

First Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1301	Rhetoric and Composition (C or better)	3	ENGL	1302	Research and Argument (C or better)	3
HIST	1301	United States History I	3	HIST	1302	United States History II	3
		Creative Arts Core	3			Mathematics Core	3
HMSC	1300	Foundations in Human Sciences	3			Language, Philosophy, and Culture Core	3
CHEF	1101/1201	Principles of Food Science & Lab	3	CHEF	1239/1139	Mgt in Meal Production & Lab	3
				NUTR	1138	Diet and Fitness	1
Total Semester Hours			15	Total Semester Hours			16
Second Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
BIOL	2301/2101	Anatomy & Physiology I & Lab	4	NUTR	2339	Introductory Nutrition	3
GOVT	2305	Federal Government	3	BIOL	2402/2002	Anatomy & Physiology II & Lab	4
PSYC	2301	General Psychology	3			MINOR	3
		Communication (Speech Option)	3	GOVT	2306	Texas Government	3
CHEF	1205	Pub Health and Safety Mgt	2			Component Area Option Core	3
Total Semester Hours			15	Total Semester Hours			16
Third Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
NUTR	3339	Nutrition	3	NUTR	3349	Nutrition throughout the Life Cycle	3
NUTR	4303	Cultural Aspects of Food	3	RSTO	4331	Food Service Mgt and Org	3
RSTO	3325	Purchasing in the Hosp Industry	3			MINOR	3
HMSC	3332	Consumer Engage in Digital Chan	3			MINOR	3
CHEF	3231/3131	Experimental Food Science & Lab	3			Life and Physical Science Core	4
Total Semester Hours			15	Total Semester Hours			16
Summer							
HMSC	4120	Practicum	3				
Total Semester Hours			3				
Fourth Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
NUTR	4309	Community Nutrition	3	HMSC	3300	Prof Leadership in Human Sci	3
NUTR	4335	Nutrition Counseling	3	NUTR	4329	Nutrition for Sports	3
RSTO	4104/4204	Adv Culinary Plan and Prep & Lab	3			MINOR	3
		MINOR	3			MINOR	3
Total Semester Hours			12	Total Semester Hours			12
Total Hours for Degree							120