Badges: The symbol worn by the initiated member of a Greek letter organization.

Bid: An invitation from a sorority to a woman to become a new member.

Bid Day: An invitation from a sorority to a woman to become a new member. SFA Panhellenic Bid Day is Tuesday, September 1, 2015.

Big Sister: An initiated member of a sorority with whom a member is paired.

Chapter Advisor: An alumna who establishes and maintains a close advisory relationship with a chapter and serves as a teacher, counselor, and friend.

Dues: Those are the membership, philanthropic and other fees paid each semester to local chapter of a sorority in order to be a member in good standing. New member dues average between $1,000 - $2,500.

Initiation: A formal ritual ceremony through which new members become full members of a Greek organization.

Legacy: The daughter or sister (in some groups: a granddaughter, stepdaughter, stepsister) of an initiated member. Legacies are often granted special consideration in the membership recruitment process but never guaranteed membership.

New Member: A student in her first semester of membership in a sorority (before being initiated).

New Member Pin: A pin that designates a new member of a Greek organization.

Philanthropy: The chapter’s specific charitable organization(s) to which they donate money and volunteer hours.

Potential New Member (PNM): A woman going through the recruitment process.

Quota: The number of women each sorority may pledge in a formal recruitment period.

Recruitment: A series of events offering members and potential new members the opportunity to get to know each other. Fall 2015 recruitment is Saturday, August 29 – Tuesday, September 1, 2015.

Ritual: Traditional ceremonies of a chapter.

Rho Gamma: A sorority member who has disaffiliated from her chapter to help PNMs go through recruitment. She will serve as a mentor, counselor and friend.

Sister: An initiated member of a sorority.

Skit: Silence Time: When PNMs and active sorority women are not allowed to communicate either verbally, electronically, etc. outside of Panhellenic recruitment events. Skit silence begins at PNM Convocation on August 26, 2015 and ends at the Bid Day Ceremony on September 1, 2015.

Greek Alphabet

A: Alpha [al-fa]
B: Beta [bet-a]
Gamma [gam-uh]
Delta [del-ta]
Epsilon [eps-il-on]
Zeta [zay-tuh]
Eta [ay-ta]
Theta [the-ta]
Iota [eye-oh-ta]
Kappa [kap-pa]
Lambda [lam-dah]
Mu [mew]
Nu [ヌー]
Xi [zik]
Omicron [om-i-kran]
Pi [pie]
Rho [rho]
Sigma [sig-mah]
Tau [taw]
Upsilon [up-i-lon]
Phi [fie]
Chi [che]
Psi [psi]
Omega [oh-may-gee]

Recruitment Rules & Policies

Stephen F. Austin State University Panhellenic Association Membership Recruitment Guidelines are intended to help guide Panhellenic women and potential new members through the membership selection process and Formal Recruitment week. The guidelines incorporate many of the procedures recommended and/or required by National Panhellenic Conference.

- A woman must be enrolled, full-time undergraduate student at Stephen F. Austin State University to be eligible to participate in formal recruitment activities.

- Potential New Members must register with the Stephen F. Austin State University Panhellenic Association and pay the $75 nonrefundable registration fee in order to participate in Formal Recruitment.

- A Potential New Member should not be in contact with a chapter member, alumna member or anyone acting on the sorority’s behalf beginning at 12:01 a.m. on Friday, August 28th. This includes social media communication.

- Potential New Members found with drugs or drug paraphernalia will be immediately removed from Formal Recruitment and turned into the Office of Student Rights and Responsibilities.

- Potential New Members must abide by the SFA Panhellenic Membership Recruitment Rules as well as the NPC Unanimous Agreements.

- Potential new members participating in Formal Recruitment must wear the nametags provided by SFA Panhellenic during all Formal Recruitment Parties.

- A Potential New Member participating in Formal Recruitment shall not be, nor ever have been, an initiated member of a National Panhellenic Conference organization.

