Physical and Mental Health Resources

BURKE
Burke Mental Health Services
4632 NE Stallings Drive
Nacogdoches, Texas 75965
1-866-242-4556

Burke provides mental health services for children and adults. This includes counseling, skill building, mental health diagnosis and treatment, medication management and crisis intervention.

Accepts most insurance, including Medicaid. Also offers sliding scale on a case by case basis – Prior to visit, contact office to arrange sliding scale and to get more information about costs associated with services.

Intakes occur Tuesday, Wednesday and Thursday from 8:00a – 2:00p (walk-in). The earlier they get there the better – it is best to get there before 8:30. *The family could have to wait for several hours to have the intake completed* Burke can provide a doctor’s note for missing school for the intake. Child must be there to complete and intake (parent cannot come without child if seeking services for child).

Parent must bring:

- Birth Certificate (child’s)
- Social Security Card (child’s – if they have one)
- Insurance Card (child’s – if they have one)
- Picture ID card/Driver’s License (parent’s)
- Parent proof of residence (light bill, lease, etc.)
- Any other documentation that would be helpful to understand situation (Legal Permanent Resident cards, ARD paperwork, discipline referrals, psych assessments, hospital discharge paperwork, Info about current Medications, etc.)

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East Texas Community Health Services
1309 S University Drive
Nacogdoches, Texas 75961
936-560-5668

Eastside Community Clinic services Nacogdoches and the surrounding counties for all their health needs. With services including, but not limited to, General Pediatric & Adult Health Care, OB/GYN Antenatal and Postnatal Care, Medicaid Texas Health Step Physicals, Laboratory Tests, Immunizations, Preventative Health and Screening Tests, and Management of Chronic Illnesses such as asthma, diabetes & high blood pressure, Eastside Community Clinic is here to serve your medical needs.

Monday – Friday: 8am – 5pm

In addition to Eastside Community Clinic’s regular hours, extended hours care will be available Monday –
Friday 2pm-9pm and Saturday 8am–Noon. (Not all services are available during the evenings or on Saturdays)

Call 936-560-5668 for an appointment or just walk-in at 8am or 12:45pm
Wait time for children usually about 1 month.
To apply for eligibility, come to the office and fill out an application and gather documents. Once you have that ready set up an appointment. (Proof of income, proof of address, 2 forms of idea for adults, birth certificates, insurance cards

Dr. Shyam Vyas
3516 Ne Stallings Dr.
Nacogdoches, TX 75965
936-715-9911

Accepts most insurance including Medicaid (Superior and United) for children ages 6 and older.

Will screen for various medical and mental health disorders, including ADHD, and provide medication management.

Head Pediatrics
Dr. Ryan Head
2714 N. University Drive
Suite 100
Nacogdoches, TX 75965
Headpediatrics.com
936-305-5050

Mon – Wed & Fri: 8:00 – 12:00 & 1:00 – 5:00
Thurs: 8:00 – 12:00

Takes most insurances, including Traditional Medicaid and Superior (MRSA).

They offer all services that a pediatrician would officer, including ADHD screenings and ADHD medication management.

No show policy: first 2 missed appointments cost $25 each, after 3rd missed appointment family will be dismissed from practice. They do try to work with families who have issues with transportation or who rely on Medicaid transportation if the family communicates with the practice.

They are currently not accepting new Medicaid patients, but hope to open new patient scheduling for clients with Medicaid in late spring/early summer.
Dr. Wenner  
4710A NE Stallings Drive  
Nacogdoches, TX 75965

Accepts most insurance including Medicaid (Amerigroup and Superior)

They offer all services that a pediatrician would offer, including ADHD screenings and ADHD medication management. They are accepting new Medicaid patients: from ages 0 – 16.

No show policy: If the family misses the new patient appointment the patient and all family members will be dismissed from the practice. After 3 missed regular appointments the patient and all family members will be dismissed from the practice.

Monday – Thursday: 8 – 12 and 1 – 5  
Friday: 8 – 12

Care First Family Medicine and Specialty Clinic (Next to Brookshire Brothers)  
1106 South Street  
Nacogdoches, TX 75964  
936-564-8611

Services  
Care First Clinic provides a full range of medical services for your entire family, including: treatment of minor illnesses and injuries, diagnosis and treatment of common health problems, annual physical examinations, immunizations, well-child care for children, EPSDT checkups and family planning services.

