

Nutrition in Healthcare Minor – 18 hours

The Nutrition in Healthcare minor requires 18 hours from the courses listed below. You must have an overall GPA of at least 2.0 in your minor.

Nutrition Courses

NUTR 2339 Introductory Nutrition (3)

- ✓ Take this course FIRST
- ✓ This course provides a general overview of basic nutrition concepts.

NUTR 3339 Nutrition (3) (Fall ONLY; online)

- ✓ Take this course SECOND
- ✓ This course will provide a more in-depth look into the function of nutrients in the body and nutrient requirements for people of different age groups and activity levels.

NUTR 4335 Nutrition Counseling (3) (Fall ONLY)

- ✓ Take NUTR 3339 BEFORE this class
- ✓ This class focuses on communicating nutrition messages and facilitating behavior change.

NUTR 4339 Advanced Human Nutrition (3) (Spring ONLY; online)

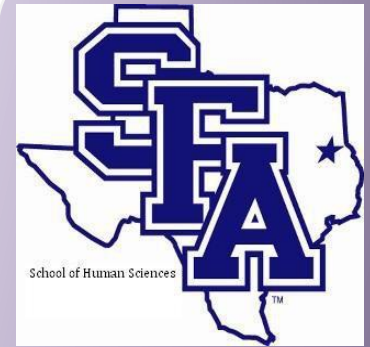
- ✓ Take NUTR 3339 and CHEM 4352 BEFORE or concurrently with this class
- ✓ This class focuses on metabolic processes, methods of evaluating nutritional status, and new research in nutrition.

HMS 4349 Medical Nutrition Therapy I (3) (Fall ONLY)

- ✓ Take NUTR 3339, BIOL 2301+2101 & 2402+2002 before this class
- ✓ This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: nutrition support, metabolic stress, disorders of energy imbalance, hypertension, cardiovascular disease, and a variety of gastrointestinal disorders.

HMS 4379 Medical Nutrition Therapy II (3) (Spring ONLY)

- ✓ Take AFTER NUTR 4349
- ✓ This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: diabetes, renal disease, cancer, and HIV.



The Nutrition in Healthcare Minor is a great choice for any student interested in a pre-professional degree.

Get involved on campus!

*Student Association
of Nutrition and
Dietetics*

Student organization

Fundraisers

Community outreach

Volunteer at a local farm

Help with SFA Dining Events