- A woman is ineligible for membership recruitment if she has been a new member of a NPC sorority at Stephen F. Austin State University within the same calendar year.

- A woman shall complete the “Membership Recruitment Acceptance” card immediately following the last preference event she attends. Once a “Membership Recruitment Acceptance” has been signed and submitted, no changes may be made.

- A woman signing a “Membership Recruitment Acceptance” card and receiving a bid at the end of Formal Recruitment shall be bound to the chapter she matched by the agreement for one calendar year at Stephen F. Austin State University.

- Failure to follow any of these rules could result in dismissal from the Formal Recruitment Process.
Recruitment Q&A

What is Recruitment?
Recruitment is the process by which fraternities and sororities on campus introduce themselves to prospective new members. Joining a sorority is a BIG decision and attending all of the recruitment parties will help you decide which organization is right for you. Each day you will attend parties at various sorority houses. As the week progresses, you will attend fewer parties for a longer period of time. This will allow you the opportunity to devote more time to the women in the chapters you feel the strongest connection to.

How do I register for Recruitment?
To register for Panhellenic recruitment please visit www.sfasu.edu/pghelp, click on “Register for Fall 2015 Recruitment.” All women participating in Panhellenic recruitment must have a minimum 2.5 GPA. If you do not have 12 college hours, your high school GPA will determine your eligibility for recruitment. Your GPA will be verified by the Office of Student Engagement. Your registration is not complete until you pay the $75.00 registration fee at the end of the registration form. This fee covers recruitment transportation, t-shirt, snacks and name tags.

What are the benefits of joining a sorority?
Supportive friends, leadership opportunities, philanthropic projects, community service, career opportunities are just a few of the amazing benefits of joining a sorority.

Does Greek Life take up a lot of time?
Greek membership takes up as much time as you are willing to invest. You will have the choice as to what to participate in outside of mandatory chapter events. Greek women have perfected the art of time management by finding the balance between academics, jobs and sorority life.

What if I only want to be in a certain sorority?
Only wanting to be a member of one specific sorority or only considering a few sororities can severely limit a potential new member’s options for membership and can lead to disappointment. Panhellenic discourages choosing a sorority based on stereotypes or others’ opinions. We encourage you to keep an open mind and make a decision that is right for you!

If I am a legacy, is there anything I should know?
It does not hurt nor does it help to be a legacy; it simply notifies our chapters that you have a family member who is a part of a specific organization. Each sorority has its own policy regarding legacies, and it’s up to the discretion of each individual chapter as to whether they are interested in offering membership to a legacy. Likewise, legacies are not obligated to pledge the sorority they are a legacy to.

Do I need to attend every party I am invited to?
YES! The purpose of recruitment is for you to gather as much information as possible about the various sororities so you can make the best decision possible when choosing which chapter to join. If you intentionally miss parties, you could be released from recruitment. Let your Rho Gamma know ASAP if you absolutely cannot attend a party.
THE PANHELLENIC GRADE POINT AVERAGE IS CONSISTENTLY HIGHER THAN THE ALL-CAMPUS WOMEN GPA.

Panhellenic chapters were founded on the principle of exceptional scholarship. Academic achievement is the foundation for our future success, and the SFA Panhellenic community is committed to creating an environment conducive to learning and attaining high academic goals. The Panhellenic grade-point average has been consistently higher than the all-undergraduate women grade point average.

All women participating in SFA Panhellenic recruitment must have a minimum 2.5 GPA (on a 4.0 scale). If you have 12 or more college credit hours, we will defer to your college transcript. If you have fewer or no college credit hours, we will defer to your high school transcript.

All-Panhellenic GPA: 3.04
All-Undergraduate Women GPA: 2.93
Panhellenic Women compared to All-Undergraduate Women GPA: 0.11

It is important to understand each chapter has a grade point average requirement set by its inter/national organization. If your GPA is a 2.5 you may have significantly fewer opportunities. Potential new members who do not meet the minimum academic requirements of a specific chapter are typically released early in the recruitment process. These individual requirements are listed on chapter profile pages later in the booklet.

