



Transfer Degree Map: LSC Associate of Arts to Stephen F. Austin State University Bachelor of Science in Kinesiology - Emphasis in Exercise Science



4 – Year Suggested Academic Plan for Transfer, Effective Fall 2022

First Year - Freshman

Fall Semester				Spring Semester			
LSC	SFASU	Course Name	Hrs	Course	SFASU	Course Name	Hrs
EDUC 1300 (1)	Elective	Learning Framework: 1 st Year Exp.	3	ENGL 1302	ENGL 1302	Composition & Rhetoric II	3
ENGL 1301	ENGL 1301	Composition & Rhetoric I	3	HIST 1302	HIST 1302	US History II	3
HIST 1301	HIST 1301	US History I	3	MATH 1314	MATH 1314	College Algebra	3
PHED 1301	KINE 1301	Foundations of Kinesiology (AA Elect)	3	PHED 1164	KINE 1338	Intro to Physical Fitness & Wellness	1
PHED Course	Act. Course	Choose from LSC PHED courses	1	Soc/Beh Science	(Core 080)	Choose from LSC Core Curriculum	3
				Elective	Elective	AA Elective (consult LSC Advisor for options)	3
Total			13	Total			16

Second Year - Sophomore

Fall Semester				Spring Semester			
BIOL 2401	BIOL 2301	Human Anatomy and Physiology I	4	PHYS 1401	PHYS 1305/1105	College Physics I	4
SPCH 1315	SPCH 1315	Public Speaking	3	GOVT 2306	GOVT 2306	Texas Government	3
GOVT 2305	GOVT 2305	Federal Government	3	Lang/Phil/Cult.	(Core 040)	Choose from LSC Core Curriculum	3
Creative Arts	(Core 050)	Choose from LSC Core Curriculum	3	Elective	SFA Core	Choose from BUSI 2304, ENGL 2311, or any Foreign Language (AA Elective)	3
PHED 1304	HLTH 1304	Personal / Community Health (AA EI)	3	PHED 1306	Elective	First Aid & Safety (AA Elective)	3
Total			16	Total			16

Third Year - Junior

Fall Semester			Spring Semester		
SFASU	Course Name	Hrs	SFASU	Course Name	Hrs
KINE 3330	Measurement & Evaluation	3	KINE 4331	Organization & Administration of Activity Programs	3
KINE 3335	Dietary Considerations for Phys. Activity & Exercise	3	KINE 4367	Exercise Testing Field/Clinical	3
KINE 3353/3153	Physiology of Exercise (& Lab)	4	KINE 2356	Care & Prevention of Injuries	3
Minor		3	KINE Elective	Advanced KINE Major Elective	3
Elective		2	Minor		3
Total		15	Total		15

Fourth Year - Senior

Fall Semester			Spring Semester		
KINE 4317/4117	Analysis of Movement (& Lab)	4	KINE 4351	Fitness Appraisal and Exercise Prescription	3
Elective	Elective	3	KINE Elective	Advanced KINE Major Elective	3
Minor		3	KINE 4368	Exercise and Dietary Psychology	3
Minor		3	KINE Activity or Elective		1
Minor		3	Minor		3
Total		16	Total		13

Notes/Comments:

(1) EDUC 1300 is required for all First Time in College (FTIC) students and counts towards the required AA Elective hours. If not FTIC, student will complete another AA Elective course.

SFASU Notes:

- Students can transfer a maximum of 66 hours of academic courses, plus up to 4 hours of PHED/KINE activity courses to apply towards their degree at SFASU. **If a student is core complete at Lone Star College, they are core complete at SFASU.**
- Students will be required to repeat pre-requisite courses when the grade is below a C. A minimum of 30 semester hours of work must be completed at SFA, of which at least 36 hours must be advanced. Contact your SFA advisor for alternative courses to the core courses listed.
- SFA offers a variety of courses during the summer parts of term in addition to the fall and spring semesters listed above. Fall and spring semesters offer courses in a 16-week format, with select courses also available in an 8-week format.

****Completion of the AA requires a minimum of 18 elective hours. The courses listed are preferred for transfer and program completion at SFASU.****

Approved:



Stephen F. Austin State University – Transfer Information

Program Specific Information:

Bachelor of Science in Kinesiology - Emphasis in Exercise Science

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Program Admissions Requirements:

Transfer of Credit & Student Benefits:

- LSC students and employees eligible to apply for SFA sponsored and other available scholarship program(s).
- LSC Honors students admitted to SFA will receive acceptance to SFA Honors College with a minimum GPA of 3.25.
 - Students jointly admitted to LSC and SFA will receive:
 - Student ID at both institutions
 - Student computer/internet account at both institutions
 - Student access to computer labs at both institutions
 - Student access to libraries at both institutions
- Free electronic transfer transcript transmission/evaluation
- Reverse transfer
- Student can transfer up to 66 hours