Payment  
Care First Clinic - Nacogdoches accepts several forms of payment. All private insurance, most major credit cards, cash and personal checks are accepted, as well as Medicaid and Medicare. Some public assistance payment programs may even be available through Nacogdoches Memorial Hospital.

Hours of Operation  
Monday - Friday: 8 am – Noon and 1 - 5pm  
Saturdays from 8 a.m. to Noon

Community RX  
1401 S. University Dr.  
Nacogdoches, TX 75961  
936-568-0055

Community RX helps to provide medications for those that don’t have insurance.

To receive services the parent/adult student must bring
  ● Client SS card (so the parent must bring the student’s SS card)  
  ● Picture ID (for a minor, the parent must bring his or her ID)  
  ● and proof income for household

To request services, call 936-568-0055 and Community RX go over eligibility criteria/intake with family.
Hours: Monday – Thursday 9:00am – 12:00pm and 1:00pm – 3:00pm

**M&S Pharmacy**
Regular pharmacy, offers free medication delivery within the loop and outside the loop for $1/mile.
Accepts Medicaid
Ask your doctor to send your prescriptions to M&S

http://www.mandspharmacy.com/#/services/free-delivery

**Brown Family Health Center**
1407 East Main St
936-569-8240

Full service health clinic, they also provide free STD testing, free pregnancy testing, and STD treatment / medicine management, and other chronic illness management. They also do school physicals. They have nurse practitioners, but no Physicians on staff. STD tests and Pregnancy Tests are mobile, they can come to you for free. They also provide prevention services.

Accepts almost all kinds of Medicaid and other insurance. Some services are free, mostly those related to pregnancy and STDs. Sliding scale available for those with no insurance.

To set an appointment, call the number provided. Have insurance information ready.

**Texas Department of State Health Services**
2614 N.W. Stallings Drive, Nacogdoches, Texas 75964
(936) 569-6695
Fax: 936-569-5454

Provide immunizations and TB treatment (or testing if exposed). To receive immunizations, one must bring shot records and a note from school nurse stating what’s needed. Immunizations are $10 for children and $20 for adults. TB treatment has no cost or fees associated. This department cannot deny services, whether a family or individual can pay for services.

**Medicaid Transportation**
1-877-633-8747 (1-877-MED-TRIP)

The Medical Transportation Program sets up non-emergency rides for people who have no other way to get to their Medicaid health-care visits. This includes people with Medicaid, children who get services through the Children with Special Health Care Needs program, and people in the Transportation of Indigent Cancer Patients program. The program does not set up rides in an ambulance, even for non-emergency purposes, but the program can pay back (reimburse) someone who uses their personal car to drive a Medicaid member to and from their Medicaid-related health visit.
How to set up a ride

- To be approved for a ride, you must not have any other way to get to your Medicaid-related health visit. Here are the steps to setting up a ride:
  1. Call us at least 2 work days or more before you need a ride. If you will need to travel a long way out of town to see your doctor, call us at least 5 work days before you need a ride. If you need a ride the same day you call us, we will do everything we can to help, but we can’t promise we will be able to get you a ride.
  2. When you call, you will need to give us the following facts:
     - Your Medicaid ID number, Children with Special Health Care Needs program number, or your Social Security number.
     - The address where we will pick you up. If there is a phone number at the place we are picking you up, we need that too.
     - The name, address and phone number of the doctor or drug store where you need to go.
     - The date and time of your doctor’s visit.
     - If you or your children have any special needs we’ll need to know that so we can send the right type of vehicle. For example, for people who use a wheelchair, we can send a van with a wheelchair ramp.

