



# STEPHEN F. AUSTIN STATE UNIVERSITY

THE UNIVERSITY OF TEXAS SYSTEM ★ NACOGDOCHES, TEXAS

## Department of Human Services and Educational Leadership School Psychology Assessment Center

P.O. Box 13019, SFA Station • Nacogdoches, Texas 75962

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### I have been referred for or am requesting psychoeducational assessment and/or testing so now what?

At this point the first steps for initiation for testing have begun. You should have completed and/or received the following information.

- Referral form/short behavior checklist
- Permission/consent form
- Pricing sheet

### What now?

Now, you will need to wait for a psychological associate/graduate assistant to receive your information and contact you about an assessment. Keep in mind that this may take at least 1 to 2 weeks for initial contact.

### What is a psychoeducational assessment?

Psychoeducational assessment provides estimates of the client's intellectual, or cognitive abilities and educational achievement levels. It also helps with recommendations relevant for educational planning.

Sources of assessment data include:

- Background information
- Educational history
- Records and data from tests of intelligence and educational achievement
- and ratings tests of attention, behavior/emotions, and adaptive behavior.

Psychoeducational assessment is designed to answer specific questions: Does the client have a learning disability(ies), attention problems, what are the client's academic and cognitive abilities, strengths, and weaknesses? What are appropriate educational recommendations? Accommodations? Behavior/emotional and medical issues may need to be addressed in psychoeducational assessment. Compiling, integrating, and analyzing all assessment data yield educational and other relevant recommendations.

A psychoeducational report is a type of psychological report that focuses on assessment and interpretation of educationally related psychological tests and educational tests, including tests of intelligence and cognitive abilities, achievement tests, and various psychological tests of behavior and attention.

### Is my assessment confidential?

All information is confidential, unless you sign a release form, indicate intent of harming yourself or others, indicate past or present child abuse, or in the case of a medical emergency.

### What is involved in assessment through the SFA School Psychology Assessment Center?

If you are a candidate for testing a psychological associate will be assigned to provide support through the process. Typically, testing may be completed in two to three weeks, but is dependent on the student's schedule. You will be given tests of cognitive functioning, achievement, social/emotional/behavioral questionnaires, adaptive functioning and personality characteristics. These are standardized tests administered one-on-one. Cost is usually between \$250 to \$300 for a standard psycho-educational battery.

### What can I do to prepare for the assessment?

- Arrive for your appointment on time
- Be well-rested and comfortable
- Be ready to do your best
- Eat beforehand since testing sessions last up to four hours
- Do not spend time studying: it is neither recommended nor required
- If you are on prescription medication, take or bring your medication so your condition(s) will not detract from the session.
- If you require eyeglasses, etc., bring them to the testing session.
- Refrain from using alcohol and/or illegal drugs before testing sessions.

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## How long will I wait on the waiting list?

Since the demand is high for assessments, you may be placed on a waiting list. The waiting list lasts approximately 60 days. However, when you are contacted an estimate will be provided.

## When should I expect results?

Results are typically given in three to four weeks after the testing is completed unless there is a holiday or other interruption in campus/school days.

## What will be in the report?

The report will include a reason for referral, tests administered, background information, relevant behavior observations, major findings, and recommendations. A diagnosis, if given, will be in the major findings sections.

## What happens if I am diagnosed with a disability?

If you receive a diagnosis and you need to request accommodations due to the limitations identified, you should contact Disability Services to discuss learning support services and accommodations. You must submit a copy of your assessment report to Disability Services prior to registering for services. Allow approximately time after submission of your report for the staff to review your file and schedule an appointment. The information to Disability Services is as follows:

Physical location: Human Services Building, Room 325

Mailing address: P.O. Box 6130, Nacogdoches, TX 75962

Phone: (936) 468-3004

Fax: (936) 468-1368

Hours: 8 a.m. to 5 p.m. / Monday to Friday

## To schedule a screening or request additional information, contact:

Nina Ellis-Hervey, Ph.D., N.C.S.P., L.S.S.P.

Assistant Professor

School Psychology Program Human Services

Stephen F. Austin State University

Office: (936) 468-1306

Other: (405) 293-3085