

**The Nutrition in Healthcare minor requires 18 hours from the courses listed below. You must have an overall GPA of at least 2.0 in your minor.**

#### Nutrition Courses

#### **NUTR 2339 Introductory Nutrition (3)**

- ✓ Take this course FIRST
- ✓ This course provides a general overview of basic nutrition concepts.

#### **NUTR 3339 Nutrition (3) (Fall ONLY; online)**

- ✓ Take this course SECOND
- ✓ This course will provide a more in-depth look into the function of nutrients in the body and nutrient requirements for people of different age groups and activity levels.

#### **NUTR 4335 Nutrition Counseling (3) (Fall ONLY)**

- ✓ Take NUTR 3339 BEFORE this class
- ✓ This class focuses on communicating nutrition messages and facilitating behavior change.

#### **NUTR 4349 Medical Nutrition Therapy I (3) (Fall ONLY)**

- ✓ Take NUTR 3339, BIOL 2301+2101 & 2402+2002 before this class
- ✓ This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: nutrition support, metabolic stress, disorders of energy imbalance, hypertension, cardiovascular disease, and a variety of gastrointestinal disorders.

#### **NUTR 4379 Medical Nutrition Therapy II (3) (Spring ONLY)**

- ✓ Take AFTER NUTR 4349
- ✓ This class focuses on the physiological basis and application of medical nutrition therapy using the nutrition care process. The following nutrition concepts are discussed in this class: diabetes, renal disease, cancer, and HIV.

Pick 1 of the following:

#### **NUTR 3349 Nutrition Through the Life Cycle (3) (Spring ONLY; livestream enabled)**

#### **NUTR 4339 Advanced Human Nutrition (3) (Spring ONLY; online)**

- ✓ Take NUTR 3339 and CHEM 4352 BEFORE or concurrently with this class
- ✓ This class focuses on metabolic processes, methods of evaluating nutritional status, and new research in nutrition.



The Nutrition in Healthcare Minor is a great choice for any student interested in a pre-professional degree.

#### **Get involved on campus!**

*Student Association of Nutrition and Dietetics*

Student organization

Fundraisers

Community outreach

Volunteer at a local farm

Help with SFA Dining Events