Counseling / Therapy Services

**THERAPISTS**

*Therapists and Counselors can provide counseling for a variety of issues, usually over an extended time period.*

**Burke: Family Counseling**

(Children 3-17) 1-866-242-4556  
24-hour Crisis Help - 1-800-392-8343  
*Medicaid, Medicare, sliding scale*

**Burke (Adults)**

936-564-6605  
24-hour Crisis Help - 1-800-392-8343  
*Medicaid, Medicare, sliding scale*

**Milstead & Associates**

118 E. Hospital St (Old Mize building)  
Suite 300  
936-615-7927  
[www.milsteadcounseling.com](http://www.milsteadcounseling.com)

*Specialty: LGBTQ, Trans, Eating disorder, self-injury, substance abuse (adults or youth)*

Accepts some private insurance, no Medicaid. If there is someone trans who needs counseling, they will find a way to make it accessible.

**Jerry Wilson, LPC**

Sheryl Wilson, LCSW  
3516 NE Stallings Dr.  
Nacogdoches, TX 75965  
936-569-6562  

*Accepts: Amerigroup, Superior, traditional Medicaid, and United Healthcare*  
Sheryl takes Medicare, & most other insurance

**Crossover Counseling**

3524 NE Stallings Dr.  
Nacogdoches, TX 75965  
936-560-6855  
[www.crossovercounseling.com](http://www.crossovercounseling.com)

*Medicaid (all types), CHIP, Medicare (for adults), & most other insurance. Sliding scale, no SSN needed*

Call to set up an appointment, wait time 2 weeks.

*Spanish-speaking counselor available.*  
Counselors can meet with students at school.

*marital & family, character development, anger, play therapy, parent training, EMDR, trauma, phobias, adoption, foster, abuse, domestic*
violence, chemical dependency, eating disorders

Dogwood Mental Health and Wellness
Angela Cooper, LPC; Sheri Mullican, LPC
412 North Street, Suite B
Nacogdoches, Texas 75961
936-622-0993
info@dogwoodmhw.com
www.dogwoodmhw.com

Accepts Medicare, and other private insurance
Sliding scale available ($50+)

Specialty in substance abuse treatment & trauma.

Brown Family Health Center
1407 E. Main
936-569-8240
Free STD testing, support, and counseling

Family Crisis Center East Texas
Local 24-hour hotline 800-828-7233
Domestic Violence and sexual assault counseling.

First United Methodist Church
Grief Support Group
Led by Dr. Buckingham
First and Third Tuesdays
936-564-8308 / 936-569-6169
Groups last 10 weeks and take place in the Spring, Summer, and Fall. You must participate from the beginning of the session. The group is free, call the Church for more information about when the next session begins.

Ray T. Johnston, LCSW
207 A Blount St
Nacogdoches, TX 75965
936-569-8570
www.rayjohnstoncounseling.com

Medicaid, CHIP, & sliding scale

McCracken Counseling and Associates
1329 S. University Dr. Suite D2
Nacogdoches, TX 75961
936-564-7310
http://joemccrackencounseling.com/

SFASU Counseling Clinic
Human Services Building (corner of E. College and Raguet) Rm 202
936-468-1041
11am-9pm, all year except spring break, Easter break, and Christmas holidays
$5 per session for SFA students
sliding scale ($5-$20) for community

families, couples, individual, personality disorders, play therapy.
Provided by supervised CITs
Sometimes Spanish-speaking counselors available

Spectrum Counseling Associates
Robert Choate, PhD, LPC,
412 North Street, Suite B
Nacogdoches, Texas 75961
936-564-9757
Cash only, offers sliding scale ($35+)
Does not ask for SSN

PSYCHIATRISTS
Psychiatrists can diagnose and prescribe for mental / behavioral health needs

Dr. Buckingham (Adults only)
3516 NE Stallings Drive
Nacogdoches, TX 75965
936-564-9785
Aetna, Signa, UnitedHealthcare

Dr. Middlebrook
3516 NE Stallings Dr.
Nacogdoches, TX 75965
936-560-0818
BCBS & UnitedHealthcare
Ages 5-14

Dr. Vyas
3516 NE Stallings
Nacogdoches, TX 75965
936-715-9911

Superior/Traditional Medicaid, Aetna, BCBS, UnitedHealthcare
Ages 6-17; some adults.
Can diagnose, prescribe, and provide medicine management for many disorders
**PSYCHOLOGISTS**