After accepting membership in a chapter, there are academic requirements for women to stay active in the chapter. The GPA requirements differ from chapter to chapter. Inquiring about academic standards is a wonderful idea for conversations during recruitment.

Each woman must be a full-time student (registered for 12 credit hours) to be considered for one of our five Panhellenic chapters.

2015 Rho Gammas

At the beginning of the recruitment process, you will be assigned a Rho Gamma. A Rho Gamma is a member of one of the five sororities on campus, but during recruitment she has disaffiliated from her chapter and promised not to reveal her sorority affiliation in order to be unbiased in helping Potential New Members find their chapter. But don’t worry, Rho Gammas will return to their chapters at the end of the Panhellenic Bid Day Celebration!

Good to Know

1. There is a fine line between looking your best and going to prom. You want to look nice, but sequins and beads and long formal dresses are a little over the top.

2. Be aware of the temperature and humidity. It’s August, in Texas, so plan for high temperatures with a lot of humidity. Light weight clothes are strongly suggested.

3. The sorority members in the house are as nervous as you are!

4. Do not bring a super nice purse or bag. You will NOT be able to bring ANYTHING into the house. This means you will have to leave all of your belongings at the tent outside of each house.

5. Stay hydrated, drink plenty of water. There will be water and light snacks and mints outside of each house, take advantage of them.

6. USE YOUR RHO GAMMA. They really are there for you to answer any questions or talk to. You are just as important to them as their own sisters.

7. Don’t be discouraged if the house you always wanted doesn’t turn out to be a good fit. Really keep an open mind and trust the process. Everything happens for a reason!
**Zeta Tau Alpha**

**Chapter Name:**
Theta Eta

**National Website:**
www.zetataula.org

**National Founding Date:**
October 15, 1896

**Local Website:**
sfasu.zetataula.org

**Colors:**
Turquoise & Grey

**Length of New Member Program:**
Six to Eight Weeks

**Symbols:**
Crown & Strawberry

**Academic Requirements:**
Study Hours Based on GPA

**Flower:**
White Violet

**High School GPA Required:**
2.5/4.0

**College GPA Required:**
2.5/4.0

**Philanthropy:**
Breast Cancer Awareness & Education

**Recommendation Letters**

A letter of recommendation - also referred to as a "rec" or "reference" - is a recruitment information form that is completed by an alumnus of that sorority. The purpose of a letter of recommendation is to introduce a potential new member to the alumna’s sorority chapter at SFA. Sororities appreciate and use this information to assist in their recruitment selection process. **It is important to know that SFA Panhellenic chapters do not require a letter of recommendation, but gladly accept them.**

Although there is no official deadline for when letters of recommendation must be received, we request all letters be submitted no later than August 1st to ensure they are received prior to the start of Formal Recruitment.

**Mailing Addresses**

- **Alpha Chi Omega**
  Attn: CRIC
  412 North Steen Dr.
  Nacogdoches, Texas 75965
  or submit online [www.alphachiomega.org](http://www.alphachiomega.org)

- **Chi Omega**
  Rebecca Calahan
  2019 Essex Dr.
  Nacogdoches, Texas 75965

- **Delta Zeta**
  Attn: Jordan Allen
  502 North Steen Dr.
  Nacogdoches, Texas 75965
  or submit online [www.deltazeta.org](http://www.deltazeta.org)

- **Delta Delta Delta**
  Attn: Kristen Kistner
  424 North Steen Dr.
  Nacogdoches, Texas 75965

- **Zeta Tau Alpha**
  Attn: Kathryn Jennings
  514 Steen Dr.
  Nacogdoches, Texas 75965

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**Finances**

Financial requirements are an important consideration for women participating in Panhellenic recruitment, so it is important for you to be as informed as possible regarding the costs associated with Greek life. If you accept an invitation to join a Panhellenic sorority, you will enter into a financial agreement and contract for housing and dues during your college years.

