

**Drug-Free Schools and Communities Act
Biennial Review
September 2014-August 2016**

LUMBERJACKS
MAKE GREAT
CHOICES



Stephen F. Austin State University

Compiled August 2016



This report was conducted by the Drug-Free School and Community Committee and compiled by the Office of the Dean of Student Affairs

Adam Peck, Ph.D., Dean

DRUG-FREE SCHOOLS AND COMMUNITY COMMITTEE MEMBERS

Adam Peck, Ph.D., Dean of Student Affairs/Assistant Vice President University Affairs, Chair

Michael Walker, Ph.D., Assistant Dean of Student Affairs for Support Services

Hollie Smith, Ed.D., Assistant Dean of Student Affairs for Programs

Peggy Scott, Ed.D., Director, Office of Student Rights and Responsibilities

Glenda Herrington, Director, Human Resources

Damon Derrick, General Counsel

Amanda Windham, Director, Office of Student Engagement

Jessica L. Taylor, Student Body President, Student Government Association

A Message from the President of Stephen F. Austin State University



At Stephen F. Austin State University, the success of our students is our highest priority. To that end, SFA is committed to an educational and work environment that is free from alcohol abuse and illegal drugs.

It is also our responsibility to ensure compliance with the Drug-Free Schools and Communities Act (DFSCA) of 1989. This law requires institutions of higher education to establish policies that address

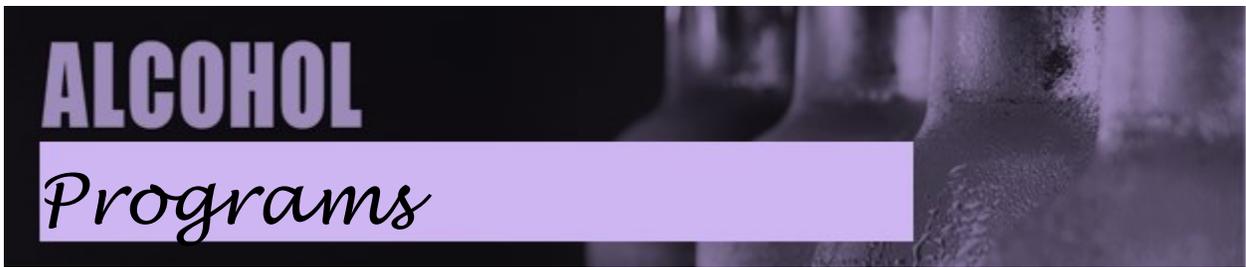
unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program. As part of this process, SFA policies and procedures have been reviewed by the appropriate personnel and revised as necessary to ensure compliance.

This report has been compiled by a team representing areas that are responsible for the enforcement of SFA policies and the development of programs related to alcohol and other drugs. There is also representation from University Police, who enforce the laws of the state of Texas. This team has collected information regarding SFA's ongoing efforts to address these issues on our campus and assessment of our effectiveness in these areas. I am confident that these programs benefit our students.

Sincerely,

A handwritten signature in black ink that reads "Baker Pattillo". The signature is written in a cursive, flowing style.

Baker Pattillo
President



Introduction

Issues related to alcohol and other drugs can significantly inhibit the university in pursuit of its goal. For this reason, it is essential that programs exist to encourage healthy choices for both employees and students. This report details alcohol and other drug efforts in the previous biennium.

University Mission

Stephen F. Austin State University is a comprehensive institution dedicated to excellence in teaching, research, scholarship, creative work, and service. Through the personal attention of our faculty and staff, we engage our students in a learner-centered environment and offer opportunities to prepare for the challenges of living in the global community.

Drug and Alcohol Prevention Programs

Student Activities

A variety of programs related to alcohol and other drugs are produced each year by a variety of departments.

- Jack Camp (our transition camp) skits and small group discussions centered on the dangers of alcohol misuse during a student's first year (August 2015, August 2016)

Driving Jacks

Driving Jacks is a student-run, non-profit organization on the Stephen F. Austin State University campus whose sole purpose is to provide safe, free, confidential, and non-judgmental rides home for both the SFA and Nacogdoches communities.

