

**SFASU Counseling Clinic
Annual Report
Fall 2016-Summer 2017**

The SFASU Counseling Clinic is associated with the Counselor Education program and provides counseling services to the East Texas community. Services include individual, couples, and family counseling and assessment. Graduate counseling students who are in the final semesters of their training program are the direct service providers with supervision provided by faculty.

In addition to providing direct services, the clinic is an integral part of the overall training program for the Counselor Education, Rehabilitation, and School Psychology programs. Students utilize the facilities to complete and record class assignments designed to teach skills. All Counseling students are required to complete a minimum of 3 observation hours during each semester of enrollment.

During the 2016-17 academic year, quantitative data was collected and is reported below.

- One hundred and sixteen mental health consumers received services. Demographics of the consumers are:

Age		Gender		Race	
Adults	104	Female	92	AA	5
Adolescents	0	Male	24	White	50
Children	8			Asian	1
Unspecified	4			Hispanic	16
				Unspecified	44

- Consumer fees generated totaled approximately \$ 5,456.00
- 12 graduate students provided counseling services.
 - 2 graduate internship students
 - 2 graduate pre-practicum students
 - 8 graduate practicum students

- 130 graduate Counseling student hours accessed for the purpose of primary skill development.
- 8 graduate Students Affairs student hours accessed for the purpose of primary skill development.
- 12 School Psychology student hours accessed for the purpose of primary skill development.
- 216 graduate Counseling student hours utilized the clinic for the purpose of student observations.
- Approximately 97 undergraduate student hours utilized the clinic for the purpose of primary skill development.
- Internships developed and fulfilled by outside departments and programs.
 - 2 undergraduate student internships from Rehabilitation Services Program
- 2 groups were organized and facilitated from campus population.
- Goals met for 15/16 academic year

- Goals for 17/18 academic year:
 - Increase program coordination with other campus programs, increasing student referrals.
 - Increase utilization of clinic for group services from campus population.