

Mental Health Referral List – Nacogdoches

Listed below is a sample of mental health providers local to the Nacogdoches area. There may be other clinicians in your area, which you can find listed in the Yellow Pages (e.g., under “psychologists” or “counseling”), or by using Google. The names listed below are not endorsements.

Counseling Services (Provides free counseling to SFA students)

3rd Floor Rusk

Stephen F. Austin State University

P.O. Box 13032, SFA Station

Nacogdoches, Texas 75962

(936) 468-2401

Distance from SFA Baker Pattillo Student Center: On Campus

Burke (Local Community Mental Health Agency) (Medicaid/Medicare/Insurance/Sliding fee scale)

Crisis Line: (936) 639-1141

Mental Health Services Intake: (936) 634-5010 or (866) 242-4556

Nacogdoches Mental Health Clinic: (936)-558-6200

3824 N University Dr.

Nacogdoches, TX 75965

*Walk-ins welcome between 8am-3pm (M-F)

Distance from SFA Baker Pattillo Student Center: 2.3 miles

Alcohol & Drug Abuse Council (Substance abuse outpatient counseling, inpatient referral) (Insurance/Sliding fee scale)

1407 N. University, Suite B-2

Nacogdoches, TX 75961

(936) 569-1445 (Outreach, screening, and referral) (Tuesday, Wednesday, & Friday)

(936) 569-7678 (Prevention Resource Center) 24-hour phone number: 1-800-445-8562

*Walk-ins welcome M-F

Distance from SFA Baker Pattillo Student Center: 1.6 miles

Everhealth Lufkin Office (Psychiatric care-Medication Management) (Blue Cross/Blue Shield and Medicaid)

531 Gaslight Blvd

Lufkin TX, 75904

(936) 229-3621

<http://everhealth.net/locations/lufkin-office>

Distance from SFA Baker Pattillo Student Center: 27.3 miles

Dr. Shyam A. Vyas, MD (Psychiatrist)

3516 NE Stallings Dr.

Nacogdoches, TX 75965

(936) 715-9911

Distance from SFA Baker Pattillo Student Center: 2.4 miles

Dr. Tom A. Middlebrook, MD (Child and adolescent psychiatrist)

3516 NE Stallings Dr.

Nacogdoches, TX 75965

(936) 560-0818

Distance from SFA Baker Pattillo Student Center: 2.4 miles

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Tall Pines Family Clinic

Rebekah Koch, M.D. (Psychiatry)

10 Medical Center Blvd, Suite C

Lufkin, TX, 75904

936 639-4393

<https://www.tallpinesfamilyclinic.com/>

Distance from SFA Baker Pattillo Student Center: 23 miles

Sidney Kroll, PhD (Psychologist) (Assessment and Psychotherapy)

Pineywoods Psychological Services

518 E Hospital St.

Nacogdoches, TX 75961

(936) 462-8577

www.pineywoodspsychologicalservices.com

Distance from SFA Baker Pattillo Student Center: 1.7 miles

Sid Epperson Licensed Psychologist (Psychological Assessment-Evaluation)

1214 Ellis Avenue

Lufkin, TX 75904

936 637-0074

Distance from SFA Baker Pattillo Student Center: 23 miles

SFA Counseling Clinic (Provides inexpensive counseling by student clinicians)

Human Services Building, Rm 201 (2nd Floor)

Stephen F. Austin State University

P.O. Box 13019, SFA Station

Nacogdoches, Texas 75962-3019

(936) 468-1041

Distance from SFA Baker Pattillo Student Center: On Campus

Family Crisis Center (Provides free counseling to physical, sexual, and emotional/neglect abuse victims)**Stephen F. Austin State University Campus Outreach Office**

McKibben Building, room 304

(936)-468-SAFE (7233)

Distance from SFA Baker Pattillo Student Center: On Campus

Wilson Psychotherapy and Consultation (45 years' experience in behavioral health)(Most insurance accepted)

Jerry Wilson, MS, LPC

Cheryl Wilson, LMSW, ACP, ACSW

3516 NE Stallings Dr.

Nacogdoches, Texas 75965

(936) 569-6562

Distance from SFA Baker Pattillo Student Center: 2.4 miles

Ray Johnston, MSW, LCSW (Clinical Social Worker) (Insurance/ sliding fee scale)