Driving Jacks operates during the academic year Thursdays, Fridays, and Saturdays from 10:00 pm-3:00 am.

During AY years 2014-2015 and 2015-2016, Driving Jacks provided the following number of rides:

Fall 2014	1,486
Spring 2015	1,568
Fall 2015	1,470
Spring 2016	<u>1,189</u>
Total	5,713

Since its inception in October 2004, Driving Jacks has provided over 28,000 safe rides.

Greek Life

Fraternity and sorority life provides students with opportunities for personal growth and the development of interpersonal skills. SFA has 23 fraternities and 10 sororities. In addition to the programs listed here, most are required to produce alcohol and other drug programming by their national offices.

- Tau Kappa Epsilon hosted Miss Greek, educating participants on dangers of drinking and driving. All proceeds benefited Mothers Against Drunk Driving (2014).
- On September 24, 2014, Delta Delta Delta and Alpha Chi Omega co-hosted an alcohol awareness event featuring speaker Jake Byczkowski. 80% of Panhellenic chapter members and IFC members were in attendance.

Orientation

It is the mission of the Stephen F. Austin Orientation office to provide Orientation programs to all new students and their parents that will aid families in the transition process; that will inform students of the educational opportunities; and that will integrate students and families into the life of Stephen F. Austin State University.

Programs related to alcohol and other drugs include:

- Orientation skits featuring the dangers and consequences of alcohol misuse (August 2014, August 2015).
- The University Affairs Handbook which reports the dangers of drug and alcohol abuse. A printed copy is given to every new student during orientation (August 2014, August 2015).

Student Rights and Responsibilities (OSRR)

The mission of the Stephen F. Austin State University Student Rights and Responsibilities Office is to guide student conduct in a manner that provides a foundation for success, a commitment to responsible citizenship and a desire to make positive lifestyle choices based on the core values of integrity, honesty, accountability, civility and respect.

The Office of Student Rights and Responsibilities contacts and assesses students who have incidents of extreme intoxication. These are referred to as Care and Concern Contacts.

Health Services/Health Clinic

The Department of Health Services/Health Clinic screens for alcohol and other drug abuse and offers students assistance in seeking assistance for alcohol and drug dependence. Additionally, the department conducts required drug tests for intercollegiate athletics, spirit teams and academic programs which require them.

Counseling Services

In keeping with our philosophy of promoting positive mental health and safety, Counseling Services assists SFA students in overcoming obstacles to their personal and academic goals. We accomplish this through individual and group counseling for students and through outreach, presentations, training and consultation for the campus community.

Counseling Services respects and values diversity. We recognize the necessity and benefit of living and learning in a multifaceted society. We are devoted to honoring differences including those represented by gender, ethnicity, race, sexual orientation, gender identity, age, religious beliefs, social/economic class, outward appearance, body size/shape, disability, impairment and political ideology. We commit to upholding this value in our personal lives, as well as in our interactions with clients and other members of the SFA community.

Services provided by Counseling Services may include individual counseling, couple and family counseling (for enrolled students with family member(s)), groups, workshops, outreach presentations, programming, consultation and referrals, and crisis response.

Counseling Services conducted the following presentations related to substance use:

	<u>2014-2015</u>	<u>2015-2016</u>
Sexual Attitudes	20	10
QPR	46	44
Substance Abuse Issues		2

In 2014-2015, at least 91 counseling sessions addressed substance abuse issues. In 2015-2016, at least 92 counseling sessions addressed substance abuse issues

Screening and Brief Intervention Project, January 2015

SFA held “Carnevale di SFA” on January 21, 2015, to provide a source of safe, free entertainment as part of “Weeks of Welcome,” and to attract students under the age of 21 to participate in the Screening and Brief Intervention event as part of Counseling Services’ participation in a project funded by a grant managed by Texans Standing Tall. “Carnevale di SFA” took place in the campus Health and Physical Education gymnasium, and involved inflatable activities, games, food, and prizes. In addition to the activities funded by the TST award, various campus organizations sponsored games and activities as participants in the “Weeks of Welcome”.

