The Dietetic Internship at Stephen F. Austin State University is currently granted Accreditation by the Accreditation Council for Education in Nutrition & Dietetics of the Academy for Nutrition & Dietetics, 120 S. Riverside Plaza, Suite 2000, Chicago, IL, 60606-6995, (312) - 899 - 5400. Next program review 1/1/2017. This post-baccalaureate program prepares students for entry-level careers in dietetics. The program consists of a minimum of 1200 hours of supervised-practice experience and 27 hours of graduate course work that can be applied toward an optional M.S. degree (visit http://www.sfasu.edu/graduate/ProspStudents/Programs/dp_humansciences.html for more information). All the practice sites are within an 80-mile radius of the Stephen F. Austin State University campus. Upon successful completion of the program, students are eligible to take the CDR Registration Examination for Dietitians.

Admission Requirements:

1. Minimum overall GPA of 3.2 on a 4.0 scale, and at least 3.4 on a 4.0 scale in all DPD courses. Inadequate performance as an undergraduate may be compensated by high quality, post-baccalaureate work in a dietetics related field and/or evidence of above average performance in graduate level nutrition course work.

2. GRE scores of at least, Verbal 146, Quantitative 140, and a 3.5 or better on the written section. Applications lacking evidence of GRE scores will not be reviewed by the screening committee.

3. The student must meet the undergraduate requirements for the BS degree and have an ACEND approved verification statement indicating completion (or intent to complete) of the requirements for the Didactic Program in Dietetics.

Additional Requirements AFTER Admission:

1. Accepted interns must supply proof of immunization or serological confirmation of immunity to: Measles, mumps, rubella (MMR), Hepatitis B series, and Meningitis.

2. Accepted interns must supply evidence of having had a tetanus booster within the last ten years.

3. Accepted interns must provide evidence of a TB skin test unless they have documented significant reactions. In the event that an intern has a positive TB skin test or reaction they must show proof of a negative respiratory exam or being on appropriate antibiotic therapy for at least two week prior to beginning supervised practice rotations.

4. All accepted interns must participate in a designated criminal background check that includes at a minimum the Nationwide Healthcare Fraud & Abuse Scan, Nationwide Sexual Offender Index, Nationwide Patriot Act, and Criminal History.

5. All accepted interns must consent to a drug screen conducted by the SFA Student Health Services and selected supervised practice sites.
6. All accepted interns must consent to fingerprinting and review by the Texas Department of Aging and Disability Services.

DI Application Process:

1. The program is using the on-line Dietetic Internship Centralized Application System (DICAS), which may be accessed at https://portal.dicas.org; email DICASinfo@DICAS.org. The on-line application must be completed for our program by 11:59 p.m. Central Time on the established deadline date. The fee to use DICAS is $40 for the first application and $20 for each additional application. There is not a separate application fee for the SFASU DI.

   Applicants who apply to internships using DICAS will be asked to complete a personal statement in 1,000 words or less. Questions to be addressed in the personal statement include:
   - Why do you want to enter the dietetics profession?
   - What are some experiences that have helped you prepare for your career?
   - What are your short-term and long-term goals?
   - What are your strengths and weaknesses or areas needing improvement?

   Official transcripts from all colleges and universities attended should be sent to: DICAS – Transcript Department, PO Box 9118, Watertown, MA 02472

   When completing the application form, applicants must include the name and contact information (specifically an e-mail address) for each reference. This will trigger an e-mail message requesting completion of a reference form. The form will be completed on-line. Students submitting more than one application will need to use the same individuals as references for each application.

2. Applicants must also register online with D&D Digital Systems, www.dnddigital.com, dnd@netins.net 515-292-0490. There is a $50 charge for computer matching. The computer matching code for the Stephen F. Austin State University Dietetic Internship is 212.

