Listed below is a sample of mental health providers local to the Nacogdoches area. There may be other clinicians in your area, which you can find listed in the Yellow Pages (e.g., under “psychologists” or “counseling”), or by using Google. The names listed below are not endorsements.

**Counseling Services** (Provides free counseling to SFA students)
3rd Floor Rusk
Stephen F. Austin State University
P.O. Box 13032, SFA Station
Nacogdoches, Texas 75962
(936) 468-2401
Distance from SFA Baker Pattillo Student Center: On Campus

**Burke** (Local Community Mental Health Agency) (Medicaid/Medicare/Insurance/Sliding fee scale)
Crisis Line:  (936) 639-1141
Mental Health Services Intake:  (936) 634-5010 or (866) 242-4556
Nacogdoches Mental Health Clinic:  (936)-558-6200
3824 N University Dr.
Nacogdoches, TX 75965
*Walk-ins welcome between 8am-3pm (M-F)
Distance from SFA Baker Pattillo Student Center: 2.3 miles

**Alcohol & Drug Abuse Council** (Substance abuse outpatient counseling, inpatient referral) (Insurance/Sliding fee scale)
1407 N. University, Suite B-2
Nacogdoches, TX 75961
(936) 569-1445 (Outreach, screening, and referral) (Tuesday, Wednesday, & Friday)
(936) 569-7678 (Prevention Resource Center) 24-hour phone number: 1-800-445-8562
*Walk-ins welcome M-F
Distance from SFA Baker Pattillo Student Center: 1.6 miles

**Everhealth Lufkin Office** (Psychiatric care-Medication Management) (Blue Cross/Blue Shield and Medicaid)
531 Gaslight Blvd
Lufkin TX, 75904
(936) 229-3621
http://everhealth.net/locations/lufkin-office
Distance from SFA Baker Pattillo Student Center: 27.3 miles

**Dr. Shyam A. Vyas, MD** (Psychiatrist)
3516 NE Stallings Dr.
Nacogdoches, TX 75965
(936) 715-9911
Distance from SFA Baker Pattillo Student Center: 2.4 miles

**Dr. Tom A. Middlebrook, MD** (Child and adolescent psychiatrist)
3516 NE Stallings Dr.
Nacogdoches, TX 75965
(936) 560-0818
Distance from SFA Baker Pattillo Student Center: 2.4 miles

2/24/20
Tall Pines Family Clinic
Rebekah Koch, M.D. (Psychiatry)
10 Medical Center Blvd, Suite C
Lufkin, TX, 75904
936 639-4393
https://www.tallpinesfamilyclinic.com/
Distance from SFA Baker Pattillo Student Center: 23 miles

Sidney Kroll, PhD (Psychologist) (Assessment and Psychotherapy)
Pineywoods Psychological Services
518 E Hospital St.
Nacogdoches, TX 75961
(936) 462-8577
www.pineywoodspyschologicalservices.com
Distance from SFA Baker Pattillo Student Center: 1.7 miles

Sid Epperson Licensed Psychologist (Psychological Assessment-Evaluation)
1214 Ellis Avenue
Lufkin, TX 75904
936 637-0074
Distance from SFA Baker Pattillo Student Center: 23 miles

SFA Counseling Clinic (Provides inexpensive counseling by student clinicians)
Human Services Building, Rm 201 (2nd Floor)
Stephen F. Austin State University
P.O. Box 13019, SFA Station
Nacogdoches, Texas 75962-3019
(936) 468-1041
Distance from SFA Baker Pattillo Student Center: On Campus

Family Crisis Center (Provides free counseling to physical, sexual, and emotional/neglect abuse victims)
Stephen F. Austin State University Campus Outreach Office
McKibben Building, room 304
(936)-468-SAFE (7233)
Distance from SFA Baker Pattillo Student Center: On Campus

Wilson Psychotherapy and Consultation (45 years’ experience in behavioral health)(Most insurance accepted)
Jerry Wilson, MS, LPC
Cheryl Wilson, LMSW, ACP, ACSW
3516 NE Stallings Dr.
Nacogdoches, Texas 75965
(936) 569-6562
Distance from SFA Baker Pattillo Student Center: 2.4 miles