Psychologists provide specialized testing for psychological and mental disorders

Pineywoods Psychological Services
Sydney Kroll Register
518 E. Hospital Street
936-462-8577
www.pineywoodspsychologicalservices.com

Accepts Medicare. Fares per each test

Raymond Eastman, PhD
209 Blount St.
Nacogdoches, TX 75965
936-560-2889

**SFA Student Success Peer Mentors**

The Student Success Peer Mentors are upperclassmen students who have a passion for assisting other Lumberjacks through their college enrollment. Peer Mentors assist students in navigating the university, learning about co-curricular involvement, and providing support and guidance to each student they serve. The Student Success Center Peer Mentors serve as role models for other students in striving for excellence and upholding The SFA Way.

Contact: Dr. Brittany Fish
Steen Library, Room 203
Phone: 936.468.5803
Fax: 936.468.7611
sscpeermentors@sfasu.edu

**DENTISTS**

Westside Community Clinic
1210 Douglas Rd
936-560-1122
936-560-5413 (East TX Community Health Services on S. University)

Income-based. You must apply for services at the East TX Community Health Services location on S. University. Bring proof of income, proof of residence, and socials and birth certificates for children. Bring proof of Medicaid or other insurance for children. No Medicaid or Medicare accepted for adults, but yes for children. Wait time for dental appointments can be up to 3 months.

Dr. Sidney Fowler
1023 N Mound St
936-564-9401

Accepts Medicaid (traditional, MCNA, regular, DentaQuest) and CHIPS, currently taking new patients. Wait times for new patients about a month.

Dr. Erwin
4736 NE Stallings Dr.
936-560-3646

Accepts Medicaid (DentaQuest, MCNA) and CHIPS. Currently taking new patients, short wait times.
Dr. Jennifer Criss, Pediatric Dentistry
1602 East Starr, #203
936-559-7200

Accepts Medicaid for existing patients, but not currently taking new Medicaid patients. Accepts DentaQuest CHIP but also not taking new patients. Spanish speakers available.

Apex Dental
4610 North St #101
936-560-0900

Matthew Larson
824 N University Dr.
936-564-1972
No Medicaid or other insurances.

Jeff Hancock
1125 N University DR #C
936-564-2005
No Medicaid or CHIPS.

Dr. Steven Puffer
936-564-2439
Does not accept Medicaid or CHIPS

Nacogdoches Dental
4703 NE Stallings Dr.
936-560-0698
No Medicaid.

Dr. Joe Kiesel
1601 E Starr Ave. #C
936-560-2551
No Medicaid.

Dr. Polk
4800 NE Stallings Dr. #102
936-564-2417
No Medicaid.

Dr. Bateman
3205 N University Dr. #B
936-657-0110

Housing Resources

HUD (Housing and Urban Development)
715 Summit St.
936-569-1131

Information on Section 8 vouchers or Project-Based housing. If you need to file a complaint about your housing through HUD, call 817-978-5900. See table below for low-income housing options in Nacogdoches.

Family Crisis Center
Hotline: 1-800-7233
Shelter (Lufkin): 936-639-3550
Nacogdoches Office: 936-569-1018

Emergency shelter for domestic violence and sexual assault cases. The shelter is in Lufkin.

Godtel
1902 Douglass Rd. Nacogdoches, TX
(936) 559-9115 OR (936) 569-7914
Email: godtel@minister.com

Godtel has a homeless shelter, a kitchen and a Christian Help Center available.
The Christian Help Center is open Tuesday, Wednesday and Thursday 9 AM-11 AM. The center has clothes and household items, such as used bedding, kitchen items, furniture and more. All items are free.

The kitchen serves breakfast, lunch and dinner to shelter residents and the public. To stay and eat, one is highly encouraged to stay for worship and ministry.

To check-in to the homeless shelter, one is highly encouraged to bring at least one valid form of ID. Participation in daily bible study and worship at 7 AM and 7 PM and church on Sunday at 7 PM is a requirement to stay at Godtel. Children are sometimes excused due to bus rides and extracurriculars. Unaccompanied minors are not able to stay at Godtel. Accompanied children must stay with a guardian at all times.