3. Important Dates (to be listed):
   - **February** – completion of DICAS application, completion of D&D registration and internship preference list.
   - **March** – Applicants who have registered with D&D may change their preference rankings
   - **April** – Notification Day beginning at 6:00 CDT at www.dnddigital.com.
   - **April** – Appointment Day. Matched applicants must contact the Dietetic Internship Director before 5:00 p.m. (CST) to confirm acceptance of their appointment.

4. AFTER acceptance into the SFASU DI, the intern must apply for admission to the SFA Graduate School: http://www.sfasu.edu/graduate/ProspStudents/howapply.html. The fee for applying to the SFASU Graduate School is currently $25. Both the Graduate School AND the Dietetic Internship Director will need an official copy of your FINAL transcripts indicating that you received your B.S. degree. The Internship Director will also need an original copy of your DPD verification statement.

DI Program Costs: The following cost figures are offered as approximations only with the intent to give an estimation of expenses:

1. Information relative to campus housing is available from: Housing Office, Stephen F. Austin State University, P.O. Box 13054, SFA Station, Nacogdoches, Texas 75962. Phone (936) 468-2601 or Email: http://www.sfasu.edu/housing. At one bedroom apartment at University Woods cost approximately $6,500 for two semesters.
Off-campus housing information is provided by the Nacogdoches Chamber of Commerce at the following address: Nacogdoches Convention Center & Visitors Bureau, P.O. Drawer 631918, Nacogdoches, Texas 75963. Phone (936) 564-7351 or e-mail http://www.visitchamber.com. You can also access Daily Sentinel newspaper classified ads online at http://www.daily sentinel.com. Current prices range from $425 to $925/month for a one bedroom apartment.

2. As of Fall 2012 the estimated tuition and fees (for Texas residents) are:

<table>
<thead>
<tr>
<th>Semester</th>
<th>Hours</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer</td>
<td>3 hrs</td>
<td>$858.20</td>
</tr>
<tr>
<td>Fall</td>
<td>12 hrs</td>
<td>$3,574.32</td>
</tr>
<tr>
<td>Spring</td>
<td>12 hrs</td>
<td>$3,574.32</td>
</tr>
</tbody>
</table>

Tuition/fee estimates can be obtained at http://www.sfasu.edu/controller/businessoffice/students/tuition_calc.asp.

For financial aid information see http://www.sfasu.edu/graduate/ProspectiveStudents/default.html or contact the Director of Financial Aid, Stephen F. Austin State University, P.O. Box 13052 SFA Station, Nacogdoches, Texas 75962. Phone (936) 468-2403.

3. Other estimated expenses include:

- Uniforms/Lab coats: $50.00
- Educational materials: $1,200.00
- Student I.D.: $6.00
- Background check: $50.00
- Drug screen: $20.00
- Liability Insurance: $14.00
- The Academy membership: $50.00
- ETAND membership: $10.00

4. Students are expected to attend the Texas Academy of Nutrition & Dietetics FNCE: registration fee $100.00 - $150.00. The convention is held over two days in a city outside of Nacogdoches: student will need to pay for lodging and transportation while at the convention, the cost of which is approximately $150.00 if shared with other interns.

5. The student is responsible for his/her own transportation to and from the practice sites and the University. All sites are within an 90-mile commuting distance of Stephen F. Austin State University.

**PROGRAM DESCRIPTION**

The SFA Dietetic Internship program is divided into two components: graduate education (27 semester hours) and supervised practice (minimum of 1,200 hours) at specific approved rotation sites.

**Graduate Education:** The graduate courses are designed to expand the knowledge base used by a competent, entry-level Registered Dietitian. During the fall and spring semesters the face-to-face classes meet on Monday only.

**Summer**

**HMS 511 Introduction to Dietetics Practice - 3 semester hours.** Historical, philosophical, ethical and legal basis of dietetics practice. Beginning integration of normal and clinical nutrition, community nutrition, foods and foodservice management into dietetics practice. Class begins in July.

