

| First Year | | | | | | | |
|-------------------------------|---------------|--|-----------------------|-----------------------------|---------------|---------------------------------------|-----------------------|
| Fall Term | | | | Spring Term | | | |
| Course | Course Number | Course Group/Description | Required Credit Hours | Course | Course Number | Course Group/Description | Required Credit Hours |
| ENGL | 1301 | Rhetoric and Composition | 3 | ENGL | 1302 | Research and Argument | 3 |
| HIST | 1301 | United States History I | 3 | HIST | 1302 | United States History II | 3 |
| HMSC | 1300 | Foundations in Human Sciences | 3 | MATH | 1314 | College Algebra | 3 |
| CHEF | 1101 | Principles of Food Science Lab | 1 | NUTR | 2339 | Introductory to Nutrition | 3 |
| CHEF | 1201 | Principles of Food Science | 2 | BIOL | 1306 | Biology for Science Majors I | 3 |
| NUTR | 1133 | Food, Nutrition, Dietetics as a Profession | 1 | BIOL | 1106 | Biology for Science Majors I Lab | 1 |
| | | Core S/BS | 3 | | | | |
| Total Semester Hours | | | 16 | Total Semester Hours | | | 16 |
| Second Year | | | | | | | |
| Fall Term | | | | Spring Term | | | |
| Course | Course Number | Course Group/Description | Required Credit Hours | Course | Course Number | Course Group/Description | Required Credit Hours |
| | | Core SPCH | 3 | GOVT | 2306 | Texas Government | 3 |
| GOVT | 2305 | Federal Government | 3 | | | Core CA | 3 |
| CHEM | 1311 | General Chemistry I | 3 | CHEM | 1312 | General Chemistry II | 3 |
| CHEM | 1111 | General Chemistry I Lab | 1 | CHEM | 1112 | General Chemistry II Lab | 1 |
| | | BUSI 2304 or ENGL 2311 | 3 | MATH | 1342 | Introduction to Probability and Stats | 3 |
| CHEF | 1205 | Public Health and Safety Management | 2 | BIOL | 2300 | Medical Terminology | 3 |
| | | | | | | | |
| Total Semester Hours | | | 15 | Total Semester Hours | | | 16 |
| Third Year | | | | | | | |
| Fall Term | | | | Spring Term | | | |
| Course | Course Number | Course Group/Description | Hours | Course | Number | Course Group/Description | Credit Hours |
| HMSC | 3300 | Professional Leadership in Human Sciences | 3 | CHEM | 3330 | Fundamentals of Organic Chemistry | 3 |
| NUTR | 3339 | Nutrition | 3 | CHEM | 3130 | Fundamentals of Organic Chemistry Lab | 1 |
| NUTR | 4303 | Cultural Aspects of Food | 3 | NUTR | 3349 | Nutrition Throughout the Lifecycle | 3 |
| BIOL | 2301 | Anatomy and Physiology I | 3 | RSTO | 4331 | Food Service Management & Org | 3 |
| BIOL | 2101 | Anatomy and Physiology I Lab | 1 | BIOL | 2402 | Anatomy and Physiology II | 4 |
| CHEF | 3231 | Experimental Food Science | 2 | BIOL | 2002 | Anatomy and Physiology II Lab | 0 |
| CHEF | 3131 | Experimental Food Science Lab | 1 | | | | |
| | | | | | | | |
| Total Semester Hours | | | 16 | Total Semester Hours | | | 14 |
| Fourth Year | | | | | | | |
| Fall Term | | | | Spring Term | | | |
| Course | Course Number | Course Group/Description | Hours | Course | Number | Course Group/Description | Credit Hours |
| NUTR | 4309 | Community Nutrition | 3 | CHEM | 4352 | Comprehensive Biochemistry I | 3 |
| NUTR | 4335 | Nutrition Counseling | 3 | CHEM | 4152 | Comprehensive Biochemistry I Lab | 1 |
| NUTR | 4349 | Medical Nutrition Therapy I | 3 | NUTR | 4339 | Advanced Human Nutrition | 3 |
