

Melinda Watts PhD, LAT, ATC

EDUCATION

PhD	Rocky Mountain University of Health Professions Provo, UT Athletic Training; Emphasis in Andragogy Dissertation: <i>Epidemiology of Collegiate Rodeo</i>	2012-2017
MS	Stephen F. Austin State University Nacogdoches, TX Graduate Athletic Training Education Program	2005-2007
BS	Stephen F. Austin State University Nacogdoches, TX Major: Kinesiology	2001-2004

PROFESSIONAL TEACHING EXPERIENCE

Stephen F. Austin State University, Assistant Professor, Clinical Education Coordinator of Graduate Athletic Training Program (GATP)
Nacogdoches, TX

	August 2017-Present
• KIN 521- Clinical I	July 2017-2019
• KIN 522- Clinical II	Fall 2017, 2018
• KIN 532- Evaluation Techniques of the Lower Extremity	Fall 2017, 2018
• KIN 532L- Evaluation Techniques of the Lower Extremity Lab	Fall 2017, 2018
• KIN 531- Therapeutic Modalities	Spring 2018, 2019
• KIN 531L- Therapeutic Modalities Lab	Spring 2018, 2019
• KIN 541- Clinical III	Spring 2018, 2019
• KIN 551.02- Clinical V	Spring 2018, 2019
• KIN 357	July 2018, 2019

Kaufman High School, Co-Athletic Trainer and Teacher
Kaufman, TX

August 2010-May 2017

- Sports Medicine II

Kaufman High School, Athletic Trainer and Teacher
Kaufman, TX

July 2007- May 2010

- Sports Medicine I

PROFESSIONAL CLINICAL EXPERIENCE

Kaufman I.S.D., Co-Athletic Trainer
Kaufman, TX

August 2012-May 2017

- Co-athletic trainer for Kaufman Junior High and High School athletes
- Primary responsibilities include medical coverage for all high school and junior high girl sports with shared medical coverage of male sports (football, basketball, track, baseball, and soccer)
- Communicate with student-athletes, parents, coaches, athletic trainer, girl's coordinator and medical doctors as needed.
- Provide health care and develop rehabilitation programs for injured junior high and high school athletes
- Assist student-athlete parents with arranging doctor appointments
- Provide supervision, mentorship, and guidance to students involved in athletic training program
- Facilitate filing insurance claim paperwork with student-athlete parents
- Instructor of sports medicine II course

Kaufman I.S.D., Head Athletic Trainer
Kaufman, TX

August 2010- May 2012

- Head athletic trainer for Kaufman Junior High and High School athletes
- Responsible for providing medical coverage of all high school and junior high girl sports, football, and shared medical coverage of all other male sports (basketball, baseball, track, soccer) and junior high home football games
- Communicate with student-athletes, parents, coaches, athletic trainer, athletic director and medical doctors as needed
- Provide health care and develop rehabilitation programs for injured junior high and high school athletes
- Assist student-athlete parents with arranging doctor appointments
- Provide supervision, mentorship, and guidance to student involved in athletic training program
- Facilitate filing insurance claim paperwork with student-athlete parents
- Instructor of first aid and CPR
- Instructor of sports medicine II course
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Kaufman I.S.D., Assistant Athletic Trainer
Kaufman, TX

July 2007- May 2010

- Assistant athletic trainer for Kaufman Junior High and High School athletes
- Primary responsible for providing daily medical coverage to all girls high school and junior high athletics
- Provide health care and develop rehabilitation programs for injured junior high and high school athletes
- Communicate with student-athletes, parents, coaches, head athletic trainer, girls coordinator, and medical doctors as needed
- Assist student-athlete parent with arranging doctor appointments
- Facilitate filing insurance claim paperwork with student-athlete parents
- Assist with the development of sports medicine I and II courses

- Provide supervision, guidance, and mentorship to students involved in athletic training program
- Instructor of sports medicine I course

Memorial Hospital, Physical Therapy Technician
Nacogdoches, TX

October 2004-July 2006

- Assist the physical therapist with daily inpatient rehabilitation and wound care
- Responsible for set-up of overhead bed trapeze, constant passive movement machines, and inputting daily patient billing charges

PROFESSIONAL CLINICAL SPORT CAMP EXPERIENCE

Texas A & M University, Soccer Camp Athletic Trainer
College Station, TX

July 2016

- Athletic Trainer for soccer camp at Texas A & M University
- Responsible for providing medical coverage to jr high and high school athletes
- Communicate with athletes, parents, coaches, and athletic trainers as needed
- Prepare paperwork for injured athletes and parents
- Assist the parent and athlete with emergency medical care as needed

Texas A & M University, Soccer Camp Athletic Trainer
College Station, TX

June 2012

- Athletic Trainer for soccer camp at Texas A & M University
- Responsible for providing medical coverage to jr high and high school athletes
- Communicate with athletes, parents, coaches, and athletic trainers as needed
- Prepare paperwork for injured athletes and parents
- Assist the parent and athlete with emergency medical care as needed

Stephen F. Austin State University, Volleyball Camp Athletic Trainer
Nacogdoches, TX

July 2006

- Athletic trainer for volleyball camp at Stephen F. Austin State University
- Responsible for providing medical coverage to jr high and high school age volleyball athletes
- Communicate with athletes, parents, coaches, and athletic trainers as needed
- Assist the parent and athlete with emergency medical care as needed
- Prepared paperwork for injured athletes and parents

Stephen F. Austin State University, Tennis Camp Athletic Trainer
Nacogdoches, TX

July 2006

- Athletic trainer for tennis camp at Stephen F. Austin State University
- Responsible for providing medical coverage to jr high and high school age tennis athletes
- Communicate with athletes, parents, coaches, and athletic trainers as needed
- Assist the parent and athlete with emergency medical care as needed
- Prepared paperwork for injured athletes and parents

CERTIFICATIONS

- National Athletic Trainers' Board of Certification (#2000002505) Current
- Texas Licensed Athletic Trainer (# AT3324) Current
- National Provider Identifier Number (NPI # 1508313677) Current
- International Cupping Therapy Association
 ○ Contemporary Cupping Therapy Association October 9, 2017
- BLS Provider; CPR/ AED, American Heart Association 8/2018-8/2020
- Fascial Movement Taping- Rocktape Provider (FMT-Level 1) 2013-present
- Texas Education Agency (TEA) Sports Medicine I, II, & III Instructor 2008- present
- American Heart Association Instructor 2010-2013
 ○ CPR/AED

PROFESSIONAL AFFILIATIONS

- National Athletic Trainer's Association, Member 2007-present
- Southwest Athletic Trainer's Association, Member 2007-present
- Southwest Athletic Trainer's Association- Student Advisory Board 2006-2007
 ○ Parliamentarian
- Organization of Athletic Training Students 2005-2006
 ○ Stephen F. Austin State University
- Organization of Athletic Training Students, Member 2004-2007
 ○ Stephen F. Austin State University

PRESENTATIONS

Wilson, B., Miller, S., Bobo, L., **Watts M.** *Acute Trauma Management Utilizing "Stop the Bleed" Protocol.* Southwest Athletic Trainers' Association, Regional Conference Presentation, July 2019.

Williams, B., **Watts, M.** *Physiological Deficits Following a Plica Resection in the General Population.* Southwest Athletic Trainers' Association, Student Poster Presentation, July 2019.

Watts, M. *Comparisons of Athletic Trainer Reported and Self-Reported Injuries in Collegiate Rodeo,* Southwest Athletic Trainers' Association, Poster Presentation, July 2018.

Watts, M. *Descriptive Epidemiology in Collegiate Rodeo,* Stephen F. Austin State University, College of Science and Mathematics Annual Women in STEM Luncheon; Invited Poster Presentation, April 2018.

Watts, M. *Descriptive Epidemiology in Collegiate Rodeo,* Stephen F. Austin State University, Symposium on Arts & Research (SOAR), Poster Presentation, March 2018.

Watts, M. *I Got a Feeling... You got a Feeling,* Stephen F. Austin State University, STEM Day, Activity Session, February 2018.

Watts, M. *Epidemiology of Collegiate Rodeo*, Rocky Mountain University of Health Professions, Research Symposium, Poster Presentation, August 2017.

Watts, M. *Repeat Chalazia in the Upper Eyelid*. Southwest Athletic Trainers' Association, Roundtable Poster Presentation, July 2007.

RESEARCH EXPERIENCE

Rocky Mountain University of Health Professions
Provo, UT

2012-August 2017

- *Dissertation: Epidemiology of Collegiate Rodeo*

SERVICE

UNIVERSITY SERVICE

Department of Kinesiology and Health Science Department Graduate Athletic Training Search Committee member

Spring 2019

Clinical Practice Field Experience committee member

2018-2019

Department of Kinesiology and Health Science Depart. Policy committee member

2018-2019

Stephen F. Austin State University STEM presentation

Spring 2018, 2019

Rocky Mountain University of Health Professions,

2015, 2017

- Graduate Student Ambassador

ATHLETIC TRAINING SERVICE

Avon Breast Cancer Walk, Athletic Trainer, Houston, TX

April 2008

Susan G. Komen Breast Cancer 3 day walk, Athletic Trainer, Dallas, TX

June 2005

Saturday Morning Injury Clinic, Dr. William R. Vandiver

2007- 2016

PROFESSIONAL DEVELOPMENT

Athletic Training Educators' Conference, Grapevine, TX

February 2019

Southwest Athletic Trainers' Association Annual Symposium, Arlington, TX

July 2018

National Athletic Trainers' Association Annual Symposium, New Orleans, LA

June 2018

National Athletic Trainers' Association Annual Symposium, Houston, TX

June 2017

Athletic Training Educators' Conference, Grapevine, TX

February 2017

Southwest Athletic Trainers' Association Annual Symposium, Arlington, TX

July 2016

National Athletic Trainers' Association Annual Symposium, St. Louis, MO

June 2015

Athletic Training Educators' Conference, Dallas, TX

February 2015

Fascial Movement Taping Seminar- Level 1

September 28, 2013

Southwest Athletic Trainers' Association Annual Symposium, Addison, TX

July 2012

National Athletic Trainers' Association Annual Symposium, New Orleans, LA	June 2011
National Athletic Trainers' Association Annual Symposium, San Antonio, TX	June 2009
Southwest Athletic Trainer's Association Annual Symposium, Corpus Christi, TX	July 2008
Southwest Athletic Trainers' Association Annual Symposium, Arlington, TX	July 2007
Southwest Athletic Trainers' Association Annual Symposium, Little Rock, AR	July 2006
Southwest Athletic Trainers' Association Annual Symposium, Houston, TX	July 2005
Southwest Athletic Trainers' Association Annual Symposium, Arlington, TX	July 2004

HONORS AND AWARDS

Symposium on Arts and Research (SOAR) Spotlight Poster Presentation	March 2018
○ Plaque & Monetary Prize	
Ben Hogan Sports Medicine <i>The Team Behind the Team</i> Award-Athletic Training Staff	April 2016
National Athletic Trainers' Association Foundation Doctoral Scholarship	2015
Rocky Mountain University of Health Professions- Learning Theory & Design Course	June 2013
○ Best Poster Presentation- Concept Map	