

First Year			
Fall Term		Spring Term	
Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1301	Rhetoric and Composition	3
		Core Math	3
HIST	1301	United States History I	3
KINE	1301	Foundation of Kinesiology	3
		Any Course	1
		KINE Activity	2
Total Semester Hours			15
Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1302	Research and Argument	3
PHYS	1305	General Physics I	3
PHYS	1105	General Physics I Laboratory	1
HIST	1302	United States History II	3
KINE	1338	Physical Fitness Concepts and Wellness	3
		Core S/BS	3
Total Semester Hours			16
Second Year			
Fall Term		Spring Term	
Course	Course Number	Course Group/Description	Required Credit Hours
BIOL	2301	Anatomy and Physiology I	3
BIOL	2101	Anatomy and Physiology I Lab	1
		Core CA	3
GOVT	2305	Federal Government	3
		Core SPCH	3
HLTH	1304	Core Concepts in Health	3
Total Semester Hours			16
Course	Course Number	Course Group/Description	Required Credit Hours
GOVT	2306	Texas Government	3
		Core CCA	3
		Core LPC	3
KINE	2356	Prevention and Care of Injuries	3
KINE	3353	Physiology of Exercise	3
KINE	3153	Physiology of Exercise Laboratory	1
Total Semester Hours			16
Third Year			
Fall Term		Spring Term	
Course	Course Number	Course Group/Description	Required Credit Hours
KINE	3330	Measurement and Evaluation	3
KINE	3335	Dietary Considerations for Physical Activity and Exercise	3
		KIN Elective	3
		Minor	3
		Minor	3
Total Semester Hours			15
Course	Course Number	Course Group/Description	Required Credit Hours
KINE	4331	Organization and Administration of Activity Programs	3
KINE	4367	Exercise Testing Field/Clinical	3
		Minor	3
		Minor	3
		Any Course	3
Total Semester Hours			15
Fourth Year			
Fall Term		Spring Term	
Course	Course Number	Course Group/Description	Required Credit Hours
KINE	4368	Exercise and Dietary Psychology	3
KINE	4317	Analysis of Movement	3
KINE	4117	Analysis of Movement Lab	1
		Minor	3
		AnyCourse	1
		Any Course	3
Total Semester Hours			14
Course	Course Number	Course Group/Description	Required Credit Hours
KINE	4351	Fitness Appraisal and Exercise Prescription	3
		KIN Elective	3
		Minor	3
		AnyCourse	1
		AnyCourse	3
Total Semester Hours			13
Total Hours for Degree			120

Course Group Key						
Course Group Name	Credit Hours	Courses in Group		Course Group Name	Credit Hours	Courses in Group
Core SPCH	3			Core CCA	3	
Public Speaking		SPCH	1315	Business Communication		BUSI 2304
Interpersonal Communication		SPCH	1318	Technical and Scientific Writing		ENGL 2311
Teamwork and Group Communication		SPCH	2333	Elementary French I		FREN 1311
Core Math	3			Elementary French II		FREN 1312
College Algebra		MATH	1314	Elementary German I		GERM 1311
Finite Mathematics		MATH	1324	Elementary German II		GERM 1312
Math in Society		MATH	1332	International & Intercultural Comm-Latin America		INCM 1301
Intro to Probability and Statistics		MATH	1342	International & Intercultural Comm-France		INCM 1302
Intro to Foundations of Mathematics I		MATH	1350	International & Intercultural Comm-Germany		INCM 1303
Calculus I		MATH	2313	International & Intercultural Comm-Brazil		INCM 1304
Core S/BS	3			Elementary Portuguese I		PORT 1311
Cultural Anthropology		ANTH	2351	Elementary Portuguese II		PORT 1312
Principles of Macroeconomics		ECON	2301	Beginning American Sign Language		SGNL 1301
Principles of Microeconomics		ECON	2302	Intermediate American Sign Language		SGNL 1302
Intro to Human Dimensions and Recreation		FORS	2351	Elementary Spanish I		SPAN 1311
World Regional Geography		GEOG	1303	Elementary Spanish II		SPAN 1312
Survey of Mass Communication		MCOM	1307	KINE Activity	1-3	
General Psychology		PSYC	2301	Soccer Lab		KINE 1105
Introduction to Sociology		SOCI	1301	Volleyball Lab		KINE 1106
Core LPC	3			Basketball Lab		KINE 1112
Literary Genres		ENGL	2335	Bowling		KINE 1115
Introduction to Mythology		ENGL	2309	Jogging Lab		KINE 1210
British Literature to 1800		ENGL	2322	Tennis Lab		KINE 1214
British Literature from 1800		ENGL	2323	Scuba Diving		KINE 1216
American Literature to 1865		ENGL	2327	Taekwondo Lab		KINE 1219
American Literature from 1865		ENGL	2328	Special Studies in Games, Sports & Activities Lab		KINE 2100
World Literature to 1650		ENGL	2332	Weight Training Lab		KINE 2121
World Literature from 1650		ENGL	2333	Golf Lab		KINE 2144
Introduction to Literature		ENGL	2341	Racquetball Lab		KINE 2162
Western Civilization I		HIST	2311	Angling Lab		KINE 2170
Western Civilization II		HIST	2312	Beginning Swimming Lab		KINE 2209
World Civilizations I		HIST	2321	Intermediate Swimming Lab		KINE 2210
World Civilizations II		HIST	2322	ARC Lifeguarding Lab		KINE 2211
Introduction to Philosophy		PHIL	1301	Intermediate Tennis Lab		KINE 2216
Introduction to World Religions		PHIL	1304	Advanced Scuba Lab		KINE 2217
Introduction to Ethics		PHIL	2306	Advanced Taekwondo Lab		KINE 2219
Core CA	3			Water Safety Instruction Lab		KINE 2312
Art Appreciation		ARTS	1301	KIN Elective	1-3	
Art History I (Prehistoric to the 14th century)		ARTS	1303	Orthopedic Assessment for the Lower Body		KINE 3167
Art History II (14th Century to the present)		ARTS	1304	Rehabilitation for the Physically Active		KINE 3387
Dance Appreciation		DANC	2303	Personal Training Certification Preparation		KINE 4350
Theatre Appreciation		DRAM	1310	Clinical Exercise Testing and Prescription		KINE 4352
Film and Culture		DRAM	2366	Advanced Topics in Physiology of Exercise		KINE 4353
Intro to Music Literature		MUMH	1307	Fundamentals of Strength and Conditioning		KINE 4363
Music Appreciation		MUSI	1306	Exercise Science Internship		KINE 4180