

AXcel Mentoring Program Guidebook

STEPHEN F. AUSTIN STATE UNIVERSITY



Purpose:

The AXcel Mentoring Program is created to support freshmen and transfer students in their transition to student life at Stephen F. Austin State University. The program emphasizes the importance of academic excellence and personal growth. Freshmen and transfer students are paired up with current student leaders who exhibit a balance between academics and involvement.

Mission:

Our overall goal is to help freshmen and transfer students acclimate to their new community and University. Many times students experience confusion when they arrive in a new environment. They do not know where their classes are, how to get to them, what questions to ask or how to get involved. Therefore, our goals are to:

1. Support student in increasing independent living skills
2. Provide a safe and consistent relationship between students, faculty, and staff
3. Educate freshmen and transfer students on the stressors of college
4. Develop leadership skills while promoting academic excellence
5. Increase retention rates among first-year and transfer students

Role of Your Mentor:

Mentor

A mentor is a student who will offer friendship, help, and advice to a mentee. The mentor has knowledge and experiences in specific areas that a mentee may need help in. A mentor can be trusted to listen, answer questions and spend time with their mentee. In this relationship the mentee will have an easier time acclimating to his/her new surroundings.

Mentee

A mentee is a freshmen or transfer student who is looking for friendship and guidance from current Lumberjacks on academic, social, and involvement balance.

YOU WILL HAVE A MENTOR WHO IS A:

Positive Lumberjack Role Model:

You will learn what it takes to succeed at SFA and beyond by learning and witnessing how your mentor conducts themselves and interacts with others.

Student Advisor:

Your mentor will be a trusted person who supports your development; believe in you and supports you through generosity, advice, resources, research, caring, and sharing experiences.

Peer Coach:

Your mentor will assist you with your goal setting.
Your mentor will help you develop good study and work habits.

