

SFA Sweat

PRESENTATION MENU

ALCOHOL JEOPARDY

Learn about the dangers of alcohol, laws and consequences of consumption, and safe drinking practices through a classic fun game of jeopardy

50 MINUTES

7 DIMENSIONS OF WELLNESS

Learn about the different types of wellness, how they affect our lives while in college, and what we can do to align them

50 MINUTES

INTIMATE PARTNER VIOLENCE

Learn more about the types of intimate partner violence, explanations of perpetrator and victim behavior, elements of healthy relationships, helping a friend who may be experiencing IPV, and confidential and reporting resources on campus

50 MINUTES

STRESS MANAGEMENT

Learn about the different types of stress, healthy ways to deal with stress, and SFA resources that help with stress management

50 MINUTES

CONSENT

Learn about consent and how to get it when it comes to what is and is not consent, sexual assault, and how to report at SFA!

50 MINUTES

SAFE SEX

Learn about the ins and outs of having safe sex when it comes to contraception, STDs, STIs, and a contraception demonstration

50 MINUTES

If you would like to book any of these presentations with us please contact:

sfaswat@gmail.com