- 120 students completed the Alcohol Use Disorders Identification Test and received brief motivational interview interventions for decreasing high-risk drinking behaviors or maintaining low-risk drinking behavior.
- 21 campus and community volunteers were trained in Motivational Interviewing, which could produce long-term benefits in many areas.
- 46 volunteers assisted during the event.

Screening and Brief Intervention Project, March 29 and April 5, 2016

Counseling Services repeated the Screening and Brief Intervention project in the spring of 2016, which was again funded by Texans Standing Tall. For this project, assessment and interviews were conducted in the lobby of a freshman residence hall, and in the Rec Center.

- 157 SFA students completed the Alcohol Use Disorders Identification Test and each received a private Brief Motivational Interview intervention concerning his or her drinking habits.
- 43 volunteers were trained in Brief Motivational Interviewing.

SFA SWAT (Student Wellness Action Team)

Fall 2014 was the first active programming semester of SFA SWAT (Student Wellness Action Team). The mission of the SFA SWAT is to use the power of peer influence to educate and advocate for the wellness of SFA.

The SFA SWAT is a group of peer health educators comprised of undergraduate students from a variety of majors at SFA. The purpose of the program is to train and empower student volunteers and interns to educate about and advocate for healthy alternatives and behaviors on the SFA campus. SWAT members achieve this by organizing and conducting presentations and outreach events, establishing a social media presence, and advocating for health-related policies on the SFA campus.

The objectives of the SFA SWAT are to:

- provide peer educators training in current health-related issues
- develop peer educators' communication skills
- provide peer educators the opportunity to organize special events
- teach the application of theory to influence human health behavior
- demonstrate the effectiveness of positive peer influence in promoting healthy behaviors
- develop peer educators' abilities to work in a team-based environment
- teach environmental prevention strategies in influencing health-related behaviors
- provide opportunities for health advocacy in a community

The SFA SWAT educates about the following collegiate health issues:

- Alcohol, Tobacco and Other Drugs
- Stress Management
- Suicide Prevention
- Sexual Violence Prevention
- Sexual Health
- Bystander Intervention
- Body Image Issues and Eating Disorders
- Health and Wellness

The SFA SWAT is collaboratively overseen by SFA Counseling Services, SFA Campus Recreation, and the SFA Department of Kinesiology and Health Science Health Science Program.

SFA SWAT members are required to read *Beer, Booze, and Books* by Jim Matthews and complete a three day training which focuses on collegiate alcohol abuse prevention, sexual violence prevention, and sexual health issues in order to participate in the program. In AY 2014/2015 SWAT had approximately 25 members. In AY 2015/2016 SWAT had approximately 22 members.

The SFA SWAT facilitates Alcohol Jeopardy for SFA 101 and other academic classes, residence life programs, and student clubs and organizations. During AY 2014/2015 SWAT presented Alcohol Jeopardy to 492 SFA students. During AY 2015/2016 SWAT presented Alcohol Jeopardy to 302 SFA students.

SFA Department of Kinesiology and Health Science Health Science Program Senior Seminar Community Outreach Projects

Health Science Program senior seminar classes were assigned to organize and implement health education outreach projects on campus and in the community. Three of the projects were directly related to alcohol prevention and education.

- **SFA OcSoberFest (October 15, 2014)**
Took place during National Collegiate Alcohol Awareness Week. The purpose of the event was to increase awareness among SFA students about the potential consequences of high risk drinking. Approximately 75 students actively participated in the event.
- **SFA Safe Spring Break (March 11, 2015)**
Students invited community and campus organizations such as Driving Jacks, East Texas Alcohol and Drug Abuse Council, East Texas Family Crisis Center, TxDOT, and the Texas Alcoholic Beverage Commission to educate students about high risk drinking and related behaviors during Spring Break. Approximately 100 students participated in activities taking place during the event.
- **SFA Safe Spring Break (March 9, 2016)**
The event theme was “Play It Safe 2K16” and it took place in the Baker Patillo Student Center and featured organizations such as Health Horizons, East Texas Family Crisis Center, and the East Texas Alcohol and Drug Abuse Council. Students participated in a variety of activities related to high risk drinking prevention including spinning a prize wheel and being asked questions about collegiate alcohol consumption and prevention. Approximately 60 students actively participated.