### Nacogdoches Housing Information

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Type</th>
<th>Population</th>
<th># units</th>
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<tr>
<td>Arbor Pines Apartments</td>
<td>936-564-5070</td>
<td>3413 E Main St</td>
<td>Tax Credit</td>
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<td>Commonwealth Apartments</td>
<td>936-564-6761</td>
<td>5317 Northway Dr.</td>
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<td>Cypress Ridge Apartments</td>
<td>936-462-7500</td>
<td>2701 Logan Cir</td>
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<td>Eastwood Terrace Apartments</td>
<td>936-569-8533</td>
<td>3001 E J Campbell Blvd</td>
<td>Families</td>
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<td>Godtel Ministries</td>
<td>936-569-7914</td>
<td>1901 Douglas Road</td>
<td>Shelter</td>
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<td>Independence Manor I</td>
<td>936-564-4970</td>
<td>1501 Pruitt Hill Dr.</td>
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<td>Independence Manor II</td>
<td>936-564-4970</td>
<td>1501 Pruitt Hill Dr.</td>
<td>Elderly or Handicapped</td>
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<td>Section 8 Vouchers</td>
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<td>Section 8</td>
<td>Families</td>
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<td>Public Housing (Projects)</td>
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<td>Projects</td>
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<td>Nacogdoches Senior Village</td>
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<td>605 Harris St.</td>
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<td>Northway Landing</td>
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<td>Oakhill Plaza</td>
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<td>Park Estates</td>
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<td>Pine Lake Estates</td>
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<td>2012 Durst St</td>
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<td>Pineywoods Home Team</td>
<td>936-637-7607</td>
<td>1610 S First St. Lufkin, TX</td>
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<td>Town Parc Apartments</td>
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<td>Vista Pines</td>
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<td>Family Crisis Center</td>
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<td>Lufkin, TX</td>
<td>Shelter</td>
<td>Domestic Violence</td>
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</table>

### Financial Resources / Basic Needs

#### General

**211 Texas**  
Questions about local and state assistance programs.  
Dial 211 from home phone  
[https://www.211texas.org/cms/](https://www.211texas.org/cms/)

**Love INC**  
917 Ruby Street  
Nacogdoches, TX 75961  
936-569-8555  
*Financial, clothing, furniture, etc.*  
[www.loveincnac.org](http://www.loveincnac.org)

**Salvation Army**  
118 E. Hospital St, Suite 101  
*Utility bill assistance, emergency prescriptions, clothing, and special needs*  
[www.salvationarmytexas.org](http://www.salvationarmytexas.org)

#### Utilities

**Salvation Army**  
118 E. Hospital St, Suite 101  
*Utility bill assistance, emergency prescriptions, clothing, and special needs*  
[www.salvationarmytexas.org](http://www.salvationarmytexas.org)

**Love INC.**  
917 Ruby Street  
Nacogdoches, TX 75961  
936-569-8555
Financial, clothing, furniture, etc.
www.loveincnac.org

LITE Up Texas
Electricity discount for the summer months (May-September).
1-866-454-8387 or online
https://www.puc.texas.gov/consumer/

Community Action / GETCAP
114 W. Hospital
Nacogdoches, TX 75961
936-564-2491 or 1-800-621-5746
Utility assistance, home weatherization
www.get-cap.org
programinfo@get-cap.org

UTILITY ASSISTANCE:
Can pay for electric and gas bills for up to 8 months in a crisis or if already disconnected.

WEATHERIZATION:
Submit an application via fax, mail, or email. Someone from the office will review it and send a letter of determination to inform them family if they are eligible for the services based on their income and someone will contact them to schedule an energy audit of their home. Normal services usually include attic insulation, caulk around windows, weather stripping but COULD also include removing old, inefficient furnaces, repairing electric AC units (if less than 10 years old) or replacing refrigerators. They try to do as much as they can (going down a list of approved repairs) until they run out of money. Once all repairs have been approved they hire a contractor and the services will be scheduled to begin within 30-60 days. After complete, GETCAP will come to inspect the work and have contractor fix anything that isn’t up to code. These services are all provided at no cost to the family.

