# Stephen F. Austin State University

**OFFICIAL DEGREE PLAN: BACHELOR OF SCIENCE**

**Food and Nutrition** - 120 hours

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**Name:** ______________________________________________________  
**Student ID:** ____________________

**Catalog Term:** __________  
**Date:** __________

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## CORE CURRICULUM (42 hours)

### A. Communication Component Area (6 hours)

- English Rhetoric/Component Area (3 hours)
  - [ ] ENGL 1301
  - [ ] ENGL 1303

- Communication Skills (3 hours):
  - [ ] SPCH 1315
  - [ ] SPCH 1318
  - [ ] SPCH 2333

### B. Mathematics Component Area (3 hours)

- Life and Physical Sciences
  - [ ] MTH 110
  - [ ] MTH 127
  - [ ] MTH 138

### C. Life and Physical Sciences (6 hours)

- BIO 2301
- And one of the following:
  - [ ] ASTR 1303
  - [ ] BIOL 1308
  - [ ] BIOL 1309

- **2 lab hours are counted in “Support Hours”**

### D. Language, Philosophy, and Culture (3 hours)

- [ ] ARTS 1301
- [ ] ARTS 1303

### E. Creative Arts (3 hours)

- [ ] ART 280
- [ ] DRAM 1310

### F. American History (6 hours)

- [ ] HIS 1301

### G. Government/Political Science (6 hours)

- [ ] GOVT 2305

### H. Social and Behavioral Sciences (3 hours)

- [ ] ANTH 2351

### I. Component Area Option (6 hours)

- Required Writing Course (3 hours)
  - [ ] ENGL 1302
- [ ] ENG 132

- Communications Options (3 hours)
  - [ ] ENGL 2311
  - [ ] BCM 247

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**COMPLETED CORE HOURS**

**REMAINING CORE HOURS**

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### School Requirements (6 hours)
- □ HMSC 1300
- □ HMSC 3300

### Support (6 hours)
- □ BIOL 2402/2002
- □ BIOL 2101
- □ BIO 239 & L
- □ BIO 238L
- □ SCIENCE LAB

### Major (48 hours)
- □ CHEF 1101/1201
- □ NUTR 1138 (1)
- □ CHEF 1239/1139
- □ CHEF 1205 (2)
- □ NUTR 2339
- □ NUTR 3339
- □ CHEF 1325
- □ CHEF 3231/3131
- □ CHEF 3332
- □ CHEF 3209
- □ RSTO 3225
- □ RSTO 4104/4204
- □ RSTO 4331
- □ RSTO 439
- □ NUTR 4325
- □ NUTR 4335

### Minor (18 hours)
- Courses Completed:
- Courses Remaining:
  - See minor advisor for minor requirements, course availability and sequencing.

### Electives (to total 120 hours)

### Approvals:
- Academic Advisor: ____________________________ Date: ____________________________ Student: ____________________________
- Dean of Education: ____________________________ Date: ____________________________ Date: ____________________________

A maximum of 66 academic hours plus four hours of kinesiology activity from junior or community colleges may apply toward a bachelor's degree.

There is no limit for credits transferred from senior colleges/universities. However, all students must complete a minimum of 30 upper-level (3000+) semester hours in residence at SFA in order to earn a bachelor's degree.

**TOTAL HOURS FOR DEGREE**