Residence Life Programs

Residence Hall programming is regularly held to help students understand the consequences of alcohol and other drugs.

Residence Life presentations related to substance use:

AY 2014/2015

Fall	13
Spring	18

AY 2015/2016

Fall	20
Spring	14

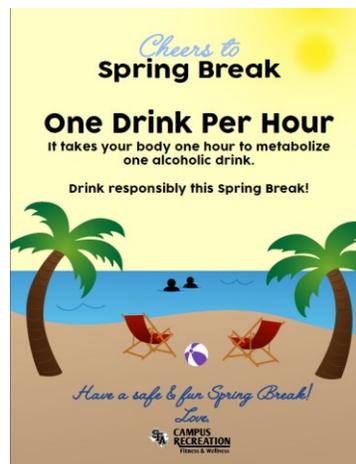
Residence Life Staff Training

The Department of Residence Life employs full-time professional staff and part-time student staff to live in residential facilities in order to provide relevant programming and deal with emergencies. Both are specially trained to manage issues related to alcohol and other drugs. Detailed training is held prior to each fall

and a shorter refresher training with special tracks for new staff is held prior to the spring semester.

Campus Recreation

The mission statement of SFA Campus Recreation is to develop a culture of Lumberjack wellness through excellent facilities and inclusive experiences in adventure, fitness, sport, and play. Campus Recreation programming includes intramural sports, sport clubs, fitness classes and facilities, and wellness education and opportunities. In 2015 the Campus Recreation Fitness and Wellness Coordinator implemented passive wellness education on campus by placing posters addressing various collegiate wellness issues around campus. In February of 2015 the following posters were distributed and hung around campus encouraging students to engage in moderate drinking strategies.



Intercollegiate Athletics

The Athletic Department believes that random drug testing and testing based on reasonable suspicion are appropriate to ensure the health, safety and welfare of our student-athletes, to promote fair competition in intercollegiate athletics, to affirm compliance with applicable rules and regulations on drug and alcohol abuse, to identify student-athletes who are improperly using drugs or alcohol and to assist them before they harm themselves or others. Furthermore, the Athletic Department recognizes its responsibility to provide educational programming that will support a positive decision-making process.

The intent of these policies is to prevent substance use and abuse by student-athletes through education, testing, and professional guidance.

- Education – as part of the NCAA Life Skills Program, SFA provides student-athletes and athletics staff with accurate information about the problems associated with substance use in sport, promoting health and safety in sport on a yearly basis.

- Testing – all SFA student-athletes are eligible for both year round drug testing by SFA and also by the NCAA. SFA selects a random sample from each team (20%) regularly during the school year to test for illegal drugs whereas the NCAA tests for performance enhancing drugs both during the year and at championship events.
- Professional Referral – facilitating appropriate treatment and rehabilitation of student-athletes.

University Police

The Department of Public Safety looks for various ways to help educate our Campus Community. The department offers trainings on a variety of subjects, including a class on “Alcohol and Drug Awareness.”

During AY2014/2015 University Police conducted alcohol and drug presentations for approximately 15 SFA 101 classes and 10 presentations for residence hall students.

During AY2015/2016 University Police conducted alcohol and drug presentations for approximately 15 SFA 101 classes and 10 presentations for residence hall students.

Alcohol Assessment and Education

AlcoholEdu for College is an online alcohol prevention program designed for Population-Level Prevention®. Its personalized approach provides an experience that impacts both individual behavior and campus culture, reducing institutional risk.

In August 2011, a federally funded, independently conducted randomized control trial involving 30 campuses was released, documenting the impact of AlcoholEdu for College in reducing dangerous alcohol use by college students, and reducing alcohol-related harms, such as blackouts, drunk driving, and sexual assaults.

AlcoholEdu offers a confidential, personalized experience for each student.

