SFASU Early Childhood Lab Menu 2023-24

<u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				3/1/24
				GRAHAM CRACKER
				Diced Turkey & Cheese
				Sliced Pickles
				Yogurt
				Mandarin Oranges
	•			Milk
				Animal Crackers
<u>3/4/24</u>	<u>3/5/24</u>	<u>3/6/24</u>	<u>3/7/24</u>	<u>3/8/24</u>
CEREAL	MUFFIN	OATMEAL	BANANA	COOK'S CHOICE
Ravioli	Cheese Quesadilla	Grilled Cheese Sandwich	Diced Meatballs	Chicken Patty on Bun
Sliced Bread	Sliced Cucumber w/ Ranch	Fries	Rice	Ketchup
Green Beans	Spanish Rice	Strawberries	Broccoli w/ Ranch	Baby Carrots w/ Ranch
Diced Peaches	Applesauce	Milk	Diced Pears	Fruit
Milk	Milk		Milk	Milk
WG Goldfish	Orange Wedges	Yogurt	Lorna Doone Cookie	WG Cheez-its Crackers
3/11/24	3/12/24	3/13/24	3/14/24	<u>3/15/24</u>
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<u>3/18/24</u>	3/19/24			
****	<u> </u>	3/20/24	<u>3/21/24</u>	<u>3/22/24</u>
CEREAL	HASH BROWN	3/20/24 FRENCH TOAST STICKS	3/21/24 CINNAMON TOAST	3/22/24 GRAHAM CRACKER
CEREAL Beef, Bean & Cheese Burrito				
	HASH BROWN	FRENCH TOAST STICKS	CINNAMON TOAST	GRAHAM CRACKER
Beef, Bean & Cheese Burrito	HASH BROWN Popcorn Chicken	FRENCH TOAST STICKS Spaghetti w/	<u>CINNAMON TOAST</u> Chicken Tenders	GRAHAM CRACKER Ham & Cheese on Slider Bun
Beef, Bean & Cheese Burrito Corn	HASH BROWN Popcorn Chicken Biscuit	FRENCH TOAST STICKS Spaghetti w/ Meatsauce	<u>CINNAMON TOAST</u> Chicken Tenders Tortilla	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits	HASH BROWN Popcorn Chicken Biscuit Green Peas	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch	Chicken Tenders Tortilla Shredded Lettuce	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana	Chicken Tenders Tortilla Shredded Lettuce Diced Peaches	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24 YOGURT	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL Cheese Quesadilla	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN Steak Fingers	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries 3/29/24
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24 YOGURT	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese 3/28/24 STUDENT HOLIDAY	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL Cheese Quesadilla	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN Steak Fingers	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24 YOGURT Diced Chicken w/ Alfredo Sauce	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese 3/28/24	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries 3/29/24
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL Cheese Quesadilla Baked Beans	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN Steak Fingers Ketchup, Toast	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24 YOGURT Diced Chicken w/ Alfredo Sauce Spaghetti Pasta	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese 3/28/24 STUDENT HOLIDAY	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries 3/29/24
Beef, Bean & Cheese Burrito Corn Pineapple Tidbits Milk WW Ritz Crackers 3/25/24 CEREAL Cheese Quesadilla Baked Beans Diced Pears	HASH BROWN Popcorn Chicken Biscuit Green Peas Applesauce Milk Jello Cup 3/26/24 MUFFIN Steak Fingers Ketchup, Toast Mashed Potato w/ Gravy	FRENCH TOAST STICKS Spaghetti w/ Meatsauce Romaine Salad w/ Ranch Banana Milk Pretzel WG Goldfish 3/27/24 YOGURT Diced Chicken w/ Alfredo Sauce Spaghetti Pasta Steamed Broccoli	CINNAMON TOAST Chicken Tenders Tortilla Shredded Lettuce Diced Peaches Milk Crackers w/ Sliced Cheese 3/28/24 STUDENT HOLIDAY	GRAHAM CRACKER Ham & Cheese on Slider Bun Ketchup Potato Smiles Orange Wedge Milk Strawberries 3/29/24