

SFA'S SCHOOL OF SOCIAL WORK
AND DEWITT SCHOOL OF NURSING PRESENT:

THE SECRET SUPERPOWERS OF NURSES

4-6 P.M.
APRIL 30

Location: Steen Library
Facilitator: Dr. Emmerentie
Oliphant

Scan the
QR code to
register.



Workshop topics include:

- Managing the emotional burden of nursing
- Balancing school and family
- Isolation and socialization
- Recognizing and managing anxiety
- Self-advocacy in school and the workplace
- Academic mindset and time management



**STEPHEN F. AUSTIN
STATE UNIVERSITY**
THE UNIVERSITY OF TEXAS SYSTEM
NACOGDOCHES, TEXAS

For more information,
contact Dr. Emmerentie Oliphant
at oliphante@sfasu.edu
or (936) 468-2291.