The course includes:

- Alcohol-related content featuring videos, blogs, IM chats, comics, and more
- Helpful tools, like a Blood Alcohol Concentration (BAC) calculator and map of US laws
- Safe partying strategies and tips for helping a friend

This method creates a learning experience that:

- Motivates behavior change
- Resets unrealistic expectations about the effects of alcohol
- Links choices about drinking to academic and personal success
- Helps students practice safer decision-making
- Engages students to create a healthier campus community

All incoming freshmen under 25 years of age are required to take AlcoholEdu. Those who do not complete the program face conduct charges for non-compliance. The program has two parts. The first is sent to first-time freshmen in July preceding their first long semester and the second part is sent six weeks later. This allows us to track changes occurring within the first critical weeks of college.

AY 2014/2015

- 138 students were referred for campus disciplinary action related to alcohol policy violations.
- There was one arrest for liquor law violation on campus in 2014 (SFA Clery Report, 2014).

AlcoholEdu program was mandated for the incoming first time freshmen.

- 78% (2,625 out of 3,353) of the freshmen class participated in the program
- 48% (1,593) completed all portions of the survey
- Among the 56% (203 students) of high risk drinkers who saw “no need to change the way they drink” before taking AlcoholEdu, 58% (115 students) indicated their readiness to change after completing the course.

AY 2015/2016

- 94 students were referred for campus disciplinary action related to alcohol policy violations.
- There was one arrest for liquor law violations on campus in 2015 (SFA Clery Report, 2015)
- There have been zero arrests for liquor law violations on campus between January and August 2016 (2016 data-to-date, UPD)

AlcoholEdu program was mandated for first time SFA students up to the age of twenty-six during fall 2015. Student Empower Plus (alcohol and sexual violence content) program was mandated for first time SFA students up to the age of twenty-six.

- 93% (3,155 out of 3,376) of first time SFA students participated in the required programs in the fall and spring
- Among the 53% (51 students) of high risk drinkers who saw “no need to change the way they drink” before taking AlcoholEdu, 78% (40 students) indicated their readiness to change after completing the course.

Drug Assessment and Education

The AlcoholEdu program also collected information about illegal drugs. Additionally, students who violate our code of conduct for illicit drugs (marijuana) may, in lieu of suspension, enter a drug education program called, “Jacks Back on TRAC.” In order to be eligible for and remain in the program students must commit to upholding academic and personal standards, including actively participating in a student organization, maintaining a 2.0 GPA or higher, and adhering to all

requirements of the campus code of conduct, including a successful demonstration of discontinued drug use. University Police also offers Drug and Alcohol Awareness training and all new students receive training through orientation programs. The effectiveness of these interventions is outlined below.

AY 2014/2015

- According to data from the Jacks Back on TRAC program, of the 12 students who were involved with Jacks Back on TRAC between 9/1/2014 and 8/31/2015, 10 (83%) successfully completed the program.
- The uniform crime statistics show that seventeen arrests were made for drug violations in 2014 (SFA Clery Report, 2014).
- Sixty students were referred for campus disciplinary action for drug policy violations.
- Among the students who attended Drug and Alcohol Awareness training offered by University Police, 65% “Agreed” or “Strongly Agreed” with the statement, “I am better able to understand and abide by the Student Code of Conduct and the laws of the State of Texas”. (2016 Beyond the Classroom Report).
- Students who attended Jack Camp viewed skits on challenges of college life including using illegal drugs. Students who completed the Jack Camp assessment rated their agreement with the statement, “The skits provided insight to college issues.” The mean score for this item was 4.33/5.0.

AY 2015/2016

- According to data from the Jacks Back on TRAC program, of the 19 students who were/are involved with Jacks Back on TRAC between 9/1/2015 and 8/31/2016, a total of 17 (89%) successfully completed or are on track to successfully complete the program in December 2016.
- The uniform crime statistics show that fourteen arrests were made for drug violations in 2015 (SFA Clery Report, 2015)
- The uniform crime statistics show that four arrests have been made on campus for drug violations from January-August, 2016 (UPD data-to-date, 2016)
- Sixty-three students were referred for campus disciplinary action related to campus drug policy violations.
- Among the students who attended Drug and Alcohol Awareness training offered by University Police, 65% “Agreed” or “Strongly Agreed” with the statement, “I am better able to understand and abide by the Student Code of Conduct and the laws of the State of Texas”. (2015 Beyond the Classroom Report).

