

# PROFESSIONAL DRESS

*Tips*

## PREP WORK.....

- pick out your outfit early (not the morning of)
- make sure all clothes are ironed and look neat
- break in any new shoes before event
- practice tying a tie (YouTube helps)
- start collecting professional clothing a little at a time
- visit the CCPD Career Closet if you need items

## HYGIENE.....

- shower & wash hair
- brush teeth & use mouthwash
- trim & clean nails
- use deodorant & avoid strong perfumes or colognes

## ACCESSORIES.....

- turn off and put away your cell phone
- belt and shoes should match
- wear dark colored socks
- minimal jewelry and other accessories
- bring a portfolio or folder with printed copies of your resume

## OVERALL LOOK.....

- clothing should compliment one another
- consider more neutral color pallets
- shoes should be scuff-free and coordinate with outfit
- recommend low heel & no tennis shoes
- clothing should fit comfortably; avoid very tight or very baggy clothing
- recommend slacks over jeans
- never wear shorts, leggings or pants with holes
- skirts are typically knee length or longer
- if you are unsure if an outfit is professional, ask a friend or visit the CCPD

**CENTER FOR CAREER &  
PROFESSIONAL DEVELOPMENT**  
SFASU.EDU/CCPD | CCPD@SFASU.EDU  
936-468-3305 | 3RD FLOOR BPSC

