

**Example Professional Counseling Degree Map**  
Course Sequence for 9 Hours (Students Begin Program in Fall)

Masters of Arts in Professional Counseling

Specializations include:

Clinical Mental Health Counseling (CMCH)

Certified Rehabilitation Counseling (CRC)

School Counseling (SC)

YEAR ONE		
Semester 1 Fall	Semester 2 Spring	Semester 3 Summer
PCOU 5331 Theories	PCOU 5310 Abnormal	PCOU 5323 Ethics (Online)
PCOU 5320 Professional Orientation	PCOU 5341 Research	PCOU 5330 Crisis (Online) CMCH * PCOU 5342 Psychosocial Aspects CRC ** PCOU 5324 School Counselor (Online) SC ***
PCOU 5385 Lifespan (Online)	PCOU 5325 Career (Online)	
<b>9 hours</b>	<b>9 hours</b>	<b>6 hours</b>
YEAR TWO		
Semester 4 Fall	Semester 5 Spring	Semester 6 Summer
PCOU 5322 Family Counseling	PCOU 5333 Skills and Tech	PCOU 5339 Business Practice
PCOU 5359 Assessment	PCOU 5328 Group	PCOU 5329 Child and Adolescent (Online) *** PCOU 5326 Medical Orientation ** PCOU 5340 Special Studies (Online)*
PCOU 5391 Psychopathology (Online)	PCOU 5335 Multicultural (Online)	Could move practicum to Summer and move internship to Semester 7
<b>9 hours</b>	<b>9 hours</b>	<b>6 hours</b>
YEAR THREE		
Semester 7 Fall	Semester 8 Spring	Semester 9
PCOU 5321 Substance Abuse (Online)	PCOU 5395 Internship (6 Hours)	
PCOU 5394 Practicum		
<b>6 hours</b>	<b>6 Hours</b>	

\* This is a required course for Clinical Mental Health Specialization

\*\* These are required courses for the Clinical Rehabilitation Specialization

\*\*\* These are required courses for the School Counseling Specialization

CMCH can choose among these courses as an elective: PCOU 5329 Child and Adolescent, PCOU 5326 Medical Orientation, or PCOU 5340 Special Studies in Counseling. Please note PCOU 5340 Special Studies in Counseling is rarely offered.

Assistance with accessing online course materials in Brightspace/D2L or using Zoom can be found on the Center for Teaching and Learning website <https://www.sfactl.com/home>

Brightspace/D2 Student Support: <https://www.sfactl.com/brightspace-students>

Zoom Student Support: <https://www.sfactl.com/zoom-student-support>

**Professional Counseling Program Degree Information**  
**Specialization include Clinical Mental Health Counseling (CMHC),**  
**Clinical Rehabilitation Counseling (CRC),**  
**School Counseling (SC)**

<b>COURSE</b>	<b># of hours</b>	<b>Major Courses(C) Emphasis Courses (E) Specialization (S)</b>	<b>Format Face-to-Face (F2F) Online</b>	<b>Fall</b>	<b>Spring</b>	<b>Summer</b>
PCOU 5310 Survey of Abnormalities +	3	C	F2F	x	x	
PCOU 5320 Professional Orientation to Counseling +	3	C	F2F	x	x	
PCOU 5321 Seminar in Alcohol and Drug Abuse	3	E	Online	x	x	
PCOU 5322 Family Counseling	3	C	F2F	x	x	
PCOU 5323 Legal and Ethical Issues in Counseling	3	C	Online			x
PCOU 5324 School Counselor	3	S – SC	Online			x
PCOU 5325 Career Development and Counseling	3	C	Online	x	x	
PCOU 5326 Medical Orientation	3	S – CRC, CMHC	F2F			x
PCOU 5328 Group Counseling	3	C	F2F	x	x	
PCOU 5329 Child and Adolescent Therapy	3	S – SC, CMHC	Online			x
PCOU 5330 Crisis Counseling	3	S - CMHC	Online			x
PCOU 5331 Theories of Counseling +	3	C	F2F	x	x	
PCOU 5333 Counseling Skills and Techniques	3	C	F2F	x	x	
PCOU 5335 Multicultural Counseling	3	C	Online	x	x	
PCOU 5339 Professional Counseling Practice	3	E	F2F			x
PCOU 5341 Seminar in Counseling Research +	3	C	F2F	x	x	
PCOU 5340 Special Studies in Counseling	3	S – CMHC	Online			x
PCOU 5342 Psychosocial Aspects	3	S – CRC	F2F			x
PCOU 5359 Assessment in Counseling	3	C	F2F	x	x	
PCOU 5385 Lifespan Development +	3	C	Online	x	x	
PCOU 5391 Mental Health and Psychopathology	3	C	F2F	x	x	
PCOU 5934 Practicum in Counseling	3	C	F2F	x	x	x
PCOU 5395 Internship in Counseling	6	C	Zoom/F2F	x	x	

+ and Highlighted in Gray: Classes must be taken within the first year of the Professional Counseling Program

C – Classes must be taken before Practicum, Practicum is taken before Internship

E – Classes can be taken any time during the program

S – Classes are part of specialization