

First Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1301	Rhetoric and Composition	3	ENGL	1302	Research and Argument	3
HIST	1301	United States History I	3	MATH	1314	College Algebra	3
HMSC	1300	Foundations in Human Sciences	3	BIOL	1306	Biology for Science Majors I	3
CHEF	1101	Principles of Food Science Lab	1	BIOL	1106	Biology for Science Majors I Lab	1
CHEF	1201	Principles of Food Science	2	NUTR	2339	Introductory to Nutrition	3
						Core CCA	3
Total Semester Hours			12	Total Semester Hours			16
Second Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
HIST	1302	United States History II	3			Core SPCH	3
CHEM	1311	General Chemistry I	3	GOVT	2306	Texas Government	3
CHEM	1111	General Chemistry I Lab	1			Core CA	3
BIOL	2361	Plant Form and Function	3	CHEM	1312	General Chemistry II	3
BIOL	2061	Plant Form and Function Lab	0	CHEM	1112	General Chemistry II Lab	1
CHEF	1205	Public Health and Safety Management	2	MATH	1342	Introduction to Probability and Statistics	3
GOVT	2305	Federal Government	3				
Total Semester Hours			15	Total Semester Hours			16
Third Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
CHEF	3231	Experimental Food Science	2			Core LPC	3
CHEF	3131	Experimental Food Science Lab	1	CHEM	3332	Organic Chemistry II	3
NUTR	3339	Nutrition	3	CHEM	3132	Organic Chemistry II Lab	1
CHEM	3331	Organic Chemistry I	3	NUTR	3349	Nutrition Throughout the Lifecycle	3
CHEM	3131	Organic Chemistry I Lab	1	RSTO	4331	Food Service Management & Organization	3
BIOL	3040	Animal (Including Human) Physiology Lab	0	HMSC	3300	Profess Leadership in Human Sciences	3
BIOL	3440	Animal (Including Human) Physiology	4				
Total Semester Hours			14	Total Semester Hours			16
Fourth Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
NUTR	4309	Community Nutrition	3	CHEM	4352	Comprehensive Biochemistry I	3
NUTR	4335	Nutrition Counseling	3	NUTR	4339	Advanced Human Nutrition	3
BIOL	3453	Genetics	4	NUTR	4379	Medical Nutrition Therapy II	3
BIOL	3053	Genetics Lab	0			Core S/BS	3
NUTR	4303	Cultural Aspects of Food	3			Elective	3
		Elective	3				
Total Semester Hours			16	Total Semester Hours			15
Total Hours for Degree							120

Course Group Key						
Course Group Name	Credit Hours	Courses in Group		Course Group Name	Credit Hours	Courses in Group
Core SPCH	3			Core S/BS	3	
Public Speaking		SPCH	1315	Cultural Anthropology		ANTH 2351
Interpersonal Communication		SPCH	1318	Principles of Macroeconomics		ECON 2301
Teamwork and Group Communication		SPCH	2333	Principles of Microeconomics		ECON 2302
Core CA	3			Intro to Human Dimensions and Recreation		FORS 2351
Art Appreciation		ARTS	1301	World Regional Geography		GEOG 1303
Art History I (Prehistoric to the 14th century)		ARTS	1303	Survey of Mass Communication		MCOM 1307
Art History II (14th Century to the present)		ARTS	1304	General Psychology		PSYC 2301
Dance Appreciation		DANC	2303	Introduction to Sociology		SOCI 1301
Theatre Appreciation		DRAM	1310	Core LPC	3	
Film and Culture		DRAM	2366	Literary Genres		ENGL 2335
Intro to Music Literature		MUMH	1307	Introduction to Mythology		ENGL 2309
Music Appreciation		MUSI	1306	British Literature to 1800		ENGL 2322
Core CCA	3			British Literature from 1800		ENGL 2323
Business Communication		BUSI	2304	American Literature to 1865		ENGL 2327
Technical and Scientific Writing		ENGL	2311	American Literature from 1865		ENGL 2328
Elementary French I		FREN	1311	World Literature to 1650		ENGL 2332
Elementary French II		FREN	1312	World Literature from 1650		ENGL 2333
Elementary German I		GERM	1311	Introduction to Literature		ENGL 2341
Elementary German II		GERM	1312	Western Civilization I		HIST 2311
International & Intercultural Comm-Latin		INCM	1301	Western Civilization II		HIST 2312
International & Intercultural Comm-Franc		INCM	1302	World Civilizations I		HIST 2321
International & Intercultural Comm-Germ		INCM	1303	World Civilizations II		HIST 2322
International & Intercultural Comm-Brazil		INCM	1304	Introduction to Philosophy		PHIL 1301
Elementary Portuguese I		PORT	1311	Introduction to World Religions		PHIL 1304
Elementary Portuguese II		PORT	1312	Introduction to Ethics		PHIL 2306
Beginning American Sign Language		SGNL	1301	Elective	3	Any course offered by SFA
Intermediate American Sign Language		SGNL	1302			
Elementary Spanish I		SPAN	1311			
Elementary Spanish II		SPAN	1312			