| | | Core LPC | 3 | NUTR | 4379 | Medical Nutrition Therapy II | 3 |
| | | Dietetics Elective | 3 | BIOL | 3421 | Microbiology for Science Majors | 4 |
| | | | | BIOL | 3021 | Microbiology for Science Majors Lab | 0 |
| | | | | | | | |
| Total Semester Hours | | | 15 | Total Semester Hours | | | 14 |
| Total Hours for Degree | | | | | | | 122 |

| Course Group Key | | | | | | | |
|---|--------------|------------------|------|--|--------------|------------------|------|
| Course Group Name | Credit Hours | Courses in Group | | Course Group Name | Credit Hours | Courses in Group | |
| Core SPCH | 3 | | | Core S/BS | 3 | | |
| Public Speaking | | SPCH | 1315 | Cultural Anthropology | | ANTH | 2351 |
| Interpersonal Communication | | SPCH | 1318 | Principles of Macroeconomics | | ECON | 2301 |
| Teamwork and Group Communication | | SPCH | 2333 | Principles of Microeconomics | | ECON | 2302 |
| Core CA | 3 | | | Intro to Human Dimensions and Recreation | | FORS | 2351 |
| Art Appreciation | | ARTS | 1301 | World Regional Geography | | GEOG | 1303 |
| Art History I (Prehistoric to the 14th century) | | ARTS | 1303 | Survey of Mass Communication | | MCOM | 1307 |
| Art History II (14th Century to the present) | | ARTS | 1304 | General Psychology | | PSYC | 2301 |
| Dance Appreciation | | DANC | 2303 | Introduction to Sociology | | SOCI | 1301 |
| Theatre Appreciation | | DRAM | 1310 | Core LPC | 3 | | |
| Film and Culture | | DRAM | 2366 | Literary Genres | | ENGL | 2335 |
| Intro to Music Literature | | MUMH | 1307 | Introduction to Mythology | | ENGL | 2309 |
| Music Appreciation | | MUSI | 1306 | British Literature to 1800 | | ENGL | 2322 |
| Core CCA | 3 | | | British Literature from 1800 | | ENGL | 2323 |
| Business Communication | | BUSI | 2304 | American Literature to 1865 | | ENGL | 2327 |
| Technical and Scientific Writing | | ENGL | 2311 | American Literature from 1865 | | ENGL | 2328 |
| Elementary French I | | FREN | 1311 | World Literature to 1650 | | ENGL | 2332 |
| Elementary French II | | FREN | 1312 | World Literature from 1650 | | ENGL | 2333 |
| Elementary German I | | GERM | 1311 | Introduction to Literature | | ENGL | 2341 |
| Elementary German II | | GERM | 1312 | Western Civilization I | | HIST | 2311 |
| International & Intercultural Comm-Latin | | INCM | 1301 | Western Civilization II | | HIST | 2312 |
| International & Intercultural Comm-Franc | | INCM | 1302 | World Civilizations I | | HIST | 2321 |
| International & Intercultural Comm-Germ | | INCM | 1303 | World Civilizations II | | HIST | 2322 |
| International & Intercultural Comm-Brazil | | INCM | 1304 | Introduction to Philosophy | | PHIL | 1301 |
| Elementary Portuguese I | | PORT | 1311 | Introduction to World Religions | | PHIL | 1304 |
| Elementary Portuguese II | | PORT | 1312 | Introduction to Ethics | | PHIL | 2306 |
| Beginning American Sign Language | | SGNL | 1301 | Dietetics Elective | 3 | | |
| Intermediate American Sign Language | | SGNL | 1302 | Cultural Anthropology | | ANTH | 2351 |
| Elementary Spanish I | | SPAN | 1311 | Purchasing in the Hospitality Industry | | RSTO | 1325 |
| Elementary Spanish II | | SPAN | 1312 | Parenting | | HDFS | 3353 |
| | | | | Nutrition for Sports | | NUTR | 4329 |
| | | | | Management Principles | | MGMT | 3370 |