*Students who have not previously completed a separate course in Medical Terminology will be required to take KIN 510 (1 hr) concurrently with HMS 511.*

**Fall**

**HMS 531 Supervised Practice for Dietetic Interns - 6 semester hours.** Educationally supervised practice under the direct supervision of a Registered Dietitian. Students complete experience in clinical, community and foodservice. Prerequisite: Admission to SFA Dietetic Internship Program.
KIN 550  Introduction to Research in Health & Physical Education - 3 semester hours.
In-depth investigation of research procedures in the various areas of the discipline.
Prerequisite: HMS 500 or Department approval.

HMS 535  Advanced Nutrition in Health and Disease - 3 semester hours.
In-depth study of conditions which necessitate dietary modification as part of the therapeutic
management of the patient. Prerequisite: 12 hours human sciences including HMS 339 and HMS 449.

Spring  HMS 531  Supervised Practice - 6 semester hours. Educationally supervised practice under the
direct supervision of a Registered Dietitian. Students complete experience in clinical, community
and foodservice. Prerequisite: Admission to SFA Dietetic Internship Program.

HMS 532  Public Health Nutrition - 3 semester hours. Survey of food and nutrition issues
pertinent to public health and consumerism. Investigation of food and nutrition assistance programs;
research and analysis of current policies and goals. Prerequisites; 6 hours in foods/nutrition courses.

HMS 565  Pediatric Nutrition - 3 semester hours. In-depth study of conditions which necessitate
dietary modification as part of the therapeutic management of the pediatric patient.

Supervised Practice: All interns are required by the Commission on Dietetic Registration to complete a minimum of
1,200 hours of supervised practice. This component is divided into rotations at specifically approved sites which will
afford you the opportunity to achieve the core competencies that have been established by the ACEND.
Days for supervised practice are generally Tuesday - Friday from 8:00 - 5:00, although days and hours may vary with the facility. Some weekend work may be required. The facility preceptor may require earlier or later times. All supervised practice sites are located within an 80 mile radius of Nacogdoches
and may include:

Clinical Facilities:
Good Shepherd Medical Center, 700 E. Marshall Ave, Longview, TX  75601
Longview Regional Medical Center, 2901 N. Fourth St, Longview, TX  75601
Memorial Health Systems of East Texas, 1201 Frank St, Lufkin, TX, 75901
Nacogdoches Medical Center, 4920 NE Stallings Dr, Nacogdoches, TX 75965
Nacogdoches Memorial Hospital, 120 Mound St, Nacogdoches, TX 75961
Trinity Mother Frances Hospitals and Clinics, 800 Dawson Ave, Tyler, TX  75701
Woodland Heights Medical Center, 505 S. John Redditt Dr, Lufkin, TX  75904

Community Facilities:
East Texas Community Health Services, 1401 S. University Dr, Nacogdoches, TX 75963
East Texas Health Access Network, 117 W. Houston St, Jasper, TX  75951
Lufkin State Supported Living Center, 6844 U.S. Hwy 69, Pollock, TX, 75969
Nacogdoches Head Start, 1902 Old Tyler Hwy, Nacogdoches, TX  75963
SFA Wellness Center, SFASU, Nacogdoches, TX, 75961
Texas Department of State Health Services, 1517 W. Front St, Tyler, TX  75702
Women’s, Infants and Children’s Nutrition Program – various sites
Optional M.S. Degree: Interns will have earned 27 graduate credits in the DI Program and these credits may be applied to a M.S. degree. After successful completion of the DI, interns would need additional hours to meet the requirements for either of the following graduate degree programs:

Thesis option: M.S. with a major in Human Sciences
- Completion of 24 hours of graduate coursework, including classes from the DI, and 6 hours of thesis work/writing with a successful defense of the thesis before a faculty committee.

Non-Thesis option: M.S. with a major in Human Sciences
- Completion of 36 hours of graduate coursework including classes from the DI. Successful completion of a literature review (HMS 575) in a selected focus area, written and oral comprehensive exams.


All questions should be directed to:

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(936) 468-2063