

Food and Nutrition Minor – 18 hours

The Food and Nutrition minor requires 3 hours from NUTR 2339; 15 hours from a selection of these courses: CHEF 1101 + CHEF 1201, CHEF 1139 + CHEF 1239, CHEF 1205 + NUTR 1138, NUTR 3349, NUTR 4303, NUTR 4309, and NUTR 4329. A total of 9 hours of advanced coursework is required. You must have an overall GPA of at least 2.0 in your minor.

Nutrition Courses

NUTR 2339 Introductory Nutrition (3 credits) – Fall, Spring, Summer - Take this course FIRST [Face to Face (F2F) and online options]

NUTR 3349 Nutrition During the Lifecycle (3 credits) – Spring only, Pre-requisite NUTR 2339 (online)

NUTR 4303 Cultural Aspects of Foods (3 credits) – Fall only (F2F/Zoom livestream)

NUTR 4309 Community Nutrition (3 credits) – Fall only, Pre-requisite NUTR 2339 (F2F/Zoom livestream)

NUTR 4329 Nutrition for Sports (3 credits) – Spring only, Pre-requisite NUTR 2339 (online)

Available Foods Courses

CHEF 1101 Principles of Food Science Lecture (1 credit) + CHEF 1201 Principles of Food Science Lab (2 credits) – Fall, Spring, Summer (lecture online; Summer is variable and fully online, when offered)

CHEF 1139 Management in Meal Production Lecture (1 credit) + CHEF 1239 Management in Meal Production Lab (2 credits) – Spring, Summer (online option; Summer is variable and fully online, when offered)

CHEF 1205 Public Health and Safety Management (2 credits) + NUTR 1138 (1 credit) Diet and Fitness – Fall, Spring (both courses are online only)