*mobile homes can be considered for weatherization services, however, since they are less durable than a traditional structure the services the family may be eligible for may be less than a family living in a house, duplex or apartment would receive. *

If the family rents, they can still make repairs to the home, they just must have the landlord sign an agreement (attached)

Prescriptions

Community RX
1401 S. University
Nacogdoches, TX 75961
936-568-0055
9:00am – 12:00pm and 1:00pm – 3:00pm Mon-Thurs.
Community RX helps to provide medications for those that don’t have insurance. A family of 4 can make as much as $45,000 and still receive help. The family cannot have Medicaid or other health coverage, unless for some reason the insurance will not pay for the medication.

To receive services the parent/adult student must bring
- Client Social Security card (so the parent must bring the student’s SS card)
- Picture ID (for a minor, the parent must bring his or her ID)
- and proof income for household

The type of medication they can get depends on what drug companies can give to them for free. If you have a family needing a certain medication you can have the parent call to ask if they can get it OR the social worker can call and ask. Community RX takes care of all the paperwork between the drug company, doctor and patient.

ADHD medications they support:
- Concerta
- Vyvanse
- Intuniv

Salvation Army
118 E. Hospital St, Suite 101
936-568-0900
Utility bill assistance, emergency prescriptions, clothing, and special needs
www.salvationarmytexas.org

Thrift Stores
These stores can often offer vouchers with a referral for needed basic items free of cost, or they regularly offer items at low cost.

Impact Nac
801 E. Main Street
Hours: 10am - 4pm Mon-Sat
936-205-4405

The Precious Cycle
2512 South Street
Nacogdoches, TX 75964
936-305-5330
Facebook: https://www.facebook.com/thepreciouscyclenac/

Women’s Shelter Store
4610 North Street
Nacogdoches, TX 75965
936-569-1018
Goodwill
503 E. Main Street
Nacogdoches, TX 75961
936-564-4365

Hospice Thrift Store
1012 North Street
Nacogdoches, TX
936-560-9277

Other
Safe Link
www.safelink.com
Free cell phone and minutes
To qualify, you must provide proof that you receive Medicaid, CHIP, SNAP, TANF, Section 8, or Veterans or Survivors Pension Benefit, and you must have a Social Security Number. Fill out the application online or on paper. Only one phone per household.

Food Banks
H.O.P.E. (Helping Other People Eat)
2100 E. Main
936-559-1801
Hours:
  Monday- 9-11:30 am
  Thursday- 9-11:30 am (12:30-1pm produce is available)

Can only come once a month for regular food, and come every Thursday for produce. Bring photo ID and complete the application, they will give you a card which you can use at all the other pantries.

Harvest House
3914 North St (behind Church of Christ)
936-564-2471
Hours:
  Tuesday- 10-12 pm
  Wednesday 4-6 pm
  Thursday 11-1:00 pm (produce)
Can only come once a month except for produce. Can come every 2nd and 4th Thursday for produce. Bring ID and proof of residency in Nacogdoches County.

Sacred Heart Catholic Church
Catholic Charities
2508 Appleby Sand Rd.
936-564-5321
Hours:
  2nd Tuesday of each month
Bring photo ID, which will prove that you live in Nac county.

Azleway Children’s Services
936-205-5641

Call on Mondays between 10am and 2pm to schedule an appointment, which are scheduled on Thursdays. You can come once a month. Bring your ID card from any other pantry, otherwise bring photo ID and fill out application.

Summer Meals for Kids
Free meals for kids under 18 in the summers
https://www.fns.usda.gov/summerfoodrocks

Legal Aid

Lone Star Legal Aid

Family Crisis Center

Fischer & Fischer Immigration Law

Jose Gonzalez (Haglund Law, Immigration Lawyer)
107 West Kerr Lufkin, Texas 75904
(936) 639-0007 (office) / (936) 639-0016 (fax)
contactus@haglundlaw.co

Houston Volunteer Lawyers Program
712 Main, Suite 2700
Houston, Texas 77002
713-228-0735 // 713-228-0732

Office of the Attorney General
2015 N. Stallings Drive, Nacogdoches, Texas 75964

Youth Activities, Mentoring, Etc.

