# PHOTOVOICE: TELLING STUDENTS' STORIES DURING THE PANDEMIC

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## "GRAB YOUR CAMERA AND GO..."

# Cognitive and Affective Processes

Council on Social Work Education, E-PAS (2015)

Reflection tool

Lived experiences

#### "SAY ICICLE" PROTOCOL

Use your cell phone or camera

Take a 2 - 5 pictures every day over 7 weeks

Write a reflection and share with students and instructor

Develop a photovoice journal over 7 weeks

Provide guiding questions

Include reflection in final exam

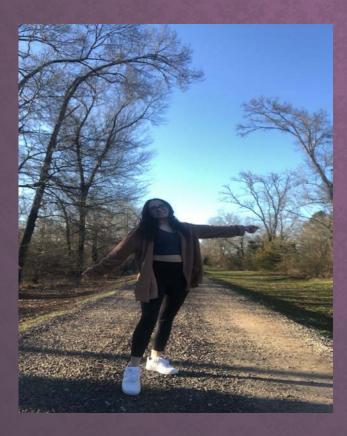
#### REFLECTION ON MENTAL HEALTH

"On Thursday, I took the time to focus on classes and stay inside as I have been having some health problems. I don't have much to write about this day as I was really not feeling myself.

This day was very depressing to me and I mainly focused on my mental health that day."



#### REFLECTION ON MENTAL HEALTH



"On Friday, I felt a lot better and decided to go talk a walk up and down my driveway.

Sometimes whenever I am feeling down, I like to go on walks in order to realize how good my life really is. Walking across my land truly helps to show how lucky I am to live the life I'm living."

#### REFLECTION ON SUPPORT



"I am learning that our animals can be a huge part in our emotional support during these times."

"Patches is my best friend and playmate most days, especially in the morning."

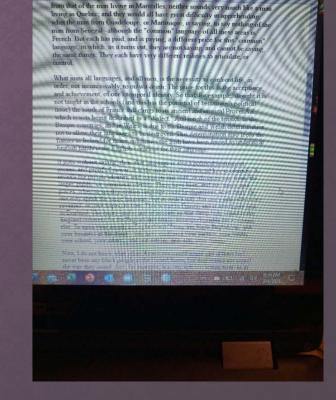
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#### MY WORLD AT THE MOMENT..

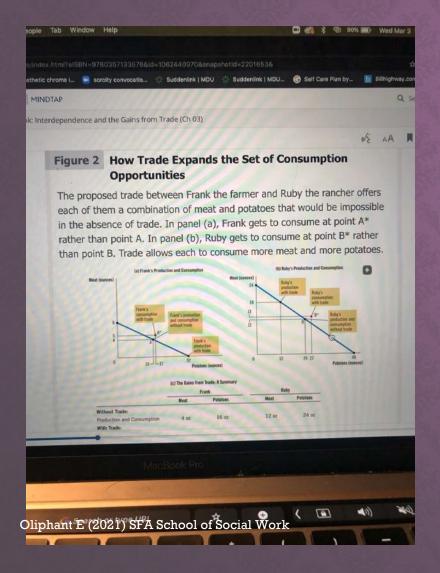
"What my bar looks like every day because this is where I do my zoom classes and my homework, and my papers, and my current events, and my REOL's and my photovoice, my EVERYTHING!"

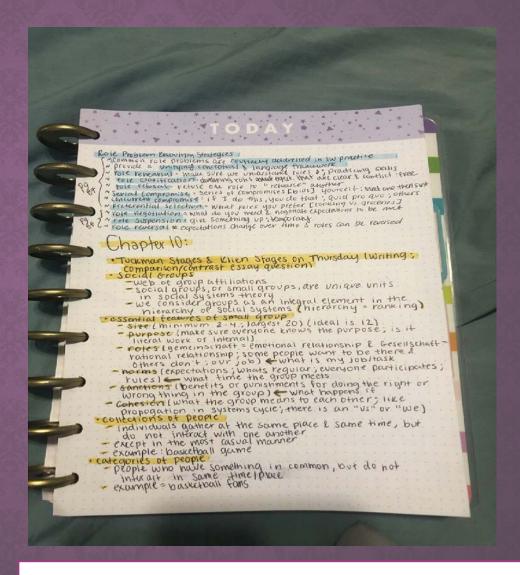






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"I then had to study for my human behavior II test which I was really nervous "

#### MY VOICE...



"All in all, I was really disappointed with this and outraged that my grandparents haven't been able to even get a vaccine. However, I sprang into action and after waiting of an hour on the CVS webpage I was able to schedule them a vaccination appointment."

#### STEPPING INTO THE SHOES OF CLIENTS

- Adjustment to isolation: College life now means the keyboard and computer
- Frustration: Making sure they are not losing their masks
- Trauma: Depressive experiences and impact mental health

"I have learned that everyone has a very different life, but although we have a lot of differences we can always connect. I am learning that each student has their own way of comforting themselves in the stressful time of school and COVID-19."

"Finding different ways to live life in a healthy way."



### LESSONS LEARNED

- Written instructions
- Explain photovoice
- Show own example
- Encourage reading
- Be specific
- Focus on positive



#### THANK YOU CTL TEAM!!













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