Dues and fees vary for each chapter and from year to year. It is important to note that Panhellenic sorority costs may be more expensive the first year due to one-time expenses and fees. It is also important to be aware that some additional costs may arise throughout the year such as T-shirts, party favors and pictures. Chapters may assess additional fees during the year to cover costs for special events or projects.

It is important to consider all of the financial obligations associated with a Panhellenic sorority. We encourage you to ask any questions you might have regarding the potential costs of membership. Members of the SFA Panhellenic community are more than willing to answer your questions at any point during the process.

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**2015-2016 Financial Information**

**New Member Dues**

- **First Semester Range:** $1,000 - $1,500

**Out-of-House Member Dues**

- **Per Semester Range:** $650 - $900
  (Includes Room and Board)

**In-House Member Dues**

- **Per Semester Range:** $#500 - $5,000

Members of Alpha Chi Omega, Delta Delta Delta, Delta Zeta and Zeta Tau Alpha are required to live in the sorority house for a minimum of one year. (This varies by chapter.) Executive officers of all chapters are required to live in the sorority house throughout the duration of their term.

Women must be eligible to move off SFA campus prior to moving into a sorority house. This includes women elected to executive officer positions. Eligibility to live off campus is 60 course credit hours or 21 years of age, whichever comes first.
**Alpha Chi Omega**

- **Chapter Name:** Epsilon Eta
- **National Website:** www.alphachiomega.org
- **National Founding Date:** October 15, 1885
- **Local Website:** http://sfaxo.com
- **Colors:** Scarlet Red & Olive Green
- **Length of New Member Program:** Six to Eight Weeks
- **Symbols:** Golden Lyre
- **Academic Requirements:** Study Hours Based on GPA
- **Flower:** Red Carnation
- **High School GPA Required:** 3.0/4.0
- **Jewel:** Pearl
- **College GPA Required:** 2.85/4.0
- **Philanthropy:** Domestic Violence Awareness

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**Delta Delta Delta**

- **Chapter Name:** Beta Xi
- **National Website:** www.tridelta.org
- **National Founding Date:** November 27, 1886
- **Local Website:** sfasu.tridelta.org
- **Colors:** Blue, Silver & Gold
- **Length of New Member Program:** Eight Weeks
- **Symbols:** Dolphin & Pine Tree
- **Academic Requirements:** Study Hours Based on GPA
- **Flower:** Pansy
- **High School GPA Required:** 3.0/4.0
- **Jewel:** Pearl
- **College GPA Required:** 2.8/4.0
- **Philanthropy:** St. Jude Children’s Research Hospital

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**Chi Omega**

- **Chapter Name:** Epsilon Zeta
- **National Website:** www.chiomega.com
- **National Founding Date:** April 5, 1895
- **Local Website:** chiomegasfasu.com
- **Colors:** Cardinal & Straw
- **Length of New Member Program:** One Semester
- **Symbols:** Owl, Skull & Crossbones
- **Academic Requirements:** Study Hours Based on GPA
- **Flower:** White Carnation
- **High School GPA Required:** 3.2/4.0
- **Jewel:** Pearl & Diamond
- **College GPA Required:** 3.0/4.0
- **Philanthropy:** Make-a-Wish Foundation

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**Delta Zeta**

- **Chapter Name:** Zeta Psi
- **National Website:** www.deltazeta.org
- **National Founding Date:** October 24, 1902
- **Local Website:** deltazetafasu.wix.com/sfadeltazeta
- **Colors:** Rose & Green
- **Length of New Member Program:** Six to Eight Weeks
- **Symbols:** Roman Lamp & Turtle
- **Academic Requirements:** Study Hours Based on GPA
- **Flower:** Pink Kilmeray Rose
- **High School GPA Required:** 2.7/4.0
- **Jewel:** Diamond
- **College GPA Required:** 2.7/4.0
- **Philanthropy:** Starkey Hearing Foundation & Painted Turtle Camp