Ray Johnston, MSW, LCSW (Clinical Social Worker) (Insurance/ sliding fee scale)
Ray Johnston Counseling Services
207A Blount St
Nacogdoches, TX  75965
(936) 569-8570
www.rayjohnstoncounseling.com
Distance from SFA Baker Pattillo Student Center: 0.7 miles

2/24/20
Milstead & Associates Counseling Group (Student rates available, LGBTQ)
Brittany Brown Milstead, MA, LPC and Associates
118 East Hospital Street, Suite 300
Nacogdoches, TX 75964
(936) 615-7927
www.milsteadcounseling.com
Distance from SFA Baker Pattillo Student Center: 1.4 miles

Dogwood Mental Health and Wellness, LLC (Sliding fee scale/Insurance)
1329 N. University Drive, Suite E-3
Nacogdoches, TX 75961
(936) 622-0993
www.dogwoodmhw.com
Distance from SFA Baker Pattillo Student Center: 1.7 miles

Pathways Forensic & Mental Health Services (Assessment and counseling services/multiple providers on site)(Insurance/Medicaid)
103 Wildlife Lane
Lufkin, TX 75904
(936) 238-3868
http://www.jeanspathways.com
Distance from SFA Baker Pattillo Student Center: 21.8 miles

Pathways Forensic & Mental Health Services (Assessment and counseling services/multiple providers on site)(Insurance/Medicaid)
1132 NW Stallings Dr., STE. 2
Nacogdoches, TX 75964
(936) 238-3868
http://www.jeanspathways.com
Distance from SFA Baker Pattillo Student Center: 3.5 miles

Crossover Counseling (Faith based counseling services)( Insurance, Sliding fee scale)
Nacogdoches Office
3524 NE Stallings Dr.
Nacogdoches, TX 75965
(936) 560-6855
(936) 632-3033 Lufkin
http://crossovercounseling.com
Distance from SFA Baker Pattillo Student Center: 4.4 miles

Salvador Luna, MSW, LCSW (Clinical Social Worker)(Insurance/Sliding fee scale)(Available evenings and weekends)
617 South First Street
Lufkin, TX 75904
(936) 404 9564
Distance from SFA Baker Pattillo Student Center: 30 miles

Dr. Robert Choate, Ed., LPC-S (Children and adults, couples, victims of sexual assault and domestic violence)(Sliding fee scale based on family income, cash, credit card)(Offices in Lufkin, Crockett and Center)
412 North Street Suite B
Nacogdoches, TX 75961
936 564-9757
Distance from SFA Baker Pattillo Student Center: 1.3 miles
Solomonson Counseling Associates (Multiple providers on site-individual, couples, family, and group counseling)
2424 N. Pecan Suite 106
Nacogdoches, TX 75965
936-585-2191
www.solmonsoncounseling.com
Rates:
LPC Intern $50/hour
LPC $75/hour
PhD LPC/$100
*We are a private pay practice and are not on any insurance panels.
*We offer appointments during day, evening, and on the weekends.
Distance from SFA Baker Pattillo Student Center: 0.7 miles

Integrative Counseling and Wellness
Tiffany Y. Telesca, M.Ed, LPC
Williamsburg Plaza
320 North Street, Suite 204
Nacogdoches, TX 75961
936-221-0947
Distance from SFA Baker Pattillo Student Center: 1.2 miles

Additional Resources:
Texas Counseling Association’s REFERRAL BANK
https://www.txca.org/assnfe/SearchMembers.asp?TYPE=REFERRAL_BANK

National Suicide Prevention Lifeline 1-800-273-TALK
www.suicidepreventionlifeline.org

National Hopeline Network 1-800-SUICIDE
(Kristin Brooks Hope Center)
I’mAlive
www.hopeline.com
www.imalive.org
(an online crisis network with certified crisis volunteers)

National Institute of Mental Health www.nimh.nih.gov

SAMSHA www.samhsa.gov
(Substance Abuse and Mental Health Services Administration)

Suicide Prevention Resource Center www.sprc.org

Trans Lifeline 877-565-8860
https://translifeline.org/

Trevor Life line (LGBT) 1-866-488-7386
Text START to 678678
www.thetrevorproject.org