



SFA CHALLENGE COURSE: WHAT TO BRING?

The Challenge Course is a series of exciting activities that requires attention to safety, because of this, appropriate attire is necessary to participate. General athletic attire is suggested and **closed toed shoes** are required at all times. Remember some activities may include wearing a helmet, so please be prepared to bring a hairband or be able to adjust accordingly. In order to create an enjoyable and safe environment, please consider the following:

ACCEPTABLE ITEMS

- o Appropriate athletic attire
- o Close-toed athletic shoes
- o Water/ Snacks
- o Hat/ Rain protection
- o Sun Screen/ Bug Repellant
- o Inhaler/EPI Pen/etc.

UNACCEPTABLE ITEMS

- o Revealing or inappropriate attire
- o Footwear without backing
- o Dangling Jewelry/ rings
- o Tobacco and Alcohol product

CHALLENGE COURSE GENERAL SAFETY POLICY

1. Please complete the ELC waiver form prior to the program and then **bring the waiver** the day of the program- Failure to do so will result in the inability to participate.
2. Please be sure to inform us of any current injuries, needs, or medical accommodations that need to be made prior to the Program.
3. Please do not bring any personal climbing equipment; the gear needed will be provided by the SFA Challenge Course.
4. It is important that participants do not do any activities that would pose a risk to any person or to the equipment, and if there is any safety hazard please report it immediately to the staff.
5. We ask that all of the participants abide to the discretion and decisions of the Outdoor Pursuits staff.

Reminder: Parking is located in the commuter lot across University Dr. You will need to park in that lot, then cross the street at the lighted intersection to get to the Challenge Course.