Boys and Girls Club

Glory Gang - Nurse Nita

Solid Foundation

Concerned Black Men of Nacogdoches

Nacogdoches Recreation Center (C.L. Simon Recreation Center)
1112 North St. Nacogdoches, TX 75961
(936) 559-2960
The Rec Center has a gym available to the public for $2/day or $20/month. The Rec Center provides classes and activities for children and adults. The prices, schedules and more information is available online.

Nacogdoches Public Library (Judy B. McDonald)
1112 North St. Nacogdoches, TX 75961
(936) 559-2970

Library provides free classes and activities for adults and children. The schedule and more information is available online.

Little Jacks

NISD

DETCOG Star Program

Maternity/Parenting Resources

Heartbeat Crisis Pregnancy Center
621 Russell Blvd, Nacogdoches, TX 75965
(936) 569-6288

Provide services and resources such as pregnancy testing, limited ultrasounds, medical, legal and adoption agency referrals, maternity home referral, prenatal and parenting classes, “Building Blocks to Good Parenting,” Bible study, “HEART (Healing the Effects of Abortion Related Trauma),” information on sexually transmitted diseases, information on the benefits of abstinence until marriage, information on adoption, information on parenting, information on the risks of abortion.

All services at this agency are free.

The parenting classes are offered to pregnant first-time mothers, and the child’s father is encouraged to attend as well. If the parent can successfully complete the 10-week parenting class, from start to end, with no absences, then the agency will some provide infant items such as clothes and a car seat. This class is offered twice a year.

Clients under the age 17 must bring a guardian to any appointments.
Clients are encouraged to provide a copy of a picture ID.

Nacogdoches Medical Center
4920 NE Stallings Dr. Nacogdoches, TX 75965
(866) 697-5864 (Ask to be transferred to Labor & Delivery)

NMC offers a 4-week childbirth class for expectant parents. This class occurs repeatedly throughout the year. The class meets once a week, for four weeks, at 6 PM, in the Women’s Center 3rd floor classroom. The class is free, you can join at any time, and it is not necessary to pre-register. The classes provide information about Pregnancy, Labor/Delivery, Pain Management, Care of the Newborn, Safety/CPR and Breastfeeding. The 2017 classes begin on May 16, 2017, July 11, 2017, September 12, 2017, and November 14, 2017.

WIC
Putting a child up for adoption

Azleway Children’s Services
936-205-5641
Foster and adoption agency

Buckner Children and Family Services
Christa Oberthier, Maternity Counselor
114. S High Street
Longview, Texas 75601
903-757-9383

Also provides ESL, job skills, computer class, resume writing
Foster care and adoption,
Family pathways Program: single moms with children (must be college student)
Faith and finance class
Summer programs

Employment Resources

Christian Women’s Job Corps

902 S.E. Stallings Dr. Suite #4
(936) 564-2952
www.cwjcnac.org
Rebecca Adams: Program Coordinator rebecca.adams@cwjcnac.org

Application for participation in services is available online and in office.

CWJC is a Christian, private, nonprofit agency that offers Bible studying, job readiness training, one-on-one mentoring, life skills and coping skills. The courses offered include computer skills, job readiness training, resumé writing, interview skills, life skills, coping skills, Biblical foundations, and GED preparation classes. (GED participants must apply first with the Nacogdoches Adult Learning Center and specify that they want to take classes at CWJC)

CWJC courses are 12-week classes, Monday-Friday, in the Fall and Spring. Participants should seldom be tardy or absent, and are expected to dress professionally. Participants should have reliable transportation, but if not, Ms. Adams can sometimes arrange transportation if asked. To participate, one must 18 years of age, drug-free for at least six months and cannot be a registered sex offender. CWJC does background checks and occasional drug-testing. CWJC does offer Summer classes, but they are more limited than Fall and Spring.

Workforce solutions
Address: 235 N University Dr. Nacogdoches, TX 75964
Phone: (936) 560-1441

ADAC (Alcohol and Drug Abuse Council)
Address: 1407 N University Dr. Nacogdoches, TX 75961
Phone: (936) 569-1445

DETCOG Programs
Address: 202 E Pilar St, Nacogdoches, TX 75961
Phone: (936) 559-0844