Ray Johnston Counseling Services

207A Blount St

Nacogdoches, TX 75965

(936) 569-8570

www.rayjohnstoncounseling.com

Distance from SFA Baker Pattillo Student Center: 0.7 miles

Milstead & Associates Counseling Group (Student rates available, LGBTQ)

Brittany Brown Milstead, MA, LPC and Associates

118 East Hospital Street, Suite 300

Nacogdoches, TX 75964

(936) 615-7927

www.milsteadcounseling.com

Distance from SFA Baker Pattillo Student Center: 1.4 miles

Dogwood Mental Health and Wellness, LLC (Sliding fee scale/Insurance)

1329 N. University Drive, Suite E-3

Nacogdoches, TX 75961

(936) 622-0993

www.dogwoodmhw.com

Distance from SFA Baker Pattillo Student Center: 1.7 miles

Pathways Forensic & Mental Health Services (Assessment and counseling services/multiple providers on site)(Insurance/Medicaid)

103 Wildlife Lane

Lufkin, TX 75904

(936) 238-3868

<http://www.jeanspathways.com>

Distance from SFA Baker Pattillo Student Center: 21.8 miles

Pathways Forensic & Mental Health Services (Assessment and counseling services/multiple providers on site)(Insurance/Medicaid)

1132 NW Stallings Dr., STE. 2

Nacogdoches, TX 75964

(936) 238-3868

<http://www.jeanspathways.com>

Distance from SFA Baker Pattillo Student Center: 3.5 miles

Crossover Counseling (Faith based counseling services)(Insurance, Sliding fee scale)

Nacogdoches Office

3524 NE Stallings Dr.

Nacogdoches, TX 75965

(936) 560-6855

(936) 632-3033 Lufkin

<http://crossovercounseling.com>

Distance from SFA Baker Pattillo Student Center: 4.4 miles

Salvador Luna, MSW, LCSW (Clinical Social Worker)(Insurance/Sliding fee scale)(Available evenings and weekends)

617 South First Street

Lufkin, TX 75904

(936) 404 9564

Distance from SFA Baker Pattillo Student Center: 30 miles

Dr. Robert Choate, Ed., LPC-S (Children and adults, couples, victims of sexual assault and domestic violence)(Sliding fee scale based on family income, cash, credit card)(Offices in Lufkin, Crockett and Center)

412 North Street Suite B

Nacogdoches, TX 75961

936 564-9757

Distance from SFA Baker Pattillo Student Center: 1.3 miles

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Solmonson Counseling Associates (Multiple providers on site-individual, couples, family, and group counseling)

2424 N. Pecan Suite 106

Nacogdoches, TX 75965

936-585-2191

www.solmonsoncounseling.com

Rates:

LPC Intern \$50/hour

LPC \$75/hour

PhD LPC/\$100

*We are a private pay practice and are not on any insurance panels.

*We offer appointments during day, evening, and on the weekends.

Distance from SFA Baker Pattillo Student Center: 0.7 miles

Integrative Counseling and Wellness

Tiffany Y. Telesca, M.Ed, LPC

Williamsburg Plaza

320 North Street, Suite 204

Nacogdoches, TX 75961

936-221-0947

Distance from SFA Baker Pattillo Student Center: 1.2 miles

Additional Resources:

Texas Counseling Association's REFERRAL BANK

<https://www.txca.org/assnfe/SearchMembers.asp?TYPE=REFERRALBANK>

National Suicide Prevention Lifeline

1-800-273-TALK

www.suicidepreventionlifeline.org

National Hopeline Network

(Kristin Brooks Hope Center)

I'mAlive

1-800-SUICIDE

www.hopeline.com

www.imalive.org

(an online crisis network with certified crisis volunteers)

National Institute of Mental Health

www.nimh.nih.gov

SAMSHA

(Substance Abuse and Mental Health Services Administration)

www.samhsa.gov

Suicide Prevention Resource Center

www.sprc.org

Trans Lifeline

877-565-8860

<https://translifeline.org/>

Trevor Life line (LGBT)

1-866-488-7386

Text START to 678678

www.thetrevorproject.org