

First Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1301	Rhetoric and Composition	3	ENGL	1302	Research and Argument	3
		Core Math	3	PHYS	1305	General Physics I	3
HIST	1301	United States History I	3	PHYS	1105	General Physics I Laboratory	1
KINE	1200	Physical Fitness Concepts and Activities	2	HIST	1302	United States History II	3
		Core S/BS	3	KINE	1301	Foundation of Kinesiology	3
						Core SPCH	3
Total Semester Hours			14	Total Semester Hours			16
Second Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
BIOL	2301	Anatomy and Physiology I	3	GOVT	2306	Texas Government	3
BIOL	2101	Anatomy and Physiology I Lab	1			Minor	3
		Core CA	3			Core LPC	3
GOVT	2305	Federal Government	3	KINE	3330	Measurement and Evaluation	3
		Core CCA	3			AnyCourse	3
HLTH	1304	Core Concepts in Health	3				
Total Semester Hours			16	Total Semester Hours			15
Third Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
KINE	2356	Prevention and Care of Injuries	3	KINE	3353	Physiology of Exercise	3
KINE	3340	Foundations of Personal Fitness	3	KINE	3153	Physiology of Exercise Laboratory	1
KINE	3335	Dietary Considerations for Physical Activity and Exercise	3	KINE	4363	Fundamentals of Strength and Conditioning	3
		Minor	3	KINE	4331	Organization and Administration of Activity Programs	3
		AnyCourse	2			Minor	3
						Minor	3
Total Semester Hours			14	Total Semester Hours			16
Fourth Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
KINE	4367	Exercise Testing Field/Clinical	3	KINE	4350	Personal Training Certification Preparation	3
KINE	4317	Analysis of Movement	3	KINE	4150	Personal Training Certification Preparation Lab	1
KINE	4117	Analysis of Movement Lab	1	KINE	4351	Fitness Appraisal and Exercise Prescription	3
KINE	4368	Exercise and Dietary Psychology	3			AnyCourse	3
		Minor	3			Minor	3
		AnyCourse	3				
Total Semester Hours			16	Total Semester Hours			13
Total Hours for Degree							120

Course Group Key						
Course Group Name	Credit Hours	Courses in Group		Course Group Name	Credit Hours	Courses in Group
Core SPCH	3			Core CCA	3	
Public Speaking		SPCH	1315	Business Communication		BUSI 2304
Interpersonal Communication		SPCH	1318	Technical and Scientific Writing		ENGL 2311
Teamwork and Group Communication		SPCH	2333	Elementary French I		FREN 1311
Core Math	3			Elementary French II		FREN 1312
College Algebra		MATH	1314	Elementary German I		GERM 1311
Finite Mathematics		MATH	1324	Elementary German II		GERM 1312
Math in Society		MATH	1332	International & Intercultural Comm-Latin America		INCM 1301
Intro to Probability and Statistics		MATH	1342	International & Intercultural Comm-France		INCM 1302
Intro to Foundations of Mathematics I		MATH	1350	International & Intercultural Comm-Germany		INCM 1303
Calculus I		MATH	2313	International & Intercultural Comm-Brazil		INCM 1304
Core S/BS	3			Elementary Portuguese I		PORT 1311
Cultural Anthropology		ANTH	2351	Elementary Portuguese II		PORT 1312
Principles of Macroeconomics		ECON	2301	Beginning American Sign Language		SGNL 1301
Principles of Microeconomics		ECON	2302	Intermediate American Sign Language		SGNL 1302
Intro to Human Dimensions and Recreation		FORS	2351	Elementary Spanish I		SPAN 1311
World Regional Geography		GEOG	1303	Elementary Spanish II		SPAN 1312
Survey of Mass Communication		MCOM	1307	AnyCourse	3	Any course at SFA
General Psychology		PSYC	2301			
Introduction to Sociology		SOCI	1301			
Core LPC	3					
Literary Genres		ENGL	2335			
Introduction to Mythology		ENGL	2309			
British Literature to 1800		ENGL	2322			
British Literature from 1800		ENGL	2323			
American Literature to 1865		ENGL	2327			
American Literature from 1865		ENGL	2328			
World Literature to 1650		ENGL	2332			
World Literature from 1650		ENGL	2333			
Introduction to Literature		ENGL	2341			
Western Civilization I		HIST	2311			
Western Civilization II		HIST	2312			
World Civilizations I		HIST	2321			
World Civilizations II		HIST	2322			
Introduction to Philosophy		PHIL	1301			
Introduction to World Religions		PHIL	1304			
Introduction to Ethics		PHIL	2306			
Core CA	3					
Art Appreciation		ARTS	1301			
Art History I (Prehistoric to the 14th century)		ARTS	1303			
Art History II (14th Century to the present)		ARTS	1304			
Dance Appreciation		DANC	2303			
Theatre Appreciation		DRAM	1310			
Film and Culture		DRAM	2366			
Intro to Music Literature		MUMH	1307			
Music Appreciation		MUSI	1306			