The Nutrition in Healthcare minor requires 18 hours from the courses listed below. You must have an overall GPA of at least 2.0 in your minor.

Nutrition Courses

**NUTR 2339  Introductory Nutrition (3)**
- Take this course FIRST
- This course provides a general overview of basic nutrition concepts.

**NUTR 3339  Nutrition (3) (Fall ONLY; online)**
- Take this course SECOND
- This course will provide a more in-depth look into the function of nutrients in the body and nutrient requirements for people of different age groups and activity levels.

**NUTR 4335  Nutrition Counseling (3) (Fall ONLY)**
- Take NUTR 3339 BEFORE this class
- This class focuses on communicating nutrition messages and facilitating behavior change.

**NUTR 4339  Advanced Human Nutrition (3) (Spring ONLY; online)**
- Take NUTR 3339 and CHEM 4352 BEFORE or concurrently with this class
- This class focuses on metabolic processes, methods of evaluating nutritional status, and new research in nutrition.

**HMS 4349  Medical Nutrition Therapy I (3) (Fall ONLY)**
- Take NUTR 3339, BIOL 2301+2101 & 2402+2002 before this class
- This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: nutrition support, metabolic stress, disorders of energy imbalance, hypertension, cardiovascular disease, and a variety of gastrointestinal disorders.

**HMS 4379  Medical Nutrition Therapy II (3) (Spring ONLY)**
- Take AFTER NUTR 4349
- This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: diabetes, renal disease, cancer, and HIV.