Using data collected regarding alcohol and other drugs to improve.

Currently, our drug and alcohol education program is effective. Areas of strength include our educational efforts to new students and our mitigation efforts among students who have violated our policies. The program could be strengthened by

increased educational programming beyond the first year for students who have not violated our code of conduct. These programs should be assessed to determine their effectiveness.

Some areas in which we have used data to improve during the last reporting period are detailed below:

- Each summer, the Dean of Student Affairs speaks at all five of our summer orientation programs. At this event, he reports the percentage of entering students who are “committed non-drinkers” (68%) as reported by AlcoholEdu from the previous year. This helps establish social norming in which students have an accurate picture of the drinking behavior of others.
- When speaking to orientation students, they are told that any student found responsible for a drug violation would be suspended on the first offense. Since we began this in 2011, students arrested or referred to the Office of Students Rights and Responsibilities for drug charges declined from 2011-2013 and remained stable from 2013 to 2016.
- In 2015 AlcoholEdu data showed that 14% of respondents indicated drinking at fraternity and sorority events. This is a significant decrease from the 2013 AlcoholEdu data, which showed that 28% of respondents drank at fraternity and sorority events. After assessing the data from 2013, new Risk Management Procedures were implemented for Off-Campus Events that pertained to all student organizations.
- We spotted a trend of declined participation in our AlcoholEdu program. In 2011, 79% of freshmen participated, in 2012 and 2013, only 65% of students participated. In order to increase student completion rates, the program was moved from the Office of Student Engagement to the Office of Student Rights and Responsibilities. In AY 2014/2015, 78% of required students participated in AlcoholEdu (the previously reported 97% completion rate in the fall of 2014 was the result of an artifact of the training software that reported completions of students who had begun the training, not all students that were required to take the training). In AY 2015/2016, 93% of required students participated in AlcoholEdu (fall) or Student Empower Plus (spring).
- In an attempt to enhance and expand our alcohol and drug education on campus the SFA Student Wellness Action Team (SWAT) was implemented

starting fall 2014. In addition to conducting presentations related to alcohol and other drug use the students promote the availability of these presentations to residence life, academic classes, and student organizations on campus. SFA SWAT has also implemented or participated in several outreach events in campus including Wandering Wellness Wednesdays and Safe Spring Break. They have been a valuable resource in expanding our alcohol and drug prevention programming efforts.

Human Resources

Results of Drug/Alcohol Testing

During FY2014-2015, there were 9 random drug/alcohol tests conducted with no positive results. There were 31 post-accident drug/alcohol tests conducted with 1 positive result. The employee with the positive result resigned their position. There were 12 pre-employment DOT required drug/alcohol tests conducted with no positive results. (The pre-employment test is used for newly hired shuttle bus drivers and they are added to the random testing list.)

During FY2015-2016, there were 12 random drug/alcohol tests conducted with no positive results. There were 22 post accident tests conducted with no positive results.

Other Drug/Alcohol Related Issues

During FY2014-2015 an employee was reported to be under the influence of alcohol at a football game. Later in the semester this same employee was arrested for driving under the influence. Employee was unable to perform duties due to being in jail. The employee was terminated later in the semester for unsatisfactory performance.

During FY2015-2016, one employee was reported to be drinking while at work. The behavior was investigated and was substantiated. The employee was terminated as they had previously gone through a rehabilitation program for the same issue. Another employee was reported to have purchased alcohol during lunch and brought it into the office to store in the office refrigerator. Later that same day, the employee was reported to smell of alcohol. An investigation was conducted and the employee was terminated.

Drug Treatment Options

Drug treatment options are detailed for employees in a document that describes the HealthSelect coverage both in-network and out-of-network benefits. A list of available treatment centers is also provided. (See attached document.)

Procedures for Testing

Procedures for random testing, post-accident testing, and testing for reasonable suspicion are described in SFASU Policy 11.6 which can be found at www.sfasu.edu/policies.