

First Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
ENGL	1301	Rhetoric and Composition	3	ENGL	1302	Research and Argument	3
HIST	1301	United States History I	3	HIST	1302	United States History II	3
		Core SPCH	3			Core Math	3
HLTH	1304	Core Concepts in Health	3			Core CA	3
		KIN ACTIVITY	2			KIN ACTIVITY	2
				HLTH	2316	Introduction to Community Health	3
Total Semester Hours			14	Total Semester Hours			17
Summer							
		AnyCourse	3	Total Summer Hours			3
Second Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
GOVT	2305	Federal Government	3	GOVT	2306	Texas Government	3
		BIOL Options	3			BIOL Options	3
		BIOL Lab Options	1			BIOL Lab Options	1
		Core LPC	3			Minor	3
		Core S/BS	3	HLTH	3337	Consumer Health	3
HLTH	2335	Health Concepts for Children and Adolescents	3	HLTH	3351	Substance Prevention Education	3
Total Semester Hours			16	Total Semester Hours			16
Summer							
		AnyCourse	3	Total Summer Hours			3
Third Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
		Core CCA	3			HSC Elective	3
HLTH	3345	Prevention and Control of Diseases	3	HLTH	4325	Social Health and Sexual Interaction	3
HLTH	4330	Social and Emotional Health	3	HLTH	4336	Environmental Health	3
		Minor	3			Minor	3
		Minor	3			AnyCourse	3
Total Semester Hours			15	Total Semester Hours			15
Summer							
		AnyCourse	3	Total Summer Hours			3
Fourth Year							
Fall Term				Spring Term			
Course	Course Number	Course Group/Description	Required Credit Hours	Course	Course Number	Course Group/Description	Required Credit Hours
HLTH	4370	Senior Seminar	3	HLTH	4180	Internship	3
HLTH	4389	Health Assessment and Intervention	3			Minor	3
		Minor	3				
		AnyCourse	3				
Total Semester Hours			12	Total Semester Hours			6
Total Hours for Degree						120	

Course Group Key						
Course Group Name	Credit Hours	Courses in Group		Course Group Name	Credit Hours	Courses in Group
Core SPCH	3			Core CA	3	
Public Speaking		SPCH	1315	Art Appreciation		ARTS 1301
Interpersonal Communication		SPCH	1318	Art History I (Prehistoric to the 14th century)		ARTS 1303
Teamwork and Group Communication		SPCH	2333	Art History II (14th Century to the present)		ARTS 1304
Core Math	3			Dance Appreciation		DANC 2303
College Algebra		MATH	1314	Theatre Appreciation		DRAM 1310
Finite Mathematics		MATH	1324	Film and Culture		DRAM 2366
Math in Society		MATH	1332	Intro to Music Literature		MUMH 1307
Intro to Probability and Statistics		MATH	1342	Music Appreciation		MUSI 1306
Intro to Foundations of Mathematics I		MATH	1350	BIOL Options	3	
Calculus I		MATH	2313	Biology for Non-Science Majors I		BIOL 1308
Core S/BS	3			Biology for Non-Science Majors II		BIOL 1309
Cultural Anthropology		ANTH	2351	Anatomy and Physiology I		BIOL 2301
Principles of Macroeconomics		ECON	2301	BIOL Lab Options	1	
Principles of Microeconomics		ECON	2302	Biology for Non-Science Majors I Lab		BIOL 1108
Intro to Human Dimensions and Recreation		FORS	2351	Biology for Non-Science Majors II Lab		BIOL 1109
World Regional Geography		GEOG	1303	Anatomy and Physiology I Lab		BIOL 2101
Survey of Mass Communication		MCOM	1307	KINE Activity	1-2	
General Psychology		PSYC	2301	Soccer Lab		KINE 1105
Introduction to Sociology		SOCI	1301	Volleyball Lab		KINE 1106
Core LPC	3			Basketball Lab		KINE 1112
Literary Genres		ENGL	2335	Bowling		KINE 1115
Introduction to Mythology		ENGL	2309	Jogging Lab		KINE 1210
British Literature to 1800		ENGL	2322	Tennis Lab		KINE 1214
British Literature from 1800		ENGL	2323	Scuba Diving		KINE 1216
American Literature to 1865		ENGL	2327	Taekwondo Lab		KINE 1219
American Literature from 1865		ENGL	2328	Special Studies in Games, Sports & Activities Lab		KINE 2100
World Literature to 1650		ENGL	2332	Weight Training Lab		KINE 2121
World Literature from 1650		ENGL	2333	Golf Lab		KINE 2144
Introduction to Literature		ENGL	2341	Racquetball Lab		KINE 2162
Western Civilization I		HIST	2311	Angling Lab		KINE 2170
Western Civilization II		HIST	2312	Beginning Swimming Lab		KINE 2209
World Civilizations I		HIST	2321	Intermediate Swimming Lab		KINE 2210
World Civilizations II		HIST	2322	ARC Lifeguarding Lab		KINE 2211
Introduction to Philosophy		PHIL	1301	Intermediate Tennis Lab		KINE 2216
Introduction to World Religions		PHIL	1304	Advanced Scuba Lab		KINE 2217
Introduction to Ethics		PHIL	2306	Advanced Taekwondo Lab		KINE 2219
Core CCA	3			Water Safety Instruction Lab		KINE 2312
Business Communication		BUSI	2304	HSC Elective	3	
Technical and Scientific Writing		ENGL	2311	Core Concepts in Health		HLTH 1304
Elementary French I		FREN	1311	Arc First Aid for Health Emergencies		HLTH 1306
Elementary French II		FREN	1312	Introduction to Community Health		HLTH 2316
Elementary German I		GERM	1311	Health Concepts for Children and Adolescents		HLTH 2335
Elementary German II		GERM	1312	Consumer Health		HLTH 3337
International & Intercultural Comm-Latin America		INCM	1301	Prevention and Control of Diseases		HLTH 3345
International & Intercultural Comm-France		INCM	1302	Substance Prevention Education		HLTH 3351
International & Intercultural Comm-Germany		INCM	1303	Health and Aging		HLTH 3375
International & Intercultural Comm-Brazil		INCM	1304	Special Problems		HLTH 4175
Elementary Portuguese I		PORT	1311	Internship		HLTH 4180
Elementary Portuguese II		PORT	1312			HLTH 4324
Beginning American Sign Language		SGNL	1301	Social Health and Sexual Interaction		HLTH 4325
Intermediate American Sign Language		SGNL	1302	Social and Emotional Health		HLTH 4330
Elementary Spanish I		SPAN	1311	Environmental Health		HLTH 4336
Elementary Spanish II		SPAN	1312	Senior Seminar		HLTH 4370
AnyCourse	3	Any course at SFA		Health Assessment and Intervention		HLTH 4389