

Stephen F. Austin State University
OFFICIAL DEGREE PLAN: BACHELOR OF SCIENCE
Kinesiology: Exercise Science - 120 hours

Name: _____

Student ID: _____

Catalog Term: _____

Date: _____

CORE CURRICULUM (42 hours)

A. Communication Component Area (6 hours)

1. English Rhetoric/Component Area (3 hours)

- ENGL 1301 ENGL 1303
 ENG 131 ENG 133H

2. Communication Skills (3 hours):

- SPCH 1315 SPCH 1318 SPCH 2333
 COM 111 COM 170 COM 215

B. Mathematics Component Area (3 hours)

- MATH 1332 MATH 1350 MATH 1314 MATH 1324 MATH 1342
 MTH 110 MTH 127 MTH 138 MTH 143 MTH 220

C. Life and Physical Sciences (6 hours)

- BIOL 2301 PHYS 1305
 BIO 238 PHY 101

*2 hours of labs are recorded separately

D. Language, Philosophy, and Culture (3 hours)

- ENGL 2341 ENGL 2309 ENGL 2332 ENGL 2333 ENGL 2322 ENGL 2323
 ENG 200 ENG 209 ENG 211 ENG 212 ENG 221 ENG 222
- ENGL 2327 ENGL 2328 ENGL 2335 HIST 2311 HIST 2312 HIST 2321
 ENG 229 ENG 230 ENG 233H HIS 151 HIS 152 HIS 161
- HIST 2322 PHIL 1301 PHIL 2306 PHIL 1304
 HIS 162 PHI 153 PHI 223

E. Creative Arts (3 hours)

- ARTS 1301 ARTS 1303 ARTS 1304 DANC 2303 MUMH 1307 MUSI 1306
 ART 280 ART 281 ART 282 DAN 140 MHL 245 MUS 140
- DRAM 1310 DRAM 2366
 THR 161 THR 163

F. American History (6 hours)

- HIST 1301 HIST 1302
 HIS 133 HIS 134

G. Government/Political Science (6 hours)

- GOVT 2305 GOVT 2306 GOVT 2301 GOVT 2302
 PSC 141 PSC 142

H. Social and Behavioral Sciences (3 hours)

- ANTH 2351 ECON 2301 ECON 2302 GEOG 1303 PSYC 2301 SOCI 1301
 ANT 231 ECO 231 ECO 232 GEO 131 PSY 133 SOC 137
- FORS 2351 MCOM 1307
 MCM 101

I. Component Area Option (6 hours)

Required Writing Course (3 hours)

- ENGL 1302
 ENG 132

Communications Options (3 hours)

- BUSI 2304 ENGL 2311 FREN 1311 FREN 1312 GERM 1311 GERM 1312
 BCM 247 ENG 273 FRE 131 FRE 132 GER 131 GER 132
- PORT 1311 PORT 1312 SPAN 1311 SPAN 1312 SGNL 1301 SGNL 1302
 POR 131 POR 132 SPA 131 SPA 132 SPH 172 SPH 272
- INCM 1301 INCM 1302 INCM 1303 INCM 1304 INCM 1305

A. Communication Component Area

1. _____
 2. _____

B. Mathematics Component Area

1. _____

C. Life and Physical Sciences

1. _____
 2. _____

D. Language, Philosophy, and Culture

1. _____

E. Creative Arts

1. _____

F. American History

1. _____
 2. _____

G. Government/Political Science

1. _____
 2. _____

H. Social and Behavioral Sciences

1. _____

I. Component Area Option

1. _____
 2. _____

Core Complete if checked

COMPLETED CORE HOURS

REMAINING CORE HOURS

Kinesiology Major (46 hours)

- HLTH 1304 KINE 1301 KINE 1338 KINE 3330 KINE 3335 KINE 3353/3153 (4)
 HSC 121 KIN 120 KIN 138 KIN 330 KIN 335 KIN 353 & L (4)
 KINE 2356 KINE 4317/4117 (4) KINE 4331 KINE 4351 KINE 4367 KINE 4368
 KIN 357 KIN 417 & L (4) KIN 431 KIN 451 KIN 467 KIN 468

PLUS 6 hours of upper level Exercise Science electives:

- KINE 3367/3167 (4) KINE 3387/3187 (4) KINE 4350 KINE 4352 KINE 4353
 KIN 367 & L (4) KIN 387 & L (4) KIN 450 KIN 452 KIN 453
 KINE 4363 KINE 4180
 KIN 463 KIN 480

and 2 hours of KINE Activity courses:

- KINE 1105 KINE 1106 KINE 1210 KINE 1112 KINE 1214 KINE 1115
 KIN 105L KIN 106L KIN 110L KIN 112L KIN 114L KIN 115
 KINE 1216 KINE 1219 KINE 2100 KINE 2209 KINE 2210 KINE 2211
 KIN 116 KIN 119L KIN 200L KIN 209L KIN 210L KIN 211L
 KINE 2312 KINE 2216 KINE 2217 KINE 2218 KINE 2219 KINE 2121
 KIN 212L KIN 216L KIN 217L KIN 218 KIN 219L KIN 221L
 KINE 2144 KINE 2162 KINE 2170
 KIN 244L KIN 262L KIN 270L

COMPLETED
HOURS

REMAINING
HOURS

Major Requirements (2 hours)

- BIOL 2101 PHYS 1105
 BIO 238L PHY 101L

COMPLETED
HOURS

REMAINING
HOURS

Minor (Minimum of 18 hours)

Courses Completed:

Courses Remaining:

See minor advisor for minor requirements, course availability and sequencing.

COMPLETED

REMAINING

Electives (to total 120 hours)

COMPLETED
HOURS

REMAINING
HOURS

A maximum of 66 academic hours plus four hours of kinesiology activity from junior or community colleges may apply toward a bachelor's degree.

There is no limit for credits transferred from senior colleges/universities. However, all students must complete a minimum of 30 upper-level (3000+) semester hours in residence at SFA in order to earn a bachelor's degree.

TOTAL
TRANSFER
HOURS

COMPLETED
DEGREE
HOURS

REMAINING
DEGREE
HOURS

TOTAL HOURS FOR DEGREE

APPROVALS:

Academic Advisor: _____

Date: _____

Student: _____

Dean of Education: _